

## ABSTRAK

**SALASIAH BT HANIN HAMJAH.** Falsafah Kebahagiaan Menurut al-Ghazali : Kajian Terhadap Kefahaman Masyarakat Melayu di Wilayah Persekutuan Kuala Lumpur.

Kebahagiaan merupakan impian setiap insan. Tanpa pengetahuan dan kaedah yang tepat, kebahagiaan itu menjadi amat sukar ditemui malah kekecewaan pula yang mungkin melanda. Oleh itu, penulis merasa amat perlu dikaji hakikat sebenar kebahagiaan dan kaedah terbaik untuk mencapainya. Justeru itu, menerusi kajian ini penulis mengemukakan pemikiran al-Ghazali memandangkan idea beliau begitu realistik dan bertepatan dengan prinsip-prinsip Islam.

Perbincangan ditumpukan kepada lima perkara utama. Pertama, kefahaman masyarakat Melayu terhadap falsafah kebahagiaan al-Ghazali. Kedua, sebab-sebab kurang kefahaman masyarakat Melayu terhadap falsafah tersebut. Ketiga, kefahaman masyarakat Melayu terhadap falsafah kebahagiaan Islam. Keempat, implikasi yang timbul akibat kurang kefahaman terhadap falsafah kebahagiaan al-Ghazali dan kelima, langkah-langkah yang diambil oleh masyarakat Melayu untuk mempertingkatkan kefahaman terhadap falsafah kebahagiaan al-Ghazali daripada Islam.

Berdasarkan hasil kajian, dapatlah dirumuskan bahawa majoriti masyarakat Melayu kurang memahami falsafah kebahagiaan al-Ghazali. Ini dapat dilihat melalui

realiti kehidupan mereka yang masih jauh daripada mengikuti formula al-Ghazali yang lebih tertumpu kepada aspek-aspek kerohanian.

Kurangnya kefahaman masyarakat Melayu terhadap falsafah kebahagiaan al-Ghazali disebabkan sikap kurang prihatin terhadap goongan ulama termasuk al-Ghazali, kurang menghayati ajaran Islam, kurang minat membaca, kurang sikap ingin tahu, kurang budaya berfikir dan cenderung kepada sekularisme.

Akibat kurang kefahaman terhadap falsafah kebahagiaan al-Ghazali, masyarakat Melayu terpaksa menghadapi berbagai-bagai masalah kerohanian dan moral di samping tiada pedoman yang tepat dalam mengejar kebahagiaan. Mereka turut membataskan skop kebahagiaan kepada individu dan keluarga sahaja di samping mengabaikan kebahagiaan masyarakat dan negara serta lemah dalam pengetahuan dan kefahaman terhadap falsafah kebahagiaan Islam.

Meskipun majoriti masyarakat Melayu tidak memahami falsafah kebahagiaan al-Ghazali dan Islam, mereka mengaku telah dan akan berusaha menyingkap hakikat sebenar kebahagiaan dengan membaca buku dan mendengar ceramah agama, berbincang dengan sahabat handai, saudara mara ataupun bertanya kepada ulama.

Kesedaran untuk menghayati falsafah kebahagiaan al-Ghazali khususnya dan Islam amnya adalah amat penting bagi umat Islam untuk menikmati kebahagiaan hakiki di samping mendapat keredaan Allah (s.w.t).

## ABSTRACT

SALASIAH BT HANIN HAMJAH. Happiness Philosophy of al-Ghazali : A Study on the Understanding of the Malay Community in the Federal Territory of Kuala Lumpur.

Happiness is a dream of every soul. However, without clear understanding and proper approach, happiness could hardly be enjoyed and misery may instead take place. Thus, the importance of having an indepth understanding and the appropriate approach towards it are realized by the author. In accordance to this, the author throughout this study forwarded al-Ghazali's philosophy of happiness as it is realistic and in line with the Islamic principles.

The discussion focuses on five major area. One, the understanding of Malay community towards happiness philosophy of al-Ghazali. Two, the reason for lack of understanding about his philosophy. Three, the understanding of Malay community toward the Islamic philosophy of happiness. Four, the implication of lack of understanding of al-Ghazali's philosophy and finally, the steps taken by them to enhance their understanding towards al-Ghazali's and the Islamic philosophy of happiness.

It could be summarised from the study that majority of the Malay community did not really understand the happiness philosophy as outlined by al-Ghazali. Their lack of understanding can be clearly seen from their life style which goes beyond the formula that stress more on spiritual aspects as suggested by al-Ghazali.

Their inadequate understanding about al-Ghazali's philosophy was due to their ignorance about ulama including al-Ghazali, lack of practising Islam, lack of reading, uncritical thinking, lack of inquisitive attitude and tendency towards secularism.

The lack of understanding towards the happiness philosophy of al-Ghazali has led the Malay community to face with various problem in life spiritually and morally as well as other problems like the lack of right guidance on how to achieve real happiness, their narrowing down its scope to merely focusing on individual and family and not that of the community and country and their shallow knowledge and understanding towards the philosophy of happiness in Islam.

Although the majority of the Malay community did not understand the Islamic and al-Ghazali's philosophy of happiness, they claimed that they had and are putting more efforts in search for the real happiness by reading Islamic books, listening to preaches, discussing with friends, relatives or asking the pious people.

The real awareness of the importance of adopting al-Ghazali's and Islamic philosophy of happiness is thus vital for the muslim ummah to regain true happiness and please Allah (s.w.t)