

ROLE AND STATUS OF ELDERLY IN THE FAMILY: A CASE STUDY IN KAMPUNG SG. KAYU ARA



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ABSTRACT

The purpose of this study is to understand the role and status of the respondents in the family as well as in the society and community. The study looks at among others, their health status; economic participation and contribution; and participation in social and other community activities.

The result of this study shows that many older persons remain able and capable. Due to lack of activities at the local level, many older persons are compelled to retire to their own home. They are also ignorance about their own sickness especially when they have limited financial resources. Simple health checks and health awareness forums should be conducted at community centres to ensure health care services remain accessible and affordable for older persons.

The study shows that about 40 percent of the respondents are still working. Most of them have no choice but to work in order to sustain their own livelihood as well as their family. They contribute about 30 percent of household maintenance expenses. However, they seem to have more says in the household decision making indicating their better status in the family. In contrast, those who are not working and contributing to the household maintenance, tends to have less status in the family. They are mostly dependent on their children for financial support especially the older women. Even if the older persons have saving and social security, it may not be sufficient with rising cost particularly in health care. Support and better work

opportunities including raising the age of retirement, would enhance the quality of life of older persons, and also to contribute to the wellbeing of younger persons.

At older ages, older persons should be encouraged to involve themselves in various activities and continue to integrate fully in society. They would need to continue to have their self-worth and their independence. Initiatives by the community itself to establish an avenue for participation is pertinent as official interventions may take some times. A good example would be the Petaling Jaya Community Centre established in 1996. By being involved in community activities, older persons not only able to contribute productively but maintain their dignity in the family as well as the society.

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