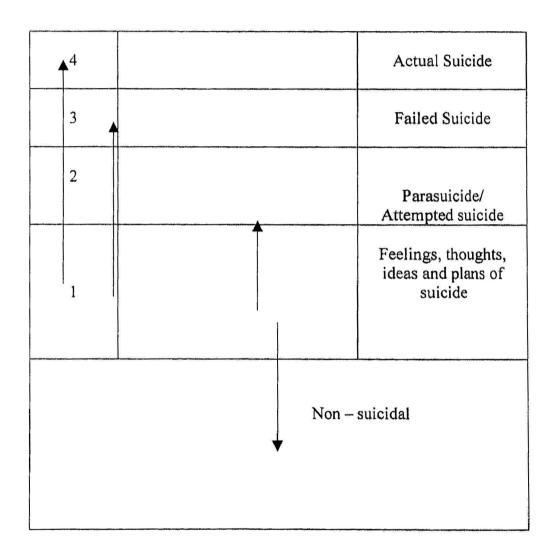
Appendix: 1

## The Suicide Hierarchy



Extracted from John Eldrid, "Caring for the Suicidal", 1988

### Preliminary Form

Name/ Nama	:	
Age/ Umur	:	
Gender/ Jantina	:	
Race (Religion)/ Bangsa (Agama)	:	
Marital Status/ Taraf perkahwinan	;	
Level of Education/ Tamat Pengajian	:	
Occupation / Pekerjaaan	;	
Salary (Own/guardian)/ Gaji (sendiri/penjaga)	:	
Place of stay / Tempat tinggal	:	
Date & time of self injury/Tanggal dan masa mencederakan diri		
Date & time of admission/ Tanggal dan masa dihospitalkan		
Person living with / Tinggal dengan siapa	;	
Nature of injury/ Cara mencederakan diri	:	
Previous attempts/ Percubaan terdahulu (date)	<u>}-</u>	
Family history of suicide/ Ahli keluarga yang pernah membuat percubaan	:	
Reasons for the attempt / Sebab mencenderakan diri	:	

#### Intent Scale Score (Pierce 1981)

(Tick where appropriate)

#### Circumstances related to suicide attempt

- 1. Isolation When you made the attempt, were you alone or were there others present? Keterasingan - Semasa anda cuba membunuh diri, adakah anda berseorangan atau ada orang lain yang berada di situ?
  - 0 Someone present /Ada orang
  - Someone nearby or in contact (as by phone)

    Ada orang berhampiran atau boleh di hubungi (melalui telefon)
  - 2 No one nearby or in contact/ Tiada sesiapa berhampiran atau yang boleh di hubungi
- 2. Timing Why did you choose the particular time to do it?
  Pengaturan masa Kenapakah anda memilih masa itu untuk melakukannya
  - Timed so that intervention is possible / Mengatur masa untuk memungkinkan campur tangan
  - Timed so that intervention is not likely/ Mengatur masa supaya campur tangan tidak mungkin
  - 2 Timed so that intervention is highly unlikely/Mengatur masa supaya campur tangan tidak mungkin samasekali
- 3. (Precautions against discovery and/or intervention) Did you make any precautions to avoid discovery and/or intervention?

Langkah beringat supaya perbuatan tidak diketahui dan/atau tidak ada campur tangan – Adakah anda mengambil langkah untuk mengelak perbuatan anda daripada diketahui dan/atau adanya kemungkinan campur tangan.

- 0 No precautions/ Tidak ada persiapan
- Passive precaution e.g. avoiding others but doing nothing
  To prevent their intervention (alone in room, door unlocked)
  Persedian pasif. E.g. menghindarkan diri dari orang lian, tetapi
  tidak menghalang kemungkinan campur tangan (bertsendirian di
  bilik, tanpa mengunci pintu)
- Active precaution, such as locking doors/ Langkah yang aktif, misalnya mengunci pintu

4. Acting to gain help during or after the attempt - Did you try to get help during or after the attempt?

Bertindak untuk mendapatkan pertolongan semasa atau selepas percubaan membunuh diri - Adakah anda cuba mendapatkan pertolongan semasa atau selepas percubaan membunuh diri?

- Notify potential helper regarding attempt/ Ada menghubungi dan memberitashu mengenai percubaan yang di buat kepada seseorang yang mungkin dapat menolong
- 1 Contacted but didn't specifically notify potential helper regarding the attempt/ Berhubung, tetapi tidak memberitahu tentang percubaan yang di buat
- 2 Did not contact or notify potential helper/ Tidak cuba berhubung dengan sesiapa pun mengenai percubaan yang di buat
- 5. Final acts in anticipation of death Did you make any plans or preparations before deciding that you want to take your life?

Tindakan/persiapan terakhit sebelum menghadapi kematian – Adakah anda membuat apa-apa rancangan atau persiapan sebelum membuat keputusan untuk membunuh diri?

- 0 None/ Tidak ada
- Partial preparation or ideation/ Persedian samar-samar, yang tidak konkrit
- Definite plans made (e.g. changes in a will, taking out insurance)/
  Persiapan /rancangan yang teliti (misalnya, menyiapkan /menukar
  surat wasiat, atau perseidan/ mengeluarkan insuran)
- 6. Suicide note Did you write a suicide note?

Nota membunuh diri

- O Absence of note/ Tidak ada nota
- 1 Note written but torn up/ Tulis tetapi dikoyakan
- 2 Presence of note/ Ada nota tentang keinginan membunuh diri

#### Self-report / Lapuran Diri

7. Patient's statement of lethality - In your thoughts did you think what you did was fatal and could have resulted in death?

Kenyataan pesakit mengenai taraf kemungkinan tindakannya itu boleh membawa maut. – Pada tafsiran anda, adakah tindakan yang di ambil akan membawa maut?

- O Thought that what he/she had done would not kill him/her/ Memikirkan bahawa tindakannya tidak akan membawa maut
- Unsure whether what he/she had done would kill him/her/ Tidak pasti sama ada tindakannya itu akan membawa maut
- Believed that what he/she had done would kill him/her/ Percaya bahawa tindakannya yang di ambil akan membawa maut
- 8. Stated Intent Did you want to die by your act?

Kenyataan tujuan tindakan yang di ambil – Adakah anda mahu mati dari tindakan yang di ambil?

- 0 Did not want to die/ Tidak mahu mati
- Uncertain or did not care if lived or died/ Tidak pasti dan tidak perduli sama ada mati atau hidup
- 2 Did want to die/ Sememangnya mahu mati
- 9. Premeditation Did you considered for a long time before deciding to take your life?

Perancangan terlebih dahulu – Adakah anda mengambil masa lama memikir dan mempertimbangkannya sebelum membuat keputusan untuk membunuh diri?

- Impulsive, no premeditation/ Impulsif, mengikut hati tanpa merancang terlebih dahulu
- Considered act for less than an hour/ mempertimbangkan tindakan dalam tempoh masa kurang dari sejam
- 2 Considered act for less than one day/ mempertimbangkan tindakan dalam tempoh masa kurang dari satu hari
- 3 Considered act for more than one day mempertimbangkan tindakan dalam tempoh masa lebih dari satu hari

10. Reaction to the act - How did you feel after the attempt?

Reaksi selepas kejadian – Apakah perasaan anda selepas membuat percubaan membunuh diri?

- O Glad he/she has recovered Gembira kerana sudah pulih semula
- 1 Uncertain whether he/she is glad or sorry / tidak pasti sama ada gembira atau sedih
- 2 Sorry he/she has recovered/ Merasa kesal kerana sudah pulih

#### Risk/ Risiko

11. Predictable outcome in terms of lethality of patients act and circumstances known to him/ her - Based on the lethality of the suicide attempt, was death likely?.

Berasakan seriusnya percubaan untuk membunuh diri itu, adakah kemungkinan tindakan itu akan membawa maut?

- 0 Survival certain/ Peluang untuk hidup adalah cerah
- 1 Death unlikely/ Tindakannya tidak mungkin membawa maut
- 2 Death likely or certain/ Tindakannya sudah pasti akan membawa maut
- 12. Would death have occurred without medical treatment Would the attempter have died, if there were no medical help?

Adakah ia akan mati sekiranya tidak mendapat bantuan perubatan?

- 0 No/ Ya
- 1 Uncertain/ Kurang pasti
- 2 Yes/ Sudah pasti

## Feelings and Reasons for Attempt

1.	Have you ever felt that life is not worth living?
	Yes No
2.	Have you ever wish that you were dead?
	Yes No
3.	Feelings
	How do you feel at the time of taking the pills. Can you tell me if you felt any of this
	Worried about your future Angry with someone Feeling lonely and unwanted Sorry or ashamed of something Feeling like you have failed in life
4.	Reasons
	What are the reasons you took the overdose. Is it because you wanted:
	Seek help from someone Escape for a while from an impossible situation Get relief from a terrible state of mind Try to influence some particular person or get them to change their mind
5.	Expected effect
	At the time what did you think would be the effect of your action on other people:
	Show how much you love someone  Make things easier for others  Make people sorry for the way they have treated you  To frighten or get your own back at someone
6.	Have you heard of any social organization that you can go to for emotional help?
	Vas No

#### Interview guideline

- 1. Childhood and family background
- Childhood
- Relationship with parents
- Relationship with siblings
- Relationship with relatives
- 2. School and Peer group
- Relationship with school mates
- Relationship with other outside friends other than school mates
- Relationship with teachers
- School environment
- 3. Knowledge and information available about the possible sources of help.
  - In times of need whom can respondent turn to
  - Awareness of social services
- 4. Causes or motivating factor for the Suicide attempt
  - Sources of stress in life
  - Precipitating factors(s) of suicidal attempt
  - History of previous attempt
- 5. Any plans made before the attempt. (Pre-meditation)
  - Intention
  - Social constellation at time of attempt
  - Nature of rescue
- 6. State of mind before suicide attempt
  - What were the thoughts running in the mind
  - What were the feelings and emotions that was present
- 7. Effects of suicide attempt
- Thoughts and feelings after attempt
- Attitude and behavior of significant others after the attempt
- Respondents attitude towards the future

### Suicide Intent Scale Score For The Eight Subjects

Suicide Intent Scale Score - Anise

Item	Score	Description
Circumstances related to suicide Attempt		
• Isolation	1	Somebody nearby or in contact (as
• Timing	1	by phone) Timed so that intervention is not
<ul> <li>Precautions against discovery and/or intervention</li> </ul>	2	likely Active precaution, such as locking doors
<ul> <li>Action to gain help during or after the attempt</li> </ul>	1	Contacted but didn't specifically notify potential helper regarding the
<ul> <li>Final acts in anticipation of death</li> </ul>	0	attempt None
Suicide note	0	Absence of note
Self Report		
• Patient's statement of lethality	2	Believed that what she had done would kill her
Stated intent	2	Did want to die
• Premeditation	3	Considered act for more than one day
Reaction to the act	1	Uncertain whether to feel glad or sorry
Risk		
<ul> <li>Predictable outcome in terms of lethality of patient's act and circumstances known to her</li> </ul>	2	Death likely or certain
Would death have occurred without medical treatment	2	Yes
Total score	17	

#### Suicide Intent Scale Score - Mala

Item	Score	Description
Circumstances related to suicide Attempt		
<ul><li>Isolation</li><li>Timing</li></ul>	0	Somebody present Timed so that intervention is
<ul> <li>Precautions against discovery and/or intervention</li> </ul>	1	possible Passive precautions e.g. avoiding others but doing nothing to prevent their intervention
Action to gain help during or     often the attempt.	2	( alone in room, door unlocked) Did not contact or notify potential helper regarding the attempt
<ul> <li>after the attempt</li> <li>Final acts in anticipation of death</li> </ul>	2	Definite plans made
Suicide note	2	Presence of note
Self Report		
• Patient's statement of lethality	2	Believed that what she had done would kill her
Stated intent	2	Did want to die
<ul> <li>Premeditation</li> </ul>	0	Impulsive, no meditation
Reaction to the act	1	Uncertain whether to feel glad or sorry
Risk		
<ul> <li>Predictable outcome in terms of lethality of patient's act and circumstances known to her</li> </ul>	1	Death unlikely
Would death have occurred without medical treatment	1	Uncertain
Total score	14	

### Suicide Intent Scale Score - Yuma

Item	Score	Description
Circumstances related to suicide attempt		
• Isolation	1	Somebody nearby or in contact (as by phone)
• Timing	1	Timed so that intervention is not likely
<ul> <li>Precautions against discovery and/or intervention</li> </ul>	0	No precautions
<ul> <li>Action to gain help during or after the attempt</li> </ul>	1	Contacted but didn't specifically notify potential helper regarding the attempt
<ul> <li>Final acts in anticipation of death</li> </ul>	0	None
Suicide note	2	Presence of note
Self Report		
• Patient's statement of lethality	2	Believed that what she had done would kill her
Stated intent	2	Did want to die
• Premeditation	2	Considered act for less than one day
Reaction to the act	0	Glad to have recovered
Risk		
<ul> <li>Predictable outcome in terms of lethality of patient's act and circumstances known to her</li> </ul>	1	Death unlikely
Would death have occurred without medical treatment	1	Uncertain
Total score	13	

#### Suicide Intent Scale Score - Anita

Item	Score	Description
Circumstances related to suicide Attempt		
<ul><li>Isolation</li><li>Timing</li></ul>	0 0	Somebody present Timed so that intervention is possible
<ul> <li>Precautions against discovery and/or intervention</li> </ul>	2	Active precaution, such as locking door
<ul> <li>Action to gain help during or after the attempt</li> </ul>	2	Did not contact or notify potential helper
<ul> <li>Final acts in anticipation of death</li> </ul>	1	Partial preparation or ideation
Suicide note	0	Absence of note
Self Report		
• Patient's statement of lethality	1	Unsure whether what she had done would kill her
Stated intent	2	Did want to die
<ul> <li>Premeditation</li> </ul>	0	Impulsive, no meditation
Reaction to the act	1	Uncertain whether to feel glad or sorry
Risk		
<ul> <li>Predictable outcome in terms of lethality of patient's act and circumstances known to her</li> </ul>	0	Survival certain
<ul> <li>Would death have occurred without medical treatment</li> </ul>	0	No .
Total score	9	

### Suicide Intent Scale Score - Lammy

Item	Score	Description
Circumstances related to suicide attempt		
<ul><li>Isolation</li><li>Timing</li></ul>	1 2	Somebody nearby or in contact (as by phone) Timed so that intervention is highly
<ul> <li>Precautions against discovery and/or intervention</li> </ul>	0	unlikely No precautions
<ul> <li>Action to gain help during or after the attempt</li> </ul>	0	Notify potential helper regarding attempt
Final acts in anticipation of death	0	None
Suicide note	0	Absence of note
Self Report		
• Patient's statement of lethality	1	Unsure whether what she had done would kill her
Stated intent	1	Uncertain or did not care if she lived or died
• Premeditation	2	Considered act for less than one day
Reaction to the act	0	Glad to have recovered
Risk		
<ul> <li>Predictable outcome in terms of lethality of patient's act and circumstances known to her</li> </ul>	0	Survival certain
Would death have occurred without medical treatment	0	No
Total score	7	

Item	Score	Description
Circumstances related to suicide atten	ıpt	
	0	Compleady present
• Isolation	0 1	Somebody present Timed so that intervention is not
• Timing	*	likely
<ul> <li>Precautions against discovery and/or intervention</li> </ul>	1	Passive precautions e.g. avoiding others but doing nothing to prevent their intervention (alone in room, door unlocked)
<ul> <li>Action to gain help during or</li> </ul>	2	Did not contact or notify potential
after the attempt		helper
<ul> <li>Final acts in anticipation of</li> </ul>	1	Partial preparation or ideation
death		
Suicide note	0	Absence of note
Self Report		
<ul> <li>Patient's statement of lethality</li> </ul>	0	Thought that what she had done would not kill her
Stated intent	0	Did not want to die
<ul> <li>Premeditation</li> </ul>	0	Impulsive, no meditation
<ul> <li>Reaction to the act</li> </ul>	0	Glad to have recovered
Risk		
Predictable outcome in terms of lethality of patient's act and	1	Death unlikely
<ul> <li>circumstances known to her</li> <li>Would death have occurred without medical treatment</li> </ul>	0	No
Total score	6	

. 1-1 1

Item	Score	Description
Circumstances related to suicide atter	mpt	
<ul> <li>Isolation</li> </ul>	2	No one nearby or in contact
• Timing	0	Timed so that intervention is possible
<ul> <li>Precautions against discovery and/or intervention</li> </ul>	0	No precautions
<ul> <li>Action to gain help during or after the attempt</li> </ul>	0	Notify potential helper regarding attempt
<ul> <li>Final acts in anticipation of death</li> </ul>	0	None
Suicide note	0	Absence of note
Self Report		
• Patient's statement of lethality	1	Unsure whether what she had done would kill her
Stated intent	1	Uncertain or did not care if she lived or died
<ul> <li>Premeditation</li> </ul>	0	Impulsive, no meditation
Reaction to the act	1	Uncertain whether to feel glad or sorry
Risk		
<ul> <li>Predictable outcome in terms of lethality of patient's act and circumstances known to her</li> </ul>	0	Survival certain
Would death have occurred without medical treatment	0	No
Total score	5	

	Item	Score	Description
Circu	ımstances related to suicide attem	pt	
• Is	olation	0	Somebody present
• T	iming	1	Timed so that intervention is not likely
	recautions against discovery nd/or intervention	1	Passive precautions e.g. avoiding others but doing nothing to prevent intervention
	ction to gain help during or fter the attempt	0	( alone in room, door unlocked)  Notify potential helper regarding attempt
• F	inal acts in anticipation of eath	0	None
	uicide note	0	Absence of note
Self I	Report		
• P	atient's statement of lethality	0	Thought that what she had done would not kill her
• S	tated intent	0	Did not want to die
• P	remeditation	1	Considered act for less than one hour
• R	eaction to the act	0	Glad to have recovered
R	tisk		
le	redictable outcome in terms of ethality of patient's act and ircumstances known to her	0	Survival certain
• V	Vould death have occurred vithout medical treatment	1	Uncertain
	Total score	4	

Appendix: 7 Summary of the Eig	nary of the Ei	ght Young W	ht Young Women Attempters	oters				and the second s
	Anise	Mala	Yuma	Anita	Lammy	Nonie	Marina	Sima
Age	18	23	22	19	24	18	24	16
Sibling ranking	2 <sup>nd</sup> .	Eldest	2 <sup>nd</sup> .	Youngest	Eldest	2 <sup>nd</sup>	Eldest	4 <sup>th</sup>
Race	Indian	Indian	Malay	Malay	Chinese	Malay	Malay	Malay
Religion	Hindu	Hindu	Muslim	Muslim	Christian	Muslim	Muslim	Muslim
Marital Status	Single	Single	Single	Single	Single	Single	Married	Single
Education	Form:5	Failed SPM	Form:5	Failed SPM	Univer-sity	Diploma	Diploma	Form:5
Employment	Not	Waitress	GRO	Factory	Student	Student	Student	Student
	working			operator		When is it	7-14-2	
Person living	Family	Welfare	Own	Family	Own	Friends	Own	Family
Nature of injury	Panadol	Rat poison	Panadol	Panadol	Panadol	Multiple	Pain killers	Panadol
	and				and	drugs		
	antibiotic				ponstan	)		
l*. attempt	Nov. '99	17 yrs.old	April '00	Nov. '99	Oct. '99	Feb'00	May'00	April'00
2 <sup>nd</sup> attempt	April'00	May'00	Nil	May'00	May'00	May'00	III	īž
Suicide Intent	17	14	13	6	7	9	5	4
Score								
Attachment to family	No V	No	Yes	No	No	Yes	Yes	S <sub>S</sub>
Lost of family	No	Yes	No	Yes	Yes	No No	No	Yes
members								
Isolation	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Availability of	No	Yes	No	No	Yes	Yes	No	No
Support								
Awareness of	Yes	S.	°Z	Yes	Yes	°Ž	Yes	Yes
counseling								
Religious	Yes	Yes	No	No	Yes	Yes	Yes	No

Appendix: 8 Summary of the Feelings and Thoughts of the Eight Female Youth Before The Attempt

Sima		×	×		×	X			×	×	×	X	×	>
Marina		×	: ×	×	×	×	×	9	×		×	×	×	
Nonie		×	×	×	×	×	x	×		×				
Lammy		×	: ×	×	x	X	×	×	X	×	X		×	×
Anita		×	×	×	X	X		×	X	×	X	×		×
Yuma		×	×	×			×	×	×	×	×	X		×
Mala		×	×	×	×		×	×	2 2 3	×	×	×	×	×
Anise		×	×	×	X	×	×	×	×	The state of the s		X	×	
Feelings and thoughts	Before the	Afraid/Fearful/ Scared	Isolated /Ostracized	Ashamed/ Embarrassed	Restless	Angry	Disappointed	Helpless/ Hopeless	Hurt	Pressured/ Stressed/ Tension	Torn	Unloved	Confused	Guilley

continue

Appendix: 8 Summary of the Feelings and Thoughts of the Eight Female Youth Before The Attempt

Before the attempt         X	Feelings and thoughts	Anise	Mala	Yuma	Anita	Lammy	Nonie	Marina	Sima
A	Before the								
d         X	attempt								
Sed	Puzzled	X	X	×				X	×
13	Depressed	×	X				X	X	
ed         X	Anxious	×			X	Х	X		
ited         X         X         X         X           alence         X         X         X         X         X           ate         X         X         X         X         X           ble/strain         X         X         X         X         X           by         X         X         X         X         X         X           ited         X <td>Betrayed</td> <td>X</td> <td></td> <td>X</td> <td></td> <td></td> <td></td> <td>X</td> <td>X</td>	Betrayed	X		X				X	X
tred         X         X         X         X         X           alence         X         X         X         X         X           ate         X         X         X         X         X           ble/         X         X         X         X         X           py         X         X         X         X         X           ted         X         X         X         X         X           scful         X         X         X         X         X           sible         X         X         X         X         X           ated         X         X         X         X         X           x         X         X         X         X         X           x         X         X         X         X         X           x         X         X         X         X         X	Lost	×	X	X	×				
alence         X         X         X         X         X           ate         X         X         X         X         X           ble/         X         X         X         X         X           py         X         X         X         X         X         X           ted         X	Unwanted	×	X	X				X	
ate         X         X         X         X           ble/         X         X         X         X           by         X         X         X         X           ted         X         X         X         X           seful         X         X         X         X           sible         X         X         X         X           ated         X         X         X         X           x         X         X         X         X           x         X         X         X         X	Ambivalence				×	×		×	
Name of the color of the colo	Desperate		X	×		×			
ble/ by X X X X X X X X X X X X X X X X X X X	Demeaned	X					3399	×	×
psy         X	Miserable/								
ted	Unhappy	X		×	×				
ted         X         X         X         X           seful         X         X         X         X           sible         X         X         X         X           ated         X         X         X         X           X         X         X         X         X           X         X         X         X         X	Lonely	0%	X	×	×				
x         X         X           seful         X         X         X           sible         X         X         X           ated         X         X         X           x         X         X         X           x         X         X         X           x         X         X         X	Frustrated			- Gregoria	×	×	×		
seful         X         X         X         X           sible         X         X         X         X           ated         X         X         X         X           x         X         X         X         X	Pride			×	×	×			
Seful         X         X         X           Isible         X         X         X           Ated         X         X         X           Ated         X         X         X	Regret/	1	1					>	>
x         X	Remorseful		×					<	<
ated X X X X x x x x x x x x x x x x x x x	Responsible		×		×	×			
ated X X X X X X X X X X X X X X X X X X X	Sad	X	×	×					
ated X X X X X X X X X X X X X X X X X X X	Stifled			,	;				
X	/suffocated	×		×	×	,		,	
	Shick			×		×		Υ	

Appendix: 8 Summary of the Feelings and Thoughts of the Eight Female Youth Before The Attempt

recungs and thoughts	Anise	Mala	Yuma	Anita	Lammy	Nonie	Marina	Sima
Before the								
Attempt								
Unsafe /msecure	×				<b>*</b>		200	
Desd			*		×		×	
Trapped			<b>&lt;</b> >		*		×	×
Unfair			V	***	Y		×	
Eailme	X			×		×		
Abandoned	4	A STATE OF THE PARTY OF THE PAR			×			
Cheated/		Spiror and Annual Contraction	My constitution in the second	H 100	2			X
Deceived		Loren				, , , ,	×	
Humiliated	X					×		
Indecisive		*					×	
Numbed	1				×			
/Paralyzed		×	ri Ser	>	3 A	3	20	
Neglected	X			*				>
Powerless	of the contract of the country of th		×	×				<
Rejected	X					15		×
Shocked	COMMISSION AND ADMISSION OF THE COMMISSION OF TH	×					×	\$
Suspicious			X				×	
Useless	X			X				
Void		X	X		0000	30.00		

continue

Appendix: 8 Summary of the Feelings and Thoughts of the Eight Female Youth Before The Attempt

Before the attempt		Mala	I UIII I	ZIIIV	Lammy	Nonie	Marina	Sima
attempt								
Worthless	×		×					
Assured								×
Annoyed						×		
Loss confidence					×			
Loss of trust				and the same of th				×
Loved		×						
Blamed					×			
Bored	12			×				
Burn out						×		
Denial	7						×	
Despair			X					
Disbelieve		X						
Dishonored	10.00						×	
Grief				×				
Hate					Х			
Jealous								×
Resentful	· a	X						
Mistrustful	a x						×	
Panicked		×						
Overwhelmed							X	

Appendix: 8 Summary of the Feelings and Thoughts of the Eight Female Youth Before The Attempt

Feelings and	Anise	Mala	Yuma	Anita	Lammy	Nonie	Marina	Sima
thoughts								
Before the								
attempt								
Sinful		X						
Sолту				X				
Stupid							×	
Tired				X				
Victimized	X	1000000						
Wronged						X		
Life not worth					lt.			
living	X							
Wish being dead	*			>	>			
Total	28	28	28	28	26	15	24	21
Positive								
Cared		X						×
Loved		X						
Total	0	2	0	0	0	0	0	1

Appendix: 9 Summary of the most common Feelings Expressed by the Female Youth Before the Attempt

Feelings and thoughts	Anise	Mala	Yuma	Anita	Lammy	Nonie	Marina	Sima
Before the attempt								
Afraid/Fearful/	>	>	>	*	×	>	>	>
Ashamed/	4	4	*	٤	<		<	<
Embarrassed	×	×	×	×	×	×	×	
Disappointed	X	×	×		×	×	×	
Helpless/ Honeless	*	×	×	×	×	×		
Hort	×		: ×	×	×		×	×
Pressured/								
Stressed/Tension		×	×	X	X	X		X
Restless	×	×		X	X	X	X	X
Tom	3	×	X	X	X		X	X
Unloved	X	Х	X	X			×	×

Appendix:10 Summary of the Feelings and Thoughts of the Eight Female Youth After The Attempt

Feelings and	Anise	Mala	Yuma	Anita	Lammy	Nonie	Marina	Sima
thoughts								
After the attempt								
Negative								
Hate	×							
Fearful	×			×				
Fed-up	×							
Guilty				×				
Sorry								
Uncertain	×	×		×			×	
Unhappy	Х							
Total	5	I	0	3	0	0	-	0
Positive								
Ashamed				×				
Foolish/Mad	12	×	×			×	×	
Glad	8		X		X	×		×
Hopeful			X					×
Thankful		× 3	×			×		
Regret/			* 4.5					
Remorseful	The second of th	×	X	×		X	×	
Relief		+					X	
Total	0	7	5	7	=	4	3	7
				1				

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Pengarah Hospital Kuala Lumpur. (u.p. Dr. D. Saraswathy)

Puan.

Permohonan Untuk Menjalankan Penyelidikan Oleh Puan Aini bt. Omar, pelajar Sarjana Pendidikan (Bimbingan & Kaunseling) Universiti Malaya.

Merujuk kepada perkara di atas dan memo puan bertarikh 2 1 2000 sukacita dimaklumkan bahawa kami tiada masalah untuk pemohon menjalankan penyelidikan bertajuk A Study of Suicide Attempters Among Young Aoman di iabatan ini.

Walaubagaimanapun perlu diingatkan kepada pemohon bahawa sotolah 2. setiap pesakit dikenalpasti penyelidik perlu berjumpa dengan pakar yang menjaga pesakit berkenaan.

Sekian, untuk tindakan puan selanjutnya.

Terima kasih.

"Berkhidmat Untuk Negara"

Saya yang menjalankan tugas,

(DATO' HJ. DR. ABDUL AZIZ ABDULLAH)

Ketua Jabatan Psikiatri Hospital Kuala Lumpur.

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