

7. CONCLUSION.

Tongue cancer (Squamous cell carcinoma) is an important health issue related with poor survival outcome but it does not mean that disease cannot be treated and cured. The findings that show more than half of patient presented with advanced stage in disease and it was happened because most of tongue cancer cases do not created any discomfort to patient at the initial stage.

The survival effect of tongue cancer influenced by disease characteristic and appropriates treatment on disease. In the present study, the factors; staging and neck nodes involvement are the significant factors related to survival. The prognosis is poorer for patient with advanced stage and with tumour in the base of tongue. This conclude that early detection and appropriate treatment offer contribute to high chance of disease curing and better survival outcome.

Even treatment of cancer can be surgery, radiotherapy, chemotherapy or in combination, but surgery remained the mainstay treatment for cancer. Combination with other modality sometime will more beneficial for patient. While changes are occurring in the approach to treatment of disease, early detection and diagnosis, prompt referral to a multidisciplinary head and neck service will offer the best chance of cure of most patient.

General public awareness of the disease, its risk factors and the important of regular physician and dentist examination are vital. On top of that, clinician also should aware of incidence among the young patient who may not have obvious risk factors such as

tobacco and alcohol used. Electronics media like TV with collaboration with Ministry of Health also can play a vital role in increase awareness among the public.