

APPENDICES

APPENDIX A

List of Events

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On the program of the Games of the XXIX Olympiad, Beijing 2008, the following events of the five selected sports were contested:

Diving

8 events (4 each for men and women)

No	Men	Women
1	3m Springboard	3m Springboard
2	10m Platform	10m Platform
3	3m Springboard Synchronized	3m Springboard Synchronized
4	10m Platform Synchronized	10m Platform Synchronized
Total	4	4

Gymnastics

18 events (9 each for men and women)

No	Men	Women
1	Team all-around	Team all-around
2	Individual all-around	Individual all-around
3	Floor	Floor
4	Vault	Vault
5	Pommel horse	Uneven bars
6	Rings	Balance beam
7	Parallel bars	Rhythmic Team
8	Horizontal bar	Rhythmic Individual
9	Trampoline	Trampoline
Total	9	9

Table Tennis

4 events (2 each for men and women)

No	Men	Women
1	Singles	singles
2	Team	team
Total	2	2

Tennis

4 events (2 each for men and women)

No	Men	Women
1	Singles	singles
2	Doubles	doubles
Total	2	2

Swimming

34 events (17 each for men and women)

No	Men	Women
1	100m backstroke Men	100m backstroke Women
2	100m breaststroke Men	100m breaststroke Women
3	100m butterfly Men	100m butterfly Women
4	100m freestyle Men	100m freestyle Women
5	200m backstroke Men	200m backstroke Women
6	200m breaststroke Men	200m breaststroke Women
7	200m butterfly Men	200m butterfly Women
8	200m freestyle Men	200m freestyle Women
9	200m individual medley Men	200m individual medley Women
10	400m freestyle Men	400m freestyle Women
11	400m individual medley Men	400m individual medley Women
12	4x100m freestyle relay Men	4x100m freestyle relay Women
13	4x100m medley relay Men	4x100m medley relay Women
14	4x200m freestyle relay Men	4x200m freestyle relay Women
15	50m freestyle Men	50m freestyle Women
16	1500m freestyle Men	800m freestyle Women
17	marathon 10km Men	marathon 10km Women
Total	17	17

APPENDIX B

Articles on Male and Female Swimmers

Kitajima sets world mark in 100 breast at Olympics



Japan's Kosuke Kitajima celebrates winning the gold medal in the final of the men's 100-meter breaststroke during the swimming competitions in the National Aquatics Center at the Beijing 2008 Olympics in Beijing.

Kosuke Kitajima of Japan has defended his 100-meter breaststroke title at the Beijing Olympics, smashing the world record by 0.22 seconds.

Kitajima rallied from third after 50 meters to win in 58.91 seconds, bettering the old mark of 59.13 set by Brendan Hansen two years ago.

Alexander Dale Oen of Norway took the silver in 59.20. Hugues Dugoscq of France earned the bronze in 59.37.

Rice's daring strategy pays off with gold and world record

AUSTRALIAN Stephanie Rice's daring race strategy reaped an Olympic gold medal and reclaimed the world record with a magnificent victory in the women's 400m individual medley yesterday.

The 20-year-old glamour girl went out hard and was almost four seconds under the world record at the halfway split before staving off a last-lap surge from Zimbabwe's Kirsty Coventry.



Golden girl: Stephanie Rice showing off her gold medal after winning the 400m individual medley in world record time yesterday.

Her time of 4:29.45 sliced 1.67 seconds off the record she reclaimed from her American rival Katie Hoff set at the US trials on June 29.

"I knew I had to go out hard in the first 200m because butterfly and backstroke are my best strokes," said Rice, who was cheered on by the Australian Prime Minister Kevin Rudd in the stands at the Water Cube.

"I knew Hoff is an amazing breastroker, so I got a lot of confidence turning at the end of the breaststroke knowing I was in the lead.

"I knew that someone (Coventry) was there, and I really had to close my eyes and concentrate on that freestyle and think about all the hard training I've done and just give it my all."

Coventry finished with silver in an African record time of 4:29.89 with Hoff third in 4:31.77.

Rice now holds both 200m and 400m medley world records and her victory was the perfect tonic for Australia's hopes of finishing as the leading women's swim team ahead of the Americans.

Rice is the pin-up girl of Australian swimming and created headlines just before the Games when she announced she had split up with boyfriend and Olympic team-mate Eamon Sullivan to concentrate on winning gold in Beijing.

"It's awesome, I'm still in shock," Rice said. "It's been a long process to get to the Olympic Games. Just to get here itself is a great experience."

Rice has rocketed to Olympic stardom after taking bronze in both the 200m and 400m medley events at last year's world championships in Melbourne.

APPENDIX C

Articles on Male and Female Gymnasts

Chinese gymnast underlines hosts' dominance

CHINA's Chen Yibing gave a flawless display of strength and control to win the men's rings title at the Olympics yesterday, underlining the hosts' dominance of the gymnastics at the Games.

The double world champion kept his cool and the rings still to score 16.600, beating team-mate and all-around champion Yang Wei by 0.175. Ukraine's Oleksandr Vorobiov grabbed the bronze.

Yibing punched the air after nailing his dismount and the 18,000-strong crowd erupted, sure he would add the individual accolade to his team gold.



Chen Yibing performing on the rings during the apparatus finals Monday.

"I was nervous but I have prepared psychologically and I believed I had the ability to win," he said. "This is the highest individual honour for me and I waited for a long time."

There had been some concern over Yibing's fitness before the final after he failed to complete the all-around final, with his coach saying he had felt tired.

In an only apparatus final to feature no Chinese gymnasts, Poland's Leszek Blanik somersaulted with style to scoop the men's vault gold medal, beating second-placed Thomas Bouhail of France on the tiebreak rule.

The world champion's two vaults earned an average score of 16.537. Russia's Anton Golotsutskov won his second bronze of the Games after picking one up in Sunday's floor final.

Bouhail's was France's second gymnastics medal of the Olympics after Benoit Caranobe's surprise bronze in the all-around. Caranobe put himself out of the running for another medal when he landed his second vault on his bottom.

China edges US for gold medal in gymnastics

China has won its first Olympic gold medal in women's gymnastics, taking the most important title in its rivalry with the Americans.

China finished with 188.9 points in the women's team final Wednesday, more than two points ahead of the Americans, who came in as world champions and with the sport's two best gymnasts.

But the Americans lost any shot they had with multiple mistakes on their last two events, and had to settle for silver for a second straight games.

Defending Olympic champion Romania was third.

APPENDIX D

Articles on Male and Female Divers

A more experienced Bryan aims for the semi-finals

Malaysian diver Bryan Nickson Lomas (*pic*) stole the show at the 2004 Athens Olympic Games when he was the youngest, smallest and lightest athlete.



This time, a more experienced Bryan wants to be recognised more for his breakthrough performances than anything else in his second Olympics in Beijing next month.

The 18-year-old former world junior champion wants to be the first Malaysian to make it to the 18-man semi-finals of the 10m platform event.

The Sarawakian said that the exposure he gained in Athens had made him more confident to make such predictions.

"It may have been four years ago but I have fond memories of the Athens Games," said Bryan, who was given the honour as the country's flag-bearer then.

"I was quite shy and nervous but yet so proud to represent the country in the Olympics."

He was only 14 years old then and came within a whisker of making the semi-finals in the 10m platform. He finished in 19th spot.

After the Athens experience, he went on to become the first Malaysian junior to win the 3m springboard event of the World Junior Championships in Belem, Brazil.

He then grew from strength to strength, proving to be the country's darling in diving.

He became the first Malaysian to qualify for Beijing with a good performance in the World Aquatic Championships in Melbourne last year.

"I went to Athens on a wildcard entry. This time, I have qualified for the Olympics on merit. I have trained very hard and my target is to make the semi-finals. It will be tough but I think I can pull it off," he said.

Bryan said that his numerous trips to China, as part of his training for the Olympics, had also helped to hone his skills as a diver.

The pint-sized Bryan is the only Malaysian male diver for the Games.

Wang Xin pairs up with Roulin to claim third straight win for China

WANG Xin gave herself a 16th birthday present to remember with an Olympic gold medal in the women's synchronised 10m platform competition yesterday as China claimed their third straight win in the diving pool.

Along with her 15-year-old partner Chen Roulin, Wang Xin, who celebrated her birthday on Monday, saw the hosts continue their dominance in the Water Cube's diving pool after victories in the men's synchronised 10m platform on Monday and the women's three-metre synchronised springboard on Sunday.

With short haircuts and baby-faced features, the two schoolgirls look barely old enough to be allowed out unaccompanied in China's capital city, let alone able to dominate an Olympic diving event.

"It is a very happy day for me, my friends gave me a lot of presents for my birthday and now my dive partner has given me friendship and a gold medal," said Wang Xin.

The teenagers have their daily scheduled planned meticulously by coaches who have drilled them to treat every competition the same – even an Olympics.

"We have a whole programme planned for us which includes what time we get up and when we train," said Wang Xin.

"This is all decided by our coaches, we were told we shouldn't give too much focus on the Olympics, just treat it like any other competition and be relaxed."

But when the pair were asked by a Chinese journalist about their matching boy-like haircuts, Wang Xin swiftly clarified their appearance for him.

"I can assure you, we are still girls," she replied. Despite their tender years, their technical diving dominated the field and continued China's bid for a clean-sweep as they now have three gold medals from the eight diving events.

Wang Xin and Roulin claimed the gold with 363.54 points, Australia's Briony Cole and Melissa Wu took silver on 335.16 and Mexico's Paola Espinosa and Tatiana Ortiz grabbed bronze on 330.06.

APPENDIX E

Articles on Male and Female Tennis Players

Nadal adds gold to his glittering season collection

RAFAEL Nadal powered to a 6-3, 7-6, 6-3 victory over Chile's Fernando Gonzalez in the Olympic men's singles final yesterday to nail a hat-trick of major titles.

In a year when he has written his name in the record books he became the first Spanish tennis player to win a gold medal at an Olympic tournament.

"Everything feels different," said Nadal, who has won the French Open and Wimbledon titles this year and will overtake Roger Federer as the world number one today.



Rafael Nadal falls down on the court as he celebrates his victory over Fernando Gonzalez in their men's singles gold medal final match Sunday. Nadal took gold with a 6-2, 7-6, (7-2), 6-3 victory.

"I've won this for a lot of people, not just me. In tennis, grand slams are a little bit more important but for a sportsman the Olympic Games are more important than anything."

Nadal was red hot in the first set but got lucky in the second when Gonzalez, who stood toe-to-toe with the 22-year-old, fluffed an easy backhand volley on set point.

The ruthless Nadal needed no second invitation and moved in for the kill as Gonzalez began to buckle under the strain.

Gonzalez gamely hung on at 2-5 in the third set, saving three match points, but it was only delaying the inevitable and Nadal converted his fourth chance in the next game.

The 28-year-old Gonzalez now has the full set of Olympic medals after his doubles victory in Athens four years ago, when he also took bronze in singles.

Dementieva wins tennis gold in women's singles

Elena Dementieva took advantage of 17 double-faults by Dinara Safina to beat her fellow Russian 3-6, 7-5, 6-3 Sunday in the women's singles final at the Beijing Olympics.

Dementieva has been plagued for much of her career by serving yips, but it was a frustrated Safina who struggled to put the ball in play. After double-faults she flung her racket, broke it and smacked a ball into the stands, but the tantrums failed to help.

Dementieva also packed more punch from the baseline and hit twice as many winners, 26 to 13.

In doubles, Venus and Serena Williams of the United States won the gold, beating Anabel Medina Garrigues and Virginia Ruano Pascual of Spain 6-2, 6-0. The sisters celebrated with shrieks, then shared a hug.

When the No. 5-seeded Dementieva closed out her victory with a forehand winner, she collapsed to her knees, then walked to net and received a congratulatory hug from Safina. Dementieva, who won the silver medal at Sydney in 2000, snapped Safina's 15-match winning streak.



Gold medal winner Elena Dementieva of Russia is flanked by silver medalist Dinara Safina (left) and bronze medalist Vera Zvonareva at the Beijing 2008 Olympics in Beijing.

"I never expected a medal -- gold, silver or bronze," said Dementieva, 26. "It's unbelievable. For me this is the best moment in my career. I'll never forget it."

Russia swept the medals in women's singles when Vera Zvonareva beat Li Na of China 6-0, 7-5 to win the bronze. That victory made Russia the first nation to win all three medals in one tennis event since Great Britain did so in the 1908 women's singles. Tennis was not a medal sport between 1924 and 1988.

The Williams sisters improved their lifetime Olympic doubles record to 10-0. They won the doubles gold at Sydney but didn't play in Athens four years ago because Serena was hurt.

Yan Zi and Zheng Jie of China beat Ukraine's Alona and Kateryna Bondarenko for the bronze, 6-2, 6-2.

The singles final began with only about a thousand spectators in the 10,000-seat stadium, but it was mostly full by the end 2 1/2 hours later.

Dementieva lost her first three service games and needed 14 points to hold for a 1-0 lead in the second set, giving her a toehold in the match. A flurry of errors by Safina in the final game of the second set helped Dementieva break to even the match.

Safina banged her racket against the concrete when she double-faulted three times to lose serve and fall behind 3-1 in the final set. She served with a chance to reach for 4-all but committed four unforced errors and her final two double-faults.

Dementieva then served out the victory to complete the best week of her career. She beat eight-time Grand Slam champion Serena Williams in the quarterfinals.

APPENDIX F

Articles on Male and Female Table Tennis Players

South Korea wins bronze in men's team table tennis

South Korea beat Austria 3-1 on Monday to take the bronze medal in the men's team table tennis competition at the Olympics.

Defending singles gold medalist Ryu Seung-min of South Korea struggled early, losing 3-1 to Robert Gardos, ranked 47th in the world. But he rebounded in the fourth and decisive match, beating Austria's Chen Weixing 3-0 with a number of powerful rallies.

"The play was very tough and the style is very difficult for me," Ryu said of his match with Gardos, who beat two players in the world top 20 before defeating the 8th-ranked South Korean.

Ryu has had a disappointing showing at the Olympics, going into Monday's contest having won only two of his six singles matches.

However, teammate Oh Sang-eun has excelled in Beijing, losing only to Ma Lin of China, ranked second in the world.

It was South Korea's second table tennis bronze in Beijing. The women's squad took third place a day earlier, beating Japan. Later Monday, top-ranked China was scheduled to play No. 2 Germany in the men's gold medal contest.

American qualifies for table tennis quarterfinals

Wang Chen of the United States defeated Kim Kyung-ah of South Korea on Thursday to become the first American in Olympic table tennis history to reach the quarterfinals.

All three Chinese players also advanced and kept alive the possibility of a medal sweep for the host team.

After her 4-3 win over Kim, the world's top defensive player, Wang collapsed to her knees next to the table and cried into her towel.

"I thought it was possible to beat her as long as I was full of confidence, because she's a defensive player," Wang said about her victory.

She won 11-9, 9-11, 11-8, 10-12, 6-11, 11-9, 11-5.

Wang, who's ranked No. 23 in the world and runs a popular pingpong club in New York City, will face sixth-ranked Li Jia Wei of Singapore on Thursday night.

The Chinese players were also victorious in their round of 16 matches, although fatigue was setting in on the ninth day of the Olympic competition.

"Physically (playing singles) is not as easy as (playing teams), where it's just one match a day. But you don't have a choice. You just have to adjust fast," said China's Wang Nan, a four-time Olympic gold medalist.

She won 11-7, 11-7, 9-11, 11-6, 11-13, 11-5 but said the challenge in the matchup came from her opponent's defensive playing style which features backspin chops.

"We often play Korean athletes in major competitions so we are aware of their strengths in chops. I was prepared for a difficult match, perhaps even to the seventh game," Wang said.

Teammate Guo Yue defeated Li Jiao of the Netherlands 4-0.

Top-ranked Zhang Yining eliminated No. 12 Ai Fukuhara of Japan with a 4-1 victory.

"I wanted to hurry up and win so I could go back and get some rest," Zhang said of her 11-5, 11-2, 11-5, 9-11, 11-8 win.

"So I wasn't taking control of some opportunities and I was playing a bit rushed."

APPENDIX G

Articles on the Sportsman and Sportswoman of the Year

Phelps wins 7th Olympic gold by 0.01 seconds

Michael Phelps swam into Olympic history with a magnificent finish Saturday, his arms soaring through the water one last time to get a hand on the wall and win his seventh gold medal of the Beijing Games.

Phelps beat Milorad Cavic of Serbia in the 100-meter butterfly by a hundredth of a second, setting an Olympic record in 50.58 seconds but snapping his streak of setting world records in each of his previous six gold-medal performances.

The 23-year-old American has now pulled even with the greatest of Olympic records, matching Mark Spitz's seven gold medals from the 1972 Munich Games.



Michael Phelps celebrates winning the gold in the men's 100-meter butterfly final during the swimming competitions in the National Aquatics Center at the Beijing 2008 Olympics in Beijing, Saturday.

Call this one the Great Haul of China - and it's not done yet.

Phelps will return on Sunday to swim in his final event of the Beijing Games, taking the butterfly leg of the 4x100 medley relay. The Americans will be heavily favored to give him his eighth gold, leaving Spitz behind.

Rebecca Adlington of Britain won the 800 freestyle, breaking Janet Evans' 19-year-old world record.

Adlington finished in 8:14.10, breaking the oldest record in swimming of 8:16.22 set by the American in Tokyo on Aug. 20, 1989.

Alessia Filippi of Italy took the silver in 8:20.23. Lotte Friis of Denmark earned the bronze in 8:23.03.

Adlington completed a sweep of the women's distance events in Beijing, having upset Katie Hoff of the United States to win the 400 freestyle.

Kirsty Coventry of Zimbabwe defended her Olympic title in the 200 backstroke, winning in a world-record time.

She led all the way and finished in 2:05.24 seconds, lowering the mark of 2:06.09 set by Margaret Hoelzer at the U.S. trials last month.

Hoelzer took the silver in 2:06.23. Reiko Nakamura of Japan earned the bronze in 2:07.13.

Gymnastics: Liukin edges Johnson for all-around gold

BEIJING (AP): Nastia Liukin edged U.S. teammate Shawn Johnson for the all-around gold in women's gymnastics Friday in an intense matchup at the Beijing Olympics that lived up to its billing.

Liukin finished with 63.325 points, a mere six-tenths ahead of Johnson, the reigning world champion who beat Liukin at the U.S. championships and Olympic trials only a few weeks ago.

Yang Yilin of China won the bronze.

Liukin paced back and forth as Johnson competed on floor, the final competitor of the day, clapping as her teammate floated high in the air. In the end, it was Liukin who soared.



Nastia Liukin performs her floor routine during the womens' gymnastics individual all-around finals at the Beijing 2008 Olympics in Beijing

When Johnson's score was posted and Liukin saw she was the winner tears filled her eyes.

Her father and coach Valeri grabbed her in a bearhug, squeezing her tight for several minutes.

Valeri Liukin was a double gold medalist for the Soviet Union 20 years ago, but came up achingly short in a rivalry with his own teammate in the all-around.

There would be no such disappointment for his only child.

"It's not possible to describe how proud I am," Valeri Liukin said afterward.

"It's just an amazing feeling."

Liukin blinked back tears with a smile when she was introduced as the gold medalist, pride etched on her face.

For China, it was the first disappointment on the gymnastics floor.

The Chinese won both the men's and women's team titles, and Yang Wei ran away with the men's all-around gold on Thursday.

But this was no surprise.

Johnson and Liukin have been the world's two best gymnasts for two years now, and most expected the teammates would be each other's biggest competition.

Johnson came in with all the momentum, winning every matchup with Liukin but one in the last few years.

It was Liukin's grace under pressure, though, that made the difference.

And it had to, with everything coming down to the very last event, and the last two performers.

Long and lean, Liukin has the elegance and classic lines of her mother, a former world champion in rhythmic gymnastics, and she uses it to perfection.

While other gymnasts tumble on the floor, Liukin puts on a performance. Every wave of her arm and brush of her fingertips oozes emotion, making it easy to forget about those tough tricks she was doing.

Valeri Liukin stood on the sidelines, pacing back and forth, barely able to watch his daughter, who flashed a big smile for the cameras after her final tumbling run.

Her score of 15.525 put her in first place, and left Johnson with a huge gap to close. It was possible, though, as Johnson is the reigning world champion on floor.

She got such great height on her opening pass she could have dusted off a light or two, yet she landed as easily and confidently as if she was stepping off a curb.

Her smile grew brighter with each second, and even Liukin was anxiously clapping as she watched.

Johnson was thrilled when she finished, almost running off the podium.

It was a great routine.

It just wasn't enough for gold.

When the final mark flashed, Johnson smiled and immediately went to congratulate her teammate.

Liukin is the second straight American to win the all-around crown, succeeding training partner Carly Patterson as gymnastics' greatest champion.