

TABLE OF CONTENTS

	PAGE
ABSTRACTS	ii
ABSTRAK	iv
ACKNOWLEDGEMENTS	v
TABLE OF CONTENTS	vi
LIST OF TABLES	xi
LIST OF FIGURES	xii
LIST OF ABBREVIATIONS	xv
CHAPTER 1: INTRODUCTION	
1.0 Introduction	1
1.1 Problem Statement	3
1.2 Objectives of study	4
CHAPTER 2: LITERATURE REVIEW	
2.1 <i>Hibiscus sabdariffa L.</i>	5
2.1.1 Botanical Description	5
2.1.2 Medicinal Value	7
2.1.3 Antioxidant Activity and Anticholesterol Effects of <i>H. sabdariffa</i>	8
2.1.4 Phytochemical Constituents	9
2.1.5 UKMR-1 and UKMR-2 variety	10
2.2 Atherosclerosis	12
2.2.1 Development of Atherosclerosis	12
2.2.2 High Density Lipoprotein (HDL) and Low Density Lipoprotein (LDL)	15

	PAGE
2.2.3 Cholesterol	18
2.2.4 Triglycerides	20
2.3 Antioxidant	22
 CHAPTER 3: MATERIALS AND METHODS	
3.1 Experimental Material	25
3.2 Preparation of extracts	25
3.3 Antioxidant Activity Assay	26
3.3.1 DPPH Free Radical Scavenging Activity Assay	26
3.3.1.1 Ascorbic Acid as a Positive References Standard	26
3.3.1.2 DPPH radical scavenging activity of crude extracts	28
3.3.1.3 Determination of Percentage of Inhibition	28
3.3.2 Reducing Power Assay	29
3.3.2.1 Reducing Power of Standard BHA	29
3.3.2.2 Reducing Power of Crude Extracts	30
3.3.3 Metal Chelating Assay	31
3.3.3.1 Metal Chelating for EDTA Positive Reference Standard	31
3.3.3.2 Metal Chelating for Crude Extracts	32
3.3.3.3 Determination of Percentage of Inhibition	32
3.4 Toxicity Test	33
3.4.1 Brine Shrimp Lethality Assay	33
3.4.1.1 Sample Preparation	33
3.4.1.2 Hatching the Shrimp	34
3.4.1.3 Test Procedure	34

	PAGE
3.4.2 Oral toxicity Test	35
3.4.2.1 Animals and Maintenance	35
3.4.2.2 Administration of Doses	36
3.4.2.3 Clinical Observation	37
3.4.2.4 Clinical Biochemistry Analysis	37
3.4.2.5 Histopathology	38
3.5 Hypercholesterolemic Assay	39
3.5.1 Total Cholesterol Measurement	41
3.5.2 Triglycerides Measurement	42
3.5.3 High Density Lipoprotein (HDL) Cholesterol Measurement	43
3.5.4 Atherosclerotic Plaques Analysis	44
3.5.4.1 Sample Abstraction	44
3.5.4.2 Fixation and Staining of Organ Specimens	45
3.6 Phytochemical Analysis	46
3.6.1 Thin-layer Chromatography (TLC)	46
3.6.2 LC-MS/MS Analysis	47
3.6.2.1 Sample Preparation	47
3.6.2.2 LCMS/MS conditions	47
3.7 Statistical analysis	48
 CHAPTER 4: RESULTS	
4.1 Extraction of Samples	49
4.1.1 Water Content in Plant Samples	49
4.1.2 Average Yield of Crude Extract	50

	PAGE	
4.2	Antioxidant Activity Assay	51
4.2.1	DPPH Free Radical Scavenging Activity Assay	51
4.2.2	Reducing Power Assay	53
4.2.3	Metal Chelating Assay	55
4.3	Toxicity Test	57
4.3.1	Brine Shrimp Lethality Assay	57
4.3.2	Oral toxicity Test	59
4.3.2.1	Clinical Observation	59
4.3.2.2	Clinical Biochemistry Analysis	62
4.3.2.3	Histopathology Analysis	67
4.4	Hypercholesterolemic Analysis	71
4.4.1	Body weight	71
4.4.2	Triglycerides Measurement	72
4.4.3	Total Cholesterol Measurement	74
4.4.4	High Density Lipoprotein (HDL) Cholesterol Measurement	76
4.4.5	Low Density Lipoprotein (LDL) Cholesterol Measurement	78
4.4.6	Atherosclerotic Plagues Analysis	80
4.4.6.1	Atherosclerotic Plagues Analysis for Normal Group	80
4.4.6.2	Atherosclerotic Plagues Analysis for Cholesterol Group	81
4.4.6.3	Atherosclerotic Plagues Analysis for Arab Group	82
4.4.6.4	Atherosclerotic Plagues Analysis for UKMR-1 Group	83
4.4.6.5	Atherosclerotic Plagues Analysis for UKMR-2 Group	84
4.5	Phytochemical Analysis	86
4.5.1	Thin layer Chromatography (TLC)	
4.5.1.1	Thin layer Chromatography (TLC) of Arab Variety	86
4.5.1.2	Thin layer Chromatography (TLC) of UKMR-1 Variety	87
4.5.1.3	Thin layer Chromatography (TLC) of UKMR-2 Variety	88

	PAGE
4.5.2 LC-MS/MS Analysis	93
4.5.2.1 LC-MS/MS Analysis of Arab Variety	93
4.5.2.2 LC-MS/MS Analysis of UKMR-1 Variety	108
4.5.2.3 LC-MS/MS Analysis of UKMR-2 Variety	123
CHAPTER 5: DISCUSSION	
5.1 Preparation of Plant extracts	134
5.2 Analysis of Antioxidant Activity	136
5.2.1 DPPH Free Radical Scavenging Activity Assay	137
5.2.2 Reducing Power Assay	138
5.2.3 Metal Chelating Assay	139
5.3 Toxicity Test	141
5.3.1 Brine Shrimp Lethality Assay	141
5.3.2 Oral toxicity Test	142
5.3.2.1 Clinical Observation	143
5.3.2.2 Clinical Biochemistry Analysis	144
i. Liver function test	144
ii. Renal function test	149
5.3.2.3 Histopathology Analysis	152
5.4 Hypercholesterolemic Analysis	153
5.4.1 Body weight	153
5.4.2 Triglycerides Measurement	154
5.4.3 Total Cholesterol Measurement	157
5.4.4 High Density Lipoprotein (HDL) and Low Density Lipoprotein (LDL) Cholesterol Measurement	159
5.4.5 Atherosclerotic Plaques Analysis	161

	PAGE
5.5 Phytochemical Analysis	162
5.5.1 Thin layer Chromatography (TLC) Analysis	162
5.5.2 LC-MS/MS Analysis	164
CHAPTER 6: CONCLUSION	167
APENDIX	
References	170
Publication	