I dedicate this thesis to my beloved parents, my siblings, my niece and my nephews. Without their love and support, this work would not have been possible.

"If we knew what it was we were doing, it would not be called research, would it?"

## **Albert Einstein**

### UNIVERSITI MALAYA

### **ORIGINAL LITERARY WORK DECLARATION**

Name of Candidate: Samira Bagheri

(I.C/Passport No: K17179517)

Registration/Matric No: SHC100011

Name of Degree: Doctor of Philosophy

Title of Thesis: Preparation and characterization of nanocomposite films and their

application in electrochemical sensors to detection of carbohydrates, D-penicillamine

and *L*-tryptophan.

Field of Study: Nanotechnology

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Nanotechnology has become one of the most important fields in science. The nanoparticles exhibit unique chemical, physical and electronic properties that are different from those of bulk materials, due to their small size and better architecture. Nanoparticles can be used to construct novel sensing devices; in particular electrochemical sensors. Electrochemical detection is highly attractive for the monitoring of glucose, cancer cells, cholesterol and infectious diseases. For the present investigation of my PhD work, the nanomaterials of zinc oxide and anatase titanium dioxide were synthesized by simple and low-cost techniques using gelatin as an organic precursor via the sol-gel method. The analytical and spectroscopic techniques of thermogravimetric analysis, X-ray diffraction, transmission electron microscopy, scanning electron microscopy, Fourier transform infrared spectroscopy and ultraviolet visible spectroscopy were used to characterize the architecture and properties of the synthesized nanomaterials. The result shows that, the metal oxide nanoparticles with high crystallinity can be obtained using this facile method. Gelatin plays a very important role in the formation of zinc oxide and anatase titanium dioxide nanoparticles. Moreover, the composite film was prepared by using the synthesized zinc oxide, multi walled carbon nanotube and polycaprolactone on glassy carbon electrode (ZnO/MWCNT/PCL/GCE). The porous ZnO/MWCNT/PCL film was used as a supporting matrix to immobilize the Co(II) ions. The immobilized Co(II) ion exhibits an excellent electrocatalytic activity to glucose oxidation. The sensor responded linearly to glucose in the concentration of  $5.0 \times 10^{-5}$  -  $6.0 \times 10^{-3}$  M with the detection limit of  $1.6{\times}10^{-5}$  M at  $3\sigma$  using cyclic voltammetry. In addition, the composite film was prepared by synthesized TiO<sub>2</sub>-NPs and multi walled carbon nanotube on glassy carbon electrode (TiO<sub>2</sub>-MWCNT/GCE). The TiO<sub>2</sub>-MWCNT/GCE responded linearly to L-

tryptophan in the concentration range of  $1.0 \times 10^{-6}$ - $1.5 \times 10^{-4}$  M with the detection limit of  $5.2 \times 10^{-7}$  M at  $3\sigma$  using amperometric measurement.

A nickel (II) into porous polyacrylonitrile- multi walled carbon nanotubes composite modified glassy carbon electrode (Ni/PAN-MWCNT/GCE) was fabricated by simple drop-casting and immersing technique. Ni/PAN-MWCNT/GCE electrode showed good electrocatalytic activity toward the oxidation of carbohydrates (glucose, sucrose, fructose and sorbitol). The electrocatalytic response showed a wide linear range (10-1500 µM, 12-3200 µM, 7-3500 µM and 16-4200 µM for glucose, sucrose, fructose and sorbitol, respectively). At this juncture, I prepared a simple and efficient strategy for the fabrication of nanocrystalline composite films containing chitosan and multi walled carbon nanotube coated on a glassy carbon electrode. The chitosan films are permeable to anionic  $[Fe(CN)_6]^{3-/4-}$  redox couple. This modified electrode also showed an electrocatalytic effect on the simultaneous determination of D-penicillamine and Ltryptophan. The detection limit of 0.9 µM and 4.0 µM for D- penicillamine and Ltryptophan, respectively, makes this nanocomposite film very suitable for the determination of D-penicillamine and L-tryptophan with good sensitivity and selectivity. In summary, the electrochemical sensors proposed in my PhD work exhibited high sensitivity and selectivity for the continuous monitoring of analytes such as carbohydrates, D-penicillamine and L-tryptophan. The unique nanocomposite-based films proposed in this thesis open new doors to the design and fabrication of highperformance electrochemical sensors.

Nanoteknologi telah menjadi salah satu bidang yang paling penting dan menarik dalam sains dan teknologi. Disebabkan saiz kecil mereka dan seni bina yang lebih baik, nanopartikel mempamerkan kimia fizikal yang unik dan sifat-sifat elektronik yang berbeza daripada bahan pukal, dan juga boleh digunakan untuk memcipta novel serta peranti penderiaan yang lebih baik seperti dalam sensor elektrokimia tertentu. Pengesanan elektrokimia adalah sangat baik untuk pemantauan glukosa, kolesterol, kanser, penyakit berjangkit dan ejen peperangan biologi kerana kos yang rendah, kepekaan yang tinggi dan pengecilan mudah melalui fabrikasi mikro, keperluan kuasa yang rendah dan kawalan infrastruktur yang agak mudah. Dalam penyiasatan kerja PhD saya, nanomaterials zink oksida dan anatase titanium dioksida telah disintesis oleh teknik mudah dan kos rendah menggunakan gelatin sebagai pendahulu organik melalui kaedah sol-gel. Teknik-teknik analitikal dan spektroskopi analisis termogravimeteri, pembelauan sinar-X, transmisi elektron mikroskopi, imbasan elektron mikroskop, spektroskopi inframerah transformasi fourier dan spektroskopi kebolehlihat ultraungu telah digunakan untuk mencirikan seni bina dan sifat nanobahan yang disintesis. Selain itu, komposit filem telah disediakan dengan menggunakan zink oksida yang disintesis, pelbagai karbon nanotuib berdinding dan polikaprolakton pada elektrod karbon yang berkaca (ZnO/MWCNT/PCL/GCE). Filem ZnO/MWCNT/PCL yang berliang pula telah digunakan sebagai matriks sokongan untuk melumpuhkan pergerakan Co(II) ion. Sensor telah menunjukkan tindak balas linear kepada glukosa dalam kepekatan sebanyak 5.0  $\times$   $10^{\text{-5}}$  - 6.0  $\times$   $10^{\text{-3}}$  M dengan had pengesanan 1.6  $\times$   $10^{\text{-5}}$  M pada  $3\sigma$ menggunakan kaedah voltammetri berkitar. Selain itu, komposit filem telah disediakan dengan TiO<sub>2</sub>-NPs yang disintesis dan pelbagai karbon nanotuib berdinding pada elektrod karbon yang berkaca (TiO<sub>2</sub>-MWCNT/GCE). TiO<sub>2</sub>-MWCNT/GCE yang bertindak-balas linear kepada L-tryptophan dalam julat kepekatan sebanyak  $1.0 \times 10^{-6}$ -

1.5 × 10<sup>-4</sup> M dengan had pengesanan 5.2 × 10<sup>-7</sup> M pada 3σ, menggunakan pengukur amperometrik. Nikel(II) telah dimasukkan ke dalam komposit poliakrilonitril yang berliang karbon nanotuib yang berdinding, elektrod karbon yang berkaca (Ni/PAN-MWCNT/GCE) telah direka dengan kaedah tuangan-mudah dan rendaman. Ni/PAN-MWCNT/GCE pula menunjukkan aktiviti elektrokatalitik yang baik ke arah pengoksidaan karbohidrat (glukosa, sukrosa, fruktosa dan sorbitol). Tindak-balas elektrokatalitik ini menunjukkan julat linear yang luas (10-1500 μM, 12-3200 μM, 7-3500 μM dan 16-4200 μM), masing-masing bagi glukosa, sukrosa, fruktosa, dan sorbitol, dan had eksperimen pengesanan yang boleh dicapai (6 μM, 7 μM, 5 μM dan 11 μM), masing-masing bagi glukosa, sukrosa, fruktosa, dan sorbitol. Penyediaan elektrod yang terubahsuai bagi penentuan karbohidrat mengambil mudah, kestabilan yang baik dan kepekaan yang tinggi.

Pada peringkat ini, saya ingin melaporkan satu strategi yang mudah dan berkesan untuk memfabrikasikan komposit filems nanaokristalin yang mengandungi kitosan dan karbon nanotuib berdinding yang telah disalut pada elektrod karbon sayu. Filem-filem chitosan adalah telap kepada anionik redoks berpasangan  $[Fe(CN)_6]^{3-/4-}$ . Elektrod yang diubahsuai ini juga menunjukkan kesan elektrokatalitik bagi penentuan serentak *D*-penicillamine dan *L*-tryptophan. Had pengesanan sebanyak 0.9 µM dan 4.0 µM untuk membuat film ini adalah, masing-masing bagi *D*-penicillamine dan *L*-tryptophan. Komposit nano ini adalah sangat sesuai untuk penentuan *D*-penicillamine dan *L*-tryptophan, sensor elektrokimia yang dicadangkan dalam kerja PhD saya menunjukkan sensitiviti yang tinggi dan pemilihan yang berkesan untuk pemantauan berterusan analit seperti karbohidrat, *D*-penicillamine dan *L*-tryptophan. Komposit nano yang berasaskan filems unik ini telah dicadangkan dalam tesis ini supaya dapat membuka pintu untuk rekaan dan fabrikasi sensor elektrokimia yang berpestasi tinggi.

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### LIST OF SYMBOLS AND ABBREVIATIONS

FESEM	Field emission scanning electron microscopy			
FTIR	Fourier transform infrared spectroscopy			
FWHM	Full width at half maximum			
NP	Nanoparticle			
TGA	Thermogravimetric analysis			
TEM	Transmission electron microscopy			
HRTEM	High resolution transmission electron microscopy			
UV-Vis	Ultraviolet–Visible spectroscopy			
XRD	X-ray diffraction			
EDAX	Energy dispersive X-ray			
CVD	Chemical vapour deposition			
ED	Electrodeposition			
DMF	Dimethyl formamide			
PCL	Polycaprolactone			
PAN	Polyacrylonitrile			
PEG	Polyethylene glycol			
CTAB	Cetyltrimethyl ammonium bromide			
PSS	Poly (sodium 4-styrene-sulfonate)			
<i>L</i> -Trp	<i>L</i> -Tryptophan			
D-PA	D-Penicillamine			
CV	Cyclic voltammetry			
EIS	Electrochemical impedance spectroscopy			
MWCNT	Multi walled carbon nanotubes			

SWCNT	Single walled carbon nanotubes			
CME	Chemically modified electrodes			
DPV				
	Differential pulse voltammetry			
ZnO	Zinc oxide			
GCE	Glassy carbon electrode			
WE	Working electrode			
RE	Reference electrode			
CE	Counter electrode			
DC	Direct current			
AC	Alternating current			
GPES	General purpose electrochemical system			
FRA	Frequency response analysis			
RSD	relative standard deviation			
LOD	Limit of detection			
LDR	Linear dynamic range			
PDI	Polydispersity index			
PBS	Phosphate buffered saline			
<i>L</i> -Trp	L-Tryptophan			
(α)	Electron transfer coefficient			
E <sup>o</sup>	Formal peak potential			
$\Delta E_p$	Peak-to-peak separation potential			
E <sub>pc</sub>	Cathodic peak potential			
E <sub>pa</sub>	Anodic peak potential			
I <sub>pc</sub>	Cathodic peak current			
I <sub>pa</sub>	Anodic peak current			
E <sub>1/2</sub>	Half peak potential			

F	Faraday's constant				
w	Angular frequency				
$Z_r(w)$	Real impedance component				
$Z_i(w)$	Imaginary impedance component				
Е	Potential				
R	Resistance				
Ι	Current				
Г	Surface coverage				
Q	Charge				
R <sub>ct</sub>	Electron transfer resistance				
R <sub>s</sub>	Solution resistance				
C <sub>dl</sub>	Double-layer capacitance				
W	Warburg diffusion				
η	Activation overpotential				
δ	Diffusion layer thickness				

#### 1.1 Introduction to Nanotechnology

Nanotechnology originates from a Greek word meaning 'dwarf'. Nanometer is one billionth (10<sup>-9</sup>) of a metre, which is very tiny. It is only the length of a few hydrogen atoms or about one hundred thousand of a human hair. Nanotechnology involves research and development at the atomic and macromolecular levels in the length scale of approximately 1 to 100 nm. The U.S. National Nanotechnology Initiative (NNI) definition includes anything smaller than 100 nanometers with novel properties is termed as Nanotechnology. Nanotechnology exploits the numerous progresses in chemistry, physics, materials science and bioscience to create novel materials that have unique properties due to their size, structure and architectures are determined on the nanometer scale. Some of these materials have already found their way into industrial products.

The term nanotechnology was first discovered by N. Taniguchi in the year 1974 (Taniguchi, 1974). The first report about the creation of these new materials was published in 1985 (Kroto, Heath, O'Brien, Curl, & Smalley, 1985). Various aspects of synthesis, study and application of nanomaterials in different fields mean that even in such a short period of time it has been possible to take a considerable step forward and gain impressive results.

Nanotechnology referred as a wide-ranging technology because of its advanced impact in almost all industries. It will offer superior materials with long-term duration, safety and smaller products for home, medicine, communication, agriculture and transportation. Realization of bottom-up approach (chemical approach) of molecular nanotechnology will further attract the interests of material scientists working in the field of nanotechnology.

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According to National Nanotechnology Initiative (2011), the estimated amount is found in all over the world is around \$65 billion, due to the vast opportunities in nanotechnology, it offers to create the new features and functions. Recently, the material scientists have classified nanotechnology into three directions: In physics, the field of microelectronics is moving towards the smaller sizes and is already at submicron line widths; processors in computing systems will need nanometer line widths in future as miniaturization proceeds.

In chemistry, improved knowledge of complex systems had led to new catalyst, membrane sensor and coating technologies which depend on the ability to tailor the structures at atomic and molecular levels.

In biology, living systems have sub-units with sizes between micron and nanometer scales and these can be combined with non-living nanostructured materials to create new devices.

In recent times, nanotechnology has become one of the most exciting fields in physics, chemistry and material science. A wide variety of nanomaterials especially nanoparticles with different properties have found a wide application in many kinds of chemical and electrochemical methods. Nanoparticles exhibits unique physical-chemical and electronic properties that are different from bulk materials due to their small size and unique structure, and also it can be used to construct novel materials to improve the sensing devices like electrochemical and biosensors. Nowadays, a large number of nanoparticles with different sizes and compositions are available, which facilitates their applications in electrocatalysis and electrolysis. Different kinds of nanoparticles and sometimes the same kind of nanoparticles can play a different role in different electrochemical sensing systems such as enzyme sensors, DNA sensors and immunosensors. Generally, metal nanoparticles have excellent catalytic properties and conductivity which make them more suitable for acting as electronic wires to improve

the electron transfer between redox centres in proteins and electrode surfaces, and also as catalysts to increase the electrochemical reactions. Oxide nanoparticles are frequently used to immobilize biomolecules due to their biocompatibility, while semiconductor nanoparticles are regularly used as tracers for electrochemical analysis.

#### **1.2** Application of nanotechnology in catalysis

One of the most important properties of a catalyst is its active surface where the reaction takes place. When the size of the catalyst is decreased, the active surface increases; the smaller the catalyst particles, the greater the ratio of surface to volume. The higher the catalysts active surface, the greater is the reaction efficiency. Research has illustrated that the spatial organization of active sites in a catalyst is very important. Molecular structure and nanoparticle size and can be controlled using nanotechnology. Achieving a high degree of selectivity in catalysis is also recognized as a critical challenge for the future (B. Zhou, Hermans, & Somorjai, 2003). Transition metal oxide nanoparticles are good catalysts in redox reactions due to their ability to readily move from one oxidation state to another (M.-1. Luo, Tang, Zhao, & Pu, 2006).

### 1.3 Nanomaterials

In the last two decades, there has been enormous progress in the synthesis of nanoparticles research. Nanoparticles are defined as a group of atoms having size  $\leq 100$  nm (Daniel & Astruc, 2003; Siegel & Fougere, 1995). Nanoparticles size ranges between atoms and molecules and bulk. The chemical (Cox, Trevor, Whetten, & Kaldor, 1988), physical (Nieh & Wadsworth, 1990; Philip, 2001; Schmidt Martin, 1998; Siegel & Fougere, 1995), mechanical, thermal, electronic and magnetic properties of nanometer sized particles are very different from their bulk counterparts and it can be tuned by changing the size and shape. Owing to this shape and size dependent

properties, nanoparticles are very useful for many applications such as catalysis, optoelectrics, chemosensors and single transistor (Alivisatos, 1996; Leutwyler, Bürgi, & Burgl, 1996). Two major effects that are responsible for the shape and size dependent properties of nanoparticles are increase in surface to volume ratio of nanoparticles and quantum size effects which influence their electronic structure (Alivisatos, 1996). The size at which the nanoparticle behaves like its bulk depends on the type of materials. In metals, a few tens of atoms are adequate to make the nanoparticles behave like bulk but in semiconductors this number is much larger (Alivisatos, 1996). For metallic gold, if the size of bulk materials is transformed into particles of size < 1.6 nm (Wolfe, Balasubramanian, Tracy, & Murray, 2007), a transition from metal to insulator takes place. The reason for this transition is the relocation of valence free electrons from continuous energy states to discrete energy states. Hence, the size dependent optical and electronic properties of nanoparticles are due to an increase discretization of energy levels with decrease in size.

Many kinds of nanoparticles including metal nanoparticles, oxide nanoparticles, semiconductor nanoparticles and even composite nanoparticles have been widely used in electrochemical sensors and biosensors. Depends on the role of these nanoparticles play in different electrochemical sensing systems based on their unique properties, the basic functions of nanoparticles can be mainly classified as immobilization of biomolecules, catalysis of electrochemical reactions, enhancement of electron transfer, labelling biomolecules and acting as reactant.

#### **1.4** Synthesis of Nanomaterials

Synthetic methods of nanoparticles can be classified into three general categories; they are wet, dry and milling process as shown in Figure 1.1. In wet and dry synthesis, the nanoparticles are generally produced from a bottom up approach, whereas in the milling

process, the nanoparticles are produced from top down approach by mechanically breaking down the larger particles (Rotello, 2004). In all the methods, the size distribution of nanoparticles is very important and it can be modified by adjusting the process parameters. Milling is very energy-intensive and it may not be suitable for some materials, such as pure metals because they are malleable. In precipitation method, it is necessary to add capping ligands to solution for controlling the growth of nanoparticles. These ligands bind to the surface of particles and must be removed in a separate processing step. One of the biggest problems during the high temperature heating process is an agglomeration of nanoparticles.

In this research work, the sol-gel method was applied for the preparation of nanostructured materials using gelatin as the polymerizing agent.



Figure 1.1: Synthetic methods of nanoparticles (Rotello, 2004).

#### 1.5 Nanoparticles

The unique physical and chemical properties of nanoparticles make them extremely sufficient to improve and design sensing devices and in especially electrochemical sensors and biosensors. The nanoparticles such as semiconductors, metal and metal oxide nanoparticles have been used for designing electrochemical sensors and biosensors. The main reason for using nanoparticles is its ability to immobilize biomolecules, catalysis of electrochemical reactions, enhancement of electron transfer between an electrode surface and proteins, labeling of biomolecules, and acting as a reactant.

	s of hanoparticles h		lieur sensor sys		
Functions	Properties used	Typical NPs	Sensor advantages	Typical examples	Reference
Biomolecules, immobilization	Biocompatibility; Large surface area	Metal NPs (Au, Ag); Oxide NPs (SiO <sub>2</sub> ,TiO <sub>2</sub> )	Improved stability	Antibody immobilized onto Au NPs	(Zhuo et al., 2006)
Catalysis of reaction enhancement of electron transfer	High surface energy conductivity; tiny dimensions	Metal NPs (Au, Ag); Oxide NPs (ZrO <sub>2</sub> , TiO <sub>2</sub> )	Improved sensitivity & selectivity; direct electrochemi stry of proteins	$H_2O_2$ sensor based on Prussian blue NPs with a sensitivity of 103.5µA mM <sup>-1</sup> cm <sup>-2</sup>	(Fiorito, Gonçales, Ponzio, & de Torresi, 2004)
Labeling biomolecules	Small size; modifiability	Semicondu ctor NPs (CdS, PbS); metal NPs (Au, Ag)	Improved sensitivity; Indirect detection	DNA sensor labeled with Ag NPs	(Cai, Xu, Zhu, He, & Fang, 2002)
Acting as reactant	Chemical activity	Oxide NPs (MnO <sub>2</sub> )	New response mechanism	Lactate biosensor with MnO <sub>2</sub> NPs	(W. Zhao, Xu, Shi, & Chen, 2005)

Table 1.1: Roles of nanoparticles in electrochemical sensor systems

Many kinds of nanoparticles including metal, metal oxide, semiconductor nanoparticles and even composite nanoparticles have been extensively used in electrochemical sensors and biosensors. These nanoparticles play different roles in different electrochemical sensing systems based on their unique properties. The basic functions of nanoparticles can be mainly classified as catalysis of electrochemical reactions, enhancement of electron transfer, immobilization of biomolecules, labeling biomolecules and acting as reactant. The role of different nanoparticles has played in electrochemical sensor systems are summarized in Table 1.1.

### 1.6 Synthesis of Nanoparticles

Nanoparticles size ranging from 1 to 100 nm has been actively synthesized and studied over the last 10 years. It has more scientific interest because of size dependent properties such as quantum confinement in semiconductor nanoparticles and surface plasmon resonance in some metal nanoparticles. The synthesis of monodisperse nanoparticles is of key importance since the properties of nanoparticles are dependent on their size (X. Wang, Zhuang, Peng, & Li, 2005). There are two approaches for synthesis of nanoparticles: top-down (physical method), and bottom-up (chemical method). The top-down approach includes ball milling. However, the nanoparticles synthesized by physical method have a relatively broad size distribution and various particle shapes. In contrast, the bottom-up approaches can be used to synthesize uniform nanoparticles (X. Wang et al., 2005).

#### 1.6.1 Sol-Gel Method

The sol-gel process is a wet-chemical technique widely used in the fields of ceramic engineering and materials science. This method is used primarily for the fabrication of materials (typically metal oxides) starting from a colloidal solution (sol) that acts as the precursor for an integrated network (or gel) of either discrete particles or matrix polymers. Common precursors are metal alkoxides and metal salts (such as chlorides, nitrates and acetates), which undergo various forms of hydrolysis and polycondensation reactions.

In the sol-gel procedure, the solution (or sol) gradually evolves towards the formation of a gel-like system containing both a solid phase and liquid phase which morphologies range from discrete particles to continuous polymer matrixes. In the case of the colloid, the particle density may be so low where a significant amount of fluid may need to be removed primarily from the gel-like properties to be recognized. Removal of the remaining liquid phase (solvent) requires a drying process, which is typically accompanied by a significant amount of densification and shrinkage. The rate at which the solvent can be removed is eventually determined by the distribution of porosity in the gel. The final microstructure of the final component will clearly be strongly influenced by changes imposed upon the structural template during this phase of processing.

Afterwards, a thermal treatment is often necessary in order to favor further polycondensation, structural stability and enhanced mechanical properties by final sintering, densification and grain growth. One of the distinct advantages of using this methodology as opposed to the more traditional processing techniques is that densification is often achieved at a much lower temperature.

The precursor sol can be either deposited on a substrate to form a film (by dip coating or spin coating), cast into a suitable container with the desired shape (to obtain monolithic ceramics, membranes, aerogels, glasses, fibers), or directly used to synthesize powders such as microspheres, nanospheres. The sol-gel approach is a cheap and low-temperature method that allows production of fine chemical composition product. Sol-gel method can be used in ceramics manufacturing as an investment casting material, or for producing very thin films of metal oxides for different purposes. Sol-gel synthesized materials have various applications in electronics, energy, biosensors, optics, and

medicine such as controlled drug release, reactive material and separation technology such as chromatography.

The sol-gel method is a wet-chemical technique extensively employed recently in the fields of ceramic engineering and materials science. Such methods are utilized mainly in the fabrication of materials such as metal oxides which starting from a chemical solution that acts as the precursor for a gel of either discrete particles or matrix polymers.

Typical precursors are metal chlorides and metal alkoxides, which undergo different forms of hydrolysis and polycondensation reactions. The formation of a metal oxide involves connecting the metal centres with either oxo (M–O–M) or hydroxo (M–OH– M) bridges, and generating metal-oxo or metal-hydroxo polymers in the solution. Hence, the sol evolves towards the formation of a gel-like diphasic system containing both liquid and solid phases whose morphologies range from discrete particles to continuous polymer matrixes. For colloid, the particle density may be so low that a considerable amount of fluid may need to be removed initially for the gel-like properties to be recognized.

This can be achieved through plenty of ways. The simplest method is to allow time for sedimentation to happen, and then pour off the remaining liquid. Another good way is centrifuging which can also be used to accelerate the process of phase separation.

Removal of solvent phase requires a drying process, which is typically accompanied by a considerable amount of solvent decrease and densification. The rate of removal of solvent phase can ultimately determined the distribution of porosity in the gel. The final microstructure of the ultimate component will be strongly influenced by changes imposed upon the structural template during this phase of processing. After that, a thermal treatment is necessary for further poly-condensation and to improve the structural stability and mechanical properties by final sintering, densification, and grain growth. One of the advantages of this methodology is that densification is often achieved at much lower temperatures.

The precursor sol can be either deposited on a substrate to form a film by methods of dip coating or spin coating, cast into a suitable container with the desired shape to obtain monolithic ceramics, membranes, glasses and aerogels or could be used to synthesize powders such as microspheres, nanospheres. The sol-gel method is a cheap and low-temperature technique which controls the chemical composition of the products finely.

The intrinsic advantages of the sol-gel method are better homogeneity from raw materials, better purity of final product, lower temperature of preparation, good mixing for multi-component systems, effective control of particle size, shape, and properties, the possibility of designing the material structure and property through proper selection of sol-gel precursors.

#### 1.7 Application of Nanoparticles in Electrochemical Sensors

The exclusive physical and chemical properties of nanoparticles make them extremely suitable for designing new and improved sensing devices, especially in electrochemical sensors and biosensors. Several kinds of nanoparticles such as metal, metal oxide and semiconductor nanoparticles have been used for constructing the electrochemical and biosensors and also these nanoparticles play various roles in different sensing systems. The important functions provided by nanoparticles including immobilization of biomolecules, catalysis of electrochemical reactions and the improvement of electron transfer of electrode surfaces, labelling of biomolecules and even acting as reactant.

### **1.8** Chemically Modified Electrodes (CMEs)

Modification of the surface of electrodes is necessary in order to impose desired new properties (Murray, 1980). This approach is very useful in basic electrochemical studies as well as in storage, electro-synthesis, corrosion protection, molecular electronics and electrochromic displays.

In the present studies, chemically modified electrodes were designed to have electrocatalytic properties which enhance the detection signal and lower the overpotential necessary for the detection. The electrocatalysis at modified electrode accelerates the rate of electron transfer, which is slow when using the same potential at the unmodified electrode. The electrocatalytic modified electrodes are prepared by the immobilization of a catalyst on the electrode surface. The electrocatalysis at such electrodes is accomplished by charge mediation, which requires that the difference in the formal potentials of the redox mediator and analyte be thermodynamically favorable. For example, in the case of electro-oxidation processes, the formal potential of the redox mediator should be more positive than the formal potential of the analyte. The rate of electrocatalysis depends on the difference in their respective formal potentials. The reaction between the electrode-confined redox mediator and an analyte results in a catalytic current, which shows a chemical amplification of the detection signal. The amperometric measurements are made on a constant applied potential with the analyte being transported to the electrode surface by convection or diffusion. Such measurements yield currents that are directly proportional to the analyte concentration in a solution. This proportionality provides the analytical basis for the quantification of analytes. A variety of electrocatalytic electrodes have been prepared by either covalently attaching mediators (small redox active molecules) directly to the electrode surface or by immobilizing them in thin polymeric films cast on the surface.
In addition to increasing current, electrocatalytic electrodes decrease the potential necessary for the detection by changing the reaction mechanism. This is particularly important for kinetically slow-moving electrode reactions of analytes that require a high overpotential (a potential exceeding the analyte's formal potential). Lowering the potential allows the reaction to proceed at adequately high rates that produce an analytically useful amount of current. The acceleration of such reactions by attaching redox mediators allows the detection of these analytes at low extreme potentials because the efficiently catalyzed reactions typically occur close to the formal potential of the redox mediator. The less extreme potentials are advantageous because they can improve the selectivity and decrease electrode fouling due to radical polymerization. The latter frequently takes place in the case of un-mediated reactions requiring more extreme potentials at bare electrodes.

## **1.9** Carbon Nanotubes

Carbon nanotubes are relatively new nanomaterials that display attractive structural, mechanical, and electronic properties, including improved electrochemical activity. They are allotropes of carbon which is made up of graphene sheets rolled up to form multi-walled (2-100 nm diameters) or single-walled (0.4-1.5 nm diameter) cylindrical structures with at characteristic length on the order of several microns.

Carbon nanotubes can be produced by three main methods known as electric arc discharge, laser ablation and chemical vapor deposition. Electric arc discharge and laser ablation depend on the condensation of carbon atoms generated from evaporation of solid carbon sources such as graphite, at very high temperatures and require no metal catalyst. They produce the highly entangled bundles of nanotubes that are difficult to purify, although the nanotubes have very few defects. The chemical vapor deposition method depends on thermal decomposition of a liquid-phase or gas-phase carbon source

such as ethylene on a catalytic surface like Fe, Co and Ni nanoparticles. The carbon nanotubes synthesized by chemical vapor deposition is easier to purify, but has more defects than the carbon nanotubes formed by an arc discharge. Table 1.2 summarises various synthesis methods of carbon nanotubes together with advantages and disadvantages for each method.

The carbon-carbon bond in carbon nanotubes are essentially sp<sup>2</sup> hybridized and is though a circular curvature and concentric tubes causes  $\sigma$ - $\pi$  transition (rehybridization) that is three  $\sigma$  bonds are slightly out of plane. To compensate for this slight bending, the  $\pi$  orbitals are more delocalized outside the tube leading to a rich  $\pi$ -electron conjugation. As the nanotube diameter decreases this compensating effect increase. The  $\sigma$ - $\pi$ rehybridization and the presence of structural surface defects including atomic vacancies such as pentagon and n-heptagon pairs and their edges induce the local perturbations in the electronic structure and thus influence the chemical properties of carbon nanotubes. For example, the oxidative acid treatment of nanotubes opens their capped ends and results in the formation of various carbon-oxygen functional groups on their surface.

## **1.9.1** Electrochemical Properties of Carbon Nanotubes

The electrochemical qualities of carbon based electrodes are considerably rely on the surface properties as the creation of specific surface functional groups (especially oxygen-containing groups) can significantly increase the rate of electron transfer. Based on their specific structures, two distinct surface regions exist in carbon nanotubes, the side walls and the end cap.

In view of the fact that carbon nanotubes can be seen as graphene sheets rolled into tubes, the electrochemical properties of carbon nanotubes are comparable to the basal planes of pyrolytic graphite. For carbon nanotubes, the defect free structure makes the whole tubes possess almost the same properties to that of the basal plane of pyrolytic graphite except that the cap regions may be more reactive due to the much higher curve strain than the sidewall. The opening of the ends by physical/chemical treatments on carbon nanotubes produces a diversity of oxygen-containing groups, which possess the properties similar to the edge places of basal planes of pyrolytic graphite.

The electrochemical properties of carbon nanotubes are determined by their electronic structure including the density of electronic states, structure of their surface. These properties affect the kinetics and thermodynamics of electron transfer reactions at carbon nanotubes. There have been many reports about the remarkable electroanalytical benefits of electrodes modified with carbon nanotubes including the increased sensitivity, the lower detection limit, decrease over potentials and resistance to surface poisoning. However, there is a degree of drawbacks in previous literature whether such behavior is due to the new special properties of carbon nanotubes or it is a reflection of the presence of known and reactive graphitic edge plane in carbon nanotubes.

As an example, carbon nanotubes have been broadly employed in constructing diverse electrochemical sensors. Compared with the conventional scale materials and other types of nanomaterials, the special nanostructural properties make carbon nanotubes have some overwhelming advantages in fabricating electrochemical sensors. They include large specific area producing high sensitivity, tubular nanostructure and chemical stability allowing the fabrication of ultrasensitive sensors consisting of only one nanotube. It has good biocompatibility that is suitable for constructing electrochemical biosensors, especially for facilitating the electron transfer of redox proteins and enzymes. Modifiable ends and sidewalls of CNT provides a chance for fabricating multifunctioned electrochemical sensors via the construction of functional nanostructures, and the possibility of achieving miniaturization and the possibility of constructing ultrasensitive nanoarrays.

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# 1.9.2 Purification of Carbon Nanotubes

Freshly prepared carbon nanotubes have impurities ranging from metal catalysts, fullerences and amorphous carbon. In order to employ the carbon nanotubes for any chemicals or biochemicals purpose, they must be further purification. The multi walled carbon nanotubes are promising material for many technological applications considering their unique structure and possibility of modifications influencing their physical and chemical properties.

Methods	Arc discharge	Laser ablation	CVD	
Founder	lijima (1991)	Guo et al. (1995)	Yacaman et al. (1993)	
Way of growth	CNT growth on graphite electrodes during direct current arc discharge evaporation of carbon in presence of an inert gas	Vaporization of a mixture of carbon (graphite) and transition metals located on a target to form CNTs	Fixed bed method: acetylene decomposition over graphite-supported iron particles at 700 °C	
Advantages	Simple, inexpensive	Relatively high purity CNTs, room temperature synthesis option with continuous laser.	Simple, inexpensive, low temperature, high purity and high yields, aligned growth are possible, fluidized bed technique for large scale.	
Disadvantages	Purification of crude product is required, the method cannot be scaled up, must have high temperature.	The method is only adapted to lab-scale. Crude product purification required.	CNTs are usually MWCNTs, parameters must be closely and watched to obtain SWCNTs.	

Table 1.2: Synthesis methods of carbon nanotubes

Due to their large specific surface area and conductivity, multi walled carbon nanotubes can be successively applied as a support for metallic catalysts in electrooxidation reaction in fuel cells and other variety of reactions in gas storage.

The modifications of multi walled carbon nanotubes material deal with several problems. First, the as-prepared synthesized material requires purification that is

removal of amorphous carbon, traces of catalysts and catalyst supports. Such procedures are based on chemical and electrochemical reactions which results in obtaining a material containing carbon defects that is sp<sup>3</sup>-hybridized carbon atoms and other carbon, oxygen and hydrogen groups, and metallic nanoparticles. Then, different chemical modification methods depending on the required products are carried out. This aim may be achieved using wet chemical reactions usually with aqueous solutions of nitric acid, sulfuric acid, hydrochloric acid, oxidation in ozone, oxygen plasma and electrochemical reaction. Functionalized multi walled carbon nanotubes containing oxygen groups and it is found to be more active than nonfunctionalized multi walled carbon nanotubes. Surface group attached to multi walled carbon nanotubes and surface defects are the active sites for other fictionalizations and catalytic reactions. Obtaining the material with reduced number of defects proceed usually under annealing.

## 1.10 Ferri/Ferrocyanide

Ferrocyanide is the name of the anion  $[Fe(CN)_6]^{4-}$  and in aqueous solutions, the coordination number and its complex are fairly unreactive. It is typically available as the salt potassium ferrocyanide which has the formula  $K_4Fe(CN)_6$ .

The anion of ferrocyanide  $[Fe(CN)_6]^{4-}$  is a diamagnetic species featuring the low-spin iron(II) centre in an octahedral ligand environment. Although, several salts of cyanides are extremely toxic, but ferro and ferricyanides are less toxic due to the high tendency to not release the free cyanide. The most important reaction of ferrocyanide is its oxidation to ferricyanide as follows:

 $[\operatorname{Fe}(\operatorname{CN})_6]^{4-} \rightleftharpoons [\operatorname{Fe}(\operatorname{CN})_6]^{3-} + e^-$ 

Ferricyanide is the anion  $[Fe(CN)_6]^{3-}$ .

#### 1.11 Polymers

#### 1.11.1 Polycaprolactone (PCL)

Biodegradable polymers are increasingly being used as biomaterials. The presentation of such polymeric materials in biological environment is largely due to their surface features.

Polycaprolactone (PCL) is a biodegradable polymer with low melting point of around 60 °C and a glass transition temperature of about -60 °C. The molecular formula of PCL is (C<sub>6</sub>H<sub>10</sub>O<sub>2</sub>)<sub>n</sub> with a density of 1.145 g/cm<sup>3</sup>. Polycaprolactone can be easily dissolved in water and oil (Figure 1.2 (a and c)). PCL is a semicrystalline linear aliphatic polyester, which is known for its biocompatibility and biodegradibility, that make it a useful material in drug delivery systems, and bone graft substitutes. Furthermore, PCL is one of the most hydrophobic commercially available biodegradable polymers. It has good mechanical properties, and it is widely compatible with various types of polymers. It is of major importance to investigate the chain organization on the microscopic scale, especially because it could be a crucial parameter in the determination of potential reactivity and compatibility with other systems.

#### 1.11.2 Polyacrylonitrile (PAN)

Polyacrylonitrile (PAN) is a semicrystalline and synthetic organic polymer with the linear molecular formula  $(C_3H_3N)_n$ . Although it is thermoplastic, it does not melt under normal conditions. It melts above 300 °C and if the heating rates are 50°/min or above. Almost all polyacrylonitrile are copolymers made from the mixtures of monomers with acrylonitrile as the main component. It is a versatile polymer used to produce a large range of products including ultra filtration membranes, fibers for textiles hollow fibers for reverse osmosis, carbon fibers and oxidized flame retardant

fibers. PAN is soluble in many polar organic solvents, such as dimethylformamide (DMF), dimethyl acetemide and dimethyl sulfoxide (Figure 1.2 (b and d)).



Figure 1.2: Chemical structure of a) Polycaprolactone, b) Polyacrylonitrile, c) Polycaprolactone powder, d) Polyacrylonitrile powder

## 1.11.3 Chitosan

Chitosan is a linear co-polymer of Glucosamine and N-acetyl-Glucosamine (Figure 1.3) and it is N-deacetylated derivative of chitin which is naturally occurring bipolymer found in the exoskeleton of crustaceans in fungal cell walls and in other biological material.

In this PhD work, chitosan was selected as an inert immobilization matrix in sensor development because it displays an excellent film-forming ability, good adhesion to hydrophilic surfaces, fast ionic transport, high water permeability and ease to chemical modifications due to the presence of reactive amino and hydroxyl groups. Moreover, chitosan is an ideal choice because its solutions contain stable colloidal suspensions of carbon nanotubes which allows for efficient film formation. Chitosan is soluble in acidic solutions in which it behaves as a cationic polyelectrolyte. At pH > 6, the amino groups of chitosan flocculates due to the deprotonation (pKa=6.5).



Figure 1.3: a) Chemical structure and b) powder of chitosan

# 1.11.4 Gelatin

Gelatin is one type of denaturation products of collagen and it consists of one single chain of amino acids. Gelatin contains many glycine (almost 1 in 3 residues, arranged every third residue), proline and 4-hydroxyproline residues. A typical structure is -Ala-Gly-Pro-Arg-Gly-Glu-4Hyp-Gly-Pro- (Figure 1.4). It is soluble in warm water and becomes a gel at a concentration higher than 1 wt% (Belton, Paine, Patwardhan, & Perry, 2004; Dickerson, Naik, Stone, Cai, & Sandhage, 2004). A gelatin hydrogel is a three-dimensional hydrophilic polymer network which can provide a desirable waterrich buffering environment because of its attractive properties of film forming ability, biocompatibility, non-toxicity, high mechanical strength and cheapness (De Wael et al., 2010). Gelatin is primarily used as a gelling agent forming transparent elastic thermoreversible gels on cooling below about 35 °C, which dissolve at low temperature.



Fig 1.4: a) Chemical structure and b) powder of gelatin

## 1.12 Analytes

An analyte is a substance or chemical constituent that is measured. The term is usually applied to a component of blood or another body fluid. In electrochemical sensors discussed in this thesis, analytes are carbohydrates and amino acids.

## **1.12.1 Carbohydrates**

Carbohydrates are organic compounds that consists of carbon, hydrogen and oxygen. Typically, the hydrogen: oxygen atom ratio of carbohydrate is 2:1 (in water) and with the empirical formula  $C_m$  (H<sub>2</sub>O)  $_n$  (Figure 1.5).



Figure 1.5: Carbohydrates: a) glucose b) sucrose c) fructose d) sorbitol.

#### 1.12.1.1 Glucose

Glucose is a simple hydrocarbon which exists in plants (Figure 1.5 (a)). It has several different molecular structures but all of these structures can be divided into two families of mirror-images. Glucose is a common medical analyte measured in blood samples. Eating or fasting prior to taking a blood sample has an effect on the result. Higher than usual glucose levels may be a sign of prediabetes or diabetes mellitus.

### 1.12.1.2 Sucrose

Sucrose is the organic compound commonly known as table sugar and sometimes called saccharose. An odorless, white and crystalline powder with a sweet taste and it is known due to its nutritional role. It has disaccharide unit composed of hydrocarbon such as glucose and fructose with the molecular formulas  $C_{12}H_{22}O_{11}$  (Figure 1.5 (b)).

### 1.12.1.3 Fructose

Fructose or fruit sugar is a simple hydrocarbon exists in many plants. It is one of the three dietary hydrocarbons along with glucose that is absorbed directly into the bloodstream during digestion. Dry and pure fructose is very sweet, white, odorless, crystalline solid and it is more water-soluble of all the sugars. From plant sources, fructose is found in honey, tree, vine fruits, flowers, berries and all most root vegetables. Fructose is a 6-carbon polyhydroxyketone and it is an isomer of glucose that is both having the same molecular formula ( $C_6H_{12}O_6$ ) but they differ structurally (Figure 1.5 (c)).

## 1.12.1.4 Sorbitol

Sorbitol ( $C_6H_{14}O_6$ ) is known as glucitol and is a sugar of alcohol in which the human body metabolizes slowly (Figure 1.5 (d)). It can be obtained by reduction of glucose and changing the aldehyde group to a hydroxyl group. Sorbitol is found in apples, pears, peaches and prunes.

#### 1.12.2 D-Penicillamine

Penicillamine ( $C_5H_{11}NO_2S$ ) is a pharmaceutical of the chelator class. It is sold under the trade names of Cuprimine and Depen (Figure 1.6 (a and c)). The pharmaceutical form is *D*-penicillamine, as *L*-penicillamine is toxic (it inhibits the action of pyridoxine). It is a metabolite of penicillin, although it has no antibiotic properties.

Bone marrow suppression, dyspepsia, anorexia, vomiting and diarrhea are the most common side effects occurring in ~20-30% of the patients treated with penicillamine.

#### 1.12.3 L-Tryptophan

Tryptophan is  $(C_{11}H_{12}N_2O_2)$  one of the twenty two standard amino acids as well as an essential amino acid in the human diet (Figure 1.6 (b and d)). Tryptophan finds medicinal use as an antidepressant and a narcotic as well as in parenteral feeding. The psychogenic effects of tryptophan are caused by its metabolite and the neurotransmitter serotonin, and also the pineal hormone melatonin. It has known sedative effects.



Figure 1.6: Chemical structure of a) *D*-penicillamine, b) *L*-Tryptophan, c) *D*-penicillamine powder, d) *L*-Tryptophan powder.

## 1.13 Immobilization techniques

Electrochemical sensors and biosensors rely on the use of biologically and chemically active molecules, so the immobilization of recognition elements onto the electrode surface play a vital role in the development of sensors.

The active molecules are embedded on the electrode surface in a distinct phase that allows the recognition of analytes while separating from the bulk phase, where the analyte molecules are present. Several techniques have been used to immobilize the active molecules onto various electrode surfaces. The frequent immobilization techniques used in these design of electrochemical sensors and biosensors are covalent bonding, entrapment, adsorption, crosslinking and adsorption crosslinking.

In covalent bonding, the recognition element is attached to the active component of electrode surface by means of diverse chemical reacylation such as peptide bond formation or linkage through active functional group such as isocyanato, amino, epoxy, thiol or carboxy of the molecules to be immobilized. Such covalently modified surfaces have the advantages of resistance to changes in temperature, pH and ionic strength. Their disadvantages include the loss of chemical activity of the immobilized molecules due to restricted dynamics.

The entrapment technique is utilized primarily in connection with the development of biosensors or immobilized biocatalysts for heterogeneous catalysis. Mostly, a biomolecule or a recognition element is physically trapped within a polymer matrix or formulated with the components of a membrane prior to laying onto the electrode surface. Typical films of membranes or polymers which are utilized as polyacrylamide, polyvinyl chloride, polyvinyl alcohol, polypyrole and polythiophene. The entrapment technique is a good method and it uses mild conditions and in some of these polymers is biocompatible and also provides freedom for dynamic motion. The disadvantages include the weak bonding to the surface, leakage of active molecules due to the changes in microstructure inherent to the polymers or swelling properties.

Physical or chemical adsorption is a facile and common method in designing the electrochemical sensors. In this method, the active molecules are attached to the electrode surface by means of hydrogen bonding, ionic bonding, hydrophobic interactions or van der Waals interactions. The major disadvantage of this method is the leakage of the adsorbed reagents as such interactions are susceptible to change in pH, temperature or ionic strength.

The cross linking technique is the most common for the attachment of active molecules onto the electrode surface by means of chemical agents such as hexamethylene, glutaraldehyde, bismaleimidohexane and disuccinyl suberate. Cross linking combines the features of covalent binding, entrapment or adsorption. The disadvantages of this method are the large amounts of active molecules and difficulty in controlling the degree of cross linking.

Most of these immobilization techniques have their own advantages and disadvantages with respect to specific application that are being regularly used in the sensor design.

#### 1.14 Electrochemical Methods

#### 1.14.1 Cyclic Voltammetry (CV)

The cyclic voltammetric studies are performed by scanning the potential of working electrode in a cyclic manner by applying a potential in one direction and switching it in reverse. The current flowing can be measured through the working electrode.

The plot of the current vs. potential is called cyclic voltammogram (Figure 1.7). The cyclic voltammogram is recorded in stationary solutions that contain an excess of ions of a background electrolyte over the analyte in order to suppress the migration as a mode of the analyte transport to the electrode surface. Under such conditions, the

analyte is transported by diffusion to the electrode surface which simplifies the mathematical description of the cyclic voltammograms.



Figure 1.7: Typical cyclic voltammogram

Considering the redox couple  $B/B_{n}$  in Figure 1.7, as the potential of working electrode becomes more negative, species B is reduced to  $B_{n}$ . Ultimately, the concentration of B on the electrode surface approaches zero yields the cathodic (reduction) current peak ( $i_{pc}$ ). The current reaches the highest value, at this moment the concentration gradient in the electrode-electrolyte interface is the steepest and the current is proportional to the concentration gradient of species B.

After reaching this peak, the current decreases owing to the concentration gradient decreases due to the spreading of the region of depleted concentration of B further away from the electrode surface (diffusion is too slow to replenish the concentration of B near the electrode surface). After the direction of potential scanning is reversed this scenario is repeated but with  $B_{n}$  being oxidized back to B, which yields the anodic (oxidation) current peak ( $i_{pa}$ ).

A fully reversible electrode system that is, one of the species (B) having diffusion as the rate determining step and it is characterized by a separation of anodic and cathodic peak potentials at room temperature according to the equation:

$$E_{pa} - E_{pc} = \frac{59}{n}V \tag{1-1}$$

where *n* is the number of electrons transferred in the reaction. In addition, the mid peak potential between the cathodic and anodic peak potentials approximates so called standard electrode potential ( $E^{\circ}$ ) of the reversible B/Bn- redox system which relates to the standard thermodynamic conditions according to the Nernst equation (25 °C):

$$E = E^{0} + \{\frac{59}{n}\}\log\left(\frac{a_{B}}{a_{B^{n^{-}}}}\right)$$
(1-2)

where  $a_B$  and  $a_{Bn}$  are the activities of oxidized and reduced form of species B, respectively. Hence, E° is defined as the electrode potential under standard conditions when all reactants and products are at unit activity. When the activities are replaced with concentrations in Equation 1-2, the standard electrode potential E° becomes the formal (conditional) electrode potential E°<sub>f</sub> which is characteristic for a specific set of experimental condition.

If the electrode reaction is not reversible, that is the diffusion is not rate determining step which indicates the reaction requires an extra driving force (over potential) to proceed at a given rate. The origin of over potential can include the kinetic polarization and concentration polarization. In practical terms, the overpotential shifts the current peaks in the cyclic voltammetry further away from the  $E^{\circ}$ , thus the peak separation becomes larger than that calculated value from Equation 1-1.

The generic description of the peak current can be given by:

$$I_{p} = \frac{dQ}{dt} = \frac{dN}{dt} nF$$
(1-3)

where Q represents the charge in coulombs flowing at time t(s), F is the Faraday constant, N is the number of moles of analyte undergoing the redox reaction at the electrode surface and n represent the number of electrons used in this reaction. From Equation 1-3, one can determine the number of moles of N.

$$N = \frac{Q}{nF} \tag{1-4}$$

If the reactant is adsorbed on the electrode surface, one can calculate its surface concentration  $\Gamma$  (mol cm<sup>-2</sup>) by dividing N by the surface area of the electrode.

#### 1.14.2 Electrochemical Impedance Spectroscopy (EIS)

The Electrochemical Impedance Spectroscopy (EIS) is a more general concept of resistance. In direct current (DC) circuits, only resistors oppose the flow of electrons. In alternating current (AC) circuits, the capacitors (impedance) influence the flow of electrons in addition to resistors. Electrochemical impedance spectroscopy is usually measured by applying an AC potential with small amplitude (5 to 10 mV) to an electrochemical cell and measuring the current flowing through the working electrode. The advantage of EIS is that the electrochemical cell can be modeled by using a purely electronic model. An electrode - electrolyte interface undergoing an electrochemical reaction is treated as an electronic circuit consisting of a combination of resistors and capacitors. Frequently, a Randles circuit presented in Figure 1.8 is used. It consists of a solution resistance ( $R_s$ ) in series with the parallel combination of the double-layer capacitance ( $C_{dl}$ ) and an impedance of the Faradaic reaction of interest which consists of charge transfer resistance ( $R_{cl}$ ) and the so called Warburg diffusion element W.



Figure 1.8: Typical fitting Nyquist plot

To obtain the Randles circuit parameters, the experimental data are fitted to the model circuit using the non-linear least-squares procedures which are available in the modern EIS software.

Typically, the result of such fitting is presented in the form of the Nyquist plot (Figure 1.8). Such plot displays the kinetic control in the region of high frequencies and a mass transfer (Warburg diffusion) control at low frequencies. The charge transfer resistance of our modified electrodes  $R_{ct}$  is determined by measuring the diameter of a semicircle (Figure 1.9), which is proportional to the  $R_{ct}$ .



Figure 1.9: Typical fitting according to Nyquist plot

## 1.14.3 Tafel Equation and Electron Transfer Coefficient

The Tafel equation is electrochemical kinetics equation relating to rate of the electrochemical reaction to the overpotential. It was first deduced experimentally and was later shown to have a theoretical justification. The equation is named after Swiss chemist Julius Tafel (1862-1918).

The Tafel equation can be written as equation (1-5) (Scott, 1991):

$$i = nFk \exp(\pm \alpha nF \frac{\Delta V}{RT})$$
(1-5)

where the plus sign under the exponent refers to an anodic reaction and the minus sign to a cathodic reaction, n is the number of electrons involved in the electrode reaction, k is the rate constant of the electrode reaction, R is the universal gas constant, F is the Faraday constant, T is the temperature,  $\Delta V$  is the overpotential changes and  $\alpha$  is the electron transfer coefficient.

Electron transfer coefficient ( $\alpha$ ) is a parameter utilized in the description of the kinetics of electrochemical reactions (Marcus, 1964). The electron transfer coefficient signifies the fraction of the interfacial potential at an electrodeelectrolyte interface that helps in lowering the free energy barrier for the electrochemical reaction. The electroactive ion present in the interfacial region experiences the interfacial potential and electrostatic work is done on the ion by a part of the interfacial electric field. It is charge transfer coefficient that signifies the part that it is utilized in activating the ion to the top of the free energy barrier.

## **1.14.4 Butler-Volmer Equation**

The Butler–Volmer equation is one of the most fundamental relationships in electrochemical kinetics. It describes how the electrical current on the electrode surface depends on the electrode potential and it considers that both a cathodic and anodic reaction occurs at the same electrode (Noren & Hoffman, 2005):

$$i = i_0 \cdot \{ \exp\left[\frac{\alpha_a n F \eta}{RT}\right] - \exp\left[-\frac{\alpha_c n F \eta}{RT}\right] \}$$
(1-6)

where I is an electrode current (A), *i* is current density (defined as *i*=I/A), *i<sub>o</sub>* is exchange current density (A/dm<sup>2</sup>), T is the absolute temperature (K), n is the number of electrons involved in the electrode reaction, F is the Faraday constant, R is the universal gas constant,  $\alpha_c$  is a cathodic electron transfer coefficient,  $\alpha_a$  is anodic electron transfer coefficient and  $\eta$  is activation overpotential ( $\eta = (E - E_{ea})$ ).

## 1.14.5 Mass transfer control and apparent diffusion coefficient

The previous form of the Butler – Volmer equation is valid when the electrode reaction is controlled by electrical charge transfer at the electrode and not by the mass transfer to or from the electrode surface from or to the bulk electrolyte. The usage of the Butler– Volmer equation in electrochemistry is wide, and it is often considered to be central in the phenomenological electrode kinetics.

In the region of the limiting current, when the electrode process is masstransfer controlled, the value of the current density is:

$$i = \frac{nFD}{\delta}C^* \tag{1-7}$$

where D is the diffusion coefficient,  $\delta$  is the diffusion layer thickness and  $C^*$  is the concentration of the electroactive species in the bulk of electrolyte.

The apparent diffusion coefficient (also referred to as the effective diffusion coefficient) of a diffusant in atomic diffusion of solid polycrystalline materials like metal alloys is often represented as a weighted average of the grain boundary diffusion coefficient and the lattice diffusion coefficient. The ratio of the grain boundary diffusion activation energy over the lattice diffusion activation energy is usually 0.4 - 0.6, the grain boundary diffusion component increases, as the temperature is lowered.

### 1.15 Aim and objectives

According to the previous information and published research papers in the web of science, nanomaterial applications in electrochemical sensors started in early 2000 and it is increasing dramatically after 2006. Figure 1.10 shows the number of publications about this field per year.



Figure 1.10: Number of publications per year on application of nanomaterials in electrochemical sensors. Data extracted on 15th February 2013 through the Institute of Scientific Information (ISI) database.

Information (ISI) database using the following keyword that appeared in the topic:

application of nanomaterials in electrochemical sensors.

The objectives of this thesis are:

- To synthesize zinc oxide and titanium dioxide nanoparticles by sol-gel method with a suitable, cheap and green reducing polymerizing agent to control the properties of metal oxide nanoparticles.
- To fabricate nanocomposite films by using synthesized zinc oxide and titanium dioxide nanoparticles and multi-walled carbon nanotubes (MWCNTs) for designing electrochemical sensors.

oxidation and determine the presence of carbohydrates, *D*-penicillamine and *L*-tryptophan by using the designed electrochemical sensors.

#### **1.16** Thesis structure

This thesis presents fabrication of nanostructured materials such as metal oxide nanoparticles, carbon nanotubes and nanocomposites and their applications as electrochemical sensors.

Chapter 1 describes the general introduction about nanotechnology, nanoparticles and their application in electrochemical sensors, as well as the aim and objectives of this thesis.

Chapter 2 presents a literature review on electrochemical sensors, methods of synthesis for zinc oxide and titanium dioxide nanoparticles and fabrication of nanocomposite films.

Chapter 3 discusses materials and techniques that is used to synthesize and characterize nanoparticles as well as a general procedure for fabrication of reported electrochemical sensors.

Chapter 4 describes a novel glucose electrochemical sensor based on electrocatalysis of cobalt(II) immobilized onto the nanocomposite films consist of gel-assisted synthesized zinc oxide nanoparticles, multi walled carbon nanotube and polycaprolactone (ZnO/MWCNT/PCL/GCE). Zinc oxide nanoparticles were characterized by X-ray diffraction technique (XRD), ultraviolet–visible spectroscopy (UV-Vis), Fourier transform infrared spectroscopy (FTIR), scanning electron microscopy (SEM) and transmission electron microscopy (TEM).

Chapter 5 describes an electrochemical sensor for electrocatalytic oxidation of *L*tryptophan detection based on synthesized titanium dioxide nanoparticles and multi walled carbon nanotube on glassy carbon electrode (TiO<sub>2</sub>-MWCNT/GCE). Titanium dioxide nanoparticles were characterized by X-ray diffraction technique (XRD), Ultraviolet–visible spectroscopy (UV-Vis), Fourier transform infrared spectroscopy (FTIR), scanning electron microscopy (SEM) and Transmission electron microscopy (TEM).

In chapter 6 focus on application of a novel electrochemical sensor for electrocatalytic oxidation of carbohydrates (glucose, sucrose, fructose and sorbitol) detection based on electrocatalysis of nickel (II) into porous polyacrylonitrile- multi walled carbon nanotubes composite modified glassy carbon electrode (Ni/PAN-MWCNT/GCE) was presented. The electrochemical impedance spectroscopy (EIS) and the scanning electron microscopy (SEM) result supported successful immobilization of PAN-MWCNT nanocomposite films.

Chapter 7 reports on application of electrochemical sensor for electrocatalytic oxidation and simultaneous determination of *D*-penicillamine and *L*-tryptophan based on nanocomposite films containing chitosan (CS) and multi walled carbon nanotube (MWCNT) coated on a glassy carbon electrode (GCE). The chitosan films are permeable to anionic  $[Fe(CN)_6]^{3-/4-}$  (FC) redox couple. The characterization of modified electrode (CS-MWCNT/GCE) was carried out using scanning electron microscopy (SEM) and Ultraviolet–visible spectroscopy (UV-Vis).

Chapter 8 draws the thesis summary and conclusions.

### 2.1 Sensors

Devices with an active sensing material and signal transducer are called, sensors. The function of the active sensing material and signal transducer in sensors is to transmit the signal without any magnification from a selective compound or from a change in a reaction (Wilson & Gifford, 2005). Sensors produce any one of the signals as electrical, thermal or optical output signals which could be converted into digital signals for additional processing. One of the methods of categorizing sensors is done based on these output signals (Sakaguchi et al., 2007). Among these methods of classification, the electrochemical sensors have more advantage over the other sensors because in electrochemical sensors, electrodes can sense the materials which are present surrounded by the host without doing any damage to the host system. Moreover, sensors can be generally classified into two categories such as chemical sensors and biosensors (S. M. Chen & Chzo, 2006). The biosensors can be described in terms of sensing aspects, where these sensors can sense biochemical compounds such as biological proteins, tissues and even nucleotides (Vasantha & Chen, 2006). In biosensors, the active sensing material on the electrode surface should act as a catalyst and catalyze the reaction of biochemical compounds to gain the output signals (Simoyi, Falkenstein, Van Dyke, Blemings, & Klandorf, 2003). The mixture of these two different methods of categorizations has given rise to a new type of sensors which are called electrochemical biosensors. In electrochemical biosensors, electrochemical methods are applied to the construction and working of a biosensor (Balasubramanian & Burghard, 2006; J. Wang, Musameh, & Lin, 2003; S. Zhang, Wang, Niu, & Sun, 2005).

The selection and development of an active material is a challenging task (Yogeswaran, Thiagarajan, & Chen, 2007a). The active sensing materials can be as a catalyst for sensing a particular analyte or a set of analytes (Yogeswaran & Chen, 2007b). The recent development in nanotechnology has provided ways for a huge number of new materials and devices of attractive properties which have useful functions for various electrochemical sensor and biosensor applications (Hubalek et al., 2007; Yogeswaran & Chen, 2007a; Yogeswaran, Thiagarajan, & Chen, 2007b). Nanostructure could control the fundamental properties of materials even without changing their chemical composition. In this way the attractive world of low dimensional systems, together with fabrication of functional nanostructured arrays could play a key role in the new trends of nanotechnology (I. J. Kim et al., 2006; W. Liang & Zhuobin, 2003; Lyons & Keeley, 2006). In addition, the nanostructures can be utilized for both optical excitation and efficient transport of electrons, and these two factors make them vital to the function and integration of nanoscale devices (Hernandez-Velez, 2006; Shie, Yogeswaran, & Chen, 2008; Yogeswaran & Chen, 2008). Nanosystems are the smallest dimension structures that can be utilized for efficient transport of electrons and are thus vital to the function and integration of these nanoscale devices. Owing to their high surface-tovolume ratio and tunable electron transport features because of quantum confinement effect, their electrical features are influenced by even minor perturbations.

Recent research has illustrated extensive attraction towards nanostructures, mainly on nanoparticles. In general, nanostructures could be synthesized by two methods, one is by "bottom-up" approach where, the self-assembly of small sized structures form into larger structures. The other method is by "top-down" approach where, the reduction of large systems down into smaller sizes produces multifunctional nanoscale structures (S. Li, He, Dong, Guo, & Dai, 2005; Vaseashta & Dimova-Malinovska, 2005; X. Zhang, Wang, Wang, & Wang, 2005). In the literature, the electrochemical sensor device design and sensing materials selection of appropriate sensing material for appropriate analyte and also their applications are abundant.

## 2.2 Chemical sensors

Electrochemical sensors represent the fastest growing category of chemical sensors. A chemical sensor is a device that provides continuous information about its environment (J. Janata, 2002). Basically, chemical sensors have a transducer, which transforms the response into a detectable signal on modern instrumentation and a chemically selective layer and which isolates the response of the analyte from its immediate environment. Chemical sensors can be categorized along as per the property to be determined as: optical, thermal, electrical or mass sensors. They are designed to detect and respond to an analyte in solid, gaseous or liquid state. In comparison with optical, thermal and mass sensors, electrochemical sensors are particularly attractive because of their outstanding experimental simplicity, detectability and low cost (Jiri Janata & Bezegh, 1988). There are three major types of electrochemical sensors, such as potentiometric, amperometric and conductometric (Widrig, Porter, Ryan, Strein, & Ewing, 1990). For potentiometric sensors, a local equilibrium is launched at the sensor interface, where either the membrane or electrode potential is measured, and information about the composition of a sample is obtained from the potential difference between two electrodes. Amperometric sensors employ the use of a potential applied between a working and a reference electrode and to reason the oxidation or reduction of an electroactive species; the resultant current is measured. In contrast, conductometric sensors are engaged with the measurement of conductivity in a series of frequencies. (J. Janata, 2009; Jiri Janata & Bezegh, 1988; J. Janata & Huber, 1985; J. Wang, 1988).

#### 2.2.1 Potentiometric Sensors

Potentiometric sensors have found the most common practical applicability since the early 1930's, owing to their familiarity, simplicity and cost. There are three basic kinds

of potentiometric devices, such as coated wire electrodes (CWES), ion- selective electrodes (IES) and field effect transistors (FETS).

The ion selective electrode is an indicator electrode capable of selectively measuring the activity of a particular ionic species. Classically, these kinds of electrodes are mostly membrane-based devices, consisting of permeable ion-conducting materials, which separate the sample from the inside of the electrode (Heineman, Wieck, & Yacynych, 1980). One electrode is the working electrode whose potential is found by its environment. The second electrode is a reference electrode whose potential is fixed with a solution containing the ion of interest at a constant activity (Heller & Yarnitzky, 2001). Because the potential of the reference electrode is fixed, the value of the potential difference (cell potential) can be related to the concentration of the dissolved ion (Bowers & Carr, 1976; Weetall, 1974).

Different methods for producing an electrode that is selective to one species are based primarily on the nature and composition of the membrane material. Research in this area has opened up a variety of applications to an almost limitless number of analytes, where the only limitation is the selection of dopant and ionophore matrix of the membrane (Covington, 1979).

#### 2.2.2 Amperometric Sensors

Amperometric sensor is an abnormality in itself. In the context of electroanalytical techniques, the amperometric measurements are made by recording the current flow in the cell at a single applied potential. In addition, a voltammetric measurement is made when the potential difference across an electrochemical cell is scanned from one preset value to another and the cell current is recorded as a function of the applied potential (J. Wang, 2006).

In both cases, the essential operational feature of voltammetric or amperometric devices is the transfer of electrons to or from the analyte. The basic instrumentation requires controlled-potential equipment and the electrochemical cell compound of two electrodes immersed in a suitable electrolyte. Another complex and common arrangement involves the use of a three-electrode cell, one of the electrodes serving as a reference electrode. While the working electrode is the electrode at which the reaction of interest occurs, the reference electrode such as Ag|AgCl, Hg|Hg<sub>2</sub>Cl<sub>2</sub> provides a stable potential compared to the working electrode. An inert conducting material such as platinum or graphite is typically utilized as counter electrode (Bard & Faulkner, 1980).

A supporting electrolyte is needed in controlled-potential experiments to reduce electromigration effects decrease the resistance of the solution and maintain the ionic strength constant (Brett & Brett, 1993).

The presentation of amperometric sensors is robustly influenced by the working electrode material. Therefore, much effort has been devoted to electrode fabrication and maintenance. While classical electrochemical measurements of analytes started in 1922, when Heyrovsky invented the dropping mercury electrode, for which he received a Nobel Prize, solid electrodes constructed of noble metals and diverse forms of carbon have been the sensors of choice in recent years. The remarkable development in this area, and its growing impact on electroanalytical chemistry, is more recent (Smyth & Vos, 1992).

Mercury was very attractive as an electrode material for many years due to its extended cathodic potential range window, renewable surface and a high reproducibility. The limited anodic potential of mercury electrodes and its toxicity are the principal disadvantages of the method (Kalcher et al., 2005).

Solid electrodes such as carbon, platinum, gold, silver, nickel, copper and dimensionally stable anions have been very popular as electrode materials due to their low background

current, versatile potential window, low cost, chemical inertness, and suitability for diverse sensing and detection applications. The explosion of chemically modified electrodes (CME) generates a modern approach to electrode systems, where deliberate alteration of the electrode surface is introduced by incorporation of a suitable surface modifier. Although there was some development in the progress of amperometric sensors in the early 1970's, most amperometric sensors improved were appropriate only to a controlled stringent set of laboratory conditions (Stradiotto, Yamanaka, & Zanoni, 2003).

### 2.2.3 Conductometric Sensors

Chemical sensors in this class relied on changes of electric conductivity of a film or a bulk material, whose conductivity is influenced by the presence of the analyte. Conductimetric methods are basically non-selective (Kriz, Kempe, & Mosbach, 1996). Only with the start of modified surfaces for selectivity and much improved instrumentation have these become more feasible methods for designing sensors. There are some very practical considerations that make conductometric methods attractive; simplicity and low cost due to there is no reference electrodes are needed (Svetlicic, Schmidt, & Miller, 1998). Improved instrumentation has contributed to fast and facile determination of analytes, according to the measurement of conductivity(Lesho & Sheppard, 1996).

## 2.3 Chemically modified electrodes

Recently, the immobilization of chemical microstrutures onto electrode surfaces has been a main growth area in electrochemistry (Linford, 1990; Wightman, Wipf, & Bard, 1989). Chemically modified electrodes (CMEs) result from a purposeful immobilization of a modifier agent onto the electrode surface though polymer coating, chemical

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reactions, composite formation or chemisorption. In comparison with conventional electrodes, greater control of electrode characteristics and reactivity is obtained by surface modification, while the immobilization transfers the physicochemical features of the modifier to the electrode surface (Smyth & Vos, 1992).

Chemically modified electrodes contain development of electrocatalytic systems with high chemical activity and selectivity, coating of semiconducting electrodes with anticorrosive properties and photosensitising, electrochromic displays, microelectrochemical devices in the field of molecular electronics and electrochemical sensors (J. Wang, 2006).

The main advantages of analytical applications include preferential accumulation, or selective membrane permeation, acceleration of electron transfer reactions and interferent exclusion. Such steps can expose higher selectivity, detectability and stability to amperometric devices (Murray, 1980).

Different kinds of inorganic films, such as metal oxide, clay, zeolite, and metal ferrocyanide, can also be used to modify electrode surfaces (Janek, Fawcett, & Ulman, 1998; Pournaghi-Azar & Ojani, 2000). These films are of interest since they frequently indicate well-defined structures, chemically and thermally stable and are typically inexpensive and also readily available (J. B. Raoof, Ojani, & Rashid-Nadimi, 2004).

These frequent studies, testify to the reliability of amperometric sensing devices as an electroanaytical method ready to be utilized for solving analytical problems. The wide possibilities of application, as well as high selectivity in pre-concentration and detection, that makes these devices appropriate for analysis of complex samples (S. Dong & Wang, 1989; Murray, Goodenough, Albery, & Murray, 1981).

### 2.4 Carbon nanotubes

Carbon nanotubes have been widely used for electrochemical sensing applications owing to their high surface area, high electric conductivity, ability to accumulate analyte, alleviation of surface fouling, capability to make surface functionalization and electrocatalytic activity (W. Huang, Hu, & Song, 2003; Y. Lin, Yantasee, & Wang, 2005; Narang, Chauhan, Jain, & Pundir, 2012; Pumera, Merkoçi, & Alegret, 2007; Singh et al., 2012; Z. Wang, Liu, Liang, Wang, & Luo, 2002; Q. Zhao, Guan, Gu, & Zhuang, 2004; X. Zhou et al., 2012). Since the discovery of carbon nanotubes in 1991, it has attracted a great amount of attention because of their extraordinary physical, chemical, and mechanical properties (Iijima, 1991). Their large surface area offers rich reactive sites to generate Faradic currents, and the reactions on CNT-modified biosensor electrodes, which belong to the surface controlled process, exhibit direct electron transfer properties (Shamsipur, Najafi, & Hosseini, 2010; Tasviri, Rafiee-Pour, Ghourchian, & Gholami, 2011; X. Zhou et al., 2012).

# 2.5 Electrodes

Electrochemical sensing usually requires a reference electrode, a counter (auxiliary) electrode and a working (sensing or redox) electrode. The reference electrode, usually made from Ag|AgCl is kept at a distance from the reaction site with the aim of maintaining a known and stable potential. The working electrode functions as the transduction element in the biochemical reaction while the counter electrode establishes a connection to the electrolytic solution so that a current can be applied to the working electrode. These electrodes should be both chemically stable and conductive. Thus the platinum, gold, carbon (such as graphite or glass carbon) and silicon compounds are commonly utilized, depending on the analyte.

Amperometric sensors are one type of electrochemical sensor, which they incessantly measure current resulting from the reduction or oxidation of an electroactive species in a biochemical reaction. Usually, the current is measured at a constant potential and this is referred to as amperometry. If a current is measured during controlled variations of the potential and this is referred to as voltammetry. Moreover, the peak value of the current measured over a linear potential range is directly proportional to the bulk concentration of the analyte.

# 2.6 Electrochemical Methods

## 2.6.1 Cyclic Voltammetry (CV)

Voltammetry belongs to a group of electro-analytical techniques, through which information about an analyte is gained by varying the potential and then measuring the resulting current. Therefore, voltammetry is an amperometric technique, as there are many ways to vary a potential. There are many forms of voltammetry, such as polarography (DC Voltage) (Heyrovský, 1956), linear sweep, differential pulse voltammetry (DPV), differential staircase, reverse pulse, normal pulse and many more (Katz & Willner, 2003). Cyclic voltammetry is one of the most broadly utilized forms and it is useful to obtain the information about the redox potential and electrochemical reaction rates (such as the chemical rate constant) of analyte solutions. In this case, the voltage is swept between two values at a fixed rate, though, when the voltage reaches  $V_2$  the scan is reversed and the voltage is swept back to  $V_1$ . The scan rate,  $(V_2 - V_1)/(t_2 - t_1)$ , is an important factor, because the duration of a scan must provide adequate time to allow for a meaningful chemical reaction to occur (J. Wang, 2006).

Thus, varying the scan rate yields correspondingly varied results. The voltage is measured between the reference electrode and the working electrode, whereas the current is measured between the working electrode and the counter electrode. The obtained measurements are plotted as current versus voltage, which is known as voltammogram. While the voltage is raised toward the electrochemical reduction potential of the analyte, the current will also rise. With increasing voltage toward  $V_2$  past this reduction potential, the current decreases, forming a peak as the analyte concentration near the electrode surface diminishes, since the oxidation potential has been exceeded. As the voltage is reversed to complete the scan toward  $V_1$ , the reaction will begin to reoxidize the product of the initial reaction. This produces an increase in current of opposite polarity as compared to the forward scan, but again a decrease, having formed a second peak as the voltage scan continues toward  $V_1$  (Figure 2.1(a)). The reverse scans also provides information about the reversibility of a reaction at a given scan rate (Gosser, 1993).

The graph of the voltammogram (Figure 2.1(b)) for a given compound relies not only on the scan rate and the electrode surface, which is differentiated after each adsorption step, but can also rely on the catalyst concentration (Y. Liu et al., 2006; Patolsky, Zayats, Katz, & Willner, 1999).



Figure 2.1: a) a single generic linear voltage sweep, b) a typical cyclic voltammogram The progress in cyclic voltammetry method is mainly determined by application of a variety of improved electrode materials such as glassy carbon, carbon fibres, carbon nanotubes and conducting polymers (Buratti, 2008).

#### 2.6.2 Chronoamperometry

Another amperometric method is known as chronoamperometry, where the square-wave potential is applied to the working electrode and a steady state current is measured as a function of time (Gosser, 1993).

Changes in the current arise from the expansion or reduction of the diffusion layer at the electrode. The concept of a diffusion layer was introduced by Nernst and states that there is a stationary thin layer of solution in contact with the electrode surface. The local analyte concentration drops to zero at the electrode surface and diffusion controls the transfer of analyte from the bulk solution of higher concentration to the electrode. This results in a concentration gradient away from electrode surface. In the bulk solution the concentration of analyte is maintained at a value of  $c_0$  by convective transfer.

Thus, this technique of chronoamperometry is closely related to the Cottrell equation (Nahir & Buck, 1992):

$$I = nFAc_0 \sqrt{\frac{D}{\pi t}}$$
(2-1)

It defines the current-time dependence for linear diffusion control at a planar electrode. In the Cottrell equation, the current I is dependent on Faraday's constant (F), n is the number of transferred electrons per molecule, A is the electrode area;  $c_0$  is the analyte concentration, D is the diffusion coefficient and t is the time. From the Cottrell equation the current depends on the rate at which the analyte diffuses to the electrode.



Figure 2.2: Chronoamperometric curve of  $TiO_2$ -MWCNT/GCE with successive addition of Tryptophan to a stirred 0.1 M PBS (pH 7.00). The inset is the calibration curve (Chapter 5)

Figure 2.2 indicates complementary chronoamperometric data on the same system analyzed by chronoamperometry which is often used in addition to other techniques such as cyclic voltammetry, for time-dependent system characterization.

## 2.6.3 Electrochemical Impedance Spectroscopy (EIS)

The first publication of electrochemical impedance spectroscopy dates to 1975 (Macdonald & Johnson, 2005). Through the application of a small sinusoidally varying potential U, one measures the resulting current response I (Willner & Katz, 2006). By varying the excitation frequency (f) of the applied potential over a range of frequencies, which can calculate the complex impedance, sum of the real and imaginary impedance components, of the system as a function of frequency (angular frequency w). Therefore, the EIS method combines with analysis of both real and imaginary components of

impedance, namely the electrical resistance and reactance (Tlili, Abdelghani, Ameur, & Jaffrezic-Renault, 2006).

EIS has the ability to study any intrinsic material property or specific processes that could influence the conductivity/resistivity or capacitivity of an electrochemical system. Thus, EIS is a useful tool in the improvement and analysis of materials for biosensor transduction, such as the study of polymer degradation (Chang & Park, 2010; Fernández-Sánchez, McNeil, & Rawson, 2005).

For electrochemical sensing, impedance techniques are useful to observe changes in electrical properties arising from biorecognition events at the surfaces of modified electrodes. For example, changes in the conductance of the electrode can be measured as a result of protein immobilization and antibody-antigen reactions on the electrode surface (Bakker, 2004; J. Janata, 2002). Additionally, to measure the changes in capacitance with EIS sometimes referred to as Faradaic impedance spectroscopy. Binding events of complementary antibody-antigen components alter the electrical properties in the gap between two electrodes, where changes in gap conductivity correspond to changes in the real impedance component  $Z_r(w)$  and changes in the gap capacitance correspond to changes in the imaginary impedance component  $Z_i(w)$  (Katz & Willner, 2003).

$$Z(jw) = \frac{U(jw)}{I(jw)} = Z_r(w) + jZ_i(w); w = 2\pi f$$
(2-2)

The well-established dynamic methods in electrochemistry such as electrochemical impedance spectroscopy (EIS) and cyclic voltammetry (CV) have obtained more interest in direct sensor applications.

## 2.7 Metal Oxide Nanostructures

## 2.7.1 Zinc Oxide Nanoparticles

Zinc oxide (ZnO) is a semiconductor compound with a wide bandgap (3.4 eV) and a stable hexagonal (Wurtzite) structure with lattice spacing a=b=0.325 nm and c=0.521 nm. Table 2.1 shows crystallographic parameters of ZnO (ICDD card number: 01-079-0206).

Due to its exclusive properties and versatile applications in ultraviolet light emitters, transparent electronics, chemical sensors, piezoelectric devices, and spin electronics, it has attracted intensive research attempts (Espitia et al., 2012). Based on outstanding physical properties and the motivation of device miniaturization, great effort has been focused on the synthesis, characterization and device applications of ZnO nanomaterials (Ellmer, Klein, & Rech, 2008).

Structure	Lattice parameter (a, b, c (nm))	20 (deg)	hkl	$\mathbf{d}_{hkl}\left(\mathbf{nm} ight)$	Intensity (%)
Hexagonal	a=b= 0.325 c=0.521	31.768 34.422 36.253 47.539 56.594 62.858 66.374 67.947 69.085 72.568 76.959 81.387 89.613	<ul> <li>(100)</li> <li>(002)</li> <li>(101)</li> <li>(102)</li> <li>(110)</li> <li>(103)</li> <li>(200)</li> <li>(112)</li> <li>(201)</li> <li>(004)</li> <li>(202)</li> <li>(104)</li> <li>(203)</li> </ul>	0.281 0.260 0.247 0.191 0.162 0.147 0.140 0.137 0.135 0.130 0.123 0.118 0.109	57.8 41.9 100.0 21.4 30.3 26.5 4.0 21.3 10.2 1.6 3.2 1.6 6.4

Table 2.1: Crystallographic parameters of ZnO (ICDD card number: 01-079-0206)
# 2.7.1.1 Synthesis of Zinc Oxide Nanostructures

There are lots of synthesis methods for preparing zinc oxide nanoparticles such as precipitation (Meulenkamp, 1998), thermal decomposition (C. C. Lin & Li, 2009), hydrothermal synthesis (Kuo, Kuo, & Huang, 2005; B. Liu & Zeng, 2003; H. Zhang et al., 2004; H. Zhou, Fan, & Zhang, 2007), sol-gel (Niederberger, 2007; Rani, Suri, Shishodia, & Mehra, 2008; Tokumoto, Pulcinelli, Santilli, & Briois, 2003; Vafaee & Ghamsari, 2007) and others. Some characteristics of these methods such as their precursor as well as size and shape of the obtained nanoparticle are presented in Table 2.2. In the present research work we report the synthesis of zinc oxide and titanium dioxide nanoparticles by sol-gel technique.

Method	Precursor	Solvent	Size (nm)	Shape	Reference
Coprecipitati on technique	Zinc acetate	Double distilled water	80 (length), 30-60 (diameter)	Nanorod	(Bhadra, Mitra, Das, Dey, & Mukherjee, 2011)
Microwave decompositi on	Zinc acetate dehydrate	1-butyl-3- methylimidazolium bis (trifluoromethylsulfonyl) imide	37-47	Sphere	(Jalal et al., 2010)
Hydrotherm al process	Zinc acetate	Polyvinylpyrrolidone (PVP)	5µm (length), 50-200 (diameter)	Nanorod	(Elen et al., 2009)
Wet chemical method	Zinc nitrate	Sodium hydrate (NaOH) as precursor	20-30	Acicular	(Espitia et al., 2012)
Sol-gel method	Zinc nitrate	Distilled water	30-60	Circular and hexagonal	(Zak, Majid, Darroudi, & Yousefi, 2011)

Table 2.2: Synthesis methods of ZnO nanoparticles

Generally, preparation of nanoparticles is a complicated process, and different variables may affect the properties of the final product. Some significant variables have distinct effects on the properties of the final product, while others may have only minor effects. In the case of synthesis of zinc oxide nanoparticle, variables such as nanoparticle size should be controlled in order to obtain a uniform size distribution (Meulenkamp, 1998).

### 2.7.2 Titanium Dioxide Nanoparticles

The nanosized titanium dioxide  $(TiO_2)$  particles have attracted lots of interest to materials scientists and physicists due to their special properties and have attained a great importance in several technological applications such as photocatalysis, sensors, solar cells and memory devices (Fujishima, Rao, & Tryk, 2000).

Titanium dioxide exists in three polymorphic phases, such as rutile (tetragonal density =  $4.25 \text{ g/cm}^3$ ), anatase (tetragonal,  $3.894 \text{ g/cm}^3$ ) and brookite (orthorhombic,  $4.12 \text{ g/cm}^3$ ) (Table 2.2 and 2.3 show the crystallographic parameters of anatase and rutile). Both anatase and rutile have tetragonal crystal structures but belong to different space groups. Anatase has the space group I4<sub>1</sub>/amd (Zhang, 2006) with four TiO<sub>2</sub> formula units in one unit cell and rutile has the space group P4<sub>2</sub>/mnm (Lin, 2006) with two TiO<sub>2</sub> formula units in one unit cell (Zhang, 2000). The low-density solid phases are less stable and undergo transition to rutile phase in the solid state. The transformation between anatase and rutile is accelerated by heat treatment and occurs at temperatures between 450 and 1200 °C (Tsevis, 1998). This transformation relies on several parameters such as initial particle size, dopant concentration, initial phase, reaction atmosphere and annealing temperature (Diebold, 2003).

### 2.7.2.1 Crystal Structure of Titanium Dioxide

Among the three above mentioned crystal structures of titanium dioxide, the anatase phase has the highest photocatalytic activity and it is usually utilized for photocatalysis (Bickley, Gonzalez-Carreno, Lees, Palmisano, & Tilley, 1991). This higher photocatalytic activity is related to its lattice structure. Each titanium atom is

Structure	Lattice parameter (a, b, c (nm))	2θ (deg)	hkl	$\mathbf{d}_{hkl}\left(\mathbf{nm}\right)$	Intensity (%)
Anatase	a=b= 0.377 c=0.948	$\begin{array}{c} 27.126\\ 35.581\\ 38.738\\ 40.686\\ 43.530\\ 53.608\\ 55.943\\ 61.760\\ 63.255\\ 64.640\\ 68.080\\ 68.705\\ 71.439\\ 73.439\\ 75.334\\ 78.569\\ 81.180\\ 83.105 \end{array}$	<ul> <li>(101)</li> <li>(103)</li> <li>(004)</li> <li>(112)</li> <li>(200)</li> <li>(105)</li> <li>(211)</li> <li>(213)</li> <li>(204)</li> <li>(116)</li> <li>(220)</li> <li>(107)</li> <li>(215)</li> <li>(301)</li> <li>(008)</li> <li>(303)</li> <li>(224)</li> <li>(312)</li> </ul>	$\begin{array}{c} 0.350\\ 0.242\\ 0.237\\ 0.232\\ 0.188\\ 0.169\\ 0.166\\ 0.148\\ 0.147\\ 0.136\\ 0.133\\ 0.127\\ 0.126\\ 0.124\\ 0.118\\ 0.116\\ 0.116\\ 0.116\\ 0.115\\ \end{array}$	$100 \\ 5.7 \\ 18.0 \\ 6.6 \\ 23.0 \\ 14.0 \\ 13.5 \\ 2.2 \\ 9.8 \\ 4.1 \\ 4.5 \\ 0.4 \\ 6.6 \\ 1.8 \\ 0.3 \\ 0.4 \\ 3.1 \\ 1.2 \\ 1.2$

 Table 2.3: Crystallographic parameters of anatase (ICDD card number: 01-073-1764)

Table 2.4: Crystallographic parameters	of rutile (ICDD card number: 01-076-0324)
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Structure	Lattice parameter (a, b, c (nm))	2θ (deg)	hkl	d <sub>hkl</sub> (nm)	Intensity (%)
Rutile		<b>20 (deg)</b> 27.126 35.581 38.738 40.686 43.530 53.608 55.943 61.760 63.255 64.640 68.080 68.705 71.439 73.439 75.334 78.569 81.180 83.105 86.270	hkl           (110)           (101)           (200)           (111)           (210)           (211)           (220)           (002)           (310)           (221)           (301)           (112)           (311)           (320)           (202)           (212)           (321)           (400)           (410)	$\begin{array}{c} \mathbf{d}_{hkl}  (\mathbf{nm}) \\ \hline 0.328 \\ 0.252 \\ 0.232 \\ 0.221 \\ 0.207 \\ 0.170 \\ 0.164 \\ 0.150 \\ 0.146 \\ 0.144 \\ 0.137 \\ 0.136 \\ 0.131 \\ 0.128 \\ 0.126 \\ 0.121 \\ 0.118 \\ 0.161 \\ 0.126 \end{array}$	-
		88.098 89.425	(222) (330)	0.110 0.109	2.6 1.2

coordinated to six oxygen atoms in anatase tetragonal unit cell (Ohsaka, Izumi, & Fujiki, 2005). Yong et al. (Y. Liang, Gan, Chambers, & Altman, 2001) have reported a significant degree of buckling associated with O-Ti-O bonds in anatase compared to rutile titanium dioxide. Crystal symmetry is reduced owing to this buckling, and in turn it results in a larger unit cell dimensions in the (001) direction. The kinetics of phase transformations in titanium dioxide is extensively reviewed by Zhang & Banfield et al. (H. Zhang, Chen, Banfield, & Waychunas, 2008). Figure 2.3 shows the unit cell structures of the anatase and rutile crystals. The titanium and oxygen atoms are more tightly packed in the rutile crystal. Both structures can be described in terms of chains of titanium dioxide octahedra. Each  $Ti^{+4}$  ion is surrounded by an octahedron of six  $O^{-2}$ ions. The octahedron in rutile is not regular, indicating a slight orthorhombic distortion. The octahedron in anatase is considerably distorted so that its symmetry is lower than orthorhombic. The Ti-Ti distance in anatase is longer while the Ti-O distances are shorter than in rutile. In the rutile structures each octahedron is in contact with ten neighbouring octahedrons (two sharing edge oxygen pairs and eight sharing corner oxygen atoms) whereas in the anatase structure each octahedron is in contact with eight neighbours (four sharing an edge and four sharing a corner). These differences in lattice structures cause different mass densities and electronic band structures between the two forms of titanium dioxide as indicated in Figure 2.3. Anatase can be conceived as an arrangement of parallel octahedral, while in case of rutile some octahedral are rotated by 90 °. There is a symmetry change from  $I4_1/amd$  to  $P4_2/mnm$  space group in terms of reconstructive polymorphism during conversion from anatase to rutile. Consequently, the ionic mobility that occurs during phase transition results in increased densification and coarsening of the titanium dioxide nanoparticles (Diebold, 2003).

Titanium dioxide is stable in aqueous media and is tolerant of both alkaline and acidic solutions. It is recyclable, reusable, inexpensive and relatively simple to produce. It can also be synthesized in nanostructured forms easier than many other catalysts. Moreover, its bandgap is appropriate to initiate a variety of organic reactions (Carp, Huisman, & Reller, 2004).



Figure 2.3: Unit cell structures of the a) anatase and b) rutile crystals.

### 2.7.2.2 Synthesis of Titanium Dioxide Nanostructures

Titanium dioxide nanoparticles can be synthesized by various methods ranging from simple chemical to mechanical and also to vacuum methods, including many variants of physical and chemical vapour deposition methods (Trentler, Denler, Bertone, Agrawal, & Colvin, 1999). In the present research work the synthesis of titanium dioxide nanoparticles by sol-gel method is reported.

Titanium dioxide nanoparticles can be synthesized using various methods such as sulphate process (G. Li, Li, Boerio-Goates, & Woodfield, 2005), chloride process (Pratsinis & Spicer, 1998; West et al., 2007), impregnation (Uguina, Ovejero, Van Grieken, Serrano, & Camacho, 1994), precipitation (Ranjit & Viswanathan, 1997; J. Tang et al., 2005), hydrothermal method (Corradi et al., 2005; Puddu, Mokaya, & Puma, 2007; Suzuki & Yoshikawa, 2004; Yin et al., 2001), direct oxidation of TiCl<sub>4</sub> (West et al., 2007), metal organic chemical vapour deposition (Ding, Hu, Yue, Lu, & Greenfield, 2001). Sol-gel method (Lakshmi, Dorhout, & Martin, 1997: Subrahmanyam, Biju, Rajesh, Jagadeesh Kumar, & Raveendra Kiran, 2012; C. C. Wang & Ying, 1999; M. Zhang, Bando, & Wada, 2001) is one of the most convenient ways to synthesize a variety of metal oxides owing to low cost, ease of fabrication and low processing temperatures. It is broadly used to prepare titanium dioxide for films, particles or monoliths. Generally, the sol gel method involves the transition of a system from a liquid sol into a solid gel phase. The homogeneity of gels relies on the solubility of reagents in the solvent, the sequence of addition of reactants, temperature and the pH. The precursors normally used for the synthesis and doping of nanoparticles are organic alkoxides, acetylacetonates or acetates as well as inorganic salts such as chlorides (Almquist & Biswas, 2002). The sol-gel method is based on inorganic polymerization reaction. It includes four steps, hydrolysis, polycondensation, drving and decomposition. Hydrolysis of the precursors (metal or non-metal alkoxides) takes place with water or alcohols (Brinker & Scherer, 1990).

$$Ti(OR)_4 + 4H_2O \rightarrow Ti(OH)_4 + 4ROH$$
 (hydrolysis)

where R is the alkyl group. In addition to water and alcohol, an acid or a base also helps in the hydrolysis of the precursor. After condensation of the solution of a gel, the solvent is removed (Brinker & Scherer, 1990).

$$Ti(OH)_4 \rightarrow TiO_2 + 2H_2O$$
 (condensation)

Calcination at higher temperature is needed to decompose the organic precursor. The size of the sol particles depends on the solution composition, pH and temperature. By controlling these factors, one can tune the size of the particles. The major advantages of

sol-gel processing are ambient temperature of sol preparation and gel processing, low temperature of sintering, ease of making multi-component materials, product homogeneity, and good control over powder particle size, shape and size distribution (Klein, 1994).

### 2.8 Nanocomposites

A nanocomposite is a multiphase solid material where one of the phases has one, two or three dimensions of less than 100 nanometers (nm), or structures which have nano-scale repeated distances between the different phases that make up the material (Ajayan, Schadler, & Braun, 2006). Generally, this definition can include porous media, gels, colloids and copolymers, but it is more commonly taken to mean the solid combination of a bulk matrix and nano-dimensional phase(s) differing in properties owing to dissimilarities in structure and chemistry. The electrical, thermal, mechanical, optical, catalytic and electrochemical properties of the nanocomposite will differ noticeably from that of the component materials. Size limits for these effects have been proposed, <5 nm for catalytic activity, <20 nm for making a hard magnetic material soft, <50 nm for refractive index changes, and <100 nm for achieving superparamagnetism, mechanical terms, nanocomposites differ from conventional composite materials because of remarkably high surface to volume ratio of the reinforcing phase and/or its exceptionally high aspect ratio (Ajayan et al., 2006).

This large amount of surface area means that a relatively small amount of nanoscale reinforcement can have an observable effect on the macroscale properties of the composite. For example, adding carbon nanotubes improves the electrical and thermal conductivity (Moniruzzaman & Winey, 2006). Nanoparticulates could result in enhanced optical properties, dielectric properties, heat resistance or mechanical

properties such as stiffness, strength and resistance to wear and damage (Zhan, Kuntz, Wan, & Mukherjee, 2003). Generally, the nano reinforcement is dispersed into the matrix during processing. The mass fraction (percentage by weight) of the nanoparticles introduced can remain very low (in the order of 0.5% to 5%) because of the low filler percolation threshold, especially for the most commonly used non-spherical, high aspect ratio fillers such as nanometer-thin platelets, for example clays, or nanometer-diameter cylinders, such as carbon nanotubes (Vilgis, Heinrich, & Klüppel, 2009).

One of the main nanocomposites is carbon nanotube matrix composites which is emerging as a new materials that are being developed to take advantage of the high electrical conductivity and tensile strength of carbon nanotube materials (Singh et al., 2012). Critical to the realization of carbon nanotube matrix composites possessing optimal properties in these areas are the development of synthetic methods that are economically producible, providing a homogeneous dispersion of nanotubes in the matrix, and lead to strong interfacial adhesion between metallic matrix and the carbon nanotubes (Ajayan et al., 2006).

### 2.9 Solvent Dispersion and Casting Immobilization

The most broadly used techniques for fabricating carbon nanotubes based electrochemical sensors involve dispersing of carbon nanotubes in a solvent with sonication, after their purification and activation pre-treatments, followed by dropping the resultant suspensions on the electrode surfaces and allowing it to dry (such as the casting methods). Among the reported solvents, N,N-dimethylformamide (DMF) is the most extensively used polar solvent and more than half of the papers deal with carbon nanotubes based electrochemical sensors use DMF as the dispersing solvent (Jianxiu Wang, Li, Shi, Li, & Gu, 2002). Other solvents utilized to prepare carbon nanotubes suspensions include water (J. Wang et al., 2002), acetone (Gojny, Nastalczyk,

Roslaniec, & Schulte, 2003), ethanol (Q. Li, Zaiser, & Koutsos, 2004) and even toluene (Lou et al., 2004). However, compared with these solvents, DMF has some overwhelming advantages for dispersing carbon nanotubes. For example, DMF gave higher solubility, stability, and exfoliation efficiency. Other methods of dispersing the carbon nanotubes suffer from a number of disadvantages, such as low exfoliation efficiency, low solubility and low stability because of the rather weak interactions between these solvents and carbon nanotubes.

### 2.10 Chitosan

Jiang et al. reported preparation method for a stable dispersion of carbon nanotubes in acidic aqueous solutions of chitosan with sonication and used to simultaneous determination of *D*-ascorbic acid and uric acid (L. JIANG, LIU, PENG, & LU, 2004). The special interaction between chitosan and carbon nanotubes was characterized by Zhang et al. (M. Zhang, Smith, & Gorski, 2004). They demonstrated using thermogravimetric analysis (TGA) that chitosan could be adsorbed onto carbon nanotubes and form a special chitosan-carbon nanotubes system, which can subsequently precipitated from the solutions by the addition of concentrated salts or the adjustment of solution acidity.

The selective interaction between chitosan and carbon nanotubes also provided a possible approach for separating carbon nanotubes from carbonaceous impurities. Based on the functionalization of the reactive groups on chitosan, they developed a carbon nanotubes based glucose electrochemical biosensor that might be applied to a large group of dehydrogenase enzymes for designing a variety of bioelectrochemical devices such as sensors, biosensors and biofuel cells (Star, Steuerman, Heath, & Stoddart, 2002).

Jiang et al. (L. JIANG et al., 2004) applied the chitosan-carbon nanotubes system for the direct determination of nitrite (L. Jiang, Wang, Li, & Lu, 2005), the simultaneous detection of *D*-ascorbic acid and uric acid (Lu, Jiang, Song, & Liu, 2005), and the selective determination of *D*-ascorbic acid in the presence of uric acid (L. Y. Jiang, Liu, Jiang, & Lu, 2005). Another amazing work on the simultaneous electrodeposition of chitosan-carbon nanotubes on gold electrodes was reported by Lue et al. (X. L. Luo, Xu, Wang, & Chen, 2005).

### 2.11 Determination of Carbohydrates

Electrocatalytic oxidation of carbohydrates is of great interest from medical applications of the blood glucose sensing, to ecological approaches like food industry, and waste-water treatment. Most previous studies about determination of carbohydrates involved the use of glucose oxidase, which catalyzes the oxidation of glucose to gluconolactone (J. Ye & Baldwin, 1994). Owing to the intrinsic nature of enzymes, such enzyme-based sensors suffer from stability problem (S. Zhang, Wang, Yu, Niu, & Sun, 2005). Therefore, great efforts are made to achieve direct determination of carbohydrates. Recently, Ye et al. reported the direct electrocatalytic oxidation of glucose (J. S. Ye et al., 2004).

Furthermore, the amperometric responses of these species with the carbon nanotube modified electrodes were extremely stable, with no loss in sensitivity after continuous several hours of operation. Besides unmodified carbon nanotubes, the composites made up of other nanoparticles and carbon nanotubes were also used for electrooxidation of carbohydrates. Male et al. reported a copper decorated carbon nanotube based electrochemical sensor for the determination of carbohydrates (Male, Hrapovic, Liu, Wang, & Luong, 2004).

#### **2.11.1 Determination of glucose**

Recently, nanostructured materials are used to improve the stability and sensitivity of glucose sensors (Meng et al., 2009). Detection of glucose with electrochemical sensors by using glucose oxidase exhibits high selectivity and sensitivity, but it lacks stability owing to inherent brittleness of the enzyme (German, Ramanavicius, Voronovic, & Ramanaviciene; Yildiz, Kiralp, Toppare, & Yağci, 2005). The main drawback of these enzymatic based glucose sensors is their lack of stability originating from the nature of the enzyme, which is difficult to overcome (W. Liang & Zhuobin, 2003; Y. Liu, Wang, Zhao, Xu, & Dong, 2005; X. Wu et al., 2009).

To address this problem, many attempts have been made to develop glucose sensors without using enzymes. Several nanostructured materials have been reported, and their novel characteristics certainly provide new opportunities to develop innovative nonenzymatic glucose sensors (X.-C. Dong et al., 2012; Male et al., 2004). For instance, glucose detection has been reported utilizing mesoporous platinum where its mesoporous surface retains sufficient sensitivity. Nanotubular platinum array electrodes possess high selectivity and sensitivity, due to their high surface-roughness structure (Bai, Sun, & Sun, 2008). Copper oxide nanowire array electrodes exhibit high sensitivity, selectivity, and immunity to chloride poisoning (L. Luo, Zhu, & Wang). The immobilization of carbon nanotubes and nanocomposites including platinum, platinum-lead alloy, nickel, gold, and copper, on the electrode surface has also been an important strategy in the construction of nonenzymatic glucose sensors (Bai et al., 2008; W. Liang & Zhuobin, 2003; X. J. Zhang, Wang, Huang, Yu, & Fang, 2011).

## 2.12 Determination of Amino Acids

Amino acids are usually electroactive and commonly contain phenol moieties, so, they can be detected by electrochemical methods (Meister, 1957). Xu et al. prepared a multi walled carbon nanotubes film modified electrode and coupled this electrode to an ion chromatography system for the simultaneous determination of oxidizable amino acids, including cysteine, tryptophan and tyrosine (Xu, Wang, Xian, Jin, & Tanaka, 2003). Wu et al. investigated the electrochemical behaviour of tryptophan at multi walled carbon nanotubes modified glassy carbon electrode (F. H. Wu, Zhao, Wei, & Yang, 2004). The presence of multi walled carbon nanotubes boost the oxidation peak current of tryptophan, and induced shift of the peak potential negatively. Under the chosen conditions, the differential pulse voltammetry peak current was linear to the concentration of tryptophan in the range of  $2.5 \times 10^{-7} - 1.0 \times 10^{-4}$  M, and the detection limit was  $2.7 \times 10^{-8}$  M. The voltammetric response of tryptophan at a single wall carbon nanotubes modified glassy carbon electrode was also studied by Huang et al. (W. Huang, Mai, Liu, Yang, & Qua, 2004).

## 3.1 Introduction

One of the key successes to any investigation depends on its experimental methodology and reliability of data obtained. In this chapter the experimental setup used to produce nanoparticles and nanocomposites via a sol-gel method, various analytical and spectroscopic characterization techniques and different technological applications are presented in brief. The results must be reproducible and these depend on the experimental procedures and materials employed during the course of study. Wellplanned and executed experiments commonly give reproducible and reliable data.

The main experimental steps used in the present investigation are connected to synthesis, characterization and applications of nanosized metal oxides by sol-gel method and preparation of nanocomposites by drop-casting technique and electrochemical measurements. All these experimental steps are different from each other and therefore in each case standard procedures were adopted for collecting the results. Many variable factors and parameters like concentration of analyte, current density, pH, calcination temperature, sample purity, surface uniformity of glassy carbon electrode, the nature of surface modification by agitation etc are adjusted to get accurate results. Many times duplicate experiments were conducted to confirm the results of the particular experiment. All the results recorded in this thesis are reproducible within the given experimental limitations.

In the present work maximum care is taken in conducting the experiments and collecting data and wherever necessary, some experiments were repeated. The following materials and methods are adopted in the present investigation.

# 3.1.1 Materials

In this thesis, AR grade chemicals with high purity are used as listed in Table 3.1. Multi walled carbon nanotube (outer diameter: 13-16 nm, length: 1-10  $\mu$ m, purity>95 and arc discharge method) were purchased from Baytubes Co., Ltd. (Germany). In this work, de-ionized water (18.2 M $\Omega$ -cm at 25 °C) was used for preparing all solutions and also was used to clean all materials and glasswares.

chemical compounds	Molecular Formula	Brand	Purity (%)
Zinc nitrate	Zn(NO <sub>3</sub> ) <sub>2</sub>	Sigma Aldrich	≥99.5
Cobalt(II) nitrate	$Co(NO_3)_2$	Sigma Aldrich	>99.0
Polycaprolactone	$(C_6H_{10}O_2)_n$	Sigma Aldrich	≥97.5
Polyacrylonitrile	$(C_3H_3N)_n$	Sigma Aldrich	>97.5
L-tryptophan	$C_{11}H_{12}N_2O_2$	Sigma Aldrich	>97.5
D-penicillamine	C <sub>5</sub> H <sub>11</sub> NO <sub>2</sub> S	Sigma Aldrich	≥97.0
Chitosan	(C <sub>6</sub> H <sub>11</sub> O <sub>4</sub> N)n	Sigma Aldrich	≥97.5
Potassium ferrocyanide	K <sub>4</sub> [Fe(CN) <sub>6</sub> ]	Sigma Aldrich	≥98.0
Potassium ferricyanide	K <sub>3</sub> [Fe(CN) <sub>6</sub> ]	Sigma Aldrich	≥98.0
Sodium hydroxide	NaOH	Sigma Aldrich	>97.5
Potassium chloride	KCl	Sigma Aldrich	>97.5
Acetic acid	$C_2H_4O_2$	Sigma Aldrich	>99.0
Titanium isopropoxide	Ti[OCH(CH <sub>3</sub> ) <sub>2</sub> ] <sub>4</sub>	Acros Organics	>98.0
Glucose	$C_{6}H_{12}O_{6}$	Merck	≥97.5
Sucrose	$C_{12}H_{22}O_{11}$	Merck	≥97.5
Fructose	C <sub>6</sub> H <sub>12</sub> O <sub>6</sub>	Merck	≥97.5
Sorbitol	C <sub>6</sub> H <sub>14</sub> O <sub>6</sub>	Merck	≥97.5
Nitric acid	HNO <sub>3</sub>	Fluka	>89.0
Sulfuric acid	H <sub>2</sub> SO <sub>4</sub>	Fluka	>88.0
N, N-dimethyl formamide	C <sub>3</sub> H <sub>7</sub> NO	Fluka	>90.0
Orthophosphoric acid	H <sub>3</sub> PO <sub>4</sub>	Fluka	≥97.5
Monosodium phosphate	NaH <sub>2</sub> PO <sub>4</sub>	Fluka	≥98.0
Disodium phosphate	Na <sub>2</sub> HPO <sub>4</sub>	Fluka	≥97.5
	Na <sub>3</sub> PO <sub>4</sub>	Fluka	≥99.0

Table 3.1: List of chemical compounds used

# 3.2 Synthesis of Nanocrystalline metal oxides by sol-gel method

Metal oxides play a very important role in many areas of chemistry, physics and materials science, and often exhibit enhanced physical, chemical, thermal, electrical, optical or magnetic properties, which lead to the extensive applications in electrochemistry, biomedical device and other fields. In this context, preparation of metal oxide particles is a very important task for material scientists. In this work, we have synthesized the metal oxide nanoparticles by the sol-gel method.

The sol-gel method was established by Geffcen and Berger from Shott Company established the way of achieving the sol-gel process for oxide layers (Brinker & Scherer, 1990). In recent years, nanosized metal oxide powder and nanocomposites are synthesized by sol-gel method because of its superior homogeneity, purity, low temperature operation process, good mixing for multi-component systems and effective control of particle size, shape, and properties (Hench & Ulrich, 1986). In the sol-gel method, typical precursors are metal alkoxides and metal chlorides which undergo various forms of hydrolysis and polycondensation reactions. The formation of a metal oxide involves connecting the metal centers with either oxo (M–O–M) or hydroxo (M–OH–M) bridges and generating metal-oxo or metal-hydroxo polymers in solution. Thus, the sol evolves towards the formation of a gel-like system containing both liquid and solid phases whose morphologies range from discrete particles to continuous polymer networks (Pierre, 1998). The schematic diagram of the sol-gel process is shown in Figure 3.1.



Figure 3.1: Schematic diagram of sol-gel method for the synthesis of metal oxides

Figure 3.2 shows the work flow scheme for the synthesis of metal oxide nanoparticles by sol-gel method.



Figure 3.2: Work flow scheme for the synthesis of metal oxide nanoparticles by sol-gel method

### **3.3** Characterization of synthesized metal oxide particles

The successful chemical synthesis of nanocomposite materials can be judged by the yield and the homogeneity of the product, and also ensuring that the materials performance by using analytical and spectroscopic techniques. The characterization of nanocomposite materials is an important part in the determination of shape, size, phase purity, chemical composition, functional group and optical band gap. In the present work, the as-synthesized particles are calcined at different temperature and structurally characterized by different analytical and spectroscopic techniques like powder X-ray diffraction (XRD), thermogravimetric analysis (TGA), scanning electron microscopy (SEM)/ energy-dispersive X-ray spectroscopy (EDAX), transmission electron

microscopy (TEM), Fourier transform infrared spectroscopy (FTIR) and ultravioletvisible spectroscopy (UV-Vis).

#### **3.3.1** Powder X-ray diffraction (XRD)

The powder X-ray diffraction technique was discovered by German Scientist W.C. Roentgen in 1895, the technique is based on the measurement of fluorescence, absorption, and scattering and diffraction of X-rays has been developed and broadly used to investigate the compositions and structures of matters. X-ray Diffraction (XRD) is a versatile and powerful non-destructive technique for characterizing crystalline materials. Identification is achieved by comparing the XRD pattern or diffractogram obtained from an unknown sample with an internationally recognized database containing reference patterns for more than 148,000 phases (Warren, 1990).

X-ray diffraction method is widely utilized for characterization of composite materials. In this method the crystal to be examined is reduced to a very fine powder and placed in a beam of monochromatic X-rays. Each particle of powder is a tiny crystal oriented randomly with respect to the incident beam. The result is that certain sets of lattice planes will be capable of producing reflection (Klug & Alexander, 1974). It provides the information about the amorphous content of the sample, crystalline size, crystallinity, solid solutions, stress and texture. This technique is a well established tool to confirm the formation of solid state reaction, observe the impurity phases, determine the lattice constants, interplanar distances, octahedral and tetrahedral site radii, etc (Suryanarayana & Norton, 1998).

Modern computer controlled diffractometer systems use automatic routines to measure record and interpret the unique diffractogram produced by individual constituents in even highly complex mixtures. Figure 3.3 shows the D8 Advance X-Ray Diffractometer. It has the ability to perform very rapid phase identifications of powdered specimens in a fully automated mode.



Figure 3.3: X-Ray Diffractometer (Bruker D8 Advance)

Data collection and manipulation is under control of EVA software which contains a database of the JCPDS powder diffraction files. Diffraction spectra are plotted and can be compared (in whole or in the selected portions) to specified JCPDS cards or automatically matched to the most similar spectra in the database. This instrument operates very rapidly and efficiently. It is capable of very rapid scans for identification of powders that are simple in composition and abundance on the mount. Much slower scans are usually required for the analysis of complex mixed phased, high resolution works, cell refinement or identification of trace impurities.

The average crystallite sizes can be determined by using the Debye-Scherrer's equation:

$$D = \frac{K\lambda}{\beta_{hkl}\cos\theta}$$
(3-1)

where, *D* is the crystal size perpendicular to the reflection plane, *K* is unit cell geometry dependent constant whose value is typically between 0.85-0.99,  $\lambda$  is the wavelength of X-rays provided by the equipment used (1.5418 Å),  $\beta_{hkl}$  is the broadening of the diffraction line measured at half the line maximum intensity (full width at half maxima) and  $\theta$  is the angle between the incoming X-rays and the reflection plane (2 $\theta$ /2).

The Bragg  $\beta_{hkl}$  can be written as

$$\boldsymbol{\beta}_{\mathbf{hkl}} = (\mathbf{B}_{\mathbf{hkl}} - \mathbf{b}) \tag{3-2}$$

where,  $B_{hkl}$  is the broadening measured on the X-ray pattern, and *b* is the unavoidable broadening error of the equipment, which is typical of each instrument. However, the Xray powder diffraction spectra have been used to determine lattice constants and to confirm single-phase nature, phase purity and crystal structure of synthesized metal oxides.

#### **3.3.1.1 Measuring Conditions**

The XRD analysis was performed using a Bruker X-ray diffraction model D-8 (made in Germany) equipped with EVA diffraction software for data acquisition and analysis. Data were acquired using CuK<sub>a</sub> monochromatized radiation using source operated at 40 kV and 40 mA at ambient temperature. The samples were finely grinded and placed in the sample holder, with the powder lightly passed into place using microscopic slide and the surface of samples flattened and smoothened. The sample holder was placed in the diffractometer stage for analysis. A continuous 20 scan mode from  $2^{\circ}$ -90° was used for high degree scanning at step time of 4s and step size of  $0.01^{\circ}$  20. A divergence slit was inserted to ensure that the X-rays focused only on the sample and not the edges of specimen holder. The diffractograms obtained were matched against the Joint Committe

on Powder Diffraction Standards (JCPDS) PDF 1 database 2.6 to confirm the identity of samples.

#### **3.3.2** Thermogravimetric analysis (TGA)

Thermogravimetric analysis (TGA) is an analytical technique where the properties of materials are studied as they change with temperature (Menczel & Prime, 2009). It is widely used to evaluate heat resistance and to determine the quantity of components, weight loss and thermal effects during the conversion of precursors to final metal oxides in the heat-treatment process. The schematic diagram of TGA is shown in Figure 3.4.

TGA is one of the most versatile and well known instruments for measurement of thermal effect in R&D and QC environments. TGA measures the weight of a substance subjected to a temperature program. Our TGA offers latest balance technology and automatic weight calibration. With the thermobalance, small weight losses can be measured and to identify a weight step, the weight change should be at least twice as large as the peak-to-peak noise, about  $2 \mu g$ .

### **3.3.2.1 Measurement Conditions**

To investigate the thermal stability of the samples, the measurement was done using Thermogravimetric Analysis (TGA). The TGA analysis was carried out using Mettler Toledo (SDTA-85 1e) thermobalance. About 10 to 50 mg of sample was put into an open alumina crucible of 100  $\mu$ l for the measurements. The TGA temperature program was run dynamically from ambient to 548 K at a heating rate 10 K min <sup>-1</sup> under nitrogen gas with flow rate 50 ml min <sup>-1</sup>. It was cooled to room temperature before being heated again under Argon gas from ambient to 873 K at a heating rate 2 K min <sup>-1</sup> with Argon gas at the same flow rate.



Figure 3.4: Schematic diagram of thermal analysis (Mettler Toledo (SDTA-85 1e))

## **3.3.3** Electron microscopy

Electron microscopy is extremely versatile for providing structural information over a wide range of resolution from 10  $\mu$ m to 0.2 nm. Especially in the range where the specimen is so small (<1  $\mu$ m) that optical microscopes are not able to image it anymore. Electron microscopes operate in either reflection or transmission mode. The basic principle and setup of each working mode are briefly discussed below.

### **3.3.3.1 Scanning electron microscopy**

Scanning electron microscopy (SEM) is one of the most versatile and well known analytical techniques. Compared to the conventional optical microscope, an electron microscope offers advantages including high magnification, large depth of focus, great resolution and ease of sample preparation and observation. Electrons generated from an electron gun enter a surface of a sample and generate many low energy secondary electrons. The intensity of these secondary electrons is governed by the surface topography of the sample (Goldstein et al., 2003). An image of the sample surface is therefore constructed by measuring secondary electron intensity as a function of the position of the scanning primary electron beam.

In addition to secondary electrons imaging, backscattered electrons imaging and Energy Dispersive X-ray (EDAX) Analysis are also useful tools widely used for chemical analysis. The intensity of backscattered electrons generated by electron bombardment can be correlated to the atomic number of the element within the sampling volume. Hence, qualitative elemental information can be revealed. The characteristic X-rays emitted from the sample serve as fingerprints and give elemental information of the samples including semi-quantitative analysis, quantitative analysis, line profiling and spatial distribution of elements (elemental/chemical mapping). SEM with X-ray analysis is efficient, inexpensive, and non-destructive to surface analysis. It has wide ranges of applications both in industry and research.

### 3.3.3.2 Transmission electron microscopy

Being indispensable for nanotechnology, high resolution transmission electron microscopy (HRTEM) is one of the most powerful tools used for the determination of shape and structure of nanomaterials and will play a critical role in this field in the future.



Figure 3.5: Scanning electron microscopy layout (FEI quanta 200F)

TEM technique is introduced to the analysis of transmitted or forward-scattered beam. An electron beam interaction with a solid specimen results in number of elastic or inelastic scattering phenomena. Such a beam is passed through a series of lenses, among which the objective lens mainly determines the image resolution, to obtain the magnified image (Williams & Carter, 2009). The schematic diagram of transmission electron microscopy (TEM) is as shown in Figure 3.6.

In TEM, the ray of electrons is produced by current heating of a pin-shaped cathode. The electrons are vacuumed up by a high voltage at the anode. The accelerating voltage is between 50 and 150 kW. The higher it is, shorter are the electron waves and higher is the power of resolution. The accelerated beam of electrons passes a drill-hole at the bottom of the anode. Its following way is analogous to that of a ray of light in a light microscope. The beam is first focused by a condenser and then passes through the object, where it is partially deflected. The degree of deflection depends on the electron density of the object. The greater the mass of the atoms, the greater is the degree of

deflection. After passing the object the scattered electrons are collected by an objective lensef.



Figure 3.6: Schematic diagram of transmission electron microscopy (LEO-Libra 120)

Thereby an image is formed, that has subsequently been enlarged by an additional lenssystem. Thus formed image is made visible on a fluorescent screen or it is documented on photographic material.

In the present study, LEO-Libra 120 (Germany) transmission electron microscope is used to study the morphology of the products.

# **3.3.3.3 Measurement Conditions**

The surface morphology of the samples was studied by using a Quanta 200 FEI FESEM instrument, shown in Figure 3.5 and EXAD was used to analyze the chemical

composition of the sample surface. The powder samples were adhered to the aluminium sample holder using a small piece of carbon conductive tape before loaded to the sample chamber of the instrument. The air evacuation in chamber was performed before analysis. The EDAX were analyzed using INCA-Suite version 4.02 software.

The detailed parameters of the measurement were as follow:

Accelerating voltage	: 5kV
Vacuum mode	: High vacuum
Working distance	: 8-10 mm
Spot size	: 2.5-3 µm
Type of detector	: Large Field Detector (LFD)
Cone	: X-ray

For EDAX, the acceleration voltage was dispersed on a carbon tape adhered to an aluminium sample holder. Two types of detectors were used, i.e. secondary electron (Evehart-Thornley) and backscattered electron (Robinson).

The TEM specimens were prepared by dropping the samples on a copper grid. A LEO-Libra 120 microscope operated at 200 kV and equipped with a field emission gun. For the size measurement and phase identification images of representative areas of the sample were taken at different magnifications with a CCD camera.

### **3.3.4** Fourier transform infrared spectroscopy

Fourier Transform Infrared Spectroscopy (FTIR) is an analytical technique used to identify organic (and in some cases inorganic) materials (Griffiths & De Haseth, 2007). This technique measures the absorption of various infrared light wavelengths by the material of interest. These infrared absorption bands identify specific molecular components and structures. The early-stage IR instrument is of the dispersive type, which uses a prism or a grating monochromator. The dispersive instrument is characteristic of a slow scanning (Ferraro & Basile, 1975). A Fourier Transform Infrared (FTIR) spectrometer obtains infrared spectra by first collecting an interferogram of a sample signal with an interferometer, which measures all of infrared frequencies simultaneously. An FTIR spectrometer acquires and digitizes the interferogram, performs the FT function, and outputs the spectrum (Smith, 2009).

Infrared (IR) spectroscopy is a chemical analytical technique, which measures the infrared intensity versus wavelength (wave number) of light. Based upon the wave number, infrared light can be categorized as far infrared (4~400 cm<sup>-1</sup>), mid infrared (400~4,000 cm<sup>-1</sup>) and near infrared (4,000~14,000 cm<sup>-1</sup>). Infrared spectroscopy detects the vibration characteristics of chemical functional groups in a sample (Siesler, Ozaki, Kawata, & Heise, 2008). When an infrared light interacts with the matter, chemical bonds will stretch, contract and bend. As a result, a chemical functional group tends to adsorb infrared radiation in a specific wave number range regardless of the structure of the rest of the molecule. Figure 3.7 shows the FTIR spectroscopic instrument. Therefore, IR spectroscopy can result in a positive identification (qualitative analysis) of every different kind of material.

### **3.3.4.1 Measurement Conditions**

FTIR spectrum was recorded in the transmittance mode using a Bruker-optic spectrometer IFS 66v/s equipped with vacuum using the technique of KBr pellets and working with a resolution of 4 cm<sup>-1</sup> in the Middle range. Before analysis, air evacuation was done under vacuum (5mbar) for 15 minutes. All the spectra recorded a 32 scan data accumulation in a range 400-4000 cm<sup>-1</sup>.



Figure 3.7: Schematic diagram of fourier transform infrared spectroscopy (Bruker, IFS 66v/s)

### **3.3.5** UV-Visible spectroscopy

When light (UV or Visible) is absorbed by valence electrons, these electrons are promoted from their normal states to higher energy excited states. When light passes through the compound, energy from the light is used to promote an electron from a bonding or non-bonding orbital into one of the empty anti-bonding orbital (Giusti & Wrolstad, 2001). Each wavelength of light has the particular energy associated with it. If a particular amount of energy is just right for making energy jumps, then that wavelength will be absorbed, its energy will have been used in promoting an electron. That means, in order to absorb light in the region from 200-800 nm, the molecule must contain either pi bonds or atoms with non-bonding orbitals. Nonbonding orbital is a lone pair, say oxygen, nitrogen or a halogen. In general as the size of the materials is reduced to nanodimension, blue shift is observed from the UV-Vis spectrum. The schematic diagram of UV-Visible spectroscopy (UV-Vis) is as shown in Figure 3.8. In

the present study absorption spectrum of the sample is measured on UV- Visible spectrophotometer (Perkin Elmer, Lambda 35).



Figure 3.8: Schematic diagram of UV-Visible spectroscopy (Perkin Elmer, Lambda 35)

# **3.3.5.1 Measurement Conditions**

Ultraviolet-visible (UV-vis) spectroscopy is used to obtain the absorbance spectra of a compound in solution. The observed spectra are the absorbance of light energy or electromagnetic radiation, which excites electrons from the ground state to the first singlet excited state of the compound or material. The UV-Vis region of energy for the electromagnetic spectrum covers 1.5 - 6.2 eV which relates to a wavelength range of 800 - 200 nm.

# **3.4** Chemically modified electrodes (CME)

## **3.4.1 Pre-treatment of the electrodes**

Prior to fabrication, the bare glassy carbon electrode (diameter 2 mm) was polished on chamois leather with 0.05  $\mu$ m alumina powder. Then it was thoroughly ultrasonicated in deionized water and absolute ethanol, respectively.

### 3.4.2 Preparation of phosphate buffer

Phosphate buffered solutions (PBS) 0.1 M for different pH values were prepared from orthophosphoric acid ( $H_3PO_4$ ) and its salts ( $NaH_2PO_4$ ,  $Na_2HPO_4$  and  $Na_3PO_4$ ). Phosphate buffer solutions containing potassium chloride at a concentration of 0.1 M used as the carrier electrolyte to stabilize the pH range of pH 2 to pH 12 were used in the test solutions. The following solutions were used for different pH ranges:

pH 2 to pH 4: From a solution of phosphoric acid and monosodium phosphate (NaH<sub>2</sub>PO<sub>4</sub>).

pH 5 to pH 9: From a solution of monosodium phosphate ( $NaH_2PO_4$ ) and disodium hydrogen phosphate ( $Na_2HPO_4$ ).

pH 10 to pH 12: From a solution of disodium hydrogen phosphate ( $Na_2HPO_4$ ) and trisodium phosphate ( $Na_3PO_4$ ).

## 3.4.3 Preparation of serum samples and real sample analysis

For determination of glucose in human blood serum, the serum sample was collected from university of Malaya hospital. Around 50  $\mu$ L of serum sample was transferred to the cell continuing 10 mL of 0.1 M NaOH solution. The response of the modified sensor into mentioned solution was investigated by cyclic voltammetric measurement at a scan rate of 50 mV s<sup>-1</sup>.

For the purpose of proving its practical applications, the modified electrode was used to determine the content of *D*-Penicillamine (*D*-PA) in the tablet using Differential Pulse Voltammetry (DPV). A standard addition method was adopted to estimate the accuracy and the measurement.

# 3.5 Fabrication of Chemically modified electrodes

Pre-treatment or cleaning of electrode surface prior to modification is one of the important steps in the fabrication process and in electrochemical studies.

### 3.5.1 Fabrication of Co/ZnO/MWCNT/PCL/GCE electrode

About 1% of polycaprolactone (PCL) solution was prepared by dissolving the appropriate amount of PCL into dimethyl formamide (DMF) with the aid of ultrasonic agitation until complete dissolution. Appropriate amount of ZnO nanoparticles and MWCNTs were dispersed in 1% of PCL solution. The mass ratio of ZnO: MWCNT: PCL was 1:2:20. The mixture was ultrasonicated for about 20 min. Finally, a highly dispersed black colloidal solution was formed. About 5 µl of ZnO/MWCNT/PCL casting solution was coated on the GCE surface and dried in air. Then, the obtained ZnO/MWCNT/PCL/GCE was immersed into 1.0 mM cobalt nitrate solution for 5 min at room temperature to obtain Co/ZnO/MWCNT/PCL/GCE, followed by washing the electrode with water to remove the unimmobilized Co(II) ions. Figure 3.9 shows the fabrication of Co/ZnO/MWCNT/PCL/GCE electrode.



Figure 3.9: Fabrication of Co/ZnO/MWCNT/PCL/GCE electrode

### **3.5.2** Fabrication of TiO<sub>2</sub>-MWCNT/GCE electrode

Appropriate amount of gelatin based TiO<sub>2</sub> nanoparticles and MWCNTs were dispersed in dimethyl formamide (DMF) solution. The mass ratio of TiO<sub>2</sub>: MWCNT was 1:5. The mixture was ultrasonicated for 20 min. Finally, a highly dispersed black colloidal solution was formed. Prior to use, the glassy carbon electrode (diameter 2 mm) was first polished with alumina (0.05  $\mu$ m) slurry and it was ultrasonically cleaned with ethanol followed by double distilled water then dried at room temperature. Figure 3.10 shows the fabrication of TiO<sub>2</sub>-MWCNT/GCE electrode.



Figure 3.10: Fabrication of TiO<sub>2</sub>-MWCNT/GCE electrode

### 3.5.3 Fabrication of Ni/PAN-MWCNT/GCE electrode

About 1.0 mg of MWCNT was dispersed in 5 mL of N, N-dimethyl formamide (DMF) with the aid of ultrasonic agitation to give a black dispersion. On the other hand PAN (1.0 mg) was dissolved in 1.0 mL of DMF. After that, the PAN and MWCNT solutions with a volume ratio of 1:1 were mixed and then the mixture was agitated in an ultrasonic bath for 30 min to form a uniform mixture. The cleaned and dried GCE was coated by casting 5  $\mu$ L of the black PAN-MWCNT suspension and dried at 50 °C in hot air oven to remove the solvent. Then the PAN-MWCNT/GCE was immersed in 1.0 mM nickel nitrate solution for 30 min to obtain Ni/PAN/MWCNT/GCE composite film. For comparison, Ni/GCE, Ni/PAN/GCE and Ni/MWCNT/GCE were prepared using similar

procedure as described above. Figure 3.11 shows the fabrication of Ni/PAN-MWCNT/GCE electrode.



Figure 3.11: Fabrication of Ni/PAN-MWCNT/GCE electrode

### 3.5.4 Fabrication of FC/CS-MWCNT/GCE electrode

Around 5 mg of chitosan was dissolved in 1 mL 1% acetic acid, and after which pH of the solution was adjusted to pH 5 with concentrated NaOH. With the aid of ultrasonic agitation, 1 mg of MWCNTs was dissolved in 1 mL of 0.5 wt. % CS solution and resulted in a homogeneous black CS-MWCNT. 5 µL of the resulting solution was then casted onto the glassy carbon electrode surface to prepare a CS-MWCNT/GCE electrode then dried at room temperature. CS-MWCNT/GCE electrode was placed in an aqueous solution containing 1 mM  $[Fe(CN)_6]^{3-/4-}$  and 0.1 M KCl. The electrochemical behavior of the  $[Fe(CN)_6]^{3/4-}$  redox couple was probed by cycling the potential of the CS-MWCNT/GCE electrode between 0.00 V and 0.45 V at a scan rate of 0.05 V/s for 40 complete cycles. CS-MWCNT/GC electrode was later removed from the  $[Fe(CN)_6]^{3-/4-}$  solution, rinsed and were cycled in the same potential window in supporting electrolyte (0.1 M KCl) to probe for residual  $[Fe(CN)_6]^{3-/4-}$  at the FC/CS-Then for comparison, FC/GC, FC/CS/GCE and MWCNT/GCE electrode. FC/MWCNT/GCE electrodes were prepared with the same procedure as described above. Figure 3.12 shows the fabrication of FC/CS-MWCNT/GCE electrode.



Figure 3.12: Fabrication of FC/CS-MWCNT/GCE electrode

# **3.6** Electrochemical measurements of modified electrodes

#### **3.6.1** Electrochemical Setup

The electrochemical measurements were performed using a three-electrode system including working electrode (WE), reference electrode (RE), and counter (auxiliary) electrode (CE) (Figure 3.13). They are immersed in a solution containing an analyte and a background electrolyte. The electrochemical information about the analyte in this study was extracted from the current flowing through the WE at a potential.

During the data collection, the potential (E) of the WE is monitored with respect to constant potential of RE. The RE contains a chemical system of constant composition and known potential. Typically the Ag|AgCl|KCl<sub>3M</sub> system is selected as the RE because it is used for its reproducibility, reliability and convenience. In an electrochemical workstation, the voltage changes ensure that almost no current flows through the RE. This protects the RE from the negative effects of large currents which can cause changes in composition and thus in the potential of RE. The presence of the CE also minimizes the amount of uncompensated ohmic drop ( $\Delta E_{ohmic} = IR$ ) between the WE and RE which is proportional to the resistance (R) and current (I) flowing through between the WE and RE.

Figure 3.14 shows the experimental setup (Autolab) that was used for cyclic voltammetry, amperometry and impedance analysis. The Potentiostat/Galvanostat

(Autolab; Netherlands) device coupled with a Pentium IV personal computer which is installed with the General Purpose Electrochemical System (GPES) and Frequency Response Analysis (FRA) software to provide the potential and monitor the currents of the electrodes and measuring the electrochemical electron spectroscopy (EIS).



Figure 3.13: Three-electrode system a) reference electrode, b) counter electrode and c) working electrode (glassy carbon electrode)



Figure 3.14: Electrochemical Setup (Autolab, Metrohm)

# 3.7 Cyclic Voltammetry

Cyclic voltammetric studies were performed by scanning the potential of working electrode in cyclic manner by applying a potential in one direction and switching it in reverse direction. The current flow can be measured through the working electrode.

The plot of the current vs. potential is called as cyclic voltammogram. The cyclic voltammogram is recorded in stationary solutions that contain an excess of ions of a background electrolyte over the analyte in order to suppress the migration as a mode of the analyte transport to electrode surface. Under such conditions, the analyte is transported by diffusion to the electrode surface which simplifies the mathematical description of the cyclic voltammograms.

To study the electrochemical behaviour of fabricated electrodes, the cyclic voltammetric response of analyte is investigated by successively adding various concentrations of analyte into the background electrolyte. The sensitivity of electrochemical sensors was obtained by linear dynamic range (LDR) and limit of detection (LOD).

The reproducibility and storage stability of modified electrode were examined by relative standard deviation (RSD). To study the properties of modified electrode surface, electrochemical impedance spectroscopy (EIS) was employed. All EIS experiments of this thesis were measured conducted using three electrodes (WE, CE and RF) setup with respect to open circuit potential (OCP).

# 4.1 Introduction

Zinc oxide (ZnO) is a unique and key inorganic material that has attracted extensive research due to its characteristic features and novel applications in a wide range of areas in science and technology. It has multiple properties such as semiconducting, piezoelectric, pyroelectric, catalytic and optoelectronics (Fan & Lu, 2005; Z. L. Wang, 2004). In addition, the optical properties of ZnO play a very important role in optoelectronic, catalytic and photochemical properties (Sharma, Sharma, Kaith, Rajput, & Kaur, 2011).

In the recent years, material scientists all over the world have used different preparative techniques like chemical vapor deposition (CVD), electro-deposition (ED), hydrothermal, sol–gel, vapor–liquid–solid, pulsed layer deposition, layer-by-layer method and thermal decomposition for the preparation of ZnO nanoparticles. The varied morphology, dimensionality and controlled growth of ZnO were stimulated because of strong dependency of its properties on the size, architecture and the orientation ratio of different morphologies (H. Cheng, Cheng, Zhang, & Wang, 2007; Cho, Jung, & Lee, 2008; Eftekhari, Molaei, & Arami, 2006; Jin, Lee, Kompch, Dorfler, & Wintere, 2007; K.D. Kim, Choi, Choa, & Hee, 2007; B. Liu & Zeng, 2003; Mohanty, Kim, & J. Park, 2007). The morphology and size of the nanoparticles can be controlled by using a suitable polymerizing agent such as polyethylene glycol (PEG) (B. Cheng & Samulski, 2004), cetyltrimethyl ammonium bromide (CTAB) (Zhai, Wu, Lu, Wang, & Wang, 2008), glycine (Narang et al., 2012) and poly (sodium 4-styrene-sulfonate) (PSS) (Jiaheng Wang, Shi, Qi, & Liu, 2010) in sol–gel process. Gelatin is one type of denaturation products of collagen and it consists of a single chain of amino acids. It is
soluble in warm water and becomes a gel at a concentration higher than 1wt% (Belton et al., 2004; Dickerson et al., 2004). A gelatin hydrogel is a three-dimensional hydrophilic polymer network which can provide a desirable water-rich buffering environment because of its attractive properties of film forming ability, biocompatibility, non-toxicity, high mechanical strength and cheapness (De Wael et al., 2010).

Glucose is a major component of animal and plant carbohydrate. The quantitative determination of glucose has a very important role in biochemistry, clinical chemistry and food chemistry (S. G. Wang, Zhang, Wang, & Yoon, 2003; B. Wu, Zhang, Shuang, & Choi, 2004; Yildiz et al., 2005). Various methods such as spectrophotometry, amperometry, chromatography, polarometry and capillary electrophoresis have been reported for the detection of glucose (B. Wu et al., 2004). However, most of the current adopted methods are time consuming and costly. So, it can be expected that, they can be easily detected by using electrochemical measurements. However, their electrochemical oxidation is not so easy, as it requires a large overpotential on conventional electrodes. The most promising approach for doing so is the use of chemically modified electrodes (CMEs) containing selected redox species. Up to date, various attempts have been made to fabricate the CMEs from nickel oxide (Sattarahmady, Heli, & Faramarzi, 2010; Shamsipur et al., 2010), ruthenium oxide (Q. Chen, Wang, Rayson, Tian, & Lin, 1993; Joseph Wang & Taha, 1990), copper oxide (Zadeii, Marioli, & Kuwana, 1991) and cobalt macrocyclics (Barrera et al., 2006) have been examined for the oxidation of glucose.

In this research, a simple and low-cost technique to synthesize the ZnO nanoparticles using gelatin as organic precursor is demonstrated. Techniques of XRD and SEM were used to characterize the architecture and properties of ZnO. When the mixed solution of ZnO, MWCNT and PCL was cast on GC electrode, a porous film was formed at the electrode surface. Therefore, the ZnO/MWCNT/PCL film was readily used as an immobilizing matrix to entrap the Co(II) ions. The Co(II) ions enhanced electrocatalytic activity towards the sensitivity of glucose at the Co/ZnO/MWCNT/PCL film modified glassy carbon electrode was achieved. The results showed that the ZnO/MWCNT/PCL composite film may be an ideal supporting material for Co(II) ions.

# 4.2 Experimental procedure

In a typical synthesis, ZnO nanoparticles are synthesized using a standard sol-gel technique mentioned in ref (Farley et al., 2004). About 11 g of zinc nitrate was dissolved in 50 ml of deionized water and then stirred for 30 min. After that, 5 g of gelatin was dissolved in 100 ml of deionized water and stirred for 30 min at 60 °C to achieve a clear gelatin solution. Then, the zinc nitrate solution was added to gelatin solution and the solution was placed in a water bath. The temperature of water bath was maintained at 80 °C and the stirring was continued overnight to obtain a brown color resin. This resin became hard after the temperature of the container was reduced to room temperature. The final product was put in the muffle furnace at the temperature of 500 °C for 8 hours to obtain the ZnO nanoparticles.

#### 4.2.1 Characterization of ZnO nanoparticles

XRD pattern of the synthesized ZnO-NPs is illustrated in Figure 4.1, with comparing the main peaks with the reference sample (Zak et al., 2011) crystallization of almost pure ZnO-NPs will be ascertained. The TEM image of ZnO-NPs is a useful approach that one can determine the size and morphology of obtained crystals. TEM micrograph of the synthesized sample is illustrated in Figure 4.2. Figure 4.3 shows the FTIR of the ZnO-NPs prepared by the sol-gel method, in the range of 4000-400 cm<sup>-1</sup>.

The room temperature UV-Vis absorption spectra of ZnO-NPs are shown in Figure 4.4. The ZnO-NPs were dispersed in deionized water with concentration of 0.1 % wt and then the solution was used to perform the UV-Vis measurement. The spectrum shows an absorption peak of ZnO at wavelength of 370 nm which can be assigned to the intrinsic bandgap absorption of ZnO due to the electron transitions from the valence band to the conduction band (H. Yu, Yu, Cheng, & Zhou, 2006).

The band gap energy (E) was calculated as per the literature report using the following equation (Hoffmann, Martin, Choi, & Bahnemann, 1995):

Band gap energy (E) = 
$$\frac{hc}{\lambda}$$
 (4-1)

Where *h* is the Plank's constant,  $6.625 \times 10^{-34}$  Js, *c* is the speed of light,  $3.0 \times 10^8$  m/s;  $\lambda$  is the wavelength (m). According to this equation, the band gap of synthesized ZnO-NPs is 3.3 eV.



Figure 4.1: XRD pattern of ZnO-NPs



Figure 4.2: TEM image of ZnO-NPs



Figure 4.3: FTIR spectra of the ZnO-NPs



Figure 4.4: UV-Vis absorbance spectrum of the ZnO-NPs.

# 4.3 Results and discussion

# 4.3.1 Electrochemical measurement of Co/ZnO/MWCNT/PCL/GCE electrode

Chemical Modified electrode of Co/ZnO/MWCNT/PCL/GCE, fabricated according to the structure which mentioned in 3.5.1. Figure 4.5A shows the cyclic voltammogram (CVs) Co/ZnO/PCL/GCE, Co/MWCNT/PCL/GCE of Co/PCL/GCE, and Co/ZnO/MWCNT/PCL/GCE in 0.1 M NaOH solution at a scan rate of 50 mV s<sup>-1</sup>. The defined peak currents occurred at the Co/PCL/GCE electrode (Figure 4.5A, curve a) was due to the good permeability Co (II) in the PCL film. After modification of glassy carbon electrode with Co/ZnO/PCL (Figure 4.5A, curve b) film, the peak current was increased, indicating that the ZnO nanoparticles can improve the electroactivity on the surface of the electrode. Comparing this with the Co/MWCNT/PCL/GCE (Figure 4.5A, curve c), the enhanced electron transfer of the entrapped Co in Co/MWCNT/PCL composite film indicated that, the MWCNT played a key role in facilitating the electron transfer between Co(II) ions and glassy carbon electrode.



Figure 4.5: (A) Cyclic voltammograms of the (a) Co/PCL/GCE, (b) Co/ZnO/PCL/GCE, (c) Co/MWCNT/PCL/GCE and (d) Co/ZnO/MWCNT/PCL/GCE in 0.1 M NaOH solution at a scan rate of 50 mV s<sup>-1</sup>. (B) Cyclic voltammograms of the (a) GCE, (b) PCL/GCE, (c) ZnO/PCL/GCE, (d) MWCNT/PCL/GCE, (e) ZnO/MWCNT/PCL/GCE.

When Co/ZnO/MWCNT/PCL film was modified on the glassy carbon electrode surface, a couple of quasi-reversible and well-defined peaks with the apparent formal peak potential ( $E^{\circ}$ ) of 160 mV and peak-to-peak separation ( $\Delta E_p$ ) of 100 mV was observed at 50 mV s<sup>-1</sup> for Co/ZnO/MWCNT/PCL/GCE and the peak current was distinctly increased due to the formation of conduction pathway in the ZnO/MWCNT/PCL composite film (Figure 4.5A, curve d). The cyclic voltammograms of GCE (Figure 4.5B, curve a), PCL/GCE (Figure 4.5B, curve b), ZnO/PCL/GCE (Figure 4.5B, curve c), MWCNT/PCL/GCE (Figure 4.5B, curve d) and ZnO/MWCNT/PCL/GCE (Figure 4.5B, curve e) in 0.1 M NaOH solution showed no anodic or cathodic peaks.

The effect of scan rates on the response of Co/ZnO/MWCNT/PCL/GCE is shown in Figure 4.6A. With increasing the scan rate, both reduction and oxidation peak currents  $(I_p)$  were increasing linearly with the scan rates (Figure 4.6B), indicating the surface-controlled process.

Anodic and cathodic potential, the half-wave potential and also the peak-to-peak separation potential for redox couple in each of the modified electrode was measured according to the reference electrode potential in cyclic voltammogram of Figure 4.5A and presented in table 4.1. It is clear that Co/ZnO/MWCNT/PCL/GCE reduced the overpotential.

Electrode	I <sub>pc</sub> (µA)	I <sub>pa</sub> (µA)	$\Delta E_{p}(\mathbf{V})$	E <sub>1/2</sub> (V)	E <sub>pc</sub> (V)	E <sub>pa</sub> (V)
Co/PCL/GCE	-21	31	0.140	0.200	0.130	0.270
Co/ZnO/PCL/ GCE	-22	53	0.133	0.197	0.130	0.264
Co/MWCNT/PCL/ GCE	-65	78	0.092	0.154	0.108	0.200
Co/ZnO/MWCNT/ PCL/GCE	-75	87	0.100	0.160	0.110	0.210

Table 4.1: Anodic and cathodic potential, the half-wave potential and the peak-to-peak separation potential for redox couple in cyclic voltammogram of Figure 4.5A.



Figure 4.6: (A) Cyclic voltammograms of Co/ZnO/MWCNT/PCL/GCE in 0.1 M NaOH solution at different scan rates. The scan rates are: (a) 10, (b) 25, (c) 50, (d) 75, (e) 100, (f) 120 and (g) 150 mV s<sup>-1</sup>, respectively. (B) The plot of cathodic and anodic peak currents vs scan rates.

A plot of  $E_p$  versus log v yields straight line with slopes of  $-2.3RT/\alpha nF$  and  $2.3RT/(1-\alpha)nF$  for cathodic and anodic peak, respectively. As a result the  $\alpha$  can be estimated as 0.57 from of the slope. According to this equation,  $\Gamma = Q/nFA$ , the surface coverage ( $\Gamma$ ) was estimated from the integration of oxidation or reduction peaks. Where Q is the charge consumed in coulombs, obtained from integrating the anodic (or cathodic) peak area in cyclic voltammograms under the background correction. The average  $\Gamma$  value of  $(3.24 \pm 0.98) \times 10^{-10}$  mol/cm<sup>2</sup> was obtained.

### 4.3.2 Electrochemical Impedance Spectroscopy

Electrochemical impedance spectroscopy was employed to further investigate the impedance changes of the electrode surface in the modified process Figure 4.7 illustrates the EIS profiles of different modified electrodes in which the Nyquist plots are shown with the real part  $(Z_I)$  on the X-axis and the imaginary part  $(Z_R)$  on the Yaxis. The spectra showed well-defined semicircles at high frequencies followed by straight line at 45° to the real impedance Z<sub>R</sub> at low frequencies. The semicircular portion at higher frequencies corresponds to electron-transfer-limited process with its diameter equal to the electron transfer resistance (R<sub>ct</sub>), which controls the electron transfer kinetics of the redox couple at the electrode interface. Meanwhile, the linear part at lower frequencies corresponds to the diffusion process. The largest  $R_{ct}$  on the bare electrode (curve a) indicates the slow electron transfer rate between the bare glassy carbon electrode and  $[Fe(CN)_6]^{3-/4-}$  couples. The Nyquist diameter of the PCL modified glassy carbon electrode (curve b) is smaller than that of the bare glassy carbon electrode, which suggests that the PCL film coated on the glassy carbon electrode is a porous material with a large surface area and increases the electron transfer of the redox probe.



Figure 4.7: Impendence plots of (a) bare GCE, (b) PCL/GCE and (c) ZnO/PCL/GCE in the presence of 1.0 mM  $[Fe(CN)_6]^{3-/4-}$  containing 0.1 M KCl as supporting electrolyte. Inset: (a) EIS of (a) MWCNT/PCL/GCE and (b) ZnO/MWCNT/PCL/GCE in the same condition.

However, when the ZnO/PCL was cast on the surface of the electrode (curve c), the  $R_{ct}$  was smaller than that of PCL/GCE, which was attributed to the good conductivity of ZnO decreased the resistance to the electrochemical reaction of  $[Fe(CN)_6]^{3-/4-}$  couples. Comparing with the ZnO/PCL film modified glassy carbon electrode, an obvious decrease in the interfacial resistance observed in the MWCNT/PCL film modified glassy carbon electrode (Inset: curve a), which indicates that MWCNT was immobilized successfully into the film. After modifying GCE with ZnO/MWCNT/PCL, a lowest interfacial resistance was observed (Inset: curve b). These data showed that the ZnO, MWCNT and PCL film have been successfully attached to the electrode surface and formed a tunable kinetic barrier.

#### 4.3.3 Electrocatalytic properties of Co/ZnO/MWCNT/PCL/GCE electrode

In order to investigate the activity of Co(II) at glassy carbon electrode modified with ZnO/MWCNT/PCL composite film, its response to the oxidation of glucose was

studied. Figure 4.8 shows the cyclic voltammogram of Co/ZnO/MWCNT/PCL/GCE in the presence of glucose. When glucose was added to 0.1 M NaOH solution, the oxidation peak current increased obviously accompanied by the decrease in reduction peak current which indicates a typical electrocatalytic oxidation process and also which may be due to the reaction of Co(II) with glucose.



Figure 4.8: Cyclic voltammograms of Co/ZnO/MWCNT/PCL/GCE in the presence of (a) 0.05, (b) 0.08, (c) 0.20, (d) 0.40, (e) 0.80, (f) 3.00, (g) 4.00 and (h) 6.00 mM of glucose in 0.1 M NaOH solution at scan rate 50 mV s<sup>-1</sup>. (B) Plot of anodic peak current vs. glucose concentration.

Furthermore, the oxidation peak current increases with increasing concentration of glucose. These results further confirmed that, the ZnO/MWCNT/PCL film provided a friendly platform for the immobilization of Co(II) and the electrocatalysis to glucose. The electrocatalytic process can be described as follows:

 $Co(II) \rightarrow Co(III) + e^{-1}$ 

 $Co(III) + glucose \rightarrow Co(II) + products$ 

Co(III) acts as strong oxidants, reacting with the glucose molecules to yield a radical. Further reaction of radical with additional surface sites results in the formation of product. As reported in the literature, gluconolactone and gluconic acid were detected as the main products of oxidation of glucose (Tominaga, Shimazoe, Nagashima, & Taniguchi, 2005; C. Zhao, Shao, Li, & Jiao, 2007). In addition to this, formate and oxalate were reported as oxidation products (Mho & Johnson, 2001). The cyclic voltammetric response of the Co/ZnO/MWCNT/PCL/GCE to glucose is illustrated in Figure 4.8.

The voltammetric response showed a linear relation with glucose concentration from  $5.0 \times 10^{-5}$  to  $6.0 \times 10^{-3}$  M with the detection limit of  $1.6 \times 10^{-5}$  M (S/N = 3) comparable with the results reported for analytical determination of glucose at the surface of different modified electrodes (Arvinte, Sesay, & Virtanen, 2011; Bai et al., 2008; X. Chen, Pan, Liu, & Du, 2010; Shamsipur et al., 2010) (see Table 4.2). The results show that linear dynamic range (LDR) and limit of detection (LOD) in comparison to other researchers is not very good but the sensitivity of the method is excellent. The oxidation peak potential of glucose shifts to the less positive potential at Co/ZnO/MWCNT/PCL/GCE is more than that at different modified electrodes reported in Table 4.2.

solution, suggesting better decurde y of the method.						
Modifier	Sensitivity (µA mM <sup>-1</sup> cm <sup>-2</sup> )	LDR (µM)	LOD (µM)	References		
Pt-Pb nanowire	11.25	0-11000	8	(Bai et al., 2008)		
OMC <sup>a</sup>	10.81	500-2500	20	(X. Chen et al., 2010)		
Ni/MWCNT		200-12000	160	(Shamsipur et al., 2010)		
CNT-NiCo	66.15	10-12120	5	(Arvinte et al., 2011)		
Co/ZnO/MWCNT/PC L/GCE	567.56	50-6000	16	This work		
<sup>a</sup> Ordered mesoporous carbon						

Table 4.2: The analytical recoveries of glucose solutions added to 0.1 M NaOH solution, suggesting better accuracy of the method.

#### 4.3.4 Interference study

Possible interference for the detection of glucose at Co/ZnO/MWCNT/PCL/GCE film was investigated by the addition of various compounds such as sorbitol, sucrose, fructose, glutathione, cysteine, tryptophan, glycine, alanine, ascorbic acid, dopamine, uric acid, penicillamine, methionine, lysine and hydrogen peroxide to 0.1 M NaOH solution in the presence of 1.0 mM glucose. The carbohydrates such as sorbitol, fructose and sucrose showed interference to glucose determination, which found to react through a similar route, was observed with glucose, while the other compounds did not show any interference.

#### 4.3.5 Stability and reproducibility of Co/ZnO/MWCNT/PCL/GCE electrode

The stability of the Co/ZnO/MWCNT/PCL/GCE was investigated. The sensor could retain the electrochemistry of immobilized Co(II) at constant current values upon the continuous CV sweep over the potential range from -0.15 V to 0.4 V at 50 mV s<sup>-1</sup>,

suggesting that the Co(II) can tightly adsorb on the surface of ZnO/MWCNT/PCLmodified glassy carbon electrode. When stored for over 2 weeks, the sensor retained 90% of the initial sensitivity to glucose. The relative standard deviation (RSD) of the sensor showed a 4.7% for 15 successive determinations in 1.0 mM glucose solution, indicating that it is a good precision.

### 4.3.6 Determination of glucose in human blood serum

The response of modified sensor to the glucose in human blood serum was investigated. The serum sample obtained from hospitalized patient and it was analyzed. The results were matched with the referenced value obtained from the automated standard calorimetric technique (D'Eramo, Marioli, Arévalo, & Sereno, 1999) in the hospital. Table 4.3 shows analytical recoveries of the glucose solutions added to 0.1 M NaOH solution, suggesting the good accuracy of the method.

Sample	Spiked (mM)	Biochemical analyzer in a local hospital (mM)	Found (mM)	Mean recovery (n=3)	
Blood serum		4.70	4.58		
		4.57	4.46		
Glucose	0.15		0.16	106±3.4	
	0.22		0.21	95±4.1	
	0.31		0.30	97±3.9	

Table 4.3: Assay of glucose in human blood serum samples and recovery of glucose in 0.1 M NaOH solution spiked with different concentrations.

#### 4.4 Conclusion

In this work, a gel-assisted technique for the synthesis of ZnO nanoparticles was reported. The morphological features, crystallization and purity of synthesized ZnO were characterized by using XRD, FTIR, UV-Vis and TEM techniques. Due to the large surface area and high conductivity of ZnO, a novel compatible ZnO/MWCNT/PCL composite film has been successfully developed for the immobilization of Co(II) ions. This kind of composite film provided a favorable microenvironment around Co to retain its activity. Moreover, the sensor based on the Co/ZnO/MWCNT/PCL composite film modified electrodes exhibited good electrocatalytic response to the oxidation of glucose, good reproducibility and stability. Therefore, this ZnO/MWCNT/PCL composite film could offer a new promising platform for further study of direct electrochemistry of redox proteins and the development of biosensors.

## 5.1 Introduction

Titanium dioxide (TiO<sub>2</sub>) has proven to be a promising n-type semiconductor material because of its wide band gap (3.2 eV) under UV light (Zaleska, 2008). In addition to this, it has a high physical and chemical stability and also a high refractive index. This makes the material widely used by material scientists (Abbas et al., 2011; Xie, Qian, Zhong, Guo, & Hu, 2012). Several semiconductor oxides such as ZnO, TiO<sub>2</sub>, NiO, CuO, Al<sub>2</sub>O<sub>3</sub>, Fe<sub>2</sub>O<sub>3</sub>, SnO<sub>2</sub>, ZrO<sub>2</sub>, and WO<sub>3</sub> have received considerable attention over the last few years due to their distinctive optical and electronic properties, but TiO<sub>2</sub> can also be used in several other domains such as photocatalysts, solar cells, sensors and bactericidal action (Chaturvedi, Dave, & Shah, 2012; Gómez et al., 2003; Grieshaber, MacKenzie, Voeroes, & Reimhult, 2008). Recently, there is a considerable interest in using TiO<sub>2</sub> nanoparticles as a modifier since they have a high surface area, good biocompatibility and relatively good conductivity (Chaturvedi et al., 2012; Z. Liu et al., 2012).

There are several methods for synthesizing the TiO<sub>2</sub> nanoparticles. Some researchers have recommended using the microemulsion method due to its short processing time (Ki Do Kim, Lee, & Kim, 2003). On the other hand, by using physical vapor deposition (PVD), materials are condensed after evaporation to solid form (Prakash et al., 2012). Other methods like hydrolysis (Manjari Lal, 1998) and hydrothermal (Campbell, Na, & Ko, 1992) have been frequently used. In the sol-gel method, materials undergo hydrolysis and polycondensation to form a sol; a gel forms after aging and eventually becomes solid after drying. It can be a simple method as it requires low temperature and controllable final product properties (Rao, Robin, & Komarneni, 1996; Tabata & Ikada, 1998; Vieira & Pawlicka, 2010).

Gelatin is a protein and it can be derived from collagen in tissues by heat denaturation and it has a three-chain helical structure in which individual helical chains are stranded in a super-helix about the common molecular axis (Kawanishi, Christenson, & Ninham, 1990). Gelatin contains positively and negatively charged ions and it is stable in folded hydrophobic domains, and also non-native state minimizes its hydrophobic interactions with water (C. N. Likos, 2009). Hence, it is a suitable polymerizing agent to achieve small sized TiO<sub>2</sub>-NPs in the sol-gel method.

L-Tryptophan (L-Trp) is an essential amino acid for human and herbivores bodies because it has the precursor of hormone, neurotransmitter serotonin, neurohormone melatonin and other relevant biomolecules (X. Liu, Luo, Ding, & Ye, 2011). It is also a vital component of proteins that could establish and maintain a positive nitrogen balance (K.-J. Huang, Xu, Xie, & Wang, 2009). Owing to the insufficient presence in vegetables, L-Trp has been commonly added to dietary, food products and pharmaceutical formulations. However, an overdose of L-Trp may produce a toxic metabolite in the brain which could cause hallucinations and delusions (Walter Kochen (Editor), 1994). Thus, it is necessary to develop a simple, accurate, rapid and inexpensive method for the determination of L-Trp in food processing, biological fluids, pharmaceuticals and clinical analysis (Fiorucci & Cavalheiro, 2002). The electrochemical methods were employed extensively for the elegant and sensitive properties such as selectivity, simplicity and reproducibility for the determination of L-Trp (Fang, Wei, Li, Wang, & Zhang, 2007; Frith & Limson, 2009; Gholivand, Pashabadi, Azadbakht, & Menati, 2011; Goyal, Bishnoi, Chasta, Aziz, & Oyama, 2011; Mao, Li, Long, Tu, & Deng, 2012; Özcan & Şahin, 2012; Safavi, Maleki, Moradlou, & Tajabadi, 2006; X. Tang, Liu, Hou, & You, 2010).

As per my knowledge, no work has been done on the synthesis of  $TiO_2$ -NPs via gelatin. The present investigation is focused on the series of practical procedures for the sol-gel method to introduce the synthesis of anatase  $TiO_2$ -NPs with and without gelatin as a stabilizing agent. Furthermore, the surface morphology and size of the anatase  $TiO_2$ -NPs were identified and analyzed by using different methods. It was found that, gelatin acts as a polymerizing agent that helps in controlling nanoparticles' size and dispersion due to expansion during calcinations. Also, we have discussed in detail the preparation of  $TiO_2$ -NPs and carbon nanotubes composite thin film and modified electrode to investigate the electrochemical behaviour of *L*-Trp using the voltammetric method. The modified electrode provides a suitable and effective method for the determination of *L*-Trp in pharmaceutical and clinical preparations.

### 5.2 Experimental procedure

## 5.2.1 Synthesis of anatase TiO<sub>2</sub> nanoparticles

The precursor solution of TiO<sub>2</sub>-NPs without gelatin was prepared by dissolving titanium (IV) isopropoxide in glacial acetic acid and deionised water with the molar ratio of 1:10:200. Glacial acetic acid acts as a catalyst that can prevent the titanium (IV) isopropoxide from the nucleophilic's attacks of water (Sanchez, Livage, Henry, & Babonneau, 1988). The solution was stirred for several hours and dried at about 80 °C overnight. The dried gel was ground to fine particles and calcined in a muffle furnace at 500 °C for  $\circ$  hours. For the synthesis of TiO<sub>2</sub>-NPs with gelatin, the precursor solution was made by dissolving 3.0 g of gelatin in 100 ml of deionized water and stirred for 30 min at 60 °C to achieve a clear gelatin solution. Then, the gelatin solution was added into the precursor solution. The resulted solution was continued to be heated and stirred at about 80 °C for 5 hours. The solution was then dried in an oven at 80 °C overnight. The dried gel was ground and calcined in a muffle furnace at 500 °C for 5 hours.

### 5.2.2 Fabrication of TiO<sub>2</sub>-MWCNT/GCE

Appropriate amount of  $TiO_2$  nanoparticles and MWCNTs were dispersed in dimethyl formamide (DMF) solution. The mass ratio of  $TiO_2$ : MWCNT was 1:5. The mixture was ultrasonicated for 20 min. Finally, a highly dispersed black colloidal solution was formed. Prior to use, the GC electrode (diameter 2 mm) was first polished with alumina (0.05 µm) slurry and it was ultrasonically cleaned with ethanol followed by double distilled water. Then, it was dried at room temperature.

# 5.3 Results and discussion

## 5.3.1 Thermogravimetric analysis

Figure 5.1 (a and b) shows the TGA curves of TiO<sub>2</sub>-NPs with and without gelatin, respectively. TiO<sub>2</sub> samples of about 12.32 mg were dynamically heated from 50 to 900  $^{\circ}$ C at 10  $^{\circ}$ C/min. According to the curve (b) in Figure 5.1, the TiO<sub>2</sub>-NPs without gelatin experienced two pronounced mass loss steps in the temperature ranges 30  $^{\circ}$ C-110  $^{\circ}$ C and 110  $^{\circ}$ C-350  $^{\circ}$ C, respectively. The first weight loss happened at about 105  $^{\circ}$ C due to the evaporation of surface adsorbed water. The second mass losses occurred at 110-350  $^{\circ}$ C due to the volatilization and combustion of organic species such as CH<sub>3</sub>COOH. There were no associated signals with these latter thermal events in TGA curve confirming that the crystallization and phase transition events. The TiO<sub>2</sub>-NPs which were synthesized by gelatin experienced three main step downs through the TGA test (curve a). The first weight loss between 30 and 110  $^{\circ}$ C was an initial loss of water. The second step of the weight loss (110 to 350  $^{\circ}$ C) was related to both, that is the decomposition of chemically bonded organic groups and the formation of pyrochlore phases. No

weight loss was observed between 460 and 900  $^{\circ}$ C, which indicates that the formation of nanocrystalline TiO<sub>2</sub> particles as the decomposition product.



Figure 5.1: TGA curves of TiO<sub>2</sub>-NPs synthesized with (curve a) and without (curve b) gelatin from 50  $^{\circ}$ C to 900  $^{\circ}$ C

## 5.3.2 X-ray diffraction of TiO<sub>2</sub> nanoparticles and poly dispersity index

Figure 5.2 (a and b) shows the XRD patterns of the TiO<sub>2</sub>-NPs prepared with and without gelatin. The XRD peaks in wide angle range of  $2\theta$  ( $10^{\circ} < 2\theta < 90^{\circ}$ ) ascertained that the peaks were in 25.36°, 37.05°, 37.90°, 38.66°, 48.15°, 54.05°, 55.20°, 62.86°, 68.97°, 70.47°, 75.30° and 82.92° could be attributed to the (101), (103),( 004), (112), (200), (105),( 211), (204),(116), (220), (215) and (224) (*hkl* values) crystalline structures of the anatase structure of TiO<sub>2</sub>-NPs, respectively (*Anatase* XRD ICDD Ref. No 01-073-1764).

By using Scherrer's formula, the crystallite size can be determined. The (101) plane was chosen to calculate the crystallite size (either plane can be used for this purpose). The average crystallite size for the synthesized TiO<sub>2</sub>-NPs with and without gelatin was approximately about 12 nm to 19 nm, respectively.

The poly dispersity index (PDI) is a parameter used to determine the size distribution of the particles in a sample. It is also defined as the ratio between the average weight of the molecular weight and the number average of the molecular weight. In addition, the PDI value for monodispersed particles ranges from 0.01 to 0.7 whereas the large size distribution is above 0.7. PDI for TiO<sub>2</sub>-NPs with and without gelatin as a stabilizing agent is 0.225 and 0.233, respectively. It is clear that these particles are monodispersed.



Figure 5.2: XRD patterns of  $TiO_2$ -NPs synthesized with (curve a) and without (curve b) gelatin

## 5.3.3 Transmission of electron microscopy

The TEM images of TiO<sub>2</sub>-NPs prepared with and without gelatin are shown in Figure 5.3 (a and b) and it shows morphology and size distribution of the materials. The size histograms of the TiO<sub>2</sub>-NPs are shown beside the relative TEM images. The histograms show that the main particle size of the TiO<sub>2</sub>-NPs prepared with and without gelatin were about  $12.61\pm3.15$  and  $21.45\pm4.21$  nm, respectively. The images illustrate that the samples are close to spherical morphology.



Figure 5.3: TEM images and the particle size of  $TiO_2$ -NPs synthesized with (curve a) and without (curve b) gelatin

### 5.3.4 FTIR spectroscopy

Figure 5.4 (a and b) shows the FTIR spectra of TiO<sub>2</sub>-NPs synthesized via the sol–gel method with and without gelatin in the range of 400-4000 cm<sup>-1</sup> respectively. The Figure 5.4a depicts that, the synthesized TiO<sub>2</sub>-NPs by gelatin shows the peaks at 468 cm<sup>-1</sup> and 712 cm<sup>-1</sup> are for O-Ti-O bonding (J. C. Yu, Zhang, Zheng, & Zhao, 2003). The band centred at 1623 cm<sup>-1</sup> is a characteristic peak of  $\delta$ -H<sub>2</sub>O bending (Karakitsou & Verykios, 1993). Figure 5.4b shows the synthesized TiO<sub>2</sub>-NPs without gelatin, the peaks at 455 cm<sup>-1</sup> and 650 cm<sup>-1</sup> are for O-Ti-O bonding. The band centred at 1618 cm<sup>-1</sup> is a characteristic peak of  $\delta$ -H<sub>2</sub>O bending.



Figure 5.4: FTIR spectra of TiO<sub>2</sub>-NPs synthesized with (curve a) and without (curve b) gelatin

#### 5.3.5 UV-Vis absorption spectroscopy

UV-Vis absorption spectra of TiO<sub>2</sub>-NPs synthesized with and without gelatin between 200 nm and 700 nm are shown in Figure 5.5 (a and b). Synthesized TiO<sub>2</sub>-NPs without gelatin have peak at 380 nm and synthesized TiO<sub>2</sub>-NPs with gelatin have peak at 376 nm. It is clear that as the size of particles decreases peaks become sharp. The blue shift is ascribed to decrease in crystallite size.

The band gap energy (E) was calculated as per the literature report using the following equation (Hoffmann et al., 1995):

Band gap energy (E) = 
$$\frac{hc}{\lambda}$$
 (5-1)

Where *h* is the Plank's constant,  $6.625 \times 10^{-34}$  Js, *c* is the speed of light,  $3.0 \times 10^8$  m/s;  $\lambda$  is the wavelength (m). According to this equation, the band gap of synthesized TiO<sub>2</sub>

NPs without gelatin is 3.2 eV and the band gap of synthesized  $TiO_2$ -NPs using gelatin is 3.3 eV. These results confirmed that when the size is smaller, the band gap will be bigger.



Figure 5.5: UV-Vis spectra of  $TiO_2$ -NPs synthesized with (curve a) and without (curve b) gelatin

## 5.4 Electrocatalytic properties of TiO<sub>2</sub>-MWCNT/GCE electrode

In order to investigate the electrocatalytic activity of  $TiO_2$  at GCE modified with  $TiO_2$ -MWCNT composite film, its response to the oxidation of L-Trp was studied. Figure 5.6 shows the electrooxidation of 0.1 mM L-Trp in 0.1 M phosphate buffer solution (PBS, pH 7.00) at bare GCE (curve a) MWCNT/GCE (curve b) and  $TiO_2$ -MWCNT/GCE (curve c) electrodes by cyclic voltammetry. As shown in the cyclic voltammograms, the oxidation peak current increased obviously at the surface  $TiO_2$ -MWCNT/GCE, indicating that the presence of  $TiO_2$ -NPs at the surface electrode. This is due to its high surface area and relatively good conductivity that facile the electro-oxidation of *L*-Trp

and decreases its anodic potential towards less positive potential. Therefore, the electrooxidation of *L*-Trp leads to an increase in the anodic current.



Figure 5.6: Cyclic voltammograms of (a) GCE, (b) MWCNT/GCE (c)  $TiO_2$ -MWCNT/GCE in 0.1 M PBS solution (pH 7.00) and 0.1 M KCl as supporting electrolyte at scan rate of 50 mV s<sup>-1</sup>.



Figure 5.7: Current–time curve of TiO<sub>2</sub>-MWCNT/GCE with successive addition of Trp to a stirred 0.1 M PBS (pH 7.00). The inset is the calibration curve.

# 5.5 Determination of *L*-Trp

The *L*-Trp electro-oxidation was explored for amperometric responses of different concentrations of L-Trp at TiO<sub>2</sub>-MWCNT/GCE with an applied potential of 700 mV in 0.1 M PBS (pH 7.00) (Figure 5.7). We used the current value to plot with the concentration of *L*-Trp (Inset). There was a linear relation of current with concentration of L-Trp between  $1.0 \times 10^{-6}$  to  $1.5 \times 10^{-4}$  M. The detection limit was  $5.2 \times 10^{-7}$  M of *L*-Trp with the signal to noise ratio was around 3.

The operational stability of  $TiO_2$ -MWCNT/GCE was tested once in a week by cyclic the voltammetric method. The response to 0.1 mM *L*-Trp decreased less than 14% after 2 weeks, so it has good stability. The fabrication reproducibility of five electrodes independently was made and it was showed a RSD. of 7.1% for detecting 0.1 mM *L*-Trp.

## 5.6 Conclusion

Anatase TiO<sub>2</sub>-NPs were successfully synthesized by simple sol–gel method with and without gelatin. XRD and FTIR results clearly show that synthesized TiO<sub>2</sub>-NPs exhibited anatase structure. The TEM and XRD results indicated that using gelatin as a stabilizer decreased the particle size of the TiO<sub>2</sub>-NPs. The particle size of the TiO<sub>2</sub>-NPs prepared without gelatin were about 21 nm, while that of TiO<sub>2</sub>-NPs synthesized with gelatin were about 13 nm. This result confirms that the gelatin is a good stabilizer and polymerizing agent for the synthesis of TiO<sub>2</sub>-NPs by the sol–gel method. It was also demonstrated that TiO<sub>2</sub>/MWCNT could yield a new platform to facilitate electron transfer. Stable TiO<sub>2</sub>/MWCNT/GCE can be used to determine *L*-Trp. This demonstration indicates that, this is a new way of synthesizing the gelatin based TiO<sub>2</sub>/MWCNT composite sensors, catalytic bioreactors and biomedical devices, etc.

# 6.1 Introduction

Direct electrochemical oxidation of sugars is of great importance for several points of view ranging from biomedical (blood sugar analysis) and fuel cell applications to ecological approaches (wastewater treatment) (Meng et al., 2009; Newman & Turner, 2005; Shoji & Freund, 2001; L. Wu, Zhang, & Ju, 2007; You et al., 2003). The detection of glucose level in the blood is a challenging task from diagnostic and therapy of diabetics. The electrochemical biosensors have been applied successfully for the determination of glucose (Fu, Yang, Chen, & Evans, 2009; Gopalan, Lee, Ragupathy, Lee, & Lee, 2009; Sheng, Luo, Li, & Zheng, 2009; Tasviri et al., 2011; X. Wu et al., 2009; Yang, Xiong, Zhang, Wang, & Zhang, 2011; Hongfang Zhang, Meng, Wang, & Zheng, 2011). Some of the electrodes like platinum (de Mele, Videla, & Arvía, 1983), copper (Hampson, Lee, & Macdonald, 1972; M. Z. Luo & Baldwin, 1995; Torto, Ruzgas, & Gorton, 1999), nickel (Fleischmann, Korinek, & Pletcher, 1971, 1972) and gold (Matsumoto, Harada, Koura, & Uesugi, 2003; Parpot, Nunes, & Bettencourt, 2006), and also on modified surfaces such as ruthenium dioxide (Joseph Wang & Taha, 1990), nickel oxide (Berchmans, Gomathi, & Rao, 1995; Vidotti et al., 2009), cobalt oxide (Buratti, Brunetti, & Mannino, 2008), alloy (Yeo & Johnson, 2001) and metallic complexes such as cobalt phthalocyanine (Santos & Baldwin, 1987) have been explored to investigate the direct electrochemical oxidation of sugars in alkaline medium. Among the various possible electro-catalysts, nickel hydroxide has attracted much attention specifically as a fuel cell catalyst, secondary batteries and electro-catalyst for organic synthesis (Burda, Chen, Narayanan, & El-Sayed, 2005; Daniel & Astruc, 2003). Its unique electro-catalytic effect arises from the unpaired 'd' electrons and vacant 'd' orbitals associated with the oxidized form of nickel oxyhydroxide that are readily available to bind any adsorbed species (Lo & Hwang, 1995). It is also well known that nickel and nickel hydroxide exhibits an excellent electro-catalytic behavior for alkaline medium (Hutton et al., 2010).

An inert porous material with a large specific surface area and high permeability could be a promising candidate for efficient catalyst carriers. Porous polymer materials having polar groups can satisfy these requirements. Different porous polymeric materials have found wide application as immobilization matrix (Lim, Wei, Lin, Li, & KuaYou, 2005; Nau & Nieman, 1979; Reddy & Vadgama, 1997; Rubtsova, Kovba, & Egorov, 1998; Ying, Kang, & Neoh, 2002). In this manner, a necessary condition is that the size of micropore should be a little larger than the size of an immobilized particle. Polyacrylonitrile (PAN) has been successfully applied as membrane materials in the fields of dialysis (C.-C. Lin & Yang, 2003), ultrafiltration (Nie, Xu, Yang, Wu, & Wan, 2004), enzyme-immobilization (Shan, He, Wang, Xue, & Zheng, 2006) and evaporation (Bhat & Pangarkar, 2000).

Carbon nanotubes can be functionalized covalently or non-covalently with various polymers. Non-covalent interactions such as  $\pi$ - $\pi$  interaction,  $\pi$ -cation interaction and ionic interaction between MWCNTs and polymers enables the absorption of polymers onto the MWCNT surfaces (K. H. Kim & Jo, 2007; Lee, Huh, Kim, Park, & Jo, 2007; Park et al., 2008; M. Wang, Pramoda, & Goh, 2006).

The purpose of this study was to fabricate Ni/PAN-MWCNT conductive composite film. This study also aimed to conduct detailed investigations of electrocatalytic oxidation of carbohydrates on Ni/PAN-MWCNT composite film in alkaline solution. It is well known that, MWCNTs have high-surface-area and when combined with metal oxide, they can improve the performance of the final material, sensitivity and stability of the electrochemical sensors. The electrocatalytic oxidation of carbohydrates on this type of electrode is attractive because of the interest and needs in sensitive and stable sugar sensors for medical and food industry, as well as sugar-oxygen fuel cell application.

## 6.2 Experimental procedure

### 6.2.1 Preparation of modified electrodes

Chemical Modified electrode of Ni/PAN-MWCNT/GCE, fabricated according to the structure which mentioned in 3.5.3.

## 6.3 Results and discussion

## 6.3.1 Properties of modified electrode

Figure 6.1 shows the cyclic voltammetric responses obtained at the Ni/GCE, Ni/MWCNT/GCE, Ni/PAN/GCE and Ni/PAN-MWCNT/GCE in 0.1 M NaOH solution. The anodic and cathodic peaks corresponding to Ni(III)/Ni(II) couple are observed in both the cases. Although the cathodic and anodic peak potentials are nearly the same for modified electrodes, the cathodic and anodic peak current for Ni/PAN-MWCNT/GCE increased significantly, compared to those of the Ni/GCE, Ni/MWCNT/GCE and Ni/PAN/GCE. The increase in peak current results from a large surface area of the Ni/PAN-MWCNT/GCE.

The redox potential of Ni/PAN-MWCNT/GCE is dependent on the scan rate. Figure 6.2(A) shows the cyclic voltammograms of Ni/PAN-MWCNT/GCE in 0.1 M NaOH at various scan rates. It was observed that the values of  $E_{pa}$  and  $E_{pc}$  shift slightly to the positive and negative directions, respectively, and  $\Delta E_p$  increases with an increase in the scan rates. The anodic and cathodic peak currents are linearly proportional to the scan rates (Figure 6.2(B)), suggesting that the reaction is not a diffusion-controlled process but a surface-controlled one, as expected for immobilized systems (Shamsipur et al., 2010).

A plot of  $E_p$  versus log v yields straight line with slopes of  $-2.3RT/\alpha nF$  and  $2.3RT/(1-\alpha)nF$  for the cathodic and anodic peak, respectively, so that  $\alpha$  can be estimated as 0.62 from the slope of straight lines. The surface concentration of electroactive Ni on Ni/PAN-MWCNT/GCE,  $\Gamma$  (in mol/cm<sup>2</sup>), can be estimated using the equation (Laviron, 1979):

$$\Gamma = Q/nFA \tag{6-1}$$

Where Q is the charge consumed in coulombs obtained from integrating the anodic (or cathodic) peak area in cyclic voltammograms under the background correction. The average  $\Gamma$  value of  $(3.24 \pm 0.67) \times 10^{-10}$  mol/cm<sup>2</sup> was obtained.



Figure 6.1: Cyclic voltammograms of the Ni/GCE (a), Ni/MWCNT/GCE (b), Ni/PAN/GCE (c) and Ni/PAN-MWCNT/GCE (d) in 0.1 M NaOH solution at a scan rate of 50 mV s<sup>-1</sup>.

Electrode	I <sub>pc</sub> (µA)	I <sub>pa</sub> (µA)	$\Delta E_{p}(\mathbf{V})$	E <sub>1/2</sub> (V)	E <sub>pc</sub> (V)	E <sub>pa</sub> (V)
Ni/GCE	-4	5	0.100	0.450	0.400	0.500
Ni/CNT/GCE	13	27	0.100	0.400	0.350	0.450
Ni/PAN/GCE	13	35	0.100	0.400	0.350	0.450
Ni/PAN- MWCNT/GCE	44	61	0.070	0.385	0.350	0.420

Table 6.1: The Anodic and cathodic potential, the half-wave potential and the peak-topeak separation potential for redox couple of cyclic voltammogram of Figure 6.1.

Anodic and cathodic potential, the half-wave potential and also the peak-to-peak separation potential for redox couple in each of the modified electrode was measured according to the reference electrode potential in cyclic voltammogram of Figure 6.1 and presented in table 6.1. It is clear that Ni/PAN-MWCNT/GCE reduced the overpotential.



Figure 6.2: (A) Cyclic voltammograms of Ni/PAN-MWCNT/GCE in 0.1 M NaOH solution at different scan rates. The scan rates are: a) 10, b) 25, c) 50, d) 100, e) 200, f) 400, g) 600, h) 800 and i) 1000 mV s<sup>-1</sup>, respectively. (B) The plot of cathodic and anodic peak currents vs. scan rates.

### 6.3.2 Electrochemical impedance spectroscopy (EIS)

Electrochemical impedance spectroscopy was employed to further investigate the impedance changes of the electrode surface in the modified process. Figure 6.3 shows the EIS results of bare GCE, PAN/GCE and PAN-MWCNT/GCE in the presence of 1.0 mM [Fe(CN)<sub>6</sub>]<sup>3-/4-</sup>. To clearly understand the electrical properties of as-prepared electrodes/solution interfaces, the semicircle diameter equals the charge transfer resistance ( $R_{ct}$ ). This resistance exhibits the electron transfer kinetics of the redox-probe at the electrode interface. As shown in Figure 6.3, there is the charge transfer resistance about  $1.15 \times 10^4 \Omega$  for [Fe(CN)<sub>6</sub>]<sup>3-/4-</sup> at the bare GCE (curve a). After modifying GCE with PAN film, the  $R_{ct}$  decreased to about  $5.31 \times 10^3 \Omega$  (curve b), indicating that the PAN film is a porous material with a large surface area. When MWCNT was immobilized onto PAN, it can be seen that  $R_{ct}$  further decreases to about  $7.39 \times 10^2 \Omega$  (curve c), implying that the MWCNT can play a very important role similar to an electron conducting tunnel, which makes it easier for the electron transfer to take place. These data showed that the MWCNT and PAN film have been successfully attached to the electrode surface and formed a tunable kinetic barrier.



Figure 6.3: Impedance plots of bare GCE (a), PAN/GCE (b) and PAN-MWCNT/GCE (c) in the presence of 1.0 mM  $[Fe(CN)_6]^{3-/4-}$  containing 0.1 M KCl as supporting electrolyte.

#### 6.3.3 The surface morphologic studies

The SEM micrographs of PAN/GCE, PAN-MWCNT/GCE and Ni/PAN-MWCNT/GCE are shown in Figure 6.4. The PAN film shows the porous structure with pore diameter of about 200 nm (Figure 6.4a). In general, the size of Ni(II) is in the range of 0.06-0.09 nm. So, Ni (II) ion can be absorbed into the PAN micro pores, which was testified by the experimental result. From Figure 6.4b, it can be seen that the hybrid films are compact, homogeneous and densely packed on the electrode surface and MWCNTs are dispersed on the surface of PAN-MWCNT/GCE. After adsorption of Ni (II) by the immersion method, the micro pores of the PAN film diminished markedly and the film surface was covered partly by Ni (Figure 6.4c). Figure 6.5 gives the EDAX distribution of elements for the deposited Ni. The existence of Ni in the prepared film was confirmed by the EDAX results.



Figure 6.4: SEM images of PAN/GCE (a), PAN-MWCNT/GCE (b) and Ni/PAN-MWCNT/GCE(c) electrodes.



Figure 6.5: EDAX of Ni/PAN-MWCNT/GCE electrode.

## 6.3.4 Electrocatalytic behavior of Ni/PAN-MWCNT/GCE nanocomposite

Previous research showed that NiO modified electrodes could display an electrochemical response to glucose (Shamsipur et al., 2010). Here, the electro-catalytic activity of Ni immobilized on Ni/PAN-MWCNT/GCE to carbohydrates was also observed. As can be seen in Figure 6.6, cyclic voltammograms obtained from bare GCE in 0.1 M NaOH in the absence (curve a) and presence of 1.0 mM carbohydrates (curve b), the oxidation of glucose, sucrose, fructose and sorbitol requires very high positive potentials leading to poorly defined anodic wave due to very slow electrode kinetics. In contrast, oxidation of these carbohydrates at the Ni/PAN-MWCNT/GCE in 0.1 M NaOH occurred at much less positive potential with an increase in the oxidation peak current and a decrease of the reduction peak (curve d).

The electrooxidation of carbohydrates due to the existence of Ni (II) ions occurs according to the following reactions:

$$2Ni (II) \rightarrow 2Ni (III) + 2e^{-1}$$
(6-2)

 $2Ni (III) + carbohydrate \rightarrow 2Ni (II) + radical carbohydrate$  (6-3)

Ni (III) acts as a strong oxidant reacting with the carbohydrate molecules by subtracting a hydrogen atom to yield a radical. Further the reaction of radical with additional surface sites results in product formation. As reported in the literature, gluconolactone and gluconic acid (Tominaga et al., 2005; C. Zhao et al., 2007) were detected as the main products of glucose oxidation. In addition, formate and oxalate (Mho & Johnson, 2001) were reported as oxidation products. Sorbitol was transformed into gluconic acid via the formation of glucose. Glucuronic acid and some degradation side products were also detected (Proença et al., 1997). Sucrose was transformed into  $\alpha$ -glucose that changed into  $\beta$ -glucose and converted into gluconic acid (Gülce, Çelebi, Özyörük, & Yildiz, 1995).


Figure 6.6: Cyclic voltammograms obtained for bare GCE in (a) absence and (b) presence of 1.0 mM of glucose (A), sucrose (B), fructose (C) and sorbitol (D). (c) as (b) and (d) as (b) at Ni/PAN-MWCNT/GCE in 0.1 M NaOH at scan rate 50 mV s<sup>-1</sup>.



Figure 6.7: (A) Cyclic voltammograms of Ni/PAN-MWCNT/GCE in the presence of a) 0.00, b) 0.01, c) 0.05, d) 0.20, e) 0.40, f) 0.70, g) 1.00, h) 1.30 and i) 1.50 mM of glucose in 0.1 M NaOH solution at scan rate of 50 mV s<sup>-1</sup>. (B) Plot of anodic peak current vs. glucose concentration.

## 6.3.5 Voltammetry response and calibration curve

The cyclic voltammetric response of carbohydrate electrochemical sensor is investigated by continuous addition of various concentrations of carbohydrate into 0.1 M NaOH solution. Figure 6.7 illustrates the cyclic voltammograms and the calibration plot of the response current to different concentrations of glucose. A similar behaviour was observed for electrooxidation of sucrose, fructose and sorbitol at Ni/PAN-MWCNT/GCE. The linear dynamic range (LDR), limit of detection (LOD) and sensitivity of mentioned carbohydrates was obtained from calibration plots shown in Table 6.2.

Modifier	Sensitivity µAmM <sup>-1</sup> cm <sup>-2</sup>	LDR (µM)	LOD (µM)	References	
Pt–Pb nanowire	11.25	0–11000	8 (glucose)	(Bai et al., 2008)	
OMC	10.81	500–2500	20 (glucose)	(Ndamanisha & Guo, 2009)	
Ni(II) oxide/MWCNT		200– 12000	160 (glucose)	(Shan et al., 2006)	
CNT–NiCo-oxide	66.15	10–12120	5 (glucose)	(Arvinte et al., 2011)	
CNT–NiCo-oxide	35.72	20–675	9.5 (fructose)	(Arvinte et al., 2011)	
Glucose Oxidase		4000– 15000	(sucrose)	(Bisenberger, Bräuchle, & Hampp, 1995)	
SDH-NADC <sup>a</sup>		20-800	40 (sorbitol)	(Saidman, Lobo-Castañón, Miranda- Ordieres, & Tuñón-Blanco, 2000)	
Ni/PAN- MWCNT	493.73	10–1500	6 (glucose)	this work	
Ni/PAN- MWCNT	384.53	12-3200	7 (sucrose)	this work	
Ni/PAN- MWCNT	489.29	7–3500	5 (fructose)	this work	
Ni/PAN- MWCNT	358.51	16–4200	11 (sorbitol)	this work	

Table 6.2: Analytical parameters for voltammetric determination of carbohydrates at different modified electrodes.

<sup>a</sup>Sorbitol dehydrogenase and nicotinamide adenine dinucleotide

#### 6.3.6 Interference study

Possible interference in the detection of carbohydrates at the Ni/PAN-MWCNT/GCE was investigated by the addition various compounds such as glutathione, cysteine, tryptophan, glycine, alanine, ascorbic acid, dopamine, uric acid, penicillamine,

methionine, lysine, N-acetyl-L-cysteine and cysteamine into 0.1 M NaOH solution in the presence of 1.0 mM carbohydrates. The results showed that the mentioned compounds did not show interference.

#### 6.3.7 Reproducibility and stability of Ni/PAN-MWCNT/GCE electrode

The reproducibility and storage stability of modified electrode were also examined. The relative standard deviation (RSD) of the sensor response to 1.0 mM carbohydrates was 2.8 - 5.8 % for 5 successive measurements. The RSD for detection of 1.0 mM carbohydrates with four sensors prepared under the same conditions was 3.5 - 6.2 %. When the sensor was stored dry and measured at intervals of 1 week, it retained about 86% of its original sensitivity after 5 weeks.

#### 6.3.8 Determination of glucose and analytical recoveries of carbohydrates

The response of modified sensor to the glucose in human blood serum was investigated. The serum sample obtained from hospitalized patient was analyzed. The results were matched with referenced value obtained from automated standard colorimetric technique in the hospital. Table 6.3 shows analytical recoveries of the glucose, sucrose, fructose and sorbitol solutions added to 0.1 M NaOH solution, and suggesting better accuracy of the method.

Sample	Spiked (mM)	Biochemical analyzer in a local hospital (mM)	Found (mM)	Mean recovery (n=3)
Blood serum		4.70	4.58	
Glucose	0.15		0.14	93±2
Fructose	0.15		0.16	107±3
Sorbitol	0.22		0.21	95±4
Sucrose	0.31		0.30	96±4

Table 6.3: Assay of glucose in human blood serum samples and recovery of carbohydrates in 0.1 M NaOH solution spiked with different concentrations.

## 6.4 Conclusion

An electrochemical sensor for carbohydrates detection was fabricated by immobilization of Ni(II) onto the PAN-MWCNT composite via an immersion method. The sensor shows a wide linear range of 10-1500  $\mu$ M for glucose, 12-3200  $\mu$ M for sucrose, 7-3500  $\mu$ M for fructose and 16-4200  $\mu$ M for sorbitol. In addition, its experimental limit of detection can be achieved as low as 6  $\mu$ M for glucose, 7  $\mu$ M for sucrose, 5  $\mu$ M for fructose and 11  $\mu$ M for sorbitol. It also possesses good reproducibility and stability. All these advantages can make the designed sensor applicable in medical, food or other areas. Moreover, the investigation also exhibits that the PAN-MWCNT may be applied as a novel immobilization material for a variety of sensor designs.

# **CHAPTER 7:** Fabrication of Chitosan-Multi Walled Carbon Nanotube Nanocomposite Containing Ferri/Ferrocyanide-Applications for Simultaneous Detection of *D*-Penicillamine and *L*-Tryptophan

## 7.1 Introduction

Carbon nanotubes (CNTs) represent an important group of nanomaterials with attractive geometrical, electronic and chemical properties (P. Kim & Lieber, 1999; Spinks et al., 2002). Since the discovery of CNTs in 1991(Goyal, Bishnoi, & Agrawal, 2011), considerable efforts have been made to study the application of this new material (Gong et al., 2004; Yuehe Lin, Lu, Tu, & Ren, 2003; G. Liu & Lin, 2006; Musameh, Wang, Merkoci, & Lin, 2002; Z. Wang et al., 2002; G. C. Zhao, Yin, Zhang, & Wei, 2005) but its insolubility in most solvents restrained its application in electroanalysis (Carreño-Gómez & Duncan, 1997). Recently, chitosan (CS) has been reported to disperse functionalized CNTs in aqueous solution with higher efficiency than the organic solvents (Tkac, Whittaker, & Ruzgas, 2007; M. Zhang et al., 2004).

Chitosan, a natural biopolymer with abundant hydroxyl and amino groups with  $pK_a$  6.5 is soluble in slightly acidic solutions due to the protonation but insoluble in solution above pH 6 due to the deprotonation. Furthermore, the material possesses many special properties such as good adhesion and film forming capability and bio-compatibility. It has been widely used as an immobilization matrix for biosensors and biocatalysis (Qian & Yang, 2006; Maogen Zhang, Mullens, & Gorski, 2006). Negatively charged CNTs and chitosan forms stable and strong interactions due to the polycationic nature of the polymer itself (Yuyang Liu, Tang, Chen, & Xin, 2005; Wooten & Gorski, 2010; M. Zhang et al., 2004). Therefore, the CNT–CS composite exhibits robust film-forming ability. In 2009, Pauliukaite et al. studied the immobilization of carbon nanotubes into chitosan film using different cross-linking agents on a graphite–epoxy composite electrode (Pauliukaite, Ghica, Fatibello-Filho, & Brett, 2009). Penicillamine (2-amino-3-methyl-3-sulfanyl-butanoic acid), PA is a thiol amino acid that exists in *D* and *L* enantiomeric forms with different biological and toxicological properties (Q. Wang, Dong, & Li, 2001). This compound is a strong chelating agent and can react with most heavy metal ions. This property is employed for the drug treatment of the Wilson disease, heavy metal intoxication, rheumatoid arthritis and cystinuria (Mazloum-Ardakani, Beitollahi, Taleat, Naeimi, & Taghavinia, 2010). *L*-Tryptophan (2-amino-3-(1H-indol-3-yl)-propionic acid), *L*-Trp is the essential amino acid for humans and a precursor for serotonin, melatonin and niacin. This compound is sometimes added to dietary, food products, pharmaceutical formulas due to its scarcity in vegetables (Walter Kochen, 1994).

Various analytical methods have been reported for the determination of D-PA and L-Trp in both pharmaceutical preparations and biological samples. These methods include high performance liquid chromatography (HPLC) (D'Eramo et al., 1999; D'Eramo, Marioli, Arévalo, & Sereno, 2003; Saetre & Rabenstein, 1978), fluorimetry (Cavrini, Gatti, Roveri, & Cesaroni, 1988; Segarra Guerrero, Sagrado Vives, & Martinez Calatayud, 1991), colorimetry (Besada, 1987), spectrophotometry (Al-Majed, 1999; Suliman, Al-Lawati, Al-Kindy, Nour, & Salama, 2003), chemiluminescence (Viñas, Garcia, & Gil, 1993), electrochemical methods (Mazloum-Ardakani et al., 2010) and capillary electrophoresis (Wroński, 1996). In general, one of the main problems of these methodologies is the need for previous derivatization of the amino acids but methods based on electroanalysis are the most notable because of their sensitivity, accuracy and simplicity. With respect to relatively large oxidation overpotential of D-PA and L-Trp (Shahrokhian & Bozorgzadeh, 2006; Torriero et al., 2007), the corresponding voltammetric signals on the surface of bare electrodes are usually weak. In order to decrease the undesirable anodic overpotential in the electrochemical oxidation of these compounds and so, propose a specific, direct and selective electrochemical detection, various chemically modified electrodes have been developed in both pharmaceutical formulations and biological samples (Heli, Majdi, & Sattarahmady, 2010; Ojani, Raoof, & Norouzi, 2009, 2011; Pournaghi-Azar & Ojani, 1999, 2000; J.-B. Raoof, Ojani, & Baghayeri, 2009; Shahrokhian & Fotouhi, 2007; Toito Suarez, Marcolino Jr, & Fatibello-Filho, 2006).

In this research, a chitosan- multi walled carbon nanotube modifier was obtained by using purified MWCNT with chitosan solution (0.5 wt. %), achieving a CS-MWCNT modified glassy carbon electrode (CS-MWCNT/GCE). The chitosan films are permeable to anionic  $[Fe(CN)_6]^{3-/4-}$  redox couple, achieving a FC/CS-MWCNT/GC. The FC/CS-MWCNT/GC electrode was used for the simultaneous detection of *D*-PA and *L*-Trp, excellent properties of this FC/CS-MWCNT/GCE electrode towards the electrochemical oxidation of *D*-PA and *L*-Trp were observed.

### 7.2 Experimental procedure

#### 7.2.1 Preparation of FC/CS-MWCNT/GC electrode

Chemical Modified electrode of CS-MWCNT/GCE, fabricated according to the structure which mentioned in 3.5.4. CS-MWCNT/GCE electrode was placed in an aqueous solution containing 1 mM  $[Fe(CN)_6]^{3-/4-}$  and 0.1 M KCl. The electrochemical behavior of the  $[Fe(CN)_6]^{3-/4-}$  redox couple was probed by cycling the potential of the CS-MWCNT/GCE electrode between 0.00 V and 0.45 V at a scan rate of 0.05 V/s for 40 complete cycles. CS-MWCNT/GCE electrode was removed from the  $[Fe(CN)_6]^{3-/4-}$  solution, rinsed and were cycled in the same potential window in supporting electrolyte (0.1 M KCl) to probe for residual  $[Fe(CN)_6]^{3-/4-}$  at the FC/CS-MWCNT/GCE electrode. Then for comparison, FC/GCE, FC/CS/GCE and FC/MWCNT/GCE electrodes were prepared with the same procedure as described above.

## 7.3 Results and discussion

## 7.3.1 $[Fe(CN)_6]^{3-/4-}$ redox probe

The electrochemical activity of  $[Fe(CN)_6]^{3-/4-}$  redox couple at the CS-MWCNT nanocomposite coated gassy carbon electrode was probed using cyclic voltammetry between 0.00 V and 0.45 V (some scans shown in Figure 7.1(A)). As shown in Figure 7.1(A), both cathodic and anodic peak currents gradually increased with subsequent potential scans reaching limiting values after 40 cycles. After 40 potential cycles, the CS-MWCNT coated electrode was removed from the  $[Fe(CN)_6]^{3-/4-}$  solution, rinsed briefly with water and placed in 0.1 M KCl. Scanning the same potential window as before and the residual redox activity from  $[Fe(CN)_6]^{3-1/4-1}$  ions trapped within the CS-MWCNT film on the glassy carbon electrode was observed (Figure 7.1(B)). The cathodic and anodic peak current in the first cycle are a factor of three less than the limiting values obtained with  $[Fe(CN)_6]^{3^{-/4^{-}}}$  present in the solution. With increasing number of scans, cathodic and anodic peak currents gradually decay and largely level off after 20 cycles, consistent with the diffusion of  $[Fe(CN)_6]^{3-/4-}$  ions out of the film. The persistent  $[Fe(CN)_6]^{3-/4-}$  signal after repeated cycling in electrolyte solution indicates that residual  $[Fe(CN)_6]^{3-/4-}$  ions are trapped in the CS-MWCNT film. Average  $E_{1/2}$  and  $\Delta E$  values obtained for the residual  $[Fe(CN)_6]^{3-/4-}$  redox species at the CS-MWCNT coated electrode were 243 mV and 65 mV, respectively.



Figure 7.1: Cyclic voltammograms of (A) 40 cycles of CS-MWCNT/GCE electrode in 1.0 mM  $[Fe(CN)_6]^{3-/4-}$  and 0.1 M KCl at 0.05 V/s and (B) 20 cycles of CS-MWCNT/GCE electrode post  $[Fe(CN)_6]^{3-/4-}$  exposure in 0.1 M KCl.

Diffusion coefficient values of  $[Fe(CN)_6]^{3-/4-}$  are calculated from the scan rate dependence of the peak current height of CVs recorded at GCE, CS/GCE, MWCNT/GCE and CS-MWCNT/GCE electrodes over a scan rate range of 10-300

mV/s. Apparent diffusion coefficients ( $D_{app}$ ) are determined from the slopes of the plots of peak current versus  $v^{1/2}$ . Diffusion coefficients calculated from this treatment were  $1.9 \times 10^{-6}$ ,  $3.8 \times 10^{-6}$ ,  $1.7 \times 10^{-6}$  and  $5.6 \times 10^{-6}$  cm<sup>2</sup>/s at glassy carbon electrode, CS/GCE, MWCNT/GCE and CS-MWCNT/GCE electrode, respectively. These apparent diffusion coefficient values for [Fe(CN)<sub>6</sub>]<sup>3-/4-</sup> are comparable to those reported by another researchers for chitosan films deposited at gold electrodes (Zangmeister, Park, Rubloff, & Tarlov, 2006).

### 7.3.2 Characterization of CS-MWCNT/GCE electrode

CV and EIS were used to characterize the modification of the electrode in 2 mM  $[Fe(CN)_6]^{3-/4-}$  and 0.1 M KCl solution. Figure 7.2 compares the CV responses at GCE, CS/GCE, MWCNT/GCE and CS-MWCNT/GCE electrodes in the above solution, respectively. The defined peak currents occurred at the CS/GCE electrode (curve b) is due to the good permeability and preconcentration of  $[Fe(CN)_6]^{3-/4-}$  in the CS film. After modification of GC electrode with MWCNT film, the anodic peak and cathodic

peak current is increased indicating the MWCNTs can improve the electroactive surface area of the electrode (curve c). When CS–MWCNT composite was modified on the glassy carbon electrode surface, the peak current increased distinctly due to the formation of conduction pathway in the CS-MWCNT composite film (curve d).



Figure 7.2: The cyclic voltammogram of (a) GCE, (b) CS/GCE, (c) MWCNT/GCE and (d) CS-MWCNT/GCE electrodes in 2.0 mM  $[Fe(CN)_6]^{3-/4-}$  and 0.1 M KCl as supporting electrolyte at a scan rate 0.05 V/s.

After modification of glassy carbon electrode with MWCNT film, the anodic peak and cathodic peak current is increased indicating the MWCNTs can improve the electroactive surface area of the electrode (curve c). When CS–MWCNT composite was modified on the glassy carbon electrode surface, the peak current increased distinctly due to the formation of conduction pathway in the CS-MWCNT composite film (curve d).

Electrochemical impedance spectroscopy was also used to identify the different modifications on the glassy carbon electrode. Figure 7.3(a–c) shows the impedance spectra of GCE, CS/GCE and CS-MWCNT/GCE electrodes, respectively. As shown in Figure 7.3(a), unmodified glassy carbon electrode, the diameter of the semicircle; the charge-transfer resistance ( $R_{ct}$ ) was estimated to be  $1.1 \times 10^4 \Omega$ . As for CS/GCE, the  $R_{ct}$  value decreased to  $4.2 \times 10^3 \Omega$  due to positively charged chitosan promoting electron transfer of negatively charged [Fe(CN)<sub>6</sub>]<sup>3-/4-</sup> couple to the electrode surface (Figure

7.3(b)). After modification of GCE with CS-MWCNT, the  $R_{ct}$  value decreased to  $7.1 \times 10^2 \Omega$  indicating MWCNT could form high electron transfer bridges between the electrode and electrolyte (Figure 7.3(c)). These results presented in Figure 7.3 were found in a good agreement with the results obtained by using CV.



Figure 7.3: Nyquist plots recorded at (a) bare GCE, (b) CS/GCE and (c) CS-MWCNT/GCE electrode in the presence of 1.0 mM  $[Fe(CN)_6]^{3-/4-}$  solution containing 0.1 M KCl as supporting electrolyte.

The surface morphologies of unmodified and modified electrodes were examined by using SEM (Figure 7.4(a–d)). As shown in Figure 7.4a, after modification of glassy carbon with chitosan, some parts of glassy carbon became invisible due to chitosan immobilization onto the electrode surface. In the SEM image of CS-MWCNT modified glassy carbon electrode, the substrate was mostly covered with homogeneous MWCNT films (Figure 7.4(c)). From Figure 7.4(d), it can be seen that the hybrid films are compact, homogeneous and densely packed on the electrode surface and FC particles are dispersed on the surface of CS-MWCNT/GCE. Whereas, the chitosan wrapped on MWCNT is positively charged because of  $-NH_3^+$  groups existed within the chitosan; 132

therefore, resulting in a strong electrostatic interaction between the FC and CS-MWCNT film.



Figure 7.4: SEM images of (a) GCE, (b) CS/GCE, (c) CS-MWCNT/GCE and (d) FC/CS-MWCNT/GCE electrodes.

As shown in UV-Vis absorption spectrum (Figure 7.5), CS had an absorption peak at 230 nm in 1% acetic acid (curve a). After mixing the CS with MWCNT, the absorption value increased whereas the peak at 230 nm remains the same (curve b). This observation indicates that, the chitosan could be readily coupled with the side wall of acid-treated carbon nanotubes through the interactions among the carboxyl groups of the nanotubes and the NH<sub>3</sub> group of chitosan.



Figure 7.5: UV-Vis spectra of (a) chitosan in 0.1 M acetic acid solution mixture and (b) mixture acidic solution of chitosan and multi walled carbon nanotube.

Electrode	I <sub>pc</sub> (µA)	I <sub>pa</sub> (µA)	$\Delta E_{p}(\mathbf{V})$	E <sub>1/2</sub> (V)	E <sub>pc</sub> (V)	E <sub>pa</sub> (V)
GCE	-10	3	0.100	0.250	0.200	0.300
CS/GCE	-18	10	0.090	0.205	0.160	0.250
MWCNT/GCE	-25	20	0.100	0.200	0.150	0.250
CS-MWCNT/GCE	-40	35	0.100	0.200	0.150	0.250

Table 7.1: The Anodic and cathodic potential, the half-wave potential and the peak-topeak separation potential for redox couple of cyclic voltammogram of Figure 7.2.

Anodic and cathodic potential, the half-wave potential and also the peak-to-peak separation potential for redox couple in each of the modified electrode was measured according to the reference electrode potential in cyclic voltammogram of Figure 7.2 and presented in table 7.1. It is clear that CS-MWCNT/GCE reduced the overpotential.

# 7.3.3 Characterization of FC/CS-MWCNT/GC electrode in the presence of *D*-PA and *L*-Trp

The electrocatalytic oxidation of 0.1 mM *D*-PA and 0.1 mM *L*-Trp was investigated in a 0.1 M phosphate buffer solution (pH 7) at the bare GCE (Figures 7.6A and 7.6B, curve b) and FC/CS-MWCNT/GCE (Figure 7.6A, curve d and Figure 7.6B, curve e) electrodes. As shown in the CVs (Figure 7.6), the electrocatalytic oxidation of *D*-PA can be catalyzed by the ferric (Fe<sup>3+</sup>) preconcentrated in CS-MWCNT/GCE film or produced from electrooxidation of *D*-PA shifted almost 500 mV to the less positive potential at FC/CS-MWCNT/GCE electrode. The following mechanism (EC) (chemical reactions 7.1-7.3) is represented for the electrocatalytic oxidation of *D*-PA (RSH). However, FC cannot catalyze electrooxidation of *L*-Trp and the oxidation peak potential of *L*-Trp and the oxidation peak potential of *L*-Trp did not shift. The result shows that, at the bare glassy carbon electrode, oxidation of *D*-PA and *L*-Trp occurs with a peak potential of nearly 800 mV vs. Ag|AgCl|KCl<sub>3M</sub>.

$RSH + H_2O \rightarrow RS^- + H_3O^+$		>	(7.1)
$2\mathrm{Fe}^{2+} \rightarrow 2\mathrm{Fe}^{3+} + 2\mathrm{e}^{-} \qquad (\mathrm{E})$		>	(7.2)
$2RS^{-} + 2Fe^{3+} \rightarrow RS - SR + 2Fe^{2+}$	(C)	>	(7.3)



Figure 7.6: Cyclic voltammograms of (A) pH 7.00 PBS in (a) absence and (b) presence of 0.1 mM of *D*-PA at GCE and (c) as (a) and (d) as (b) at FC/CS-MWCNT/GCE electrode at scan rate of 0.02 V/s; (B) pH 7.00 PBS in (a) absence and (b) presence of 0.1 mM of *L*-Trp at GCE, (c) in presence of 0.3 mM *D*-PA + 0.3 mM *L*-Trp mixture at CS-MWNT/ GCE, (d) as (a) and (e) as (b) at FC/CS-MWCNT/GC electrode.



Figure 7.7: DPVs of (A) 100  $\mu$ M Trp in presence of different concentrations of *D*-PA: (a) 0.000, (b) 0.003, (c) 0.007, (d) 0.020, (e) 0.040, (f) 0.080, (g) 0.160 and (h) 0.300 mM and (B) 3.0  $\mu$ M *D*-PA in presence of different concentrations of Trp: (a) 0.007, (b) 0.028, (c) 0.060, (d) 0.120, (e) 0.180, (f) 0.220 and (g) 0.300 mM at the FC/CS-MWCNT/GC electrode in pH 7.00 PBS. (A') and (B') are the Plot of anodic peak currents vs. D-PA and Trp concentrations, respectively.

#### 7.3.4 Effect of pH on *D*-PA and *L*-Trp oxidation

It is well known that, the electrochemical behaviour of *D*-PA and *L*-Trp are dependent on the pH value of the aqueous solution (Shahrokhian & Fotouhi, 2007; Toito Suarez et al., 2006). The effect of pH value on the electrooxidation of mentioned compounds on the surface of FC/CS-MWCNT/GCE electrode was investigated through the use of different 0.1 M phosphate buffer solutions (pH 3–9). The current response of *D*-PA and *L*-Trp at FC/CS-MWCNT/GCE electrode increases from pH 3 to 7, and then decrease at pH values higher than 7 (not shown). Therefore, pH 7 was chosen as optimum pH and further studies were performed at pH 7.

## 7.3.5 Simultaneous detection of *D*-PA and *L*-Trp

The next attempt was taken to detect *D*-PA and *L*-Trp simultaneously by using the FC/CS-MWCNT/GCE electrode. Figure 7.7A shows the DPVs (Differential Pulse Voltammetry) obtained at the modified electrode when analytical experiments were carried out by varying the concentration of *D*-PA in the presence of fixed amount of *L*-Trp (100  $\mu$ M) and varying *L*-Trp concentration in the presence of fixed amount of *D*-PA (3  $\mu$ M) at pH 7and scan rate of 20 mVs<sup>-1</sup>. The presence of FC film on CS-MWCNT composite resolved the mixed voltammetric response into two well-defined voltammetric peaks at potentials 0.25 and 0.70 V, corresponding to the oxidation of *D*-PA and *L*-Trp, respectively. The separation between the two peak potentials is sufficient that the calibration curves for *D*-PA and *L*-Trp were linear for the whole concentrations range investigated (3–300  $\mu$ M for *D*-PA and 7–300  $\mu$ M for *L*-Trp) with good correlation coefficients. Experimental results showed that the detection limit was 0.9  $\mu$ M for *D*-PA and 4.0  $\mu$ M for *L*-Trp (S/N = 3). The obtained analytical parameters for

*D*-PA and *L*-Trp determination at the surface of modified electrode are comparable with the results reported by other research groups is represented in Table 7.2.

Electrode	Modifier	Shifted potential value (mV)	LDR (µM)	LOD (µM)	Reference
СР	Ferrocene carboxylic acid	420	6.500–100	6.150	(JB. Raoof, Ojani, & Chekin, 2007)
GC	Dopamine		0.100– 2.500	0.080	(Shahrokhian & Bozorgzadeh, 2006)
GC	Tyrosinase		0.020–80	0.007	(Torriero, Salinas, Marchevsky, Raba, & Silber, 2006)
СР	Quinizarine	220	0.800–140	0.760	(Mazloum- Ardakani et al., 2010)
GC	FC/CS-MWCNT	500	3 –300	0.900	This work

Table 7.2: Analytical parameters for voltammetric determination of *D*-PA at different modified electrode.

## 7.3.6 Stability and reproducibility of the FC/CS-MWCNT/GC electrode

After storage period of two weeks in pH 7 the PBS slightly changed the currents for the responses to *D*-PA and *L*-Trp. For example, the FC at FC/CS-MWCNT/GCE electrode can maintain 90% of its initial response after two weeks. Thus, CS-MWCNT composite is very efficient to retain the activity of adsorbed FC. The fabrication and reproducibility of three electrodes made independently showed an acceptable reproducibility with the relative standard deviations of 5.1% and 3.8% for the current determinations of 10  $\mu$ M *D*-PA and 50  $\mu$ M *L*-Trp, respectively.

#### 7.3.7 Real sample analysis

For the purpose of proving its practical applications, the modified electrode was used to determine the content of *D*-PA in the tablet using DPVs. A standard addition method was adopted to estimate the accuracy and the measurement results as shown in Table 7.3. The recovered ratios of *D*-PA and *L*-Trp were investigated, suggesting better accuracy of the method.

Table 7.3: Measurement results of *D*-PA in commercial tablet (Dr. Abidi pharmaceutical laboratories Co.) and recovery of *D*-PA and Trp in 0.1 M phosphate buffer solution spiked with different concentrations.

Sample	Added (mM)	Found (mM)	Mean recovery (n=3)
Tablet <i>D</i> -PA	0.0080	0.0077	
D-PA	0.0100	0.0095	95±3
	0.0500	0.0510	108±2
Trp	0.1000	0.0960	96±3
	0.0700	0.0600	94±4

## 7.4 Conclusion

CS-MWCNT film has been successfully deposited on glassy carbon electrode. Subsequently, FC can be adsorbed onto this film and realize its electron transfer. The uniform CS-MWCNT film showed great enhancement of FC loading and improvement of its behaviour. The fabricated sensor displays good stability and acceptable reproducibility. The FC/CS-MWCNT nanocomposite also provides a promising platform for the simultaneous determination of *D*-PA an *L*-Trp with high sensitivity and a low detection limit. Furthermore, FC/CS-MWCNT presented excellent selectivity and satisfying recoveries in detecting *D*-PA from *D*-PA tablets. In conclusion, the FC/CS-MWCNT/GCE electrode is simple and practical. It is a good electrochemical sensor for direct determination of *D*-PA and *L*-Trp.

In this PhD thesis, metal oxide based nanoparticles, i.e. zinc oxide and titanium dioxide (ZnO, TiO<sub>2</sub>) by a simple and low-cost sol-gel method using gelatin as an organic precursor was synthesized. The synthesized nanomaterials are characterized by thermogravimetric analysis (TGA), powder X-ray diffraction (XRD), transmission electron microscopy (TEM), Fourier transform infrared spectroscopy (FT-IR) and ultraviolet visible (UV-Vis) spectroscopy techniques for their structure assessment. The obtained results indicate that ZnO nanoparticles have high crystallinity with hexagonal structure. Gelatin plays a very important role in the formation of zinc oxide and titanium dioxide nanoparticles. Long-chain gelatin compounds were used to terminate the growth of nanoparticles and to stabilize them, it expands during the calcination process so the particles cannot come together easily that's why it can prevent agglomeration. The nanocomposite film is prepared using the as-synthesized ZnO nanoparticles together with multi walled carbon nanotube and polycaprolactone on glassy carbon electrode (ZnO/MWCNT/PCL/GCE). The porous ZnO/MWCNT/PCL film was used as a supporting matrix to immobilize Co(II) ions. Immobilized Co(II) ions exhibit excellent electrocatalytic activities to glucose electrocatalysis oxidation. The sensor responded linearly to glucose in the concentration of  $5.0 \times 10^{-5}$  to  $6.0 \times 10^{-3}$  M with detection limit of  $1.6 \times 10^{-5}$  M at  $3\sigma$  using cyclic voltammetric measurements. The sensor could retain the electrochemistry of immobilized Co(II) at constant current values upon the continuous CV sweep over the potential range from -0.15 V to 0.4 V at 50 mV s<sup>-1</sup>, suggesting that the Co(II) can tightly adsorb on the surface of ZnO/MWCNT/PCLmodified GC electrode. When stored for over 2 weeks, the sensor retained 90% of the initial sensitivity to glucose. The relative standard deviation of the sensor was a 4.7% for 15 successive determinations in 1.0 mM glucose solution, indicating that it is a good precision so it exhibited good reproducibility and long-term stability. Also, the

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fabricated electrode displays a voltammetric response to the glucose in human blood serum and the results were matched with referenced value obtained by the standard technique. In addition, the sensor based on the Co/ZnO/MWCNT/PCL composite film modified electrodes exhibited good electrocatalytic response to the oxidation of glucose, good reproducibility and stability. Therefore, this ZnO/MWCNT/PCL composite film could offer a new promising platform for further study of the direct electrochemistry of redox proteins and the development of biosensors.

On the other hand, the anatase titanium dioxide nanoparticles are successfully synthesized by sol-gel method with and without gelatin. The titanium dioxide nanoparticles were structurally characterized by analytical and spectroscopic techniques, such as thermogravimetric analysis (TGA), X-ray diffraction (XRD), transmission electron microscopy (TEM), fourier transform infrared spectroscopy (FTIR) and ultraviolet visible spectroscopy (UV-Vis) techniques. The particle sizes of synthesized titanium dioxide nanoparticles with and without gelatin were ~13 nm and  $\sim$ 21 nm, respectively. The main advantage of using gelatin is that, it acts as a stabilizing agent and it provides a long-term stability and also it can prevent the agglomeration of nanoparticles during preparation. The results indicate that the gelatin is a reliable green stabilizer, which can be used as a polymerization agent in the sol-gel method. Additionally, the composite thin film was prepared by synthesized and multi walled carbon nanotube on glassy carbon electrode (TiO2-MWCNT/GCE). The TiO2-MWCNT/GCE responded linearly to L-tryptophan in the concentration of  $1.0 \times 10^{-6}$  to  $1.5 \times 10^{-4}$  M with a detection limit of  $5.2 \times 10^{-7}$  M at  $3\sigma$  using amperometry. The electrochemical sensor studies exhibits the good reproducibility as well as long-term stability. This demonstration indicates that, this is a new method of synthesizing the gelatin based TiO<sub>2</sub>/MWCNT composite sensors, catalytic bioreactors and biomedical devices using gelatin.

At this stage, a Ni(II) incorporation into porous polyacrylonitrile- multi walled nanotubes composite modified glassy carbon electrode carbon (Ni/PAN-MWCNT/GCE) was fabricated by simple drop-casting and immersion technique. The unique electrochemical activity of Ni/PAN-MWCNT composite modified glassy carbon electrode was illustrated in 0.10 M NaOH using cyclic voltammetry. The Ni/PAN-MWCNT/GCE exhibits the characteristic of improved reversibility and enhanced current responses of the Ni(II)/Ni(III) couple compared to Ni/PAN/GCE and Ni/MWCNT/GCE. The results of electrochemical impedance spectroscopy (EIS) and scanning electron microscopy (SEM) indicated the successful immobilization for PAN-MWCNT composite film. Kinetic parameters such as the electron transfer coefficient ( $\alpha$ ) and rate constant ( $k_s$ ) of the electrode reaction were determined. The Ni/PANshows very good electrocatalytic activity toward the MWCNT/GCE also electrocatalytic oxidation of carbohydrates (glucose, sucrose, fructose and sorbitol). The electrocatalytic response showed a wide linear range (10-1500 µM, 12-3200 µM, 7-3500 µM and 16–4200 µM for glucose, sucrose, fructose and sorbitol, respectively) as well as its experimental limit of detection can be achieved 6 µM, 7 µM, 5 µM and 11 µM for glucose, sucrose, fructose and sorbitol, respectively. The modified electrode for carbohydrates determination benefits for its simple preparation method, good electrode stability and high electrode sensitivity. The investigation exhibits that the nanocomposite of PAN-MWCNT could be applied as a novel immobilization material for a variety of sensor designs.

In this contribution, I report a simple and effective strategy for the fabrication of nanocomposite containing chitosan and multi walled carbon nanotube coated on a glassy carbon electrode. The characterization of the modified electrode (CS-MWCNT/GCE) was carried out using scanning electron microscopy (SEM) and absorption spectroscopy (UV-Vis). The electrochemical behaviour of CS- MWCNT/GCE electrode was investigated and compared with the electrochemical behaviour of chitosan modified glassy carbon electrode (CS/GCE), multi walled carbon nanotube modified glassy carbon electrode (MWCNT/GCE) and unmodified glassy carbon electrode using cyclic voltammetry and electrochemical impedance spectroscopy. The chitosan films are electrochemically inactive; similar background charging currents are observed at bare glassy carbon electrode. The chitosan films are permeable to anionic  $[Fe(CN)_6]^{3-/4-}$  redox couple. Electrochemical parameters including apparent diffusion coefficient for the  $[Fe(CN)_6]^{3-/4-}$  redox probe at FC/CS-MWCNT/GCE electrode is comparable to values which reported for casted chitosan films. This modified electrode showed electrocatalytic effect for the electrocatalytic oxidation and simultaneous determination of *D*-penicillamine and *L*-tryptophan. The detection limit of 0.9  $\mu$ M and 4.0  $\mu$ M for *D*-penicillamine and *L*-tryptophan, respectively, makes this nanocomposite very suitable for determination of them with good sensitivity.

One of the main objectives of my research is to develop the electrocatalytic oxidation in electrochemical sensors by using metal oxide nanoparticles, conductive polymers and multi walled carbon nanotubes by chemically modified electrodes. Conducting a series of experiments by using synthesized metal oxide nanomaterials shows that, the nanomaterials are very good candidates for developing the electrochemical sensors. The results of this thesis are summarized in the table below. In the broader picture the aim of this PhD work is to fabricate a good catalyst nanocomposite film for chemically modified glassy carbon electrode and make a good electrochemical sensor which is low cost, good efficiency, eco-friendly, sufficient selectivity, high sensitivity, accuracy, high controllable quality, reproducibility and reliability.

Summary of the electrochemical sensors properties which were fabricated in this PhD research.

Catalytic Function	Catalyst promoter/support	Analyte	LDR (M)	LOD (M)
Co (II)	ZnO/MWCNT/PCL/ GCE	Glucose	$5.0 \times 10^{-5}$ to $6.0 \times 10^{-3}$ M	1.6-10 <sup>-5</sup> M
TiO <sub>2</sub>	MWCNT/GCE	L-tryptophan	$1.0 \times 10^{-6}$ to $1.5 \times 10^{-4}$ M	$5.2 \times 10^{-7} \mathrm{M}$
Ni (II)	PAN/MWCNT/GCE	Carbohydrates (glucose, sucrose, fructose and sorbitol)	10–1,500, 12– 3,200, 7-3,500, and 16–4,200 μM	6, 7, 5, and 11 μM
[Fe(CN) <sub>6</sub> ] <sup>3-/4-</sup>	CS-MWCNT/GCE	D-Penicillamine and L- Tryptophan	3–300 μM for <i>D</i> - PA and 7–300 μM for <i>L</i> -Trp	0.9 μM and 4.0 μM

Many possibilities exist for extensions to this research in terms of the practical applications of nanomaterials electrochemical sensors, which includes:

- integration of the nanomaterial thin film as a sensing component into microfluidic systems to minimize the effort to sample handling and delivery, and also reduce reaction time.
- construction of advanced nanostructures, such as suspended and/or aligned one dimensional nanomaterials, quantum dots, graphene nanosheets, etc for an advanced sensing technology.
- realization of multi-analyte electrochemical sensors, which requires the deposition of multiple biorecepters.
- expansion of sensing applications to toxins, gas, other specific chemical and biological molecules.
- design and implementation of micro-reacter for the chain reactions.

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