

1 **COMPRESSION AND MECHANICAL PROPERTIES OF DIRECTLY** 2 **COMPRESSIBLE PREGELATINIZED SAGO STARCHES**

3
4 Riyanto Teguh Widodo^{1,*} & Aziz Hassan²

5
6 ¹Department of Pharmacy, Faculty of Medicine, University of Malaya, 50603 Kuala Lumpur, Malaysia

7 ²Department of Chemistry, Faculty of Science, University of Malaya, 50603 Kuala Lumpur 50603, Malaysia

8
9 *Corresponding author. Tel: 60 3 79675786, e-mail address: riyanto@um.edu.my

10 11 Abstract

12
13 This study investigates the compression and mechanical properties of directly compressible
14 pregelatinized sago starches in comparison with Spres[®] B820 and Avicel[®] PH 101. The
15 sago starch is pregelatinized at 65°C with different pregelatinisation times of 15, 30, 45,
16 and 60 min, creating samples PS1, PS2, PS3, and PS4, respectively. Compressibility of the
17 powders is analyzed by Heckel and Kawakita equations. The compressibility of sago starch
18 is found to be lower than that of its pregelatinized forms, and the compressibility increases
19 with an increase in the pregelatinisation time. Avicel[®] PH 101 is the most compressible
20 among the powders evaluated, followed by PS4, Spres[®] B820, PS3, PS2, PS1, and sago
21 starch. As for mechanical properties, Avicel[®] PH 101 is found to have the highest radial
22 tensile strength and the hardest compacts, indicating that it has the highest compactibility,
23 followed by Spres[®] B820, PS4, PS3, PS2, PS1, and sago starch.

24
25 **Keywords:** sago, starch, pregelatinized, compressibility, compactibility

26 27 28 1. Introduction

29
30 Starch is widely used as a pharmaceutical excipient, primarily in tablet formulations,
31 functioning as a diluent, binder, and disintegrant [1,2,3,4]. Worldwide, corn starch is the
32 most widely used starch in tablet formulations owing to its availability [5]. Because of
33 compression problems, native starches are not suitable for use as excipients in direct
34 compression formulations [2,6,7]. Pregelatinisation is a proven method that renders
35 starches directly compressible [3,8,9,10]. As an example, corn starch has been successfully
36 pregelatinized and is commonly used as a directly compressible excipient with the
37 commercial name Spres[®] B820 [11].

38
39 Direct compression is a technique involving compaction of a bulk material whose
40 ingredients are composited to form tablets [12]. Mixing and compressing are the only steps
41 involved in direct compression for the production of tablets, making it preferable in tablet
42 production.

43
44 Malaysia is one of the leading sago starch-producing countries in the world [13],
45 mainly for use in food products [14]. Literature reviews show no report as yet on the
46 application of a local sago starch for a directly compressible material in tableting. This
47 study investigates the compression and mechanical properties of pregelatinized sago starch
48 as a directly compressible excipient, and compares it with Spres[®] B820, a similar existing

49