PAMPHLET 2



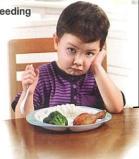
As parents, you cannot help but worry when your child is not eating well, especially when his / her weight and height are not keeping up with age.

Are you facing difficulties feeding your child?

You are not alone. Concerns in feeding difficulties are reported to be as high as 50% by parents of young children. The daily task of coaxing your child to eat "normal" food and a greater variety can cause stress in both the parents and child.

Typical behavior of feeding difficulties include:2-4

- >> The child who has fear of feeding
- >> The energetic child who rarely seems hungry
- >> The child who is highly selective of food intake
- >> Underlying medical condition



Feeding difficulties amongst picky eaters may increase the risk of nutritional gaps in their diet.5

Research⁵ indicates that if children are not eating sufficient amounts of food from each of the food groups, they may be at risk for nutrient inadequacy.

- >> Picky eaters may consume less protein and energy than non-picky eaters
- >> Picky eaters have also been shown to have a reduced intake of some vitamins and minerals compared with non-picky eaters

Potential risks for persistent picky eaters4-7

If such selective eating habits continue during the growing years, it can lead to nutritional deficiencies that may affect normal development.

- >> Differences in dietary intake
- >> Lower intake of fruits, vegetables and fiber
- >> Lower intake of some micronutrients
- >> Impaired growth
- >> Lower cognitive development

So how do you help your child to catch-up?



Move 3: TM

Move 4: JP Metadiscourse "you", "your" and "his/her": Interpersonal Discourse

Move 4: JP

Move 13: GRI Move 4: JP

Move 4: JP

Move 9: UPT

PediaSure® Complete

PediaSure Complete offers complete nutrition for catch-up growth in picky eaters from the age of 1 - 10 years. It is designed for total nutritional support as well as a supplement to enhance children's irregular eating habits. When taken consistently, PediaSure Complete helps to maintain intake of protein and micronutrients needed for growth and energy.

Proven positive effect.

Choose the Complete & Balanced Nutrition.

Complete, Balanced Nutrition



3 protein sources: milk protein concentrate, whey protein concentrate & soy protein isolate provide a scientifically balanced blend of all essential amino acids to support growth and development



Meets 100% of the US Institute of Medicine Recommendation for Nutrition (DRI), including <u>protein, 25</u> essential vitamins & minerals



Proven to be effective in

over 20 clinical studies

Increased weight & height in 60 to 90 days

Increased number of healthy days

More Benefits

- MCT (Medium chain triglycerides)
- Synbiotics
- · Lactose-free

Move 5.1: IP

Move 3: TM

{Move 5.3: EP}

{Move 5.3: EP}

[Move 10: UA]

{Move 5.3: EP}

Move 5.2: DP

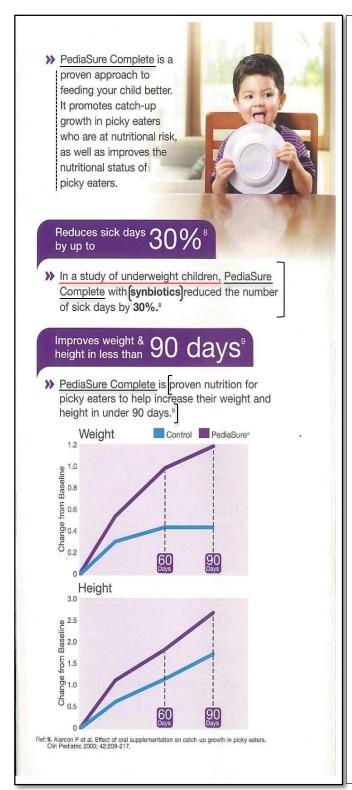
{Move 5.3: EP}

Move 5.2: DP

(Move 6: EC)

{Move 5.3: EP}

Move 5.2: DP



Move 5.1: IP Move 5.3: EP

Metadiscourse "your": Interpersonal Discourse

Move 6: EC Move 5.1: IP (Move 5.2: DP) Move 5.3: EP Move 4: JP

Move 5.1: IP
[Move 5.3: EP]

Move 6: EC



• needs a nutritious snack or supplement

• memerlukan snek atau makanan tambahan yang berkhasiat

• 需要健康的小食或补助品

is lactose intolerant对乳糖消化不良intoleransi laktosa

Move 3: TM



Complete and balanced nutrition for picky eaters 1 - 10 years old

给1至10岁挑食儿童的完整营养

Move 5.1: IP

(Move 5.3: EP) Move 3: TM



Pemakanan Lengkap untuk kanak-kanak yang cerewet makan 1 hingga 10 tahun



Ref. 1. Carruth BR et al. Prevalence of picky eaters among infants and toddiers and their caregivers' decisions about offering a new food. J Am DieteticAssoc. 2004;104:857-854. 2. Manikam R et al. Pediatric feeding disorders. J Clin Gastorenterol. 2003;033-44. 8. J Carruth BR et al. The phenomenon of "Picky Eater". A behavioral marker in eating patterns of toddiers. J Am Coll Nutr. 1998;17:180-186. 4. Galloway AT et al. Parental pressure, dietary patterns and weight status among girls who are "picky eaters". J Am Diet Assoc. 2005;105:541-548. 5. Lindberg L et al. Feeding disorders related to nutrition. Acta Paediat preschoolchildren: a longitudinal study. Int J Behav Nutr Phys Act 2007;4:9. 7. Chatoor I et al. Failure to trivive and cognitive development in toddiers with infantile anorexia nervosa. Pediatrics 2004;173:e440-e447. 8. Fisherg M. et al. Effect of oral nutritional supplementation withy or without symbiotics on sickness and catch-up growth in preschool children. Int Pediatriz 2002; 17(4):216-222. 9. Alarcon P et al. Effect of oral supplementation on catch-up growth in picky eaters. Clin Pediatric 2003; 42:209-217.





Move 5.1: IP Move 5.3: EP

Move 7: PE/T

Move 10: UA

Move 1: IC