STRUCTURED GROWTH OF ZINC OXIDE NANORODS
ON PLASTIC OPTICAL FIBER AND LIGHT SIDE
COUPLING TOWARDS SENSING APPLICATIONS

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FACULTY OF ENGINEERING
UNIVERSITY OF MALAYA
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ABSTRACT

A simple and cost effective optical fiber sensor using side coupling of light into the core modes of plastic optical fiber (POF) coated with zinc oxide (ZnO) nanorods is reported here. Nanorods coating enhanced coupling inside the fiber by scattering light but were also capable of causing leakage. Structuring the growth to specific regions allowed scattering from different segments along the fiber to contribute to the total coupled power. A uniform, dense and highly aligned spiral patterned ZnO nanorods were grown on the POF using the hydrothermal method and its effect was investigated. ZnO nanorods growth time of 12 h and temperature of 90 °C provided the best coupling voltage. Side coupling was measured to be a factor of 2.2 times better for spiral patterned coatings as opposed to unpatterned coatings. The formation of multiple segments was used for multiple-wavelength channels excitation where different bands were side coupled from different segments. It was found that visible white light source significantly coupled the light into the POF compared with infrared laser sources. A first order theoretical model was derived to simulate the impact of millimeter (mm) scale spiral patterns on coupling efficiency by varying the width and spacing of the coated and uncoated regions. The width of spiral patterned ZnO nanorod coatings on POF was optimized theoretically for light side coupling and was found to be 5 mm. An experimental validation was performed to complete the optimization and the experimental results showing a well correlation with simulation. Optimized width of spiral patterned ZnO nanorods grown on large core POFs was used for the purpose of temperature and multiple optical channel alcohol vapor sensing. Spiral patterned ZnO nanorods coating exhibited a significant response to temperature change from 20 °C to 100 °C based on extinction concept which is the attenuation of light by scattering and absorption as it traverses the ZnO nanorods. Sensitivity was measured to be a factor of 1.3 times better for spiral patterned coatings as opposed to unpatterned coating. The multiple optical channel alcohol sensing mechanism
utilized changes in the output signal due to adsorption of methanol, ethanol and isopropanol vapors. Three spectral bands consisting of red (620-750 nm), green (495-570 nm) and blue (450-495 nm) were applied in measurements. The range of relative intensity modulation (RIM) was determined to be between 25 to 300 ppm. Methanol presented the strongest response compared to ethanol and isopropanol in all three spectral channels. With regard to alcohol detection RIM by spectral band, the green channel demonstrated the highest RIM values followed by the blue and red channels respectively.
ABSTRAK

Satu penderia optik yang mudah dan kos efektif menggunakan gandingan sisi cahaya ke dalam ragam-ragam teras gentian optik plastik (POF) disalut dengan zink oksida (ZnO) nanorods dilaporkan di sini. Salutan nanorod-nanorod mempertingkatkan gandingan dalam gentian oleh serakan cahaya tetapi juga boleh menyebabkan kebocoran. Penstrukturkan pertumbuhan ke kawasan-kawasan tertentu membolehkan penyerakan daripada ruas yang berbeza di sepanjang gentian yang menyumbang kepada jumlah kuasa terganding. Satu pilin corak ZnO nanorod yang seragam, tumpat dan terjajar dengan tinggi dan yang ditumbuhkan di atas teras POF menggunakan kaedah hidroterma dan kesannya disiasat. ZnO nanorod yang mempunyai masa pertumbuhan 12 jam dan suhu 90 °C telah menyediakan gandingan voltan terbaik. Gandingan sisi diuaskan dengan faktor sebanyak 2.2 kali lebih baik untuk lapisan pilin corak berbanding dengan lapisan tidak tercorak. Pembentukan berbilang ruas telah juga digunakan untuk penggunaan saluran-saluran pelbagai panjang gelombang di mana jalur-jalur digandingkan secara sisi daripada ruas yang berbeza. Didapti sumber cahaya putih boleh nampak dengan ketara menggandingkan cahaya ke dalam POF berbanding dengan sumber laser infra-merah. Satu model teori tertib pertama diterbitkan untuk menyelakukan kesan corak-coral pilin berskala milimeter (mm) terhadap kecekapan gandingan dengan mengubah lebar dan jarak kawasan bersalut dan tidak bersalut. Lebar lapisan corak pilin ZnO nanorod pada POF teras telah dioptimumkan secara teori untuk gandingan sebelah cahaya dan didapati 5 mm adalah lebar tersebut. Satu pengesahan ujikaji telah dilakukan untuk melengkapkan pengoptimuman dan keputusan ujikaji menunjukkan satu hubungan sekaitan yang baik dengan penyelakuan. Lebar corak pilin ZnO nanorod yang ditumbuhkan atas POF teras besar telah digunakan untuk penderiaan suhu dan wap alkohol pelbagai saluran optik. Laporan pilin corak ZnO nanorod mempamerkan satu tindak balas yang ketara kepada perubahan suhu dari 20 °C hingga 100 °C berdasarkan konsep pemupusan yang
merupakan pengecilan cahaya oleh serakan dan penyerapan apabila ia merentasi ZnO nanorod. Kepekaan diukur yang menunjukan faktor 1.3 kali lebih baik untuk lapiran corak pilin yang bertentangan dengan lapiran tidak bercorak. Mekanisme penderiaan wap alkohol pelbagai saluran optik telah menggunakan perubahan-perubahan di dalam isyarat keluaran disebakan oleh penyerapan wap-wap methanol, etanol dan isopropil. Tiga jalur spektrum terdiri daripada merah (620-750 nm), hijau (495-570 nm) dan biru (450-495 nm) telah digunakan dalam pengukuran ini. Julat nisbi pemodulatan keamatan ditentukan antara 25 hingga 300 ppm. Metanol menunjukkan tindakbals yang kuat berbanding etanol dan isopropil dalam ketiga-tiga saluran spektrum. Dengan mengambil kira nisbi pemodulatan keamatan pengesanan alkohol oleh jalur spektrum, saluran hijau menunjukkan nilai nisbi pemodulatan keamatan tertinggi diikuti dengan masing-masing oleh saluran biru dan merah.
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<table>
<thead>
<tr>
<th>Symbol</th>
<th>Description</th>
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<tbody>
<tr>
<td>°C</td>
<td>Degree Celsius</td>
</tr>
<tr>
<td>µm</td>
<td>Micrometer</td>
</tr>
<tr>
<td>nm</td>
<td>Nanometer</td>
</tr>
<tr>
<td>cm</td>
<td>Centimeter</td>
</tr>
<tr>
<td>g</td>
<td>Gram</td>
</tr>
<tr>
<td>mM</td>
<td>Mili mole</td>
</tr>
<tr>
<td>C₂H₅OH</td>
<td>Ethanol</td>
</tr>
<tr>
<td>CH₃OH</td>
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</tr>
<tr>
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<tr>
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</tr>
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<td>Hydrochloric acid</td>
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<td>Zinc ions</td>
</tr>
<tr>
<td>O²⁻</td>
<td>Oxygen ions</td>
</tr>
</tbody>
</table>
OH$^-$ : Hydroxyl ions
$\text{dB/km}$ : Decibels/kilometer
$V_{pp}$ : Peak-to-peak Voltage
$\sigma$ : Beam waist
$r$ : Distance from the center of the beam
$C_{sc}$ : Scattering cross section
$\rho_a$ : Rods density
$\psi$ : Portion of Scattered Light
$\theta_{inc}$ : Incident angle
$\theta_c$ : Critical angle
$\Delta z$ : Width of Segment
$\eta_c$ : Coupling coefficient
$I_p$ : Coupling output of spiral pattern
$I_{up}$ : Coupling output of unpatterned
$n$ : Refractive index
$\Delta I$ : Normalized coupling output
$\phi$ : Azimuthal angle

HMT : Hexamethylenetetramine
MMF : Multimode Fiber
SOF : Silica Optical Fiber
OFSs : Optical Fiber Sensors
POF : Plastic Optical Fiber
AI : Artificial intelligence
PMMA : Polymethyl Methacrylate
<table>
<thead>
<tr>
<th>Abbreviation</th>
<th>Full Form</th>
</tr>
</thead>
<tbody>
<tr>
<td>SEM</td>
<td>Scanning Electron Microscope</td>
</tr>
<tr>
<td>LED</td>
<td>Light Emitting Diode</td>
</tr>
<tr>
<td>FBG</td>
<td>Fiber Bragg Grating</td>
</tr>
<tr>
<td>DI</td>
<td>Deionized</td>
</tr>
<tr>
<td>DC</td>
<td>Direct Current</td>
</tr>
<tr>
<td>1D</td>
<td>One Dimensional</td>
</tr>
<tr>
<td>2D</td>
<td>Two Dimensional</td>
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<tr>
<td>3D</td>
<td>Three Dimensional</td>
</tr>
<tr>
<td>ZAH</td>
<td>Zinc Acetate Hydrate</td>
</tr>
<tr>
<td>EDX</td>
<td>Energy-dispersive X-ray</td>
</tr>
<tr>
<td>SPR</td>
<td>Space Plasmon Resonance</td>
</tr>
<tr>
<td>RH</td>
<td>Relative Humidity</td>
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<tr>
<td>CTOP</td>
<td>Specialty Amorphous Fluorinated Polymer</td>
</tr>
<tr>
<td>DMA</td>
<td>Dynamic Mechanical Analysis</td>
</tr>
<tr>
<td>MPOF</td>
<td>Multimode Plastic Optical Fiber</td>
</tr>
<tr>
<td>OTDR</td>
<td>Optical Time-Domain Reflectometry</td>
</tr>
<tr>
<td>OFDR</td>
<td>Optical Frequency-Domain Reflectometry</td>
</tr>
<tr>
<td>VCO</td>
<td>Voltage-Controlled Oscillator</td>
</tr>
<tr>
<td>RI</td>
<td>Refractive Index</td>
</tr>
<tr>
<td>IR</td>
<td>Infrared</td>
</tr>
<tr>
<td>VZn</td>
<td>Zinc Vacancies</td>
</tr>
<tr>
<td>ca.</td>
<td>Around, about or approximately</td>
</tr>
<tr>
<td>RIM</td>
<td>Relative Intensity Modulation</td>
</tr>
<tr>
<td>GOF</td>
<td>Glass Optical Fiber</td>
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</table>
LIST OF APPENDICES

Publications and Papers Presented

Patent Filing Reports
CHAPTER 1: INTRODUCTION

1.1 General

Historically, the early research on optical fiber sensors (OFSs) was started in the 70s and related to medical instrument that was such as a fiber-optic endoscope consisting of a bundle of flexible glass fibres able to coherently transmit an image (Edmonson, 1991). Nowadays, various approaches and technologies have been developed to gain attention in sensing applications. Optical sensors using fiber optics definitely provide reliable solutions in many fields since optical fibers can measure physical properties such as strain (Ohno, Naruse, Kihara, & Shimada, 2001), displacement (Rahman, Harun, Yasin, & Ahmad, 2012), temperature (Tyler et al., 2009), pressure (W. Wang, Wu, Tian, Niezrecki, & Wang, 2010), velocity (Weng et al., 2006) and magnetism (Lv, Zhao, Wang, & Wang, 2014). Every year, exploring the potentials of OFSs keep receiving high interest because optical fibers offer well known advantages such as immunity to electrical and magnetic fields, low attenuation, wide transmission bandwidth, small physical size and weight, increased flexibility, analog and digital transmission, electrical insulation, immunity to electromagnetic interference and interception and receiver sensitivity. Beside these properties, FOSs also hold enormous potential for the use in chemical applications due to the high sensitivity and slightly invasive technique (Mescia & Prudenzano, 2013) which is important in monitoring environmental pollution, mainly if FOSs are applied in radiation zone.

This thesis is concerned with the development of a simple and cost effective system based on light scattering from zinc oxide (ZnO) nanorods grown in spiral pattern on plastic optical fiber (POF) for temperature and alcohol vapors sensing applications. The performance of the system is investigated based on the simulation and experimental
results. Artificial intelligence (AI) is suggested as an efficient technique for improving the capability of the sensor system.

1.2 The Role of Nanotechnology in Optical Sensor

Recently, interest in integrating OFSs with nanotechnology anonymously received global demands to increase sensitivity, repeatability, selectivity and stability of their performances. Nanotechnology literally means the ability to manipulate individual atoms and molecules to produce nanostructured materials and submicron objects that has applications in the real world. According to National Science Foundation and National Nanotechnology Initiative (NNI) (H. Chen et al., 2013), nanotechnology involves the production and application of physical, chemical and biological systems at scales ranging from individual atoms or molecules to about 100 nm, as well as the integration of the resulting nanostructures into larger systems with fundamentally new properties and functions because of their small structure. Nano-systems include micro/ nano-electromechanical systems (MEMS/NEMS), micro-mechatronics, optoelectronics, micro-fluidics and systems integration. These systems can sense, control and activate on the micro/nano-scale and can function individually or in arrays to generate effects on the macro-scale. Nanotechnology plays an important role in fabrication of sensors. Its usage leads to new findings for the mechanism of reactions as well as fabrication of new types of sensors.

Zinc oxide has gained substantial interest in the research community in part because of its versatile wide-bandgap (3.37eV) semiconductor material that has contributed to the development of numerous applications over the past few years. Depending on its doping condition, ZnO can be conductive (including n-type and p-type conductivity), semi-conductive, insulating, transparent and show piezoelectric behavior, room temperature ferromagnetism, and huge magneto-optic and chemical sensing
properties (Kołodziejczak-Radzimska & Jesionowski, 2014). The paramount importance is the transparency of ZnO to visible light that is in part responsible for exploring this material for optoelectronics applications (Janotti & Van de Walle, 2009; Pauporté & Lincot, 2000; Shinde, Shinde, Bhosale, & Rajpure, 2008; Xiang et al., 2007), biosensors (Chang et al., 2010; T. Kong et al., 2009; S. A. Kumar & Chen, 2008), resonators (Cao et al., 1998), medical devices (Rasmussen, Martinez, Louka, & Wingett, 2010), imaging (Zvyagin et al., 2008) and wireless communication (J. Chen, Zeng, Li, Niu, & Pan, 2005).

As a rule, the optical signal in gas sensor arises from the interaction of gas molecules with an incident electromagnetic radiation, which can take place at all frequency and wavelength ranges. Every gas has specific properties and therefore has specific interaction with electromagnetic radiation. This means that the results of these interactions can be used for gas molecule identification. It was found that various methods can be used for gas analysis (Sberveglieri, 2012). However, absorption spectroscopy is still one of the most commonly used methods in optical gas sensing (Kraft, 2006). It has been established that for many applications and absorption spectroscopic detection is a reliable method of detecting various gases. Recently, the method has been widely used by coating optical fiber with ZnO for detection of gases such as oxygen, O\textsubscript{2} (Vanheusden, Seager, Warren, Tallant, & Voigt, 1996), carbon dioxide, CO\textsubscript{2} (Samarasekara, Yapa, Kumara, & Perera, 2007), ammonia, NH\textsubscript{3} (Aslam et al., 1999) and methane, CH\textsubscript{4} (Bhattacharyya, Basu, Saha, & Basu, 2007).

Generally, temperature measurement systems are very important for many industries and according to World Health Organization (WHO), the impact of climate and temperature on health has been receiving increased attention in recent years. Accurate and continuous temperature monitoring is a critical task for a wide variety of industries. Controlling temperature levels is needed to eliminate harmful bacteria in cooking (McWilliams & Lamb, 1994), cooling (Schmidt & Notohardjono, 2002), storing
(Seaman, 1997), shipping, displaying and production (Sugaya et al., 2002). From food processing to medical applications, even a single degree can affect the quality of products, reaction rate of molecules and health. Due to these demands, research on temperature sensors continues to grow rapidly in order to improve the quality of life.

1.3 Problem Statement

Over the years, a bulk of the work has been done on the synthesis of ZnO nanorods on flat surface such as metal, plastic and glass substrates (X. Wang, Summers, & Wang, 2004). The growth of ZnO on these flat surfaces promises a high guarantee for easily controlling the morphological parameters such as alignment, density and uniformity. In addition, the synthesis of ZnO nanorods on these flat surfaces typically promotes extensive growth using hydrothermal method which involves a simple aqueous solution at temperature below the boiling point of water compare with gas phase synthesis (Ayouchi, Martin, Leinen, & Ramos-Barrado, 2003). Various ZnO nanorod structures have been synthesized on these flat surfaces such as 1D nanorods (S. Xu & Wang, 2011), 2D nanoplate (Giri et al., 2015) and 3D nanoflowers (Wahab, Kim, Mishra, Yun, & Shin, 2010). However, patterned growth of ZnO nanorods on cylindrical surfaces with small diameter such as optical fiber still remains an issue for optical sensing applications. Commonly, unpatterned growth is preferable to do due to less time consumption and reducible complexity for fabrication. Hence, there are many research reports about the unpatterned growth of ZnO nanorods on POF for sensing applications (Baruah, K Pal, & Dutta, 2012; Batumalay et al., 2014) but the backscattering of light occurs due to the high density of ZnO nanorods presents all over the exposed core. Although the unpatterned growth of ZnO nanorods enhances optical guidance in optical fiber, it is also responsible for light leakage due to the very same scattering property (Hoorieh Fallah, Harun, Mohammed, & Dutta, 2014). Consequently, these two situations have resulted low
coupling power which is undesirable in sensing applications. This open up the possibilities in exploring new approach to increase the coupling power and minimize backscattering from ZnO nanorods coating.

The work behind this research was initiated from the need to develop a low-cost, high sensitivity and an uncomplicated sensor system. Generally, most optical sensing applications are operated with laser light source by launching light from one end of the optical fiber and output signal is collected from other end (Aneesh & Khijwania, 2011). This is surely expensive and needs other mechanical supports to align properly the laser beam into the fiber. Applying laser source onto ZnO nanorods coating to utilize scattering of light into POF provided also less sensitivity caused by the inequality of beam structure which has different distribution of intensity along the ZnO coating (Dickey, Weichman, & Shagam, 2000) and the laser beam only focuses on specific coating area instead of entire coating area. With this background and abstraction, a research work is needed to provide another alternative of light source towards light side coupling applications. This research work certainly can bring contribution to many fields such as in optoelectronics, telecommunication and material engineering.

1.4 Hypothesis

1. ZnO crystal is transparent in the visible wavelength range and acts as a waveguide for light.

2. Higher coupling of optical power for the patterned coating on POF than the unpatterned coating.

3. Spiral pattern of ZnO nanorods showing a uniform decay and providing higher coupling power.

4. Simple and efficient device as an optical transducer for sensing applications.
1.5 **Objectives of the Study**

The main objective of this research study is to investigate the possibility of the use of a simple and inexpensive sensing device towards light side coupling using plastic optical fiber. The following sub objectives have to be met:

1. To optimize the synthesis process of ZnO nanorods growth on POF using hydrothermal method.
2. To fabricate spiral patterned ZnO nanorods coating on POF using hydrothermal method.
3. To optically characterize and optimize the spiral patterned ZnO nanorods coating on POF using light side coupling method.
4. To develop a new theoretical model in analysing the width of spiral patterned ZnO nanorods coating on POF for achieving maximum coupling.
5. To validate experimentally the sensing of spiral patterned ZnO nanorods coating on POF.

1.6 **Limitation of the Study**

As the growth of ZnO nanorods were performed on a cylindrical surface of an optical fiber the alignment as well as the distribution of the nanorods was an issue and the fibers needed to be handled carefully. Also the fragile nature of the fibers made it prone to breakage during fiber preparation and structuring. Achieving a uniform structuring of the fibers using the plastic tape was difficult and had to be done accurately. The hydrothermal process being a low temperature process, the crystal growth rate was low and the duration of growth took more than ten hours to obtain the optimized ZnO nanorod morphology. Due to low POF thermal specification (< 100 °C), temperature effects on physical POF should be considered in synthesis process and sensing applications.
1.7 Organization of the Thesis

The thesis is organized into six chapters, each of which is then subdivided into sections and subsections. **Chapter 1** presents an introduction of this work comprising the background study, statement of the problem, hypothesis, objectives of the research and limitations of the study. In **Chapter 2**, the theoretical review of related research including a thorough study on the optical fiber technology, its types and designs and the implementation of optical fiber as an optical sensor will be presented. The chapter will also discuss the structures of ZnO nanorod and the hydrothermal growth process. The global applications of ZnO nanorods in various fields is also given. A detailed study on the previous work of light side coupling into an optical fiber and its potential application as an optical sensor will be presented. The last part of this chapter gives an overview of recent research on temperature and gas sensing using optical fiber.

**Chapter 3** will explain in detail the two main procedures in chemically growing ZnO nanorods on POF and the implementation of it is presented by describing the materials and methods involved. The physical and optical characterization utilized for analyzing the structure of the ZnO nanorods and for optimizing the growth duration and seeding method for maximum side coupling is also presented in this chapter. **Chapter 4** will discuss the characterization results of light side coupling for spiral patterned and unpatterned coatings using spectra analysis. Second part will present a new theoretical model of light side coupling to analyze the width of spiral patterned ZnO nanorod coating on POF for maximum side coupling. An experimental validation was performed using light side coupling method for different width of spiral ZnO nanorods coating and the results are compared to the modelling in order to optimize the width of spiral patterned ZnO nanorod coating on POF.
Chapter 5 will discuss and analyze two sensing applications of spiral patterned ZnO nanorods coating on POF using light side coupling. First, temperature sensing was carried out by varying temperature from 20 °C to 100 °C. Second, the sensor probe was used as multiple optical channel for alcohol vapors sensing in visible wavelength. The performances of the optical sensor were analyzed in three particular channels: blue (450 – 495 nm), green (495 – 570 nm) and red (620 – 750 nm). The results are presented in graphs to compare the relative intensity modulation (RIM) of the sensing. Finally, in Chapter 6 the conclusions are drawn and the future works to improve the proposed technique are suggested.
CHAPTER 2: LITERATURE REVIEW

2.1 Introduction

In the past several decades since the invention of the laser in 1960 (Maiman, 1960) and the development of modern low-loss optical fibers in 1966, optical fiber technology has made a transition from the experimental stage to practical applications (K. Grattan & Sun, 2000). The main focus of the development of optical fiber has always been on telecommunications, but the early 1970s saw some of the first experiments on low-loss optical fibers being used for sensing purposes (Sathitanon & Pullteap, 2007). The field of optical fiber sensing has continued to progress and has developed enormously since that time. Magnetic (Dandridge, Tveten, Sigel, West, & Giallorenzi, 1980), pressure (Budiansky, Drucker, Kino, & Rice, 1979; Hocker, 1979; Lagakos & Bucaro, 1981), temperature (Yariv & Winsor, 1980), acceleration (Arditty, Papuchon, & Puech, 1981), displacement, fluid level, current (Dandridge, Tveten, & Giallorenzi, 1981; Tangonan, Persechini, Morrison, & Wysocki, 1980), and strain optical fiber sensors (Giallorenzi et al., 1982) were among the first few types extensively investigated and explored for sensing and measurement. For instance, distributed fiber-optic sensors have now been installed in bridges and dams as shown in Figure 2.1 to monitor the performance and structural damage of these facilities. OFSs are used to monitor the conditions within oil wells and pipelines, railways, wings of airplanes and wind turbines. Compared with other types of sensors, optical fiber sensors exhibit a number of advantages, such as immunity to electromagnetic interference, applicability in high-voltage or explosive environments, a very wide operating temperature range, multiplexing capabilities, and chemical passivity (B. Lee, 2003).
Figure 2.1 Some applications of optical fiber sensors in industry (Rajan, 2015)

2.2 Optical Fiber

Generally, an optical fiber consists of a core, cladding, buffer and jacket as illustrated in Figure 2.2 (J.-R. Lee, Dhital, & Yoon, 2011). Light travels through a material and it is called the core. The core is surrounded by a dark material called the cladding which reflects back any light that escapes the core. Finally, a plastic coating called the buffer around each cladding protects the fiber from wear and tear. Hundreds or thousands of these fibers are placed together in one cable protected by an outside covering called the jacket.
The core and cladding of the fiber is composed of highly pure solid glass. A protective layer then surrounds the cladding. In most of the optical fibers this protective layer is made up of multilayer composition. The protective layer can be comprised of two layers: a soft inner layer that cushions the fiber and allows the coating to be stripped from the glass mechanically and a harder outer layer that protects the fiber during handling and termination process (Kao, 1983). From the context of optical waveguiding it is clear that there should be a variation of refractive index inside the fiber between the core and the cladding. Therefore, the core and cladding are made up of two slightly different materials which are transparent to light over the operating wavelength. To achieve the phenomenon of total internal reflection which is the driving principle behind the operation of optical fibers the core has a higher refractive index than the cladding.

The application of both reflection and refraction is used in the operation of a fiber optic cable. When light falls on a shiny or mirrored surface it bounces off while when it travels from one medium to another having different thickness or density it bends. The bending depends on the angle at which light strikes the surface. At certain angle whole of the light is reflected in the original medium completely. This phenomenon is called total internal reflection which is the principle of operation of optical fiber (Cherin, 1983; Hentschel, 1983; Keiser, 2000). Figure 2.3 shows the critical angle which is the minimum angle required for light to reflect in the first medium completely. For all those angles greater than the critical angle, the light is reflected back into the fiber. The parts of the optical fiber are shown in Figure 2.2.
angle light rays will be totally internally reflected in the first medium. Therefore, when a light ray is sent into the fiber, it is sent at an angle towards the side of the fiber that will reflect.

![Diagram of light rays in an optical fiber](image)

**Figure 2.3** Phenomena of light refraction and reflection inside optical fiber.

There are generally two types of optical fibers: single mode and multimode as depicted in Figure 2.4 (Lacy, 1982). The multimode fibers have a larger core than the single mode fibers and it allows hundreds of modes of light to propagate through it. The larger core diameters of multimode fibers facilitate the use of lower cost optical transmitters such as light emitting diode (LED) and connectors. The single mode fibers on the other hand has a much smaller diameter than the multimode fibers and allows only one mode also called as the fundamental mode to pass through it. Single mode fibers are designed to maintain spatial and spectral integrity of each optical signal over longer distances, allowing more information to be transmitted. Its tremendous information carrying capacity and low intrinsic loss have made single mode fiber the ideal transmission medium for a multitude of applications (Jeunhomme, 1983). Single mode fiber is typically used for longer distance and higher bandwidth applications. Multimode fiber is used primarily in systems with short transmission distances (under 2km) such as premises communications, private data networks and parallel optic applications.
2.3 Plastic Optical Fiber (POF)

Commonly, OFSs are based on silica optical fibers (SOFs) due to their wide use in telecommunication applications and the high availability of components, equipment and optical fiber specifications. Nowadays, POFs have practically experienced a stream in applications for short distance telecommunication systems. Many researchers have noticed their unique properties for sensing of strain, temperature, humidity, gas etc. Simultaneously, researchers are also developing POFs with new properties including single-mode fibers (Woyessa, Fasano, et al., 2016) and micro-structured fibers (Cordeiro et al., 2006). These unique properties have been utilized to expand the range of sensing applications beyond those previously realized with SOF sensors. There are several great advantages of POF over SOFs, including their large elastic and plastic strain deformation capabilities (Kiesel, Peters, Hassan, & Kowalsky, 2007), negative thermal sensitivities (Peters, 2010), high numerical aperture (Ishigure, Horibe, Nihei, & Koike, 1995) and lower stiffness (Rothmaier, Luong, & Clemens, 2008). Typically, POF materials include polymethyl methacrylate (PMMA), polystyrene (PS) and amorphous fluorinated polymer (CYTOP) (Olaf Ziemann, Krauser, Zamzow, & Daum, 2008a). Commercially, POFs are

Figure 2.4 (a) Multimode and (b) single mode
typically available in multimode at their operating wavelength due to the challenges in its fabrication. As a result, these POFs are low cost and easier to cut and connects as compared to single mode SOFs. In market, multimode POFs are available with different cross-sectional index distributions, including both step index and gradient index configurations. Moreover, a large variety of POF diameters are available which are larger than conventional single-mode silica optical fibers. Due to the large core diameter (0.25mm-1mm) connectivity issues also does not rise, reducing the total cost of the system.

### 2.3.1 Optical Properties of POF

Figure 2.5 presents the intrinsic attenuation loss of common POF as a function of wavelength. In applications, multimode POF sensor are commonly operated in three different wavelengths; the visible wavelength range (400–700 nm) where the intrinsic attenuation is low, near 850 nm where common telecommunication and low-cost components are available and the near-infrared range (above 1300 nm) where the specialty amorphous fluorinated polymer (CTOP) has low attenuation. At all wavelengths, the intrinsic attenuation of POF materials are significantly higher than that of SOF.
2.3.2 Mechanical Properties of POF

The mechanical properties of POFs are highly influenced by the fiber manufacturing process and dopant concentration that is used to increase the core index of refraction (Bosc & Toinen, 1993; Jiang, Kuzyk, Ding, Johns, & Welker, 2002). Due to the annealing process to remove internal residual stresses and anisotropy in polymer during manufacturing process, the mechanical and thermal behavior of a specific POF is critical to calibrate prior to its use as a sensor. The mechanical properties of POFs are also dependent upon loading condition and affected by environmental conditions such as high temperature and humidity (O Ziemann, Daum, Bräuer, Schlick, & Frank, 2000; Olaf Ziemann, Krauser, Zamzow, & Daum, 2008b). Figure 2.6 shows the measurement of true stress (MPa) versus strain (%) for a PMMA optical fiber. POF properties characteristically fall in the ranges of initial elastic modulus of 1 to 5 GPa, yield strain of

Figure 2.5 Attenuation loss of common POF as a function of wavelength (Zubia & Arrue, 2001)
1%–6% and ultimate strains of 6%–100% as compared to 1%–5% for SOFs (Hayashi, Mizuno, & Nakamura, 2012).

**Figure 2.6** The measurement of true stress versus strain for single-mode PMMA-doped core (Kiesel et al., 2007)

It was reported that the yield strain and initial stiffness of the material are both a function of the applied strain rate. Moreover, the material behavior is nonlinear beyond the yield strain and therefore the loading history is also critical to predict hysteresis and cyclic behavior of the material. When POFs were strained beyond their yield limit, plastic deformation occurred in the fiber, resulting in a residual deformation even when the fiber was unloaded. For sensing applications, this residual deformation can be considered a shape memory effect that can store the maximum strain information to be extracted later (Hayashi et al., 2012). PMMA also has a lower density (1195 kg m$^{-3}$) than silica (2200 kg m$^{-3}$), reducing the weight of distributed optical fiber sensors (van Eijkelenborg et al., 2001).

Second, dynamic mechanical analysis (DMA) was reported to reveal the dependence of the material behavior on applied loading rates by applying cyclic loads to
the materials at different frequencies. Young’s modulus at different frequencies can be obtained from DMA. Young’s modulus starting from 7 Hz was observed in different frequency responses for a solid POF, a micro-structured POF and a SOF for comparison as shown in Figure 2.7. As compared to the silica fiber, it was presented that the lower Young’s modulus at low frequencies of the polymer materials and the start of a frequency-dependent modulus at lower frequencies in the polymer materials.

![Figure 2.7](image.png)

**Figure 2.7** The results of Dynamic Young’s modulus for PMMA MPOF, step index POF and silica SMF28 (Stefani, Andresen, Yuan, & Bang, 2012)

### 2.3.3 Thermal Properties of POF

The temperature sensitivity of POF was defined to be the phase shift per unit change in temperature per unit length of the POF. Typically, the thermal sensitivity of bulk PMMA is -154.3 rad/m/k (Silva-López et al., 2005). As for SOF, the intrinsic temperature response of a POF must be a known variable for temperature compensation of strain measurements. For instance, strain temperature cross talk in a multimode POF of 33 με/ °C (J. Huang et al., 2012). Recent research has also reported the coupling
between the response of the POF to the temperature and humidity. The coefficient of thermal expansion (COT) of POF is approximately $-1 \times 10^{-4}$/°C and SOF is $5 \times 10^{-7}$/°C. A report found that when relative humidity (RH) is accurately controlled as temperature is varied, the COT is nonlinear with temperature (Z. F. Zhang & Tao, 2013).

2.3.4 Chemical Infiltration

The inherent performance of POFs to absorb moisture can also make them sensitive to chemical infiltration. In a previous work, the effect of vinyl ester and epoxy resins on the integrity were measured using signal transmission of perfluorinated POFs embedded in these resin systems as sensing applications (Hamouda, Peters, & Seyam, 2012). The more investigation of the two resin systems, vinyl ester was penetrated into the POF during curing of the resin, resulting a significant increase in backscattering level in the POF and eventual signal transmission loss. Figure 2.8 shows the visible change in the POF cross section before and after exposure to the vinyl ester resin.
Figure 2.8 The responses of two POF FBG sensors with RH varied from 80% to 70% at a temperature of 25°C (W. Zhang, Webb, & Peng, 2012)

In contrast, the epoxy resin did not penetrate the POF during cure, giving no increase in backscattering level. POF3 (135µm) shows a faster response more closely following the humidity change.

2.4 Optical Sensor Using Plastic Optical Fiber

POFs provides a low cost and efficient medium to be used as sensors. The sensors fabricated using POF has potential applications in the field of medicine, environment, chemical and biological area. Conventional POFs are used to make sensors for measuring distance, position, shape, color, brightness, opacity, density, turbidity etc. Sophisticated sensors that are used for particle tracking are made possible with the development of fluorescent POFs. The studies of POF based sensors were started in early 70s and they were first implemented in medical and industrial field (Fischer, Haupt, Reinboth, & Just, 2015). Wide area research has been going on already for the production of improved versions of
POF based sensors to be used in applications where the traditional systems cannot apply. Also the entire operating principle is based on optical domain and there is absolute immunity to electromagnetic and radio frequency interference. The sensors are grouped by the particular sensing mechanisms that they use to convert the physical parameters into properties of propagating lightwaves which includes optical loss, optical time-domain reflectometry (OTDR) (Liehr, Lenke, et al., 2009; Liehr, Nöther, & Krebb, 2009; Liehr, Wendt, & Krebber, 2010), optical frequency-domain reflectometers (OFDR), scattering and long period grating (Banerjee et al., 2003; Peters, 2010). POF based sensors are frequently used in structural health monitoring, medicine and in environmental applications (Witt, Schukar, & Krebber, 2008; Yokota, Okada, & Yamaguchi, 2007).

2.4.1 Optical Loss

A simple and low cost POF-based sensor is typically based on the measurement of optical power losses. Commercially, the cost of such sensor is low because multimode POF is usually preferable and inexpensive light sources can be used compare to SOF. Moreover, a simple photodetector is required to convert the optical fiber power transmitted the optical fiber into a voltage output. Figure 2.9 shows an example of POF accelerometer based on the transfer of lightwaves between two multimode POFs (Antunes, Varum, & Andre, 2013).
In the setup, one POF was fixed to the inertial frame and the other moved with the object whose acceleration is to be measured. Acceleration of the object moved the POF mounted on the cantilever beam in a direction parallel to the cross section, creating a coupling loss into the sensor fiber. This accelerometer offers some advantages which are low cost, ease of fabrication and small size. Therefore, the accelerometer provides the low resolution inherent in the power coupling measurements.

The measurement of power losses can be implemented by creating bending losses in the POF using the geometry of U-shaped POF sensor. In the experiment, the radius of the curved portion is well controlled such that the bending losses are repeatable in the POF. By changing the index of refraction of a fluid external to the POF, the fraction of light coupled into the surrounding fluid is changed. Therefore, this low-cost sensors can

\begin{figure}[h]
\centering
\includegraphics[width=\textwidth]{figure2_9.png}
\caption{Schematic of POF-based accelerometer. The inset shows a magnification of the fiber gap region. (Antunes et al., 2013)}
\end{figure}
be applied as a liquid level sensor such as fuel level monitoring (Montero, Lallana, & Vázquez, 2012). The advantage here is that the optical sensor does not create a spark hazard near the fuel.

### 2.4.2 Interferometry-Based Sensors

The time of flight interferometer takes advantage of low cost and ease of use of multimode POFs. Due to an incoherent interferometer configuration, it does not require phase measurement. For some structural applications, it is sufficient to measure the integrated strain along the POF. The time-of-flight measurement system provides sufficient displacement resolution for a full-scale structure. In previous works, time-of-flight measurements was applied to monitor the global displacement of a vibrating aircraft wing flap (Durana et al., 2009; Gómez et al., 2008). Figure 2.10 shows a diagram of the voltage-controlled oscillator (VCO)-driven interrogator along with a photograph of the aircraft flap with the surface mounted sensor POF. The interrogator is entirely constructed of low-cost telecommunication components. The system is also portable and durable and has relatively low power requirements. The measurement displacement range is determined by the oscillator modulation frequency and can be quite large compared to other interrogation methods.
Figure 2.10 (a) Schematic of VCO interrogator used for time-of-flight measurements and (b) Image of upper side of aircraft flap with POF adhered to surface and prototype instrumentation. (Gomez et al., 2009)
2.4.3 OTDR, OFDR and Scattering

Recently, several researches have also demonstrated POF-based sensor by exploiting the unique properties of POF. The nonlinear stress–strain behavior of POFs at large strain values as shown in Figure 2.6 is encoded along the POF and can be measured through the scattering or other loss profiles along the POF, for example, through OTDR (Liehr, Lenke, et al., 2009). In the work, multimode POFs with large diameter is embedded into geotextiles for the monitoring of geotechnical and masonry structures. The geotextiles were embedded in a railway embankment for monitoring of soil displacements. The large core diameter allowed easy connection to handling of the sensors at the construction site, while the use of the standard POF itself as the sensor permitted monitoring of a large area at low cost. In addition, the high ultimate strain of the PMMA allowed the POF to elongate with the large soil deformations. The OTDR measurements were limited by the attenuation and dispersion characteristics of the POF. Replacing the POF with a low loss, graded-index perfluorinated POF (PF-GIPOF) significantly improved both the measurement resolution and maximum fiber length, up to 500 m, as a result of the reduced dispersion and attenuation in the fiber. The resolution and speed of such measurements can also be enhanced by applying incoherent OFDR rather than OTDR (Liehr & Krebber, 2012). The authors demonstrated OFDR measurements along a POF at 2 kHz data acquisition rates with high spatial resolution on the order of a few micrometers. The POF signal was sensitive to large strain magnitudes; therefore, this technique was applied to the measurement of seismic induced strains (up to 125%).
2.4.4 Fiber Bragg Grating (FBG)

FBG sensors are one of the most widely applied silica optical fiber sensors as they can provide local sensing information and can be multiplexed in large numbers along a single optical fiber. In addition, the fact that the sensing information is wavelength encoded means that it is invariant to fluctuations in laser power and coupling losses. Based on this success, numerous researchers have developed techniques to inscribe FBGs in POFs with the motivation to exploit the large tuning range of POF FBGs as compared to those in silica optical fibers. One demonstration that highlights the unique properties of FBGs in POFs is that of high-sensitivity pressure measurements to detect small pressure changes. In 2013, FBG POF was used as pressure sensor (Rajan, Liu, Luo, Ambikairajah, & Peng, 2013). The cladding of the POF was etched to significantly reduce the cladding diameter. Combining the low elastic modulus of the polymer and small cladding diameter produced an FBG with high sensitivity to small axial loads on the POF. The authors then attached the POF to a vinyl diaphragm to transfer the surrounding pressure to an axial force on the POF and demonstrated a complete sensor with the extremely high pressure sensitivity of 1.32 pm Pa$^{-1}$ over the range of 0.1–5.0 kPa. Challenges still are present in the application of POF FBG sensors. Some of these challenges come from the inherent properties of the POF, including the low maximum temperature threshold and viscoelastic strain response (Peters, 2010). In addition, thermal erasing of POF FBGs can occur when the grating is exposed to thermal loads for extended periods of time.

2.5 Zinc Oxide Nanorod-Structure

ZnO possesses a wurtzite structure that lacks a center of symmetry and thus it exhibits strong piezoelectric and pyroelectric properties (Baruah & Dutta, 2008). The conductivity of ZnO can also be increased through doping. ZnO also finds its uses in the fields of acoustic wave filters, photonic crystals, photodetectors, light emitting diodes,
photodiodes, gas sensors, optical modulator waveguides, solar cells and varistors (Yi, Wang, & Park, 2005). The transparency of ZnO nanorods in the visible wavelength range coupled with its wide bandgap (3.37eV) is suitable for optoelectronic applications. ZnO crystal also possesses high exciton binding energy (60meV) which allows efficient excitonic emission at room temperature. Because of its hardness and rigidity, ZnO plays a very important role in ceramics industry while its less toxicity, biocompatibility and biodegradability make ZnO a best material in biomedicine and pre-ecological systems (Kołodziejczak-Radzimska & Jesionowski, 2014). The crystal of ZnO has a hexagonal wurtzite structure with lattice parameters of \(a = 0.3296\) and \(c = 0.52065\) nm. The piezoelectric and pyroelectric properties are inherent from the tetrahedral arrangement of \(\text{Zn}^{2+}\) and \(\text{O}^{2-}\) ions as shown in the Figure 2.11. The piezoelectric and pyroelectric properties are the resultant of the tetrahedral coordination and the absence of inversion symmetry respectively.

![Figure 2.11 Wurtzite structure of ZnO](image_url)
Crystallography is used to determine the plain of ZnO nanorod structure. ZnO possesses polar and non-polar facets with the basal plane (0001) being the most common polar facet. Oppositely charged ions of Zn\(^{2+}\) (0001) and O\(^{2-}\) (000\(\overline{1}\)) occupy the ends of the plane forming a dipole moment resulting in the variance of energy. ZnO ± (0001) are quite peculiar in the sense that they are atomically flat, stable and exhibit no reconstruction. The non-polar facets include the (2\(\overline{1}\)0) and (01\(\overline{1}\)0) which have lower surface energy than (0001) (Z. L. Wang, 2004). Table 1 show different properties of bulk ZnO.

**Table 2.1 Properties of Zinc Oxide**

<table>
<thead>
<tr>
<th>Property</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Crystal structure</td>
<td>Hexagonal wurtzite</td>
</tr>
<tr>
<td>Lattice constant</td>
<td>a=3.264 Å, c=5.207 Å</td>
</tr>
<tr>
<td>Molecular weight</td>
<td>81.38</td>
</tr>
<tr>
<td>Density</td>
<td>5.67 g/cm(^3)</td>
</tr>
<tr>
<td>Melting point</td>
<td>1975 °C (3587 °F)</td>
</tr>
<tr>
<td>Heat of fusion</td>
<td>4,470 cal/mole</td>
</tr>
<tr>
<td>Thermal Conductivity</td>
<td>25 W/mK at 20 °C</td>
</tr>
<tr>
<td>Thermal expansion coefficient</td>
<td>4.3\times10^{-6}/ K at 20 °C and 7.7 \times10^{-6}/ K at 600 °C</td>
</tr>
<tr>
<td>Cohesive energy</td>
<td>1.89 eV</td>
</tr>
<tr>
<td>Band gap at room temperature</td>
<td>3.37 eV</td>
</tr>
<tr>
<td>Refractive index</td>
<td>2.008</td>
</tr>
<tr>
<td>Electron and hole effective mass</td>
<td>m(_e^<em>)=0.28 m(_0), m(_h^</em>)=0.59 m(_0)</td>
</tr>
<tr>
<td>Debye temperature</td>
<td>370 K</td>
</tr>
<tr>
<td>Lattice energy</td>
<td>964 kcal/mole</td>
</tr>
<tr>
<td>Dielectric constant</td>
<td>(\varepsilon_0 = 8.75, \varepsilon_\infty = 3.75)</td>
</tr>
<tr>
<td>Exciton binding energy</td>
<td>60 meV</td>
</tr>
<tr>
<td>Piezoelectric coefficient</td>
<td>12 pC/N</td>
</tr>
<tr>
<td>Pyroelectric constant</td>
<td>6.8 A/s/cm(^2)/K x 10(^{10})</td>
</tr>
<tr>
<td>Solubility</td>
<td>1.6 mg/L (30°C)</td>
</tr>
<tr>
<td>Standard enthalpy of formation</td>
<td>-348.0 kJ/mol</td>
</tr>
<tr>
<td>Standard molar entropy</td>
<td>43.9 J \cdot K(^{-1}) mol(^{-1})</td>
</tr>
</tbody>
</table>

The growth structures of ZnO nanostructures are quite varied. ZnO can occur in 1D (one dimensional), 2D (two dimension) and 3D (three dimension) structures. 1D structures consists of the largest group which includes nanorods, needles, helixes, springs and rings (Banerjee et al., 2003). 2D structures include nanoplates/nanosheets and
nanopellets (Chiu et al., 2010). Examples of ZnO 3D structures include nanorods (Dedova, Volobujeva, Klauson, Mere, & Krunks, 2007), nanowires (Shan, Liu, & Hark, 2008), nanoflowers (Miles, Cameron, & Mattia, 2015), snowflakes (Jing et al., 2012) as shown in Figure 2.12.

![Figure 2.12 3D ZnO structures (a) nanorods (Dedova et al., 2007), (b) nanowires (Shan et al., 2008), (c) nanoflowers (Miles et al., 2015) and (d) snowflakes (Jing et al., 2012).](image)

The growth rate of these variety of novel structures can be tuned along three fast growing directions: \(< 2\bar{1}0 \rangle (\pm [\bar{1}2\bar{1}0], \pm [2\bar{1}0], \pm [\bar{1}\bar{1}20])\); \(< 01\bar{1}0 \rangle (\pm [01\bar{1}0], \pm [10\bar{1}0], \pm [0001]). The surface morphologies of these structures depends on the relative surface activities of various growth facets and the kinetic parameters are controlled by the growth conditions. Some of the typical growth morphologies of 1D structures are given in Figure 2.13.
2.6 Hydrothermal Synthesis Method of Zinc Oxide Nanostructure

Extensive research for synthesis of ZnO nanoparticles in alcoholic medium using hydrothermal method has been reported and widely accepted (Baruah et al., 2012). The alcoholic medium growth provides faster nucleation and growth as compared to water (Koziol, Boskovic, & Yahya, 2011). The hydrothermal method does not require the use of organic solvents or additional processing of the product (grinding and calcination) which makes it a simple and environmentally friendly technique. This process has many advantages including the possibility of carrying out the synthesis at low temperatures the diverse shapes and dimensions of the resulting crystals depending on the composition of the starting mixture and the process temperature and pressure, the high degree of crystallinity of the product and the high purity of the material obtained (Polsongkram et al., 2008).

The hydrothermal method of ZnO nanorod synthesis is a solution based method. Several literatures exist where the aqueous synthesis of ZnO nanoparticles using Zinc nitrate hexahydrate (Zn(NO$_2$)$_3$) is reported. (Amin et al., 2011). (Zn(NO$_2$)$_3$) acts as the source of Zn$^{2+}$ ions and the growth was carried out at temperature of about 100 to 150 °C.
pH also plays an important role in the growth of ZnO nanorods. In a previous work, with pH < 11 zinc hydroxide precursors are dissolved partially and ZnO powder is nucleated in a heterogeneous system while for pH > 11 the Zinc hydroxide precursors are dissolved and a clear solution is formed with the ZnO powder nucleated in a homogeneous system (Amin et al., 2011). Figure 2.14 shows the effect of pH on the growth of ZnO nanostructures. When pH was increased, the growth rate increased due to the increases of hydroxyl ions (OH\(^-\)) concentration which gives arise to ZnO particles in the solution.

![SEM images of ZnO nanostructures grown with different aqueous solutions of pH value of (a) 1.8, (b) 4.6, (c) 6.6, (d) 9.1, (e) 10.8 and (f) 11.2. (Amin et al., 2011)](image)

**Figure 2.14** SEM images of ZnO nanostructures grown with different aqueous solutions of pH value of (a) 1.8, (b) 4.6, (c) 6.6, (d) 9.1, (e) 10.8 and (f) 11.2. (Amin et al., 2011)

It is well known that increasing or decreasing the concentration of the chemical reactants will eventually influence the resultant products. The density, length and diameter of the ZnO nanorods are varied with the concentration applied during the synthesis. Figure 2.15 shows the effect of different precursor concentrations on ZnO nanorods growth. A linear relation can be seen between the increase of the concentration
and the nanorods dimensions, interestingly the diameter of the nanorods increases gradually.

Figure 2.15 SEM images of ZnO nanorods on Si substrate with different precursor concentrations of the growth aqueous solution (a) at 25 mM, (b) 50 mM, (c) 100 mM, (d) 300 mM. (Amin et al., 2011)

An example of hydrothermal reaction is the synthesis of Zinc oxide using the reagents Zinc Chloride (ZnCl₂) and Sodium Hydroxide (NaOH) in a ratio of 1:2 in an aqueous environment (D. Chen, Jiao, & Cheng, 1999). The chemical reaction is given as below

\[ \text{ZnCl}_2 + 2\text{NaOH} \rightarrow \text{Zn(OH)}_2 + \text{Na}^{2+} + 2\text{Cl}^- \]  

(2.1)
The white precipitate zinc hydroxide Zn(OH)$_2$ underwent filtration and washing and then the pH was controlled at around 5-6 using hydrochloric acid (HCl). The hydrothermal heating takes place at an autoclave with a set temperature followed by cooling. ZnO is obtained as the end product according to the equation

$$\text{Zn(OH)}_2 \rightarrow \text{ZnO} + \text{H}_2\text{O} \tag{2.2}$$

Another example of hydrothermal method was proposed by the following reaction (Ismail, El-Midany, Abdel-Aal, & El- Shall, 2005).

$$\text{Zn(CH}_3\text{COO)}_2 + 2\text{NaOH} \rightarrow \text{Zn(OH)}_2 + 2\text{CH}_3\text{COONa} \tag{2.3}$$

$$\text{Zn(OH)}_2 \xrightarrow{\text{Temperature}} \text{ZnO} + \text{H}_2\text{O} \tag{2.4}$$

The chemical reaction between Zn(CH$_3$COO)$_2$ and NaOH was carried out in the presence of hexamethylenetetramine (HMT) at room temperature. The resulting precipitate of Zn(OH)$_2$ was washed with water several times and then underwent thermal treatment in a Teflon-lined autoclave. Based on SEM images, the authors concluded that the HMT, as a surfactant, plays an important role in the modification of the ZnO particles. The shape of the particles is also affected by the time and temperature of the hydrothermal process. With an increase in time, temperature and surfactant concentration, the size of the particles increases. Hydrothermal processing of the precursor, followed by drying, produced spherical particles of ZnO with sizes in the range 55–110 nm depending on the conditions of synthesis.

In previous work, a thin layer of ZnO nanoparticles were grown on glass substrate by thermal decomposition of Zinc nitrate and HMT using the hydrothermal method (Ashfold, Doherty, Ndifor-Angwafor, Riley, & Sun, 2007; Vergés, Mifsud, & Serna, 1990). HMT is a non-ionic highly water soluble tertradentate cyclic tertiary amine. It
releases OH− on thermal decomposition which reacts with Zn²⁺ ions to form ZnO. The chemical equation involved in the process is summarized as

\[
(CH_2)_6N_4 + 6H_2O \rightarrow 6HCHO + NH_3 \quad (2.5)
\]
\[
NH_3 + H_2O \rightarrow NH_4^+ + OH^- \quad (2.6)
\]
\[
2OH^- + 2Zn^{2+} \rightarrow ZnO(S) + H_2O \quad (2.7)
\]

The role of the HMT is manifold. It not only supplies hydroxyl ions to drive the precipitation reaction but also acts as a buffer as the rate of its hydrolysis decreases with increasing pH and vice versa. The role of HMT in the growth process of ZnO nanowire was also discussed in a very different manner in other literature (Sugunan, Warad, Boman, & Dutta, 2006). It was proposed that HMT will attach to the non-polar facets of zincite crystal preferably being a long chain polymer and a nonpolar chelating agent. It therefore cuts off the excess Zn²⁺ ions to them leaving only the polar (0001) face for epitaxial growth. HMT therefore acts like a shape inducing polymer surfactant rather than as a buffer. The morphology of ZnO nanostructures can be controlled by varying the amount of a soft surfactant, ethylenendiamine and the pH of the reaction mixture of zinc acetate, sodium hydroxide and the surfactant. Homogeneous growth was obtained at a pH of 12 and inhomogeneity occurs as the pH decreases. However, HMT to zinc nitrate relative concentrations and growth temperature were reported having a profound effect over density, orientation and growth of the ZnO nanorods (Mahmood, Bora, & Dutta, 2013). In the work, the effect of molar ratio of zinc nitrate and hexamine, ZnO nanorods were grown in precursors with 10 mM concentration of zinc nitrate hexahydrate and varying the HMT concentration (0 mM, 2 mM, 5 mM, 10 mM, 12 mM and 15 mM). As a result, the 1:1 molar ratio of zinc nitrate and HMT in the precursor solution exhibited the maximum photocatalytic efficiency. For synthesis temperature effect on the growth rate of ZnO nanorods, 10 mM precursor solution was prepared to grow ZnO nanorods for 15 hours at temperature 40 °C, 50 °C, 70 °C and 90 °C. It was found that ZnO nanorod
growth at 90 °C exhibited the highest photocatalytic efficiency. Figure 2.16 shows the scanning electron microscope (SEM) image of the hydrothermally grown ZnO nanorods using Zn(NO$_3$)$_2$ and HMT.

![SEM image of ZnO nanorods grown using Zn(NO$_3$)$_2$ and HMT](image)

Figure 2.16 SEM image of ZnO nanorods grown using Zn(NO$_3$)$_2$ and HMT (Baruah & Dutta, 2008)

2.7 **Zinc Oxide in Global Applications**

Zinc oxide (ZnO) is widely used in many areas because of its diverse properties both physical and chemical. ZnO finds its uses in a variety of fields which include industries, pharmaceuticals, chemicals and paint industry. Figure 2.17 summarizes the various applications of zinc oxide and their uses. ZnO is widely used in rubber industry to improve the thermal conductivity of pure silicon rubber while retaining its high electrical resistance and are promising candidates as high performance engineering materials. The disinfecting and antibacterial properties of ZnO make it a suitable material for producing various kinds of medicines. ZnO can be applied locally in the form of cream...
or ointments or can be administered orally. It also exhibits peeling effect at higher concentrations.

ZnO is also used in various types of nutritional products and diet supplements, where it serves to provide essential dietary zinc. Due to their ability to absorb UVA and UVB radiation ZnO products are used in sun screen creams. Its wide energy band (3.37 eV) and high bond energy (60 meV) (Y. Kong, Yu, Zhang, Fang, & Feng, 2001; Venkatesh & Jeganathan, 2013) at room temperature mean that zinc oxide can be used in photoelectronic (Purica, Budianu, & Rusu, 2001) and electronic equipment (Aoki, Hatanaka, & Look, 2000), in devices emitting a surface acoustic wave (Gorla et al., 1999), in field emitters (Jo et al., 2003), in sensors (F.-C. Lin, Takao, Shimizu, & Egashira, 1995), in UV lasers (Tang et al., 1998) and in solar cells (Krebs, Thomann, Thomann, & Andreasen, 2008; Repins et al., 2008). ZnO also exhibits the phenomenon of luminescence (chiefly photoluminescence—emission of light under exposure to electromagnetic radiation). Because of this property it is used in FED (field emission display) equipment, such as televisions (Ihara et al., 2002). It is superior to the
conventional materials, sulfur and phosphorus (compounds exhibiting phosphorescence), because it is more resistant to UV rays and also has higher electrical conductivity.

Zinc oxide is also used in gas sensors (L. Wang et al., 2012; J. Xu, Pan, & Tian, 2000). It is a stable material whose weak selectivity with respect to particular gases can be improved by adding other elements. The working temperature of ZnO is relatively high (400–500 °C), but when nanometric particles are used this can be reduced to around 300 °C. The sensitivity of such devices depends on the porosity and grain size of the material; sensitivity increases as the size of zinc oxide particles decreases. It is most commonly used to detect CO and CO₂ (in mines and in alarm equipment), but can also be used for the detection of other gases (H₂, SF₆, C₄H₁₀, C₂H₅OH). Apart from the applications mentioned above, zinc oxide can also be used in other branches of industry, including for example concrete production. The addition of zinc oxide improves the process time and the resistance of concrete to the action of water. Also, the addition of ZnO to Portland cement slows down hardening and quenching (it reduces the gradual evolution of heat), and also improves the whiteness and final strength of the cement (Olmo, Chacon, & Irabien, 2001). It is also added to many food products, including breakfast cereals. ZnO is used as a source of zinc, which is an essential nutrient (Whittaker, 1998). Thanks to their special chemical and antifungal properties, zinc oxide and its derivatives are also used in the process of producing and packing meat products (e.g., meat and fish) and vegetable products (e.g., sweetcorn and peas) (Espitia et al., 2012).
2.8 Light Scattering and Side Coupling

Light scattering first captured the imagination of the ancients with observations of variations of colour in nature, including the blue sky, the rainbow and the dramatic colours seen at dusk and dawn (Lynch & Livingston, 2001; Minnaert, 2013). The first recorded light scattering observations date back to the 11th century when Alhasen of Basra attempted to explain the color of the blue sky (Singh & Riess, 2001). Many great scientific minds that followed pursued light scattering experiments, including Leonardo da Vinci (Hey, 1983) and Sir Isaac Newton (Lilienfeld, 2004). Lord Rayleigh was the first to provide a quantitative treatment of light scattering in the 19th century and the concept of Rayleigh scattering survives to this day (Rayleigh, 1917). While light scattering analysis is used in many fields of study, it is only recently that light scattering has become useful for biomedical applications (Mourant, Hielscher, Eick, Johnson, & Freyer, 1998; Murdock, Braydich-Stolle, Schrand, Schlager, & Hussain, 2008), optoelectronics (Müller et al., 2002) etc. Based on these great discoveries of light scattering, the concept was applied in optical field using ZnO nanostructures (H Fallah et al., 2013). Basically, this research work integrates photonics and nanotechnology to apply the behaviour of light scattering towards light side coupling that occurs due to the incident angle of the incoming light is greater than the critical angle between the surrounding and cladding or core coated with ZnO nanorods grown on the multimode optical fiber. Through this concept, light side coupling is practically impossible to be applied with the light incident angle larger than critical angle between core or cladding and air media. The only way to trap light inside fiber by applying another material on the optical fiber as scattering element. In the case, ZnO nanorods can excite the core or cladding mode which is very sensitive to surrounding environment and scatter light into the fiber core. The whole idea of side coupling is governed by the law of refraction. ZnO nanorods grown on has a higher refractive index ($n_{\text{ZnO}} \approx 2$) than the core material ($n_{\text{Silica}} \approx 1.5$) and allows
light coupling into nanorod waveguides. As light is launched at the side of the fiber the ZnO nanorods being a photonic crystal acts as a waveguide and scatters light in various angles. The part of the light whose incident angle, $\theta_i$, is greater than the critical angle is coupled inside the fiber as the condition for total internal reflection is achieved inside the core modes as indicated in Figure 2.18. This allows light propagation inside the optical fiber and light leakage from these modes, permitting two possible light coupling collection schemes which are light exits from the side and is collected either from the optical fiber end or through a side optical fiber probe. The nanorod arrays on the multimode optical fiber also provide a suitable environment for sensing applications due to their large surface to volume ratio. The optical scattering properties of the nanorods depends on its shape, density and uniformity and these parameters are tuned by choosing proper growth conditions.

![Figure 2.18 Illustration of light scattering from one ZnO nanorod](image)

**Figure 2.18** Illustration of light scattering from one ZnO nanorod
Figure 2.18 depicts the excitation of cladding modes leak while propagating due to the presence of nanorods. The total power inside the optical fiber decays exponentially due to scattering effects. In the case, the absorption of visible light was neglected which is minimal because ZnO is a wide band gap semiconductor. The total power is written as below:

$$P_{\text{guided}}(z) = P_o \exp\{-2 \alpha_s X (z - z_o)\} + P_\infty$$  \hspace{1cm} (2.1)

Where

- $P_o$ and $P_\infty$ = the coupled light power at ($z = z_o$) and background ($z \to \infty$)
- $\alpha_s$ = nanorods scattering coefficient.

Figure 2.19 Schematic representation of two possible configurations of side coupling to cladding modes with guided and leakage intensity responses of light paths in the side coupling configuration (H Fallah et al., 2013)
However, the excitation inside the fiber is only maximized at $Z = Z_0$ and then the intensity of the guided light reduces exponentially to the ZnO nanorods interface ($Z = 0$). For the location farthest away from the interface, any light reaching the detector is minimised. In the approach, a fundamental work was practically performed to characterize the scattering coefficient, $\alpha_s$ and coupling intensity for different concentrations of zinc acetate used during seeding process in hydrothermal process (3 mM, 4 mM, 5 mM & 6 mM). The optical characterization was performed by measuring the output power to cladding mode in wet etched optical fiber coated with ZnO nanorods using longitudinal scanning approach as graphically illustrated in Figure 2.20. The output power was recorded by a photodetector placed at the end of the optical fiber while the coupling intensity was captured using a charge-coupled device (CCD camera) at incident angle along the optical fiber. The output from camera and photodetector were synchronized using a computer to record images of coupling intensity and output power while moving the stage parallel to the optical fiber. Then, the scattering coefficient can be directly determined from the measurement using Equation (2.1).
As results, the coupling intensity versus displacement of light source was plotted as shown in Figure 2.21. It was observed that the use of 4 mM of zinc acetate for seeding showed the brightest intensity. The coupling intensity rapidly reduces due to the increase in distance of the excitation location of light source from photodetector.
Figure 2.21 The coupling intensity of different concentration of zinc acetate for ZnO nanorods grown on wet etched optical fiber (H Fallah et al., 2013)

Figure 2.22 shows the measured coupling output and scattering coefficient versus the concentration of zinc acetate for ZnO nanorods growth on the wet etched optical fiber to excite cladding mode. Relatively, 4 mM of zinc acetate was found to be the highest scattering coefficient. Higher zinc acetate concentration could lead to the lack of pattern in directionality of ZnO nanorods that might affect the scattering coefficient values as indicated through the large standard deviation.
Figure 2.22 The measurement of coupling intensity (y- left axis), the average scattering coefficient (y- right axis) and versus the concentration of zinc acetate (H Fallah et al., 2013)

The investigation on coupling intensity was extended to excite core mode in wet etched of optical fiber using the experiment setup as shown in Figure 2.20. A multimode optical fiber was wet etched for 20 minutes and subsequently coated with ZnO nanorods. Figure 2.23 shows the comparison of coupling intensity between cladding mode and core mode. It was found that the power coupled to the core modes is higher than the cladding modes. In addition, power exponentially decays due to leakage of the core mode through the presence of ZnO nanorods on the wet etched region when the light source was moved away from the focused region.
Figure 2.23 The coupling intensity for cladding mode and core mode at different excitation location on the optical fiber (Hoorieh Fallah et al., 2014)

However, the primary limitation of wet etching method was that only a small region of the fiber could be used for signal collection. This situation is not preferable for sensing applications where extended light sources are required. Another fundamental work of light side coupling was also performed to characterize the scattering properties of ZnO nanorods such as cross section and maximum power coupling using nephelometry method. Figure 2.24 shows the homemade nephelometer using a collimated fiber coupled with white light LED source and a photodetector.
In the optical characterization, ZnO nanorods were grown on a flat glass substrate using hydrothermal method in order to optimize the growth condition. This is to avoid the effects on angular spectrum of the scattering process since a cylindrical lens was used in the work. Moreover, the growth of ZnO nanorods around the optical fiber might increase the interaction among the ZnO nanorods. The characterization was performed for different concentrations of zinc acetate using in seeding process which are 1 mM, 2 mM, 4 mM and 6 mM. As a result, a polar plot as shown in Figure 2.25 presents the measured normalized angular power spectra and density, $\rho_a$ for different zinc acetate

**Figure 2.24** Optical nephelometer setup for testing scattering properties of ZnO grown on glass substrate (Hoorieh Fallah et al., 2014)
concentrations. It was observed that the lowest concentration of zinc acetate demonstrates highest coupling power at incident angle larger than critical angle, $\theta_c$. Meanwhile, higher concentrations presented lower coupling power compared to 1 mM. The ZnO nanorods density was given by the number of rods in a selected area divided by the area, $A$ (cm$^2$). It was seen that the number of ZnO nanorods per unit area is almost constant and increasing the concentration did not have significant effects on length and diameter on ZnO nanorods. Based on the analysis, the seeding solution molarity was fixed to 1 mM for growing ZnO nanorods on optical fiber.

![Figure 2.25](image) The measurement of (a) normalized angular power spectra and (b) density, $\rho_a$, with respect to the concentrations of zinc acetate used for preparing the ZnO seed layer on glass substrate (Bora et al., 2014)

### 2.9 Recent Research on Temperature and Gas Sensing Using Optical Fiber

Interest in monitoring temperature has constantly been on the increase in recent years. The monitoring is very important because it is necessary in many different fields such as medical (Takaki, 1998), food industry (Law, Bermak, & Luong, 2010), sport (Byrne & Lim, 2007), living residences (Wood et al., 2008) etc. For instance, a sensor system is required in operating room to prevent the buildup of humidity that can pose serious risks to patient health. Up to date in 2016, researches still use the very common
optical fiber in temperature sensing which is fiber Bragg gratings (FBG) using silica optical fiber (Warren-Smith, Nguyen, Lang, Ebendorff-Heidepriem, & Monro, 2016; Woyessa, Nielsen, Stefani, Markos, & Bang, 2016). The fabrication process of FBG involves a complicated process and expensive equipment such as high performance laser light source with high pulse energy for open structures. In addition, the Bragg grating region is difficult to determine using laser light source with 1550 nm in wavelength. An integration of visible light source and the spliced single-mode fiber is required so that scattering from the ablation spots could be observed.

In other method, Mach-Zehnder interferometer (MZI) has been commonly used in diverse sensing applications because of their flexible configurations (B. H. Lee et al., 2012). MZI is a device used to determine relative phase shift between two collimated beams from a coherent light source either by changing length of one of the arms or by placing a sample in path of one of the beams. In a recent research, temperature sensor based on POF and electro-optic effect of MZI using a laser source of wavelength 635 nm was proposed (S. Kumar & Swaminathan, 2016). Figure 2.26 shows the proposed setup of liquid temperature sensor.

Figure 2.26 The setup of liquid temperature sensor. (S. Kumar & Swaminathan, 2016)
The laser light source is used to generate a beam of light and then this beam is guided into the POF. The setup employed a differential amplifier in order to detect precisely a small variation in liquid temperature.

Gas sensing plays important roles in many applications including safety management of oil and gas industry (Vogler & Sigrist, 2006) and exhaust gas monitoring for combustion engines (Docquier & Candel, 2002). There are numerous gas sensing technologies available to sense various gases. Among them, optical fiber sensors using infrared (IR) absorption spectroscopy (Hoo, Jin, Ho, Wang, & Windeler, 2002); (Chong et al., 2015) stands out due to the high detection specificity. IR spectroscopy is based on the optical absorption of molecular vibration bands, which represent the particular of various gas molecules. Therefore, IR absorption spectroscopy is widely used due to reliable technique for both detection and identification of hazardous and greenhouse gases. In addition, IR sensors have minimal drift, fast response, long lifetime and can be conducted in real time and in situ without disturbing the target system (Hodgkinson & Tatam, 2012). An optical fiber sensor for gas detection has been developed based on IR absorption spectroscopy (Chong et al., 2016). The proposed sensor demonstrated ultra-sensitive to detect the level of carbon dioxide (CO₂) at 1570 nm wavelength.

Surface plasmon resonance (SPR) for gas detection and biosensing was demonstrated by Nylander and Liedberg (Liedberg, Nylander, & Lunström, 1983; Nylander, Liedberg, & Lind, 1982). Since then SPR sensing has been receiving continuously growing attention from scientific community. SPR is a powerful technique for direct sensitive chemical detection (Abdelghani et al., 1997). A latest research using SPR technique was developed for in situ detection of xanthan gum (Michel, Xiao, Skillman, & Alameh, 2016) using 1550 nm laser light source. Figure 2.27 shows the experiment setup using optical equipment such as optical power meter, optical circular, mirror, prism and laser beam which is not cost effective and complicated in measurement.
In all the systems explained above, laser light source was widely used in temperature and gas sensing and light was launched from one end of the fiber while signal was collected at the other end. In order to reduce cost and complexity in design and increase the utilization of visible light in sensing applications with high sensitivity, this work applies the behavior of light scattering from ZnO nanorods into POF towards light side coupling.
CHAPTER 3: OPTIMIZATION OF ZINC OXIDE NANOROD COATINGS ON LARGE CORE PLASTIC OPTICAL FIBER THROUGH HYDROTHERMAL GROWTH

3.1 Introduction

Zinc oxide coating is a layer containing zinc (Zn) and oxygen (O) which can be synthetically produced using various chemical methods such as mechanochemical process (Ao, Li, Yang, Zeng, & Ma, 2006; Stanković, Veselinović, Škapin, Marković, & Uskoković, 2011), sol-gel (Benhebal et al., 2013; Mahato et al., 2009), hydrothermal (D. Chen et al., 1999; Ismail et al., 2005) and emulsion (Stanković et al., 2011). As explained in the previous chapter, zinc oxide (ZnO) has attracted tremendous interest due to its noticeable performances in electronics, optics and photonics. ZnO is preferable to use in numerous applications because it is insoluble in water, high chemical stability, high electrochemical coupling coefficient, broad range of radiation absorption and high photo-stability. Due to this, ZnO can serve greatly as a coating layer in optical sensor technology to improve and enhance the sensitivity in sensing various physical parameters such as gas concentrations, humidity level, temperature, pressure, strain, etc. Absorption of molecules on the ZnO coating layer can be sensed through variation of ZnO properties such as photoluminescence, electrical conductivity, vibration frequency, mass etc. This chapter explains the synthesis process of ZnO nanorods growth to coat large core plastic optical fiber (POF) using hydrothermal method.
3.2 Optimization parameters for the hydrothermal method

Figure 3.1 shows the important parameters for growing ZnO nanorods using hydrothermal method. In previous works, the hydrothermal synthesis was used to grow ZnO nanorods on glass substrate and silica multimode optical fiber. From these works, chemicals, solution concentration (molarity) and temperature had been optimized successfully to maximize light side coupling by exploiting scattering properties of the ZnO nanorods (Baruah & Dutta, 2008; Bora et al., 2014; H Fallah et al., 2013; Mahmood et al., 2013). Light induced by scattering at angles larger than the critical angle is guided inside the fiber. Although ZnO nanorods enhance optical guidance in this way, they are also responsible for light leakage due to the very same scattering property. In the previous work also, coupling of light to the core mode was accomplished by exposing the core to wet chemical etching. Light was then allowed to couple from an intermediate region near the beginning of the core exposure domain while leakage was minimised at un-etched fiber domains downstream. The primary limitation of this method was that only a small portion of the fiber could be used for signal collection. This situation is undesirable for applications such as receivers in telecommunications and sensing where extended light sources are required.

![Flowchart](image)

**Figure 3.1** Optimization parameters for the ZnO nanorods growth on POF using hydrothermal method
The extended light source leads to less guidance of light inside the fiber resulting in low efficiency and sensitivity. To increase the magnitude of light collection, two approaches that were executed simultaneously were proposed. First, a large-core plastic fiber optic is required to increase the scattering area; and second, a structured scattering layer tightly bound to the surface of the POF is required to harvest light from different segments of the POF. The scattering layer consists of ZnO nanorods as a fiber coating. Thus, the synthesis process of ZnO nanorods through hydrothermal method needed to be optimized again due to the different specifications of POF. The POF consists of polymethyl methacrylate resin that is surrounded by a fluorinated polymer jacket that have a storage and operating temperature lower than 100 °C compare to multimode silica optical fiber. Hence, two important parameters are controlled in order to optimize the growth of ZnO nanorods on POF as shown in Figure 3.1. First, growth duration for a promising ZnO nanorods coating and second, seeding method to control uniformity and density of ZnO nanorods grown on POF.

3.3 ZnO Nanorods through Hydrothermal Growth

The growth of ZnO nanorods on POF using hydrothermal synthesis involves three major steps; sample preparation, seeding and growth process as depicted in Figure 3.2. These procedures are discussed in this section.

![Figure 3.2 General procedures of ZnO nanorods synthesis using hydrothermal method](image-url)
3.3.1 Fiber Preparation

Figure 3.3 shows the process of fiber preparation to create ZnO structured growth on POF. In this work, ZnO nanorods were spirally grown on POF to increase the intensity of guided light for sensing application. Standard multimode SK-80 POF fiber (Mitsubishi Rayon Co., LTD; Japan) was used in this study as shown in Figure 3.3 (a). The outer part of the POF is a fluorinated polymer jacket with inner-outer diameter in range of 1880-2120 μm, respectively. The jacket covers the POF that consists of polymethyl methacrylate resin with diameter ranging from 1840 to 2080 μm. At first, the jacket of the POF was mechanically stripped to expose the POF over a length of 10 cm as depicted in Figure 3.3(b). Following cleansing with a dry tissue, 3M water proof plastic tape (Figure 3.3(c)) was applied to create manually spiral template along the exposed POF as shown in Figure 3.3 (d). The width of spiral pattern on POF can be varied and Figure 3.3(e) shows the width was 0.5 cm (uncovered area) to be coated with ZnO nanorods.

![Figure 3.3](image)

**Figure 3.3** The process of fiber preparation (a) POF with black jacket (b) POF is exposed with length of 10 cm for ZnO coating (c) 3M water proof tape is used to create spiral template (d) manually creating spiral pattern on POF and (e) POF with spiral template before the synthesis process.
The tape was removed after the ZnO nanorods synthesis process to expose the bare templated POF surface before experimental characterisation and sensing. For unpatterned coating, the tape was not required to apply on the POF but ZnO nanorods were grown entirely along the POF.

### 3.3.2 Seeding Process

Seeding process plays a very important role in ZnO nanorod coatings on POF. The diameter, length, uniformity and density of the ZnO nanorods are primarily dependent on the seeding process. Figure 3.4 shows the procedures of seeding process which involve 4 main steps; seeding solution preparation, POF surface treatment, forming nucleation site on POF and annealing.

![Seeding process diagram](image)

**Figure 3.4** Procedures of seeding process on POF

Firstly, two different solutions were prepared in order to synthesise ZnO seed particles which are ZnO nanoparticles solution and pH controlled solution. For ZnO nanoparticles solution, ca. 0.0044 g zinc acetate dihydrate $[\text{Zn(O}_2\text{CCH}_3)_2(\text{H}_2\text{O})_2]$ (Merck KGaA, Germany) was dissolved in 20 ml of ethanol (Merck KGaA, Germany) under slow
stirring at temperature of 50 °C for 30 minutes to form a 1 mM solution. Then, the solution was cooled in the ambient for some time before adding another 20 ml ethanol. Figure 3.5 shows the process of ZnO solution preparation with the final amount of 40 ml.

**Figure 3.5** Process of 1mM ZnO nanoparticle solution preparation

The pH of ZnO nanoparticles solution is one of the important factors that influencing the ZnO properties thorough hydrothermal process. The pH can change the number of ZnO nuclei and growth units (H. Zhang et al., 2004). Sagar et al. (2007) claimed that the increase in pH (from acidic to alkaline) of the ZnO nanoparticles solution improves the growth of a ZnO film. To control the aqueous pH, a pH control solution was prepared by dissolving sodium hydroxide (NaOH) in 20 ml ethanol to form 1mM solution with temperature of 50 °C under slow stirring as shown in Figure 3.6.

**Figure 3.6** Preparation of the pH controlled solution using NaOH
After 10 minutes, the 20 ml pH control solution was added into ZnO nanoparticles solution using 1 ml pipet as illustrated in Figure 3.7. This technique provides more hydroxyl ions (OH\(^-\)) in the seeding solution (Baruah & Dutta, 2008). Then, the ZnO nanoparticles solution was slowly stirred for 1 minute for every single drop of 1 ml pH control solution. This process was repeated for 20 times. Then, the seeding solution was kept in a water bath at temperature 60 °C for 3 hours. As result, a noticeable change in the colour of the solution from clear to milky could be observed and pH level changed from ~ 4 to ~ 9.

Figure 3.7 Alkaline process of ZnO nanoparticles solution by NaOH

For optimum uniformity of ZnO growth on POF, surface treatment was performed using polysorbate 80 (tween 80) which is non-ionic surfactant that contains hydrophilic group. In the process, 1 ml tween 80 was completely dissolved in 10 ml deionized (DI) water under moderate stirring with temperature of 45 °C as depicted in Figure 3.8(a). Then, the POF were vertically dipped into the solution for 10 minutes as shown in Figure 3.8(b). The POF samples were dried in air for 2 hours.
In the process of forming nucleation site on the POF, three seeding methods were carried out in order to achieve a proper profile of ZnO nanorods growth on POF. The method used are as follows:

(i) **Dip and Dry (Figure 3.9):** The samples of POF were dipped in the seeding solution for 1 minute and dried on a hot plate at a temperature of 70 °C for 1 minute. This process was repeated for 10 times. Following the conclusion of the dipping process, the POFs were annealed at 70 °C for 3 hrs.
(ii) **Drop and Dry (Figure 3.10):** The samples of POFs were placed on a hot plate at a temperature of 70 °C. The seeding solution was dropped on the POFs with amount of 100 µl using micro-pipet and wait for 1 minute to dry the POFs. The process was repeated for 10 times. Then, the POFs were annealed at the same temperature for 3 hours.

![Figure 3.10 Drop and Dry method in seeding process](image)

(iii) **Slow stirring (Figure 3.11):** In the method, the exposed POFs were immersed in the seeding solution under slow stirring for 30 minutes. This method can avoid the ZnO nanostructure to attach with redundancy on the POFs. The seeding process was also concluded by annealing the POFs for 3 hours at 70 °C.
3.3.3 ZnO Nanorod Growth Process

ZnO nanorods were grown following the seeding process. 2.97 g zinc nitrate hexahydrate [Zn(NO$_3$)$_2$·6H$_2$O] (Ajax Finechem Pty Ltd) and 1.40 g of hexamethylenetetramine or HMT [(CH$_2$)$_6$N$_4$] (Sigma-Aldrich) were dissolved in 1000 ml of deionised (DI) water to form 10 mM solutions of each compound. The seeded POFs were then vertically placed in 200 ml of the synthesis solution and heated in an oven set at 90 °C as shown in Figure 3.12. Following 5 hours of heating, the solution was discarded and replaced with a new solution in order to maintain constant growth conditions (Baruah & Dutta, 2009b). Growth time was varied from 8 to 20 h. Following synthesis, POFs were removed and rinsed several times with DI water.
3.4 Optimization of ZnO Nanorod Growth on POF

The synthesis of ZnO nanorod growth on POF as explained in section 3.3 was optically optimized to investigate light scattering into the POF towards light side coupling. In seeding process, the dip and dry method was applied in order to deposit ZnO nanoparticles on the POF. The profile of ZnO nanorods growth on the POF was as well characterized using scanning electron microscopy (SEM) and Energy dispersive X-ray (EDX). The entire process of the optimization is summarized accordingly as depicted in Figure 3.13.

The hydrothermal growth was firstly performed to grow ZnO nanorods on POF for 20 hours at a temperatures as low as 90 °C (J. H. Kim et al., 2007; T.-U. Kim, Kim, Pawar, Moon, & Kim, 2010; Tam et al., 2006) with and without the surface treatment process. The obtained ZnO nanorods coated POF were then characterized by SEM (model: Hitachi, 3400N) and EDX was performed during SEM.
Figure 3.13 Flow of the optimization process of ZnO nanorod growth on POF through hydrothermal

Figure 3.14 shows the SEM images of ZnO nanorods grown on the POF for 20 hours with surface treatment (Tween 80) and without surface treatment, respectively. These POF samples were observed at low magnification in order to compare the distribution of ZnO coating layer attached on the POF. It was obtained that the POF treated with Tween 80 has a good coating of ZnO layer as shown in Figure 3.14 (a) compare to the untreated POF as depicted in Figure 3.14 (b). The result clearly shows that the coating of ZnO layer was not firmly attached on the untreated POF. It can affect the intensity of guided light inside the POF due to less light scattering.
Figure 3.14 Low magnification SEM images of the POF coated with ZnO nanorods with (a) surface treatment (Tween 80) and (b) without surface treatment

For onward ZnO synthesis process, the surface treatment becomes a compulsory procedure before seeding the POF with ZnO nanoparticles. Then, the unpatterned POF samples coated with ZnO nanorods were prepared for two different growth time; 15 hours and 20 hours. The POF samples were optically characterized towards light side coupling. The optical characterisation apparatus is schematically depicted in Figure 3.15 below.

Figure 3.15 $V_{pp}$ characterisation setup to measure the side coupling of ZnO nanorods for unpatterned and spiral patterned POFs
The magnitude of the side coupling was measured in terms of ‘peak-to-peak’ voltage ($V_{pp}$) following excitation by a modulated light-emitting diode (LED) red light source – e.g. the extended light source as depicted in Figure 3.16. Light from the extended source was restricted by an aperture onto specific sites on the POF in order to optimise the growth conditions for maximum side coupling. The egress end of the optical fiber is linked to a digital oscilloscope and subsequently to a computer for data recording and analysis.

![Image](image.png)

**Figure 3.16** The modulated LED red light source used in the optical characterization

POFs were illuminated by a 3 cm diameter broad band LED extended light source placed 10 cm from the fiber surface. A rectangular aperture $1 \times 3$ cm was placed perpendicularly to and directly on top of the fiber during signal acquisition. Three regions were inspected for the unpatterned type of fiber: (i) the interfacial area between the ZnO coating and the uncoated fiber near the detector end; (ii) the middle ZnO region; and (iii) the tip that consisted of the terminal ZnO-air interface as illustrated in Figure 3.17. The fiber tip was covered in all cases except for readings taken for the tip of the POF samples and the tip reading is not considered for any purpose in this work. In addition, the tip reading is changeable for each sample due to the edge of the tips.
The plots in Figure 3.18 shows the average $V_{pp}$ on bare and unpatterned POFs for 15 hours and 20 hours. However, the average $V_{pp}$ at the interface region (for both these growth times) was greatly reduced due to backscattering that limits light side coupling to the core modes. This backscattering problem also contributed to increase the average $V_{pp}$ at the ZnO region for 15 and 20 hours due to the presence of ZnO nanorods not inducing light leakage. The bare POFs did not show any backscattering effects and very low forward light scattering. The backscattering problem occurred due to longer growth times, resulting in higher ZnO nanorods density on POFs as shown in Figure 3.19 for 15 hours and 20 hours, respectively. Hence, the coating provided a greater barrier to light side coupling due to backscattering. The SEM images of ZnO nanorods are captured at a magnification of 25.00 kX clearly showed that the ZnO nanorods were not vertically grown on POFs. This profile as well contributes to produce high backscattering and low intensity of guided light.
The problem was solved by reducing the ZnO nanorods growth duration to 8, 10, or 12 hours by applying the same synthesis process of ZnO nanorods as explained in section 3.3. Figure 3.20 shows the improvement in the average $V_{pp}$ at interface regions for the above mentioned growth durations: 8, 10, and 12 hours. As the extended light source was shined at middle regions, the average $V_{pp}$ significantly reduced due to ZnO
nanorods induced light leakage through the core modes. At interface region, the average $V_{pp}$ greatly increased due to more light coupled inside the core. However, it was determined that the growth duration of 12 hours was optimal in limiting backscattering. Tip readings (uncovered) are high due to ingress of light through the fiber optic in addition to potential side coupling.

![Backscattering effect is eliminated at interface regions after reducing the growth time to 8, 10, and 12 hours](image)

**Figure 3.20** Backscattering effect is eliminated at interface regions after reducing the growth time to 8, 10, and 12 hours

The optimized condition was concluded based on the highest average $V_{pp}$ at the interface region. The results of optimisation are summarised in Figure 3.21 showing only $V_{pp}$ against interface data. At 12 h growth time, $V_{pp}$ is maximized, thereby demonstrating high light side coupling with reduced leakage due to backscattering. This optimized process of growing ZnO nanorods on POF was then applied to fabricate the spiral patterned growth on POF as shown in Figure 3.3.
Meanwhile, the growth of ZnO nanorods on POFs for the growth durations; 8, 10 and 12 hours were also characterized and analysed through SEM images as shown in Figure 3.22. For ZnO nanorods grown on POF for 8 hours, it was observed that the thickness of ZnO coating layer was very thin and detached. Some parts of the coating layer were not properly grown with ZnO nanorods. The growth of ZnO nanorods was seen like a wave because the length was not proper uniform and short due to a short growth duration. The growth of ZnO nanorods for 10 hours also showing an improper coating layer but the thickness has a slight improvement due to the elongation of ZnO nanorods. However, the orientation of ZnO nanorods is not homogenous as desired. A better improvement in ZnO coating layer can be clearly seen for 12 hours, only a few small parts were not coated and a strong attachment with the POF was achieved.
Therefore, the ZnO nanorods were not distributed appropriately on the POF and few patches of ZnO flowers were presented among the nanorods.

Figure 3.22 The SEM images for growth durations: 8 hours (top left), 10 hours (top right) and 12 hours (bottom)
3.4.1 **Spiral Patterned Growth of Zno Nanorods on POF Using the Optimized Growth Duration.**

For spiral patterned POF, the POF samples were prepared following the steps as shown in Figure 3.3. The synthesis process was performed as explained in section 3.3 with the optimized growth duration. For optical characterization, five ZnO regions were analysed: (Interface 1) the interfacial area between the ZnO coating and the uncoated fiber near the detector end; (ZnO 1) the adjacent pure ZnO region; (Interface 2) a second interfacial domain between the ZnO and the uncoated fiber; (ZnO 2) a second pure ZnO region; and (Tip/ Interface 3) the tip domain of ZnO and air as before (uncovered during reading taken for the tip) as illustrated in Figure 3.23. In all cases, bare POFs devoid of ZnO coating served as controls in the experiments. Five readings were acquired for each measurement.

![Diagram of spiral patterned POF](image)

*Figure 3.23* The specified regions on the spiral patterned POF for optical characterization.

The same characterization setup as performed for the unpatterned POF was used to investigate the side coupling in term of ‘peak to peak’ voltage (\(V_{pp}\)) as shown in Figure 3.15. The graph of average \(V_{pp}\) for the five regions on the spiral patterned growth is depicted in Figure 3.24. \(V_{pp}\) was highest at Interface 1, the ZnO bare interface closest to
the detector. $V_{pp}$ was significantly lower at ZnO 2, the pure ZnO region. A slight rise in $V_{pp}$ was observed at Interface 2, another interfacial region. ZnO 2, a pure ZnO region located further from the detector showed similar values to ZnO 1. Interface 3 showed the tip effect as before. Therefore, the spiral patterned on the POF has potential application as multi-channel excitation and enhance the total coupling inside POF. It is worth mentioning that $V_{pp}$ was a factor of 2x lower than for the same region (interfacial region closest to photodetector) on the unpatterned fiber. This is due to area reduction of the spiral structure as shown by the inset in Figure 3.24. This is not the case when an extended light source was used.

Figure 3.24 Average $V_{pp}$ for the spiral patterned growth for 12 h which has more than one interface and ZnO regions. The inset shows the regions covered by the aperture when characterisation the structured and unstructured ZnO growth on POF

Figure 3.25 shows the SEM image of ZnO spiral patterned growth on POF for 12 hours. The SEM image in Figure 3.25 (a) with magnification set at 13.00 kX was used to observe the ZnO spiral pattern on the POF. The ZnO coating layer strongly attached on the POF with proper orientation. Figure 3.25 (b) depicts SEM images with magnification
of 25.00 kX which clearly shows vertical alignment, high density (63 nanorods/1.23 \( \times \) \( 10^{-12} \) m\(^2\) = 510 \( \times \) \( 10^{11} \) nanorods/m\(^2\)) and uniform distribution of ZnO nanorods on the POF.

**Figure 3.25** (a) 13 kX SEM image of ZnO spiral patterned growth after synthesis (b) 25.0 kX SEM image of the nanorods and Inset: The ZnO nanorods at 60.0 kx magnification for 12 hours

The EDX spectra was performed during SEM to verify the nature of the species attached on the POF and to allow a rough estimation of their relative amounts. The EDX elemental analysis revealed that the topcoat layer consisted only of zinc and oxygen as shown in Figure 3.26. The presence of Zinc indicates a high peak at about 1.0 keV and oxygen peak appears at 0.35 keV.
Figure 3.26 EDX spectrum of ZnO nanorods showing zinc and oxygen peaks

3.5 Optimization of Seeding Methods to Improve the Growth of Zno Nanorods on POF.

The SEM images in section 3.4 showing the morphology of ZnO nanorods grown on POF was not proper as desired due to cylindrical surface of POF compare to flat surfaces that promises a high guarantee for easily controlling the morphological parameters such as alignment, density and uniformity. Deposition of ZnO nanoparticles during seeding process plays an important role in the hydrothermal growth of ZnO (Baruah & Dutta, 2009a). In an attempt to improve the morphology of ZnO, another two seeding methods were carried out as explained clearly in section 3.3.2; drop-dry and continuous slow stirring method. The nanorods were then grown following the conventional growth process. The SEM images of ZnO spiral patterned growth on POF using drop and dry method as depicted in Figure 3.27.
Figure 3.27 The growth of ZnO nanorods using the drop and dry method (a) 5 kX SEM image of spiral patterned growth on POF and (b) the morphology of ZnO nanorods at a high magnification

It was observed that the ZnO nanorods were successfully coated on the POF but with low density. At the high magnification, it can be seen that the ZnO nanoparticles agglomerate during the seeding process to form bigger clumps. This can be attributed to occur due to the surface tension of the solvent (ethanol) which brings the particles together during the drying process (Dutta & Hofmann, 2004). The gradual evaporation of the solvent from the surface of the POF leads to cracks in the layer of the ZnO nanoparticles grown on the POF. As the particles are brought together due to surface tension of the solvent during evaporation, it is unlikely that the crystallites would be preferentially oriented on the POF (M. Wang & Zhang, 2009). As a result of multifarious orientations of the seed crystallites, the nanorods grow in various directions resulting an agglomerated nanorods like growth as illustrated in Figure 3.28.
Figure 3.28 Schematic diagram showing the possible agglomeration of ZnO nanoparticles upon evaporation of the solvent (a) thin layer of ZnO nanoparticles (b) agglomerated clumps of ZnO nanoparticles with various orientations and (c) ZnO nanorods grow from the seed crystallites in the different directions.

To obtain highly oriented growth on POF, continuous slow stirring method through direct hydrolysis proved to be a more promising technique than using pre-synthesized ZnO nanoparticles seeds self-organised on the POF as discussed above. Figure 3.29 shows the POFs were being dipped in the seeding solution for 30 minutes under continuous slow stirring which is able to avoid the agglomeration of ZnO nanoparticles. Orientation of the ZnO nanoparticles formed in the thin film grown on the POF.
Figure 3.29 The continuous slow stirring process

Figure 3.30 shows the SEM image of the ZnO growth on the POF with the continuous slow stirring method in seeding process. It was interesting to observe that not only did this seeding process give uniform growth in the inner layers of the mesh, but it also eliminated the formation of the loosely bound agglomerates. No microstructures could be observed sitting on the nanorods.
Figure 3.30 The growth of ZnO nanorods using the continuous slow stirring method (a) 5 kX SEM image of spiral patterned growth on POF and (b) the morphology of ZnO nanorods at 10.0 kX

3.6 Summary

ZnO nanorods were grown by the hydrothermal method directly onto POF. The morphology of the ZnO nanorods could be varied through changes in growth duration and seeding methods. The synthesis process to grow ZnO nanorods on POF was optimised by maximising the side coupling to POF from an extended light source. Backscattering occurred due to high density of ZnO nanorods growth for 15 and 20 hours, resulting less coupling light inside the POF. This problem was solved by varying the growth duration to 8, 10 and 12 hours. ZnO nanorods growth time of 12 hours and temperature of 90 °C provided the best coupling voltage. This work also reports a novel spiral patterned growth of ZnO nanorods on POF. Structuring the growth to specific regions allows scattering from different segments along the POF to contribute to the total
coupled power. Seeding methods were as well optimized in this work because it is very important to control the growth and orientation of ZnO nanorods on the POF. Vertically aligned ZnO nanorods were obtained on the POF using a continuous slow stirring during the seeding process.
4.1 Introduction

The numerous breakthroughs in photonics that have taken place over the last 50 years gave rise to many applications using light scattering which often involves a considerable amount of interdisciplinary knowledge. Chemists and physicists have utilized light scattering such as small angle x-ray scattering (SAXS) to study the size and shape of macromolecules in solution as well as a whole range of materials including colloidal suspensions and solid polymers (Agbabiaka, Wiltfong, & Park, 2013; Lipfert, Columbus, Chu, Lesley, & Doniach, 2007). A classical text with title “Light Scattering by Small Particles” (Hulst & Van De Hulst, 1957) and the comprehensive book on “The Scattering of Light and Other Electromagnetic Radiation” (Kerker, 1969) were widely referred for a deeper understanding of the dynamical properties of systems often requires theoretical and experimental examinations of the scattering phenomena.

Nowadays, ZnO has received tremendous interest as a scattering element especially on various flat surfaces for many optical applications such as solar cells (Berginski et al., 2007; Krč, Zeman, Kluth, Smole, & Topič, 2003), bio-imaging (Wu et al., 2007) and etc. However, there are not many research attempts so far to develop a patterned ZnO growth. The application of a spiral patterned ZnO nanorods with mm dimensions on cylindrical surfaces with small diameter (e.g. ca. 2 mm) of a typical optical fiber has still not been explored for optical applications. Practically, unpatterned growth is preferred due to reduced complexity during fabrication and shorter treatment time. As
examples, some applications have been demonstrated with unpatterned growth of ZnO coating on POF (Bora et al., 2014; H Fallah et al., 2013). However, it was found that although unpatterned ZnO nanorod layers enhanced optical side coupling with the fiber, significant levels of backscattering prevented the ingress of light into the fiber. Furthermore, ZnO scattering centers provided a pathway for light leakage (Hoorieh Fallah et al., 2014). Consequently, these two optical loss mechanisms resulted in low intensity of side coupling of light, a condition that is undesirable in optical applications such as in telecommunications, sensing and measurements. As explained in previous chapter, in order to increase the intensity of side-coupled light, application of spiral patterned coatings of ZnO nanorods on POF was proposed to mitigate the level of backscattering and leakage.

This chapter will focus on two main objectives of this research work. First, the spiral patterned coatings of ZnO nanorods on POF through continuity of the optimized hydrothermal synthesis will be optically characterized towards light side coupling of multiple optical channel. In this characterization, spectral analysis is performed for the unpatterned and spiral patterned samples to identify the wavelength coupling maxima. A broad spectrum white light source and two infrared laser sources were used (850 and 980 nm). The optical transmittance of patterned and unpatterned POFs is compared by computing the coupling efficiency. Second, an optimization of the spiral spacing of ZnO nanorod coated regions on the POF was carried out to produce maximal signal intensity. Theoretically, high intensity light side coupling is expected between the scattering ZnO layer and the fiber optic if the width of the ZnO spirally-patterned coating is optimized for the purpose of experimental design.
4.2 Mechanism of Light Scattering by ZnO Nanorod

It is worth mentioning here that across this thesis and in a previous publication (H Fallah et al., 2013), the term scattering is used to describe the main phenomenon corresponding to side coupling as shown in Figure 4.1. It was reported that another important factor has been observed to actually contribute into coupling light to the guided modes inside POF particularly at large angles, $\theta_s$, (near right angles). At angles close to 90°, light is guided inside the rods because ZnO nanorods have higher refractive index, $n_3$ compared to the polymer, $n_2$ forming the POF, light at the outlet of the nanorods diverges with wide field of view inside the fiber. Side coupling is obtained for the portion of this diverging light which is at angles larger than the critical angle, $\theta_c$ between polymer core and air, $n_1$. Though, for simplicity and for the remaining of this thesis the term scattering is used to describe the macroscopic effect of light side coupling.

![Figure 4.1](image.png)

**Figure 4.1** Mechanism of light scatters into POF by ZnO nanorods at angle larger than critical angle, $\theta_c$. 

$n_3 > n_2 > n_1$
4.3 Mechanism of Light Scattering For Unpatterned and Spiral Patterned ZnO Nanorod Layers and For the Multi-Channel Optical Fiber

In conventional optical fiber systems, light is typically introduced from one end, guided through the fiber and collected at the other end. This common method has been widely used for sensing applications using plastic optic fiber (POF) coated with ZnO nanostructures (Batmalay et al., 2014; Harith et al., 2015; Lokman et al., 2015). In previous chapter, two approaches were proposed to increase the magnitude of light collection and light side coupling was applied in order to optimize the growth of ZnO nanorods on POF. This section explains the mechanism of light scattering for unpatterned and spiral patterned ZnO nanorod coatings and for the multi-channel optical fiber case as illustrated in Figure 4.2.

Light scattering is induced by the presence of ZnO nanorods on the surface excitation locations along the POF. A portion of the scattered light is guided when scattering angles are greater than the critical angle between the surrounding and the core (Bora et al., 2014). The coupled light propagates through the POF to the terminal detector (I_{out}). The presence of the nanorods as well causes light leakage through the side of the fiber (I_{leak}) (Figure 4.2(a)). For example, if two point light sources, P(z_1) and P(z_2) along a POF are illuminated simultaneously, then the excitation inside the fiber is maximised at these points. However, due to the nanorods inducing light leakage, the intensity of the guided light decreases exponentially to the ZnO nanorods interface. For the location farthest away from the interface (e.g. z_2), any light reaching the detector is minimised. Hence, the power coupled from point z_2 provides only minimal contribution to the total guidance. Clearly, the way to increase the contribution originating from point z_2 is to reduce the amount of leakage.
Figure 4.2 Schematic diagram of light scattering for (a) Unpatterned growth of ZnO nanorods with the coupling light (b) Spiral patterned growth of ZnO nanorods with more interface and ZnO regions with the coupling light (c) Spiral patterned growth of ZnO nanorods for a multi-channel excitation.
Light leakage can be minimised by reducing the ZnO coverage through the fabrication of a spiral patterned layer of ZnO nanorods as shown in Figure 4.2(b). The reduction of the effective area of the scattering layer is expected to increase the contribution from point \( z_2 \). Considering an arbitrary point at the middle of the spiral patterned ZnO layer (Figure 4.2(b)), the light coupled inside the fiber leaks exponentially inside the coated region. The intensity remains steady in the uncoated region till the next ZnO patterned region where the exponential decay occurs again. The intensity from point \( z_2 \) is increased due to a balance between the optimised side coupling from the ZnO patches and the reduction of the leakage due to the reduction of the effective ZnO nanorods region. On the basis of this hypothesis, one can predict possible enhancement of the total coupling when an extended light source is used.

In another demonstration, the presence of patches of ZnO nanorods was used for multi-channel excitation. Though, it is possible to achieve multi-wavelength excitation with unpatterned growth, channels further from the ZnO edge suffers a sever loss. Higher power is then required for channel equalisation. This effect is minimised here using the spiral patterned POF as shown in Figure 4.2(c). Different wavelengths of light source, \( P(z_1) \), \( P(z_2) \), and \( P(z_3) \) are individually excited at different spiral patches of ZnO nanorods. Due to the reduction of the effective scattering area, the peaks of the coupled light are expected to be higher than multi-channel performed on unpatterned ZnO nanorods growth. This gives rise to a possible application in wavelength division multiplexing. The coupling efficiency of each channel depends on the spacing between the scattering domains.
4.4 Experimental Characterization of Multi-Channel Optical Fiber towards Light Side Coupling

Spectral analysis was performed for the unpatterned and patterned samples to identify the wavelength coupling maxima using the setup shown in Figure 4.3. A broad spectrum white light source and two infrared laser sources were used (850 and 980 nm). The one end of the POF fiber is linked to a spectrometer and subsequently to a computer for data recording and analysis. The other one end of the POF fiber was covered with a small aperture to avoid light entering from the end during spectral acquisition. The optical transmittance of patterned and unpatterned POFs were compared. Transmittance was calculated by the following expression.

\[
\text{Transmittance} = \frac{\text{Coupled Power}}{\text{Source Power}}
\]  

Figure 4.3 Spectral analysis setup to determine wavelength coupling maxima

Figure 4.4 represents the transmittance of visible white light for spiral patterned and unpatterned POFs when an extended source was used. The result indicates that the spiral patterned growth is able to increase coupling of the light source better than the unpatterned growth due to the existence of more interfacial ZnO regions and reduction of
active region on the POF. The plot in Figure 4.4 also shows that the spiral patterned growth provides a higher light transmittance with an improvement factor of 2.2.

![Graph showing transmittance of visible white light spectrum](image)

**Figure 4.4** Transmittance of the visible white light spectrum

Figure 4.5 shows that the transmittance of light for the spiral patterned growth is higher than the unpatterned growth when both infrared laser sources were tested. However, the infrared laser source did not significantly couple at the particular wavelength inside the POF due to the small waist of laser beam that only focuses on a specific region. Consequently, less amount of light scatters into POF by ZnO nanorods is coupled and guided inside the POF. Therefore, the coupling efficiency was too low for useful applications.
4.5 Modeling of Coupling Efficiency for Spiral Patterned and Unpatterned Coating by Varying the Width of the Coated Region towards Light Side Coupling

In this section, a first order model is derived to simulate the impact of millimeter (mm) scale spiral patterns on power leakage due to scattering by ZnO nanorods. In the side coupling mechanism proposed here, ZnO nanorods allow light to couple inside the guiding region (core of POF). ZnO nanorods as well guide the light outside the fiber core with each bounce at the interface. These two counter-effects restrict the coupling to an effective area around a region at the beginning of the ZnO coating. This limits the use of this system in multiple channels as well as for application with extended sources. One way to improve the system response is through spreading the effective coupling area of
ZnO nanorods across the fiber. This is achieved by introducing patches of nanorods coating. Optimizing the gaps and width of ZnO coating enhance the system response depending on the light source used. More detailed analysis of the scheme was explained in section 4.3. Two kinds of ZnO nanorod coating schemes on POF were analyzed: 1. Spirally patterned ZnO nanorod coatings in which a light-blocking layer was applied, and 2. Unpatterned coatings in which ZnO nanorods coated the entire surface of the POF uniformly. The two configurations are shown in Figure 4.6.

**Figure 4.6** (a) Spirally patterned coating of ZnO nanorods on POF and (b) unpatterned coating of ZnO nanorods on POF with a visible light source
In the schemes illustrated in Figure 4.6, the visible-light source illuminates the upper hemisphere of the coated POF when oriented normal to its surface. The ZnO nanorods scatter light at different directions accordingly and the total light scattered inside the optical fiber is expressed in the following equation

\[ P_o = P_{source} \cdot \rho_a \cdot C_{sc} \]  

(4.2)

In Equation (4.2), \( P_{source} \), is the power of the source excitation. The constants \( C_{sc} \) and \( \rho_a \) are the scattering cross section of one rod (m) and rods density (number of nanorods per unit area, \( N_{rod}/ \mu m^2 \)) respectively. However, not all light scattering is guided (coupled). Only light scattered with angles larger than the critical angle contributes the coupling. The Equation (4.2) can be written as

\[ P_o = P_{source} \cdot \rho_a \cdot C_{sc} \cdot \psi \]  

(4.3)

The constant \( \psi \) is the portion of the scattered light that couples into the guided modes of the fiber. In order to derive an expression of \( \psi \), a probability of distribution function of the light scattering from one ZnO rod versus radial, \( \theta \) and azimuthal, \( \phi \) angles was calculated and this is typically referred to as the phase function \( p(\theta, \phi) \) and it is illustrated in Figure 4.7.

![Figure 4.7 Definition of polar coordinate](image)
As \( p(\theta, \phi) \) is a probability distribution function, the integration over all angles should be unity.

\[
\psi = \int_0^{2\pi} \int_0^\pi p(\theta, \phi) \sin \theta \, d\theta d\phi = 1 \quad (4.4)
\]

In Equations (4.4), the function \( p(\theta, \phi) \) is the phase function which is assumed to be independent on the azimuthal angle, \( \phi \) and hence the integration over \( \phi \) is \( 2\pi \). Hence in Equation (4.4), the integration is over the radial angle, \( \theta \) only. The expression in Equation (4.4) is reduced to

\[
\psi=2\pi \int_0^\pi p(\theta, \phi) \sin \theta \, d\theta = 1 \quad (4.5)
\]

Only light scattered at angles large than critical angles contributes to the guidance inside fiber. The fraction of scattered light that is guided can be written as:

\[
\psi=2\pi \int_{\theta_{\text{inc}}}^\pi p(\theta - \theta_{\text{inc}}) \sin \theta \, d\theta \quad (4.6)
\]

The function \( p(\theta - \theta_{\text{inc}}) \) is assumed to vary linearly with the incident angle, \( \theta_{\text{inc}} \). This assumption can be justified here as small range of angles around normal incidence is considered. At larger angles this model deviates from the actual system. The critical angle, \( \theta_c \), is the one between the core POF and air. From Equation (4.3) and (4.6), the maximum coupled power, \( P_o \) to core or cladding mode is defined as

\[
P_o = P_{\text{source}} 2\pi C_{\text{sc}} \rho_a \psi \quad (4.7)
\]

To study the coupling and source distribution effect, the POF surface was divided into segments of width, \( \Delta z \) shown in Figure 4.8(a). The source excitation is assumed constant over the width. At any segment \( h \) on the surface of the POF, exposed to a visible light source, there is an arbitrary intensity profile \( P_{s}(z) \) causes a portion of \( \psi \eta P_{s}(z) \) to couple to the guided modes. In addition to the excitation, a portion of the previously coupled light (coming from segment \( P_{h-1} \)) adds to the amount of light coming out of segment \( h \) as shown in Figure 4.8(b). Notice that, in the figure the coupling coefficient from segment \( h \) is indicated as \( \eta_h \). The power coupled out of segment \( h \) can be then written as
\[ P_h = \psi \eta_{z,h} P_s + P_{h-1} - (\eta_{z,h} P_{h-1}) \]  

\(4.8\)

**Figure 4.8** (a) Dividing the POF coated with ZnO nanorods into discrete sections of width \(\Delta z\) for both coating schemes (b) Optical Intensity components around a segment \(h\) of the ZnO coated POF

In simulations, the length of POF was selected to 100 segments of 1 mm each for a total of 100 mm and \(P_{source}\) is the power of the source excitation that was fixed to 5 for amplitude. Then, normalization of the outputs were applied, each value of the outputs divided by \(P_{source}\) to have a maximum value equal to 1. Three coating regions of ZnO nanorods were developed in order to create spiral patterned coating on the POF and the widths of the ZnO nanorods coating were varied from 1 to 20 segments as shown in Figure 4.6(a). Meanwhile, the unpatterned POF was evaluated by varying the ZnO nanorods coating from 1 to 100 segments which is fully coated as depicted in Figure 4.6(b). These two scheme coatings were analysed using Equation (4.8) by applying finite difference method. In this case, the widths of ZnO nanorods coating were fixed to 3 segments (3 mm) starting from segment 10 to 12 (1st ZnO region), 13 to 38 (uncoated region), 34 to 36 (2nd ZnO region), 37 to 62 (uncoated region) and 63-65 (3rd ZnO region). For ZnO
unpatterned coating, there is only one ZnO region that is also fixed to 3 segments (10 – 12). The region omit is a coated with ZnO nanorods has the coupling coefficient, $\eta_z$ higher than zero and $\eta_z$ for uncoated region is equal to zero. Thus, the power for the segment before segment 10 ($P_9$) was equal to zero due to the $\eta_z$ was zero. As the portion of light from segment 9, $P_9$ was substituted into Equation (4.8) to couple to the amount of light of $P_{10}$. The total light at segment 10 is

$$P_{10} = \psi \eta_{z10} P_s + P_9 - (\eta_{z10} P_9) = \psi \eta_{z10} P_s$$

The amplitude of $P_{10} = \psi \eta_{z10} P_s$ is coupled to the amount of light in segment 11. Thus, $P_{11}$ can be written as follow:

$$P_{11} = \psi \eta_{z11} P_s + P_{10} - (\eta_{z12} P_{10})$$

Then, the coupling light in segment 11 is coupled to the light presents inside segment 12, the amplitude of $P_{12}$ is given as

$$P_{12} = \psi \eta_{z12} P_s + P_{11} - (\eta_{z12} P_{11})$$

In this case, the coupled light from segment 10 to segment 12 is equal to $P_{12} = \sim 0.7$ because the width of ZnO nanorods coating was fixed to 3 segments. For the unpatterned POF, the coupling light is consistently equal to $P_{12}$ in uncoated region until reaching the photodector. The consistency of the coupled light occurs due to coupling coefficients from segment 13 to 100, $\eta_{z13}$ to $\eta_{z100}$ are equal to zero in uncoated region. Thus, the coupling light reached the photodetector can be written as

$$P_{13} = \psi \eta_{z13 \text{ to } 100} P_s + P_{12} - (\eta_{z13 \text{ to } 100} P_{12}) = P_{12}$$
In spiral patterned POF, this consistency of $P_{12}$ remains steady in the uncoated region (segment 13 to 38) till the second ZnO nanorods region (segment 34 to 36) that has another three segments. The amount of $P_{12}$ is coupled again in the first segment of second ZnO nanorods region. The coupled light keeps increasing until the next uncoated region. The effect of spiral patterned coating on POF leads to a significant improvement of light intensity as depicted in Figure 4.9 achieving a level of coupling light of 0.98. In the case, side coupling was obtained to be a factor of 1.4 times better for spiral patterned coating as opposed to unpatterned continuous coatings.

![Figure 4.9 The scheme of light propagation for unpatterned continuous and spiral patterned coating where ZnO coating region was fixed to 3 segments (3 mm)](image)

It is worth mentioning that the coupled power is normalized to the optical power incident at each segment. Also in off-axis coupling azimuthal modes (or skew rays) are dominantly coupled (Dwivedi, Sharma, & Gupta, 2007). These however might not be the only modes to be excited in side coupling as radial modes can be excited as well. This is due to the main fact that mode excitation happens due to matching the the momentum of the scattered light to the propagation constant of guided mode. In general, the assumption of specific power distribution among any set of modes (in any form) with the proposed first
order model especially when large core fiber is used would not have a significant effect on the driven results or the measurement as we estimate the leak due to surface scattering.

4.6 Theoretical Optimization of Spiral Patterned Width for Optimal Side Coupling

Improved optical side coupling efficiency was demonstrated for spiral patterned zinc oxide (ZnO) nanorods coated large core plastic optic fibers (POFs) as opposed to unpatterned continuous coatings (Rahim et al., 2016). Nanorods enhanced coupling inside the fiber by scattering light but were also capable of causing leakage. Structuring the growth to specific regions allowed scattering from different segments along the fiber to contribute to the total coupled power. In order to optimize the width of ZnO nanorods coating on POF, an analysis was theoretically performed by analyzing the coupling efficiency in three different considerations. First, as explained in section 4.5, the analysis was continued by varying the width of spiral patterned coating from 1 to 20 mm segments as shown in Figure 4.6(a). Meanwhile, the unpatterned was analyzed by varying the ZnO nanorods coating from 1 to 20 segments which is fully coated as illustrated in Figure 4.6(b). A broad spectrum light source was applied for side coupling in the analysis. Figure 4.10 illustrates the modeling results of normalized coupling output for unpatterned and spiral patterned POF. The normalized coupling output increased greatly for spiral patterned over that derived from unpatterned coatings as the width of ZnO nanorods coating was varied from 0 to 20 mm.
Figure 4.10 The normalized coupling output for unpatterned and spiral patterned coating by varying the width of ZnO nanorod coating on POFs.

Spiral patterned POFs coupled more light compared to unpatterned POF for nanorod coating widths less than 5 mm as shown in Table 4.1. The greatest difference in coupling output between patterned and unpatterned coatings was shown at ZnO width equal to 1 mm where $\Delta I_{(1 \text{ mm})} = I_p - I_{up} = 0.369$ due to spiral ZnO coating along the core POF compared to unpatterned coating that had only one patch of ZnO region (1 mm) on the POF. Although $\Delta I_{(1 \text{ mm})}$ was the highest, the coupling output for spiral pattern was not considered because it was not the maximum value of light side coupling. The spiral pattern coating achieved the maximum value of light side coupling at width equal to 5 mm ($\Delta I_{(5 \text{ mm})} = I_p - I_{up} = 0.135$). Therefore, despite that $\Delta I_{(5 \text{ mm})}$ was less than $\Delta I_{(1 \text{ mm})}$, the use of maximal light side coupling was more dominant in applications. Meanwhile, the unpatterned coating achieved the maximum value of light side coupling at ZnO coating width longer than spiral patterns. Once the maximum coupling output was reached, the coupling output remained consistent in POF’s with both types of coatings at the normalized value equal to 1 even though the width of ZnO coating was varied.
Table 4.1 Differences of normalized coupling output, $\Delta I$ between spiral patterned and unpatterned POFs for different widths of ZnO coating from 0 to 7 mm

<table>
<thead>
<tr>
<th>Widths of ZnO coating region (mm)</th>
<th>Normalized coupling output</th>
<th>( \Delta I = I_p - I_{up} )</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Spiral pattern, ( I_p )</td>
<td>Unpatterned, ( I_{up} )</td>
</tr>
<tr>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>1</td>
<td>0.699</td>
<td>0.330</td>
</tr>
<tr>
<td>2</td>
<td>0.910</td>
<td>0.551</td>
</tr>
<tr>
<td>3</td>
<td>0.973</td>
<td>0.699</td>
</tr>
<tr>
<td>4</td>
<td>0.992</td>
<td>0.798</td>
</tr>
<tr>
<td>5</td>
<td>1.000</td>
<td>0.865</td>
</tr>
<tr>
<td>6</td>
<td>1.000</td>
<td>0.909</td>
</tr>
<tr>
<td>7</td>
<td>1.000</td>
<td>0.939</td>
</tr>
</tbody>
</table>

Second, with the coating schemes used in (i), a laser light source (Gaussian beam) was applied and the effects on the coupling efficiency was analyzed for spiral patterned and unpatterned coatings. The source power, \( P_s \) in Equation (4.8) was set as follows:

\[
P_s = \frac{1}{\sigma \sqrt{2\pi}} \exp \left( -\frac{r^2}{2\sigma^2} \right)
\]

(4.9)

Where,

\( \sigma = \text{Beam waist} \)

\( r = \text{Distance from the center of the beam} \)
In the modeling, the center of the beam was aligned to be at a border between the exposed POF and jacket as illustrated in Figure 4.11. The same procedures was applied for the modeling with a broad spectrum light source was used in order to observe the coupling efficiency with laser light source. ZnO nanorods coating on POF allows normal incident light to scatter inside the POF at angle greater than the critical angle.

Figure 4.11 (a) Spirally patterned coating of ZnO nanorods on POF and (b) unpatterned coating of ZnO nanorods on POF with a laser light source (Gaussian beam)
Figure 4.12 shows the theoretical coupling efficiencies of spiral patterned and unpatterned coatings. The same response as discussed in previous work (H Fallah et al., 2013) occurred in the analysis which the total power inside the fiber reduced exponentially for the both scheme coatings, due to scattering effects (neglecting visible light absorption by the ZnO nanorods, which is minimal as ZnO is a wide band gap semiconductor). As the width was increased, there was more light leakage through the presence of ZnO coating on POF. However, spiral patterned POF coupled more light compared to unpatterned POF for all width of ZnO coating region. The peaks of coupling efficiencies for spiral patterned and unpatterned coating were shown at ZnO width equal to 2 mm.

![Figure 4.12 The coupling efficiencies for spiral patterned and unpatterned coating excited by a laser light source](image)

Third, the effects on the coupling efficiencies for spiral patterned and unpatterned coatings were evaluated by varying the spacing (uncoated region). Three widths of spiral patterned coating on the POF were fixed at 5 segments and the spacing were varried from 1 to 20 segments and as shown in Figure 4.13(a). Meanwhile, the unpatterned POF was
also analyzed by varying the uncoated region from 1 to 20 segments and a continuous ZnO nanorods coating was created on POF with a width of 5 segments as depicted in Figure 4.13(b). A broad spectrum light source was applied for side coupling in the analysis due to high coupling efficiency as discussed in the first theoretical optimization.

Figure 4.13 Spiral patterned coating of ZnO nanorods (b) unpatterned coating of ZnO nanorods with varied uncoated spacing
The modeling result in Figure 4.14 clearly shows there is no light scattering into POF when the width of uncoated region was varied. The light only coupled within the ZnO coating region and remained steady in uncoated region due to the coupling coefficient, $\eta_z$ for uncoated region is equal to zero as explained in section 4.5. Although the width of uncoated region was varied, the output remained unchanged for the both coating schemes. The coupling output for spiral patterned coating is higher than unpatterned coating due to more interfacial ZnO coating regions on POF to couple the light.

![Figure 4.14: The effects on coupling efficiency by varying the uncoated region](image)

**Figure 4.14** The effects on coupling efficiency by varying the uncoated region

### 4.7 Experimental Optimization of Spiral Patterned Width for Optimal Side Coupling

POF fiber spiral patterning and ZnO nanorod seeding and synthesis procedures were described in detail in the previous chapter. Standard polymethyl methacrylate (SK-80 POF fibers from Mitsubishi Rayon Co., LTD; Japan) were utilized in the experiments to serve as controls and the same fibers were modified to obtain spiral patterned POF with a specified spiral pitch angle, spacing and width. The jacket of the POF were
mechanically stripped to expose the core fiber over a length of 10 cm. The fiber length of 10 cm was chosen in this work in order to have a full illumination of light beam on the stripped fiber from a light source with diameter of 3 cm that was placed in parallel at an optimal distance of 3 cm from the POF surface. Figure 4.15 illustrates the ZnO coating schemes; three widths were varied from 3, 5 to 7 mm for the spiral patterned and unpatterened POF. These width coatings were selected from modelling result in Table 4.1 due to the significant output differences occurred at small width of ZnO coatings. A fully coated POF (100 mm) was also fabricated to complete the validation. Tape-patterned and unpatterned POFs were then placed in a ZnO seed solution and subsequently into the growth solution to form ZnO nanorods. Percent surface coverage and nanorod orientation were evaluated as described in the previous chapter by evaluation of scanning electron micrographs recorded by a Hitachi, 3400N SEM system operating at 20 kV.

![Coating schemes](image)

Figure 4.15 Coating schemes (a) unpatterned POFs (b) Spiral patterned POFs

Optimization of optical input through the POF waveguides was realized by correlation with maximal values of the output voltage as depicted in Figure 4.16. A function generator was used to modulate the light from a broadband LED light source.
Sinusoidal intensity pattern was generated and transmitted through the LED. At the receiver side, peak-to-peak voltage of photodetector output was recorded (not the DC value). This scheme allows minimization of the ambient light effect and external sources. The amplitude of output voltage changes according to the amount of coupling inside the POF. The light source was placed in parallel and ~3 cm from the POF surface. The diameter of the light source was oriented along the longitudinal axis of the POF. The fiber tip was covered to avoid light entering from the end. The analysis was performed on the spiral patterned POFs with three different widths of ZnO coatings (3 mm, 5 mm and 7 mm), the unpatterned POFs with the limited ZnO coating (3 mm, 5 mm, 7 mm) and full coated POF’s. Five readings were acquired for each measurement.

![Optimization setup](image)

**Figure 4.16** Optimization setup to measure the output voltage for unpatterned and spiral patterned ZnO nanorods

Based on the simulation results, 3 mm, 5 mm, and 7 mm coating widths were selected for experimental optimization and application. Figure 4.17 shows the experimental results for spiral patterned and unpatterned POFs. Overall, it can be seen that both coating schemes correlated well with simulations. The results clearly showed that the unpatterned coatings of ZnO nanorods (3 mm, 5 mm and 7 mm) coupled less light compared to spiral patterned POFs. In addition, the full ZnO coated POFs (100 mm)
produced an output voltage that was less than spiral patterned POFs (3 mm, 5 mm or 7 mm) due to less illumination coverage of the visible light source in distance of 3 cm from POF sample as shown in Figure 4.16.

![Graph showing normalized coupling output for different widths of ZnO coating region.](image)

**Figure 4.17** The experimental result of spiral patterned and unpatterned coating for 3, 5, 7 and 100 mm

### 4.8 Summary

The spiral pattern on the POF also provides a higher light intensity multi-channel compared with unpatterned ZnO nanorods POF. Spectral analysis was performed to investigate light transmittance for different wavelength of light sources. It was found that visible white light source significantly coupled the light into the POF compared with infrared laser sources.

The present study also theoretically optimized the width of the ZnO nanorod spiral coating with a visible light source. The effects on light side coupling were analyzed by varying the width of ZnO coating region. A significant improvement was demonstrated by spiral patterned coating at small widths of spiral coating region.
The light side coupling also was theoretically proved with laser light source (Gaussian beam) for spiral patterned and unpatterned coating. It is found that the light exponentially decays when the width of the ZnO coating region was increased due to the distribution of Gaussian beam. Consequently, the both scheme coatings contributed less coupling efficiencies for applications.

The analysis on light side coupling were then performed by varying the uncoated region for the both scheme coatings. There was no any change in amplitude of light when the width of uncoated region was varied. Thus, the width of uncoated region can be ignored in design for optimal efficiency.

Overall, spirally patterned coating theoretically proved an improvement in light guiding compared to unpatterned coating. An optimized width of spiral patterned coating was found to be 5 mm for efficient light coupling. There was reasonable correlation between theory and experiment.
CHAPTER 5: APPLIED LIGHT SIDE COUPLING WITH OPTIMIZED SPIRAL PATTERNED ZINC OXIDE NANOROD COATINGS FOR TEMPERATURE AND MULTIPLE OPTICAL CHANNEL ALCOHOL VAPOR SENSING

5.1 Introduction

Optical sensors, another important application of optical fiber, have also experienced fast development and attracted wide attention in fundamental scientific research as well as in practical applications. Optical fiber can not only transport information acquired by sensors at a high speed and in large volume, but it can also play the role of a sensing element itself. In addition, compared with electric and other types of sensors, optical fiber sensor technology has unique merits, such as immunity from electromagnetic interference (B. Lee, 2003), being waterproof (Saito, Ichikawa, & Oshima, 1987), and resistance to chemical corrosion (Giallorenzi, Bucaro, Dandridge, & Cole, 1986). It has advantages over conventional bulky optical sensors, such as the combination of sensing and signal transmission, smaller size (Cullum & Vo-Dinh, 2000), and the possibility of building distributed systems (Mendez, Morse, & Mendez, 1990). Optical fiber sensor technology has been used in various areas of industry, transportation (Oehme & Wolfbeis, 1997), communication (Hill, Fujii, Johnson, & Kawasaki, 1978), security (Szustakowski, Ciurapinski, Palka, & Zyczkowski, 2001), and defence (Cooper, Elster, Jones, & Kelly, 2001), as well as in people’s daily life (Hocker, 1979). Its importance has been growing with the advancement of the technology and the expansion of the scope of its application.

However, these optical fiber sensors are usually associated with high cost, high operational power requirements and complexity in operation. Laser light sources are generally used in optical sensing applications but costs related to the laser and mechanical
alignment apparatus can be relatively high (Aneesh & Khijwania, 2011). Application of laser light sources onto coated fibers also poses several problems. Inequality of beam distribution onto the fiber and small beam diameter can lead to fluctuations, non-representation and low intensity (Dickey et al., 2000). Broadband visible light source methods are simpler and less expensive to operate but suffer from low sensitivity. However, specially coated optical fibers are able to improve the sensitivity of visible light source methods. A new broadband visible light source sensor system that utilizes light side coupling to ZnO nanorod coated POF is proposed. The ZnO rods act as scattering elements that induce light transmission into the POF.

Here, in experiments using light side coupling method, molecules of ZnO on POF which is composed of discrete electric charges illuminated by an electromagnetics wave (visible light), electric charges in the ZnO coating layer are set into oscillatory motion by the electric field of the incident light. Accelerated electric charges scatter light into POF. In addition, the excited ZnO nanorods may transform part of incident light into other form called absorption. This phenomena is called extinction that was applied to the spiral patterned coating of ZnO nanorods on POF as a temperature sensor and multiple optical channel waveguide sensor for detection of alcohols in the visible wavelength domain were demonstrated based on a need to develop a low-cost, high sensitivity and uncomplicated sensor system.

5.2 SEM images of Optimized Spiral Patterned Zinc Oxide Nanorod Coatings for Sensing Applications

Figure 5.1 shows the SEM image of optimized spiral patterned coating of ZnO nanorods for temperature and multiple optical channel alcohol vapor sensing. The SEM image in Figure 5.1(a) with magnification set at 10.00 kX clearly shows the spiral
patterned ZnO nanorods coating on POF. In the low-magnification image given below, the width of ZnO coating is 5 mm and the uncoated spacing is 10 mm in width.

Figure 5.1 (a) The optimized spiral patterned ZnO nanorod coatings, (b) the perpendicular growth of ZnO nanorods on POF at low magnification (c) at high magnification (d) height and diameter of the ZnO nanorod and (e) ZnO continuous coating on unpatterned POF
In Figure 5.1(b), ZnO nanorods can be seen growing perpendicular to the surface of the POF, an important geometry to enhance the light scattering mechanism for light side coupling into the POF. Moreover, the growth of ZnO nanorods on POF surface in Figure 5.1(b) observed at magnification of 15.00 kX reveals high density (85 nanorods / 3.62 X $10^{-12}$ m$^2 = 23.50 \times 10^6$ nanorods/µm$^2$) and uniform distribution. Figure 5.1(c) shows the growth of ZnO nanorods with magnification of 30.00 kX. From the SEM images, the obtained ZnO nanorods were about 3.41 µm ± 0.05 µm in length and 172.8 nm ± 20 nm in diameter as shown in Figure 5.1(d).

5.3 Applied Light Side Coupling With Optimized Spiral Patterned Zinc Oxide Nanorod Coatings for Temperature Sensing

Conventional temperature sensors have their limitations if large distances have to be covered such as in many distributed measurements, electromagnetic interference leads to the loss of signal to noise ratio, explosive environments does not allow safe use of resistive devices and often in a plurality of applications they do not match when light-weight structures are desired. The fiber optic sensors market is a multi-billion dollar business which is prognosed to grow further and fiber optic based temperature sensors are an important class therein as they are immune to electro-magnetic interference and are thus robust and accurate in high-RF environments. Several measurement principles have been described in the literature for measuring temperature sensors such as intensity modulated fiber optic displacement sensor (FODS) (Rahman, Harun, Saidin, Yasin, & Ahmad, 2012), lifetime measurements (Z. Zhang, Grattan, & Palmer, 1992), microfiber loop resonator (MLR) (Harun, Lim, Damanhuri, & Ahmad, 2011) and stimulated brillouin scattering (Kurashima, Horiguchi, & Tateda, 1990), interferometer (H-Romano
et. al, 2015) and multicore fiber structure (A-Lopez et. al., 2014). Although, the temperature sensing using polymer-coated microfiber interferometer reported by I. H. Romano et al has a high sensitivity but it is not able to sense temperature changes at higher range due to low melting point of the polymer. In order to be economically advantageous, an optical fiber temperature sensor must be robust, easy-to-use, fast, accurate, stable over a wide measurement range and suitable for a large variety of applications (Li et al., 2012). In an application, many commercial electronic components can be damaged due to exposure to high temperature (> 70˚C) and some can be damaged by exposure to low temperatures (< 0˚C) (Mishra, Keimasi, & Das, 2004). Semiconductor devices and LCDs (liquid crystal displays) are examples of commonly used components that are susceptible to large temperature variations. In these cases, temperature sensing is indeed important so that appropriate measures can be incorporated to prolong the life of these devices. Optical fiber based temperature sensors are the only possibility in the presence of electromagnetic fields such as in microwave fields, power plants or explosion-proof areas and wherever measurement with electrical temperature sensors is not possible such as in high tension cable lines, airplanes, spacecrafts, electrical motors etc (Ramakrishnan, Rajan, Semenova, & Farrell, 2016).

In a previous report, temperature sensing was demonstrated using ZnO thin films where spectral absorption changes in ZnO was monitored (Hvedstrup Jensen, 1974). In this work we present optimized simple yet sensitive spiral patterned ZnO nanorod coatings on POF based temperature sensor capable of utilizing ambient light coupled through the nanorods into the fibers for sensing. Sensing performances of ZnO nanorod coatings, spirally patterned on POF fibers are presented and the results are compared to the sensing characteristics of the unpatterned fibers. Uncoated POF (bare) were not considered for this application since it does not show any scattering effects due to side coupling of light (Aneesh & Khijwania, 2011; Rahim et al., 2016).
5.3.1 Experiment of Temperature Sensing

The proposed temperature sensor is schematically illustrated in Figure 5.2. For maximal temperature detection, an aluminium rod with dimension of 0.3 and 10 cm in length was used. The aluminium rod is placed vertically on a hot plate and in closed contact with the physical POF coated with ZnO nanorods. For temperature monitoring, a thermocouple (type J) was fixed in closed contact with the POF as well. The thermocouple has a resolution of 1 °C and is able to measure the temperature within a range of 0 °C to 500 °C. A modulator circuit was used to minimize the noise in the measurement, the white-light LED current driver was modulated with a periodical pattern signal generated by a signal generator. The magnitude of light side coupling was measured by connecting one of the POF to photodector and displayed in millivolt (mV) on oscilloscope under illumination of the modulated visible white light source on the POF. The other one of the POF tip was covered during the experiments to avoid light entering directly through the tips. Then, temperature sensing measurement was carried out by varying temperature from 20 °C to 100 °C. Five readings were recorded for each measurement. The sensitivity ($S$) was obtained through the slope of sensing response for spirally patterned and unpatterned ZnO nanorod coated POF devices.
5.3.2 Results and Discussions

The real time responses of the ZnO nanorod coated optical fiber sensor to temperature changes from 20 °C to 100 °C were recorded towards light side coupling. The measurements were conducted by exposing the spirally patterned and unpatterned ZnO nanorods coated POFs to temperature under visible light illumination. It was found that the both coating schemes showed obvious output voltage changes upon exposure to temperature as depicted in Figure 5.3. It is well known that the thermo-optic coefficient of the POF is an order of magnitude higher than that of glass optical fiber (GOF), and the refractive index (RI) of POF is affected by temperature variation. Therefore, the temperature dependence must be taken into account for POF based RI sensors. Several reports are available studying the temperature dependence of the RI sensors based on GOF technology (Han, Lee, & Lee, 2004; P. Wang, Semenova, & Farrell, 2008; P. Wang, Semenova, Wu, Zheng, & Farrell, 2010). As explained in section 4.4, the spirally...
patterned ZnO nanorod coating leads to an increase in coupling of the light source compared to the unpatterned POF’s due to the higher interfacial ZnO regions on the POF.

![Graph showing temperature sensitivity](image)

**Figure 5.3** The response of spiral patterned coating and unpatterned coating in temperature sensing.

Earlier work showed that absorptivity of ZnO had a linear dependence on temperature using reflection measurements (Hvedstrup Jensen, 1974) and refractive index of ZnO coating layer changed at different temperature (Sanjeev & Kekuda, 2015). Figure 5.4 presents the sensing mechanism of the temperature sensor in this work using extinction concept which is the attenuation of light by scattering and absorption as it traverses the ZnO nanorods (Near, Hayden, & El-Sayed, 2012). Before visible light illumination was applied onto ZnO nanorods, light does not scatter into the POF as shown in Figure 5.4 (a). As visible light illuminates continuously onto the ZnO coating layer at a temperature of 20 °C, light scattered into the POF and a high intensity of guided light was detected due to low light absorption inside ZnO coating layer as illustrated in Figure 5.4 (b). When the POF coated with ZnO nanorods was closely touched to the heated aluminium rod following the continuous light illumination, the absorption of light inside
the ZnO nanorods coating increased and the amount of light scattering into the POF relatively reduced with increasing temperature within the range as depicted in Figure 5.4(c). Consequently, the intensity of guided light inside the POF decreased due to less light coupling. The excitation of oxygen molecules increased and obviously more energy was required that contributed to a high absorption inside ZnO nanorods coating layer.

![Diagram](image)

**Figure 5.4** The temperature sensing mechanism (a) before light illumination (b) upon light illumination and (c) aluminum rod in close proximity to ZnO nanorods coating layer.

Figure 5.5 shows the sensitivities of the optical sensor coated with ZnO nanorods. In the case of spirally patterned coating, the sensor response to temperature changes was found to be 0.0623 mV/°C. However, when the unpatterned coating was exposed to temperature changes, the sensitivity decreased to 0.0484 mV/°C due to less coupling light inside POF. Moreover, spirally patterned coating consists of two exposed elements; ZnO nanorods coating and uncoated regions (polymer). Thermal effect can be effectively sensed by spiral patterned POF because the uncoated regions contributes also to optical loss which is dependent on temperature. The loss is reported to increase with increasing temperature (Husdi, Nakamura, & Ueha, 2004; Minakawa et al., 2014). In the temperature sensing, sensitivity was measured to be a factor of 1.3 times better for spiral patterned coatings as opposed to unpatterned coatings. Moreover, this temperature sensor demonstrated a higher sensitivity compared to other optical fiber temperature sensors.
which usually use common sensing method by introducing light from one end and collecting at the other end (Ju, Watekar, & Han, 2009; Rahman, Harun, Saidin, et al., 2012). It was observed that the spiral patterned coating is able to monitor temperature to 0.1284 °C resolution and unpatterned coating has a resolution of 0.2273 °C. Based on this performance, the optimized spiral patterned ZnO nanorod coating was further used for multiple optical channel alcohol vapor sensing.

![Graph](image)

**Figure 5.5** The sensitivity of spiral patterned and unpatterned coating in temperature sensing

5.4 **Applied Light Side Coupling With Optimized Spiral Patterned Zinc Oxide Nanorod Coatings for Multiple Optical Channel Alcohol Vapor Sensing.**

A chemical sensor is a device that transforms chemical information in the form of concentration of a specific material into an analytically useful signal (Hulanicki, Glab, & Ingman, 1991). A large number of commercially available chemical measurement
systems are found in the market today and can be classified by the type of analytical signal required for measurement. For optical-based instrumentation, these include, among others, absorbance (Puyol et al., 2005), luminescence (Leiner, 1991), light scattering (McFarland & Van Duyne, 2003), and fluorescence (Liebsch, Klimant, Krause, & Wolfbeis, 2001). Due to the simplicity of directing light into a sensing platform, optical fibers have found applications for the measurement of chemicals in food (McCorkle et al., 2005; Morisawa & Muto, 2012; Narsaiah, Jha, Bhardwaj, Sharma, & Kumar, 2012; Shenhav et al., 2013), security industry safes (Clevenson, Desjardins, Gan, & Englund, 2013) and clinical materials (Shenhav et al., 2013). Nowadays, optical fiber sensors have been integrated with nanotechnology in utilizing visible light as light source for various sensing applications.

In the experiment, the responses of alcohol vapors were observed in spectral of visible wavelength towards light side coupling. The behavior of light scattering changed when the spiral patterned ZnO nanorods coating on POF exposed to alcohol vapors. The performances of the optical sensor were investigated as a multiple optical channel sensing in visible wavelength.

5.4.1 Experiment of Multiple Optical Channel for Alcohol Vapor Sensing

Figure 5.6 shows the experimental setup used for optical sensing of alcohols. The apparatus consisted of a spectrometer (USB4000, Ocean Optics) and a sensing chamber (0.18 m x 0.2 m x 0.27 m). A visible white light source with wavelength 380 to 750 nm was used to induce light side coupling. The intensity of the white light source was modulated with a periodical pattern using the modulator in order to minimize the background effect. It is worth mentioning that here a spectrometer was connected to the end of the POF in order to record the spectrum of the coupled light. During the investigation of sensor performance, ambient air was passed through the sensing chamber.
at room temperature (ca. 26°C) and relative humidity of 45% until a steady state condition (0 ppm) was obtained. The white light source was placed 3 cm from the POF surface. A known amount of alcohol was vaporized and introduced into the sensing chamber as the target gas. Three kinds of alcohol were tested: 1. ethanol [CH$_3$CH$_2$OH] (Merck KGaA, Germany, 99.8%), 2. methanol [CH$_3$OH] (J.T.Baker, USA, 99.8%) and 3. isopropanol [C$_3$H$_7$OH] (Merck KGaA, Germany, 99.5%). The spectral response towards alcohol vapor was recorded every 10 seconds from 0 ppm to 300 ppm. In the experiment, the concentration (C) of target alcohol vapor in ppm was computed using the following equation (Peng et al., 2010).

$$C = \frac{T \times V_c \times D_t}{V_c \times M_t} \times R$$

where $T$ is the operating temperature in Kelvin (K), $V_c$ is the volume (ml) of the diluted target gas which is equal to the volume of the sensing chamber. $V_t$, $D_t$ and $M_t$ represent the volume (µl), density (g/ml) and molecular weight (g/mol) of the alcohol analyte, respectively. $R$ is the universal gas constant which is equal to 8.2 x 10$^4$ JK$^{-1}$mol$^{-1}$.

Figure 5.6 Experimental setup to validate the alcohol sensing activities of spiral patterned POF as multiple optical channels
From the recorded visible spectrum (380 nm – 750 nm), the response from three specific ranges (referred to here as channels) was studied - blue (450 – 495 nm), green (495-570 nm) and red (620 – 750 nm). In the channels, the measured transmittance average values and standard deviations were obtained for the all concentrations of the alcohol vapors. The sensing performances in each channels were investigated by analyzing the effects on light intensity towards the all alcohol vapor concentrations. The sensing effects were presented in term of relative intensity modulation (RIM) in arbitrary unit (a.u) (L. Grattan & Meggitt, 2013) that was calculated using the following equation.

\[
RIM = \frac{I_f(\text{av}) - I_i(\text{av})}{I_i(\text{av})}
\]  

(5.2)

where \(I_f\) is the smallest average intensity after injection of alcohol vapor and \(I_i\) is the average initial intensity before injection of alcohol vapor under light illumination . The RIMs were obtained for each alcohol vapor response in all three channels. To create an inexpensive multichannel sensing system using red, green and blue LEDs and a simple photodetector, a preliminary reference was developed through division of higher responses from two of the three channels with respect to channel that produces lowest response. It is worth noting here that the aim of this part of the experiment was to study the efficiency of utilizing only three color channels (Red, Green, Blue) for different vapors sensing. This can be possibly extended to the use of RGB LED with lower cost photo-detector instead of a spectrometer.
5.4.2 Results and Discussions

The improved side coupling by the spiral patterned coating of ZnO nanorods on POF is exploited to demonstrate sensor performances in different wavelength domains of visible light called channels to sense three different alcohol vapors (methanol, ethanol and isopropanol) as shown in Figure 5.7. All sensing was accomplished with the optimized spiral ZnO coating width of 5 mm. It was found that the sensor demonstrated three different responses for methanol, ethanol and isopropanol vapors as a function of molecular weights (methanol < ethanol < isopropanol), relative dielectric constants and polarity. The relative dielectric constants of methanol (33), ethanol (24) and isopropanol (20), for example, most likely influenced selective alcohol vapor molecule adsorption onto different crystal faces of the ZnO nanorods (Wiederrecht, 2010). The amount of vapor adsorption coupled with the region of adsorption on the ZnO therefore played the major roles in the attenuation of the coupled light signal. Additionally, the refractive indices of methanol (1.328), ethanol (1.361) and isopropanol (1.377) also affected the interaction of light by varying the refractive index of ZnO nanorods coating (Yebo, Lommens, Hens, & Baets, 2010). Interestingly, in the presence of methanol, the intensity was seen to decrease significantly indicating lower side coupling of light into the POF. This was due to the change in the refractive index of the ZnO coating layer caused by methanol absorption. During sensor recovery, as methanol evaporated from the layer of ZnO nanorods coating, the sensor output was observed to return closely to the initial condition in ca. 7 minutes. For ethanol and isopropanol, the sensor also demonstrated similar response patterns caused by rising adsorption onto ZnO nanorods.
Figure 5.7 Spectroscopy responses of multiple optical channels sensor in blue, green, and red wavelengths for (a) methanol, (b) ethanol and (c) isopropanol

However, the sensor demonstrated slight response to isopropanol vapor molecules compared to ethanol. The recovery time for ethanol and isopropanol were ca. 5 minutes and ca. 3 minutes, respectively. The decrease of light intensity when exposed to the alcohol vapors and the recovery towards initial value is believed to be due to chemisorption process, the interaction of hydrogen-bonding between –OH groups of alcohol molecules with ZnO coating layer (Jaisai, Baruah, & Dutta, 2012). Due to small size of methanol molecules compared to ethanol and the biggest molecule size, isopropanol, the chemisorption process between methanol molecules and ZnO coating layer is very high that took more time to recover relatively to initial value.

The change in the refractive index of the ZnO coating layer due to absorption process that affects the amount of light scattering into POF can be explained clearly using the sensing mechanism depicted in Figure 5.8. Initially, ZnO nanorods were exposed to air at room temperature as shown in Figure 5.8 (a). In this case, ionized oxygen is
chemisorbed onto the surface in its molecular form, $O_2^-$, as given in Equation (5.3) (Alenezi et al., 2013).

\[ O_2 \text{(gas)} + e^- \leftrightarrow O_2^- \]  \hspace{1cm} (5.3)

As the surface is illuminated continuously by visible light as shown in Figure 5.8(b), changes in the carrier density in the ZnO nanorods and the layer of depletion depth occur. Once electron–hole pairs are generated by the visible light, holes migrate to the surface and discharge the adsorbed oxygen molecules. This causes the depth of the depletion layer to decrease, resulting in the desorption of surface oxygen. Over time, unpaired electrons accumulate until the desorption and adsorption of oxygen reaches an equilibrium state. The amount of adsorbed oxygen decreases compared to air conditions as shown in Figure 5.8 (a). The presence of excitons under visible light irradiation leads to the formation of atomic adsorbed oxygen, $O^-$, which is substantially more chemically active than $O_2^-$ and creates favorable conditions for catalytic reactions (Barry & Stone, 1960; Fan, Srivastava, & Dravid, 2009). This phenomena contributed to the amount of light scattering into optical core fiber by the ZnO nanorods. When gases (such as methanol in this case) are introduced, the adsorbed oxygen on ZnO nanorods took part in the oxidation of methanol in two possible ways (Equation (5.4) and (5.5)) (Patel, Patel, & Vaishnav, 2003). The oxygen ions on the surface of ZnO reacted with the methanol molecules and give up electrons to the conduction band and increase the carrier concentration in the ZnO nanostructure as shown in Figure 5.8(c).

\[ \text{CH}_3\text{OH} + O^- \leftrightarrow \text{HCHO} + \text{H}_2\text{O} + e^- \]  \hspace{1cm} (5.4)

\[ \text{CH}_3\text{OH} + \text{O}_2^- \leftrightarrow \text{HCOOH} + \text{H}_2\text{O} + e^- \]  \hspace{1cm} (5.5)

As a result, scattering attenuation was therefore a function of the type of molecular species adsorbed onto the ZnO surface (e.g. its refractive index, $n$) and the amount of that
material present, allowing these molecules to interact differently with the incoming light. At the same time different organic molecules have different refractive indices, molecule sizes and band-bending occurs at surface which will also affect the interaction of incoming light by varying the $n$ of the outer coating differently (Yebo et al., 2010).

![Diagram](image)

**Figure 5.8** Schematic diagram of the alcohol sensing mechanism activated using visible white light illumination (a) in air at room temperature (b) with visible white light and (c) with methanol exposure

As observed from the responses of the sensor in multiple optical channels as shown in Figure 5.9, different wavelengths of light as well contributed to determining the amount of chemical vapor absorption onto ZnO nanorods with attenuated light scattering into the POF. In this result, the green channel presented the largest range of intensity (0.11 – 0.87) followed by the blue channel (0.07 - 0.41) and then, with the lowest intensity, the red channel (0.05 – 0.17). It can be concluded that the intensity of green light in ZnO nanorods dramatically decreased with the increase in vapor concentration as alcohol molecules are adsorbed onto the ZnO coating.
Figure 5.9 The responses of multiple optical channels sensor in channel (a) blue (b) green and (c) red
Subsequently, there was a degree of attenuation of light scattering into POF. It was shown in references (H. Lin et al., 2006; Vanheusden, Warren, Seager, Tallant, Caruso, et al., 1996; Vanheusden, Warren, Seager, Tallant, Voigt, et al., 1996) that the luminance characteristic of ZnO has a significant response in green spectral range due to the strong influence by free-carrier depletion at the particle surface, particularly for small ZnO particles. Moreover, upon exposure to visible light, ZnO nanorod coating will be photoactivated leading to reduced inter-grain barrier height, thereby increasing the density of free carriers in the material. Boiling points of primary alcohols in these experiments are methanol: 65 °C; ethanol: 78 °C; isopropanol: 82 °C which are related anyway to the bond dissociation energies. Hence, the order of sensitivity was in the reverse order. This leads to the specific heats of vaporization which is the lowest for isopropanol (0.471 kJ/g) compared to ethanol (0.925 kJ/g) and methanol (1.22 kJ/g).

Figure 5.10 shows the relative intensity modulations (RIMs) of the multichannel optical sensor for alcohol vapors. The RIMs of the sensor in each channel were calculated using Eq. (5.2). The absolute of the light intensity decreased rapidly with increasing the alcohol vapors concentration from 0 – 300 ppm. The green channel contributed the highest RIMs for all three alcohols. Measurements in the blue light domain showed intermediate RIMs, and lastly, the red channel exhibited significantly lower RIMs of all three light domains for all alcohols tested. For the green channel, the sensor response for methanol was found to be 0.84 a.u. However, when ethanol and isopropanol were tested, the RIM decreased to 0.55 a.u and 0.14 a.u, respectively. In the case of the blue channel, sensor response to methanol also presented the highest RIM of the three alcohols equal to 0.79 a.u. For ethanol and isopropanol, once again, decreased but to lower levels than those observed for the green channel- 0.49 a.u and 0.13 a.u, respectively. The same trends in alcohol RIM based on molecular weight was demonstrated by the red channel but to the lowest levels of the three light domains.
The optimum RIM for isopropanol is smaller than that of ethanol due to reduced absorption onto the ZnO nanorods by the larger molecular weight and slightly less polar molecule (Alenezi et al., 2013). Channel green demonstrated significant RIMs in sensing the three alcohol vapors because ZnO nanorods have both polar and non-polar surfaces as reported in (M. Huang et al., 2014) where zinc vacancies (VZn) at the nonpolar surfaces are responsible for the green luminescence of ZnO nanostructures (Fabbri et al., 2014). The presence of neutral VZn on ZnO coating generates a multiple effect: the absence of Zn ions leaves out under coordinated O atoms, and the unpaired O electrons give rise to empty states. As a consequence, this leads to a high absorption in green luminescence due to strong O-H chemical bonds (Willander et al., 2010).

A preliminary reference was developed by performing cross validation on channel blue and green with respect to channel red that produced the minimal response for the alcohol vapors as shown in Figure 5.10 in order to create an inexpensive multichannel sensing system using red, green and blue LEDs and a simple photodetector. To observe the response of the sensor as a multichannel device, one of the three channels was set as a reference to accommodate for source fluctuation and environment effect (heat and

**Figure 5.10** The relative intensity modulation (RIM) of multiple optical channels sensor exposed to ethanol, methanol and isopropanol vapors
vibration for example). The other two readings are normalized to the reference and the RIM of different gas vapors to these channels are examined.

![Graphs showing the validation of the multiple optical channels sensor for (a) channel blue/channel red and (b) channel green/channel red.](image)

**Figure 5.11** The validation of the multiple optical channels sensor for (a) channel blue/channel red (b) channel green/channel red

In both validations, the three alcohol vapors illustrated a similar pattern response at two different ranges which were ~1.3 – 2.5 for channel blue/channel red and ~ 2.0 – 5.2 for channel green/channel red. In these ranges, significant responses were seen clearly in methanol and ethanol sensing compared to isopropanol that showed less response.
5.5 Summary

The study implemented successfully light side coupling with optimized spiral patterned zinc oxide nanorod coatings for temperature and multiple optical channel alcohol vapor sensing. The inherent advantages of optical fibers paired with the transparency of ZnO nanorods in the visible wavelength region were applied to design a simple and cost effective optical sensor. With increasing temperature, the coupled light was found to reduce, which was used for calibrating as a temperature sensor. The spirally patterned ZnO nanorods coating demonstrated significant improvement (1.3 times better sensitivity) in the coupled light power compared to unpatterned coatings, since scattering of light is dependent on the refractive index of ZnO surface and highly sensitive to ZnO absorption. These robust but simple temperature sensors can find wide ranging applications for environmental monitoring (Schroeder, Yamate, & Udd, 1999), biomedical purposes (Korolyov & Potapov, 2012) as well as in environments with electromagnetic pollution and/or explosive conditions. For instance, it can be also used as a visible light photosensitive indicator for those who have photosensitivity diseases related to sunlight or interior lighting. This proposed sensor is able to indicate the intensity level of light at that a particular area due to excitation of ZnO upon receiving photons to scatter light into POF.

Practical application of the special POF system also showed promise as a multiple optical channel sensor for alcohol vapors in the visible range of the spectrum. To explain the mechanism of sensing for alcohols, it was proposed that the light scattering aspect of the ZnO nanorods dependent on changes in the refractive index was affected by adsorption of alcohol species. With regard to sensing performance in the three spectral channels described previously, methanol showed the greatest RIM and range followed by ethanol and isopropanol. In the investigation of a multiple optical channel sensor, the green channel significantly produced higher RIMs in sensing methanol, ethanol and
isopropanol vapors compared to the blue and red channels. Furthermore, a preliminary reference was developed in order to propose a multiple optical channels sensor system using inexpensive color LEDs (blue, green and red) as light sources and a simple photodetector in applications.
CHAPTER 6: CONCLUSION AND FUTURE WORK

This chapter presents the overall summary of the results and conclusions. The research described in this thesis showed a possibility of applying structuring growth of ZnO nanorods on POF for various sensing applications. Although some comprehensive conclusions were able to be drawn, the whole spectrum of questions was not exhausted. The summary of the author’s conclusions and experiences is written below in hope that they may be helpful to someone who will continue this research work.

6.1 Conclusion

Structured growth of ZnO nanorods on POF has been successfully performed using hydrothermal method. The size and morphology of the ZnO nanorods could be varied through the changes in the concentration of the reactants, temperature, growth duration and seeding technique. The study also demonstrated controlled light scattering and efficient light coupling into the core modes of the ZnO nanorod coated POF. The hydrothermal growth duration of the ZnO nanorods were found to be important in the light coupling efficiency. From the optical characterization it was seen that the spiral structure growth of the ZnO nanorods on POF for a growth duration of 12 hours at 90 °C provided the maximum coupling power. The spiral pattern structure also has an improved transmittance factor of 2.2 compared to the unpatterned coating with an extended light source.

A new theoretical model specifically for light scattering from ZnO nanorods coated POF have been successfully analysed the effect on coupling power by varying the width of spiral structure. From the analysis, the width of spiral patterned ZnO nanorod coatings on POF was optimized theoretically for maximum light side coupling with a constant amplitude of light source and found to be 5 mm. The theoretical model also proved that Gaussian beam was not able to couple light efficiently towards light side
coupling. The width of spiral patterned ZnO nanorods coating on POF was experimentally optimized and the experimental results correlated well with the simulations.

A major highlight of this project was the use of POF as optical sensors using ZnO nanorods. The inherent advantages of optical POF paired with the transparency of ZnO nanorods in the visible wavelength region were incorporated to design a simple and cost effective optical sensor for various applications. One-dimensional nanostructures with very high surface to volume ratio can be attractive candidates for sensing purposes. The possibility of light side coupling shown by the ZnO nanorods coated POF was exploited as an optical temperature sensor. The experiment carried out on temperature sensing showed a decrease in the coupled power as the temperature increases for the both coating schemes. Spiral patterned coating demonstrated higher sensitivity compared to unpatterned coating.

Further, the application was extended to the use of the fabricated POF as multiple optical channel alcohol vapour sensor by utilizing the scattering properties of spiral patterned ZnO nanorods grown on POF. The ZnO nanorod coated POF demonstrated significant change in the coupled power in the presence of ethanol, methanol and isopropanol vapours, since scattering of light is dependent on the nature of the surface and highly sensitive to any changes on the surface. It was found that with increase in the concentration of the alcohol vapours from 25 ppm to 300 ppm, the coupled light decreases. This had a direct impact on the sensitivity. The spectral results were analysed among which methanol gave a strongest response compared to ethanol and isopropanol in three channels: red (620-750 nm), green (495-570 nm) and blue (450-495 nm). With regard to alcohol detection sensitivity by spectral band, the green channel demonstrated the highest RIM values followed by the blue and red channels respectively.
6.2 Future work

As future recommendations, the investigation can be further extended to increase the coupling efficiency by using two or more POF coated with spiral patterned ZnO nanorods coating. In addition, enhancement of the sensor system can be achieved through an integration with an artificial intelligent (AI) system to sense even the smallest of physical parameter changes. In application, the fabricated POF can be used as a probe in optical wireless energy harvesting.
REFERENCES


LIST OF PUBLICATIONS, PAPERS PRESENTED AND PATENTS

Journal Publications (ISI)


Papers Presented at Conferences


Patents


2) Multiple Channel Optical Sensing towards Light Side Coupling, University of Malaya, Intellectual Properties of Malaysia (2016).

APPENDIX

A selection of published works are attached in this appendix.
Side coupling of multiple optical channels by spiral patterned zinc oxide coatings on large core plastic optical fibers

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Improved optical side coupling efficiency was demonstrated for spiral patterned zinc oxide (ZnO) nanorods coated large core plastic optic fibers (POFs) as opposed to unpatterned continuous coatings. ZnO nanorods were grown by the hydrothermal method directly onto POF surfaces. Nanorods coating enhanced coupling inside the fiber by scattering light but were also capable of causing leakage. Structuring the growth to specific regions allows scattering from different segments along the fiber to contribute to the total coupled power. ZnO nanorods growth time of 12 h and temperature of 90 °C provided the best coupling voltage. Side coupling was measured to be a factor of 2.2 times better for spiral patterned coatings as opposed to unpatterned coatings. The formation of multiple segments was as well used for multiple-wavelength channels excitation where different bands were side coupled from different segments.

1. Introduction: Zinc oxide (ZnO) is a versatile wide-bandgap (3.37 eV) semiconductor material that has contributed to the development of numerous applications over the past few years. Depending on its doping condition, ZnO can be conductive (including n-type and p-type conductivity), semi-conductive, insulating, transparent and show piezoelectric behaviour, room temperature ferromagnetism, and huge magneto-optic and chemical sensing properties [1]. This versatility makes ZnO a suitable material for a variety of integrated nanosystems that include optoelectronics [2–5], biosensors [6–8], resonators [9], medical devices [10, 11], imaging [12, 13], and wireless communication [14]. In optical fiber systems, light is typically introduced from one end, guided through the fiber and collected at the other end. This common method has been widely used for sensing applications using plastic optic fiber (POF) coated with ZnO nanostructures [15–17]. In previous work, we have demonstrated the feasibility of side coupling to optical fibers by exploiting the scattering properties of ZnO nanorods coated on silica multimode optical fibers [18]. Light induced by scattering at angles larger than the critical angle is guided inside the fiber.

Although ZnO nanorods enhance optical guidance in this way, they are also responsible for light leakage due to the very same scattering property. In our previous work, coupling of light to the core mode was accomplished by exposing the core to wet chemical etching. Light was then allowed to couple from an intermediate region near the beginning of the core exposure domain while leakage was minimised at unetched fiber domains downstream. The primary limitation of this method was that only a small portion of the fiber could be used for signal collection. This situation is undesirable for applications such as receivers in telecommunications and sensing where extended light sources are required. The extended light source leads to less guidance of light inside the fiber resulting in low efficiency and sensitivity.

To increase the magnitude of light collection, we proposed two approaches that were executed simultaneously. First, a large-core plastic fiber optic is required to increase the scattering area; and second, a structured scattering layer tightly bound to the surface of the POF is required to harvest light from different segments of the POF. The scattering layer consists of ZnO nanorods as a fiber coating. Fig. 1 illustrates the mechanism of light scattering for unpatterned (Fig. 1a) and spiral patterned (Fig. 1b) ZnO nanorods layers and for the multi-channel optical fiber case (Fig. 1c). Light scattering is induced by the presence of ZnO nanorods on the surface excitation locations along the POF. A portion of the scattered light is guided when scattering angles are greater than the critical angle between the surrounding and the core [19]. The coupled light propagates through the POF to the terminal detector (I_{det}). The presence of the nanorods as well causes light leakage through the side of the fiber (I_{leak}) (Fig. 1a). For example, if two point light sources, P(z₁) and P(z₂) along a POF are illuminated simultaneously, then the excitation inside the fiber is maximised at these points. However, due to the nanorods induced leakage, the intensity of the guided light decreases exponentially to the ZnO nanorods interface. For the location farthest away from the interface (e.g. z₂), any light reaching the detector is minimised. Hence, the power coupled from point z₂ provides only minimal contribution to the total guidance. Clearly, the way to increase the contribution originating from point z₂ is to reduce the amount of leakage.

Light leakage can be minimised by reducing the ZnO coverage through the application of a spiral patterned layer of ZnO nanorods as shown in Fig. 1b. The reduction of the effective area of the scattering layer is expected to increase the contribution from point z₂. Considering an arbitrary point at the middle of the spiral patterned ZnO layer (Fig. 1b), the light coupled inside the fiber leaks exponentially inside the coated region. The intensity remains steady in the uncoated region till the next ZnO patterned region where the
exponential decay occurs again. The intensity from point \( z_2 \) is increased due to a balance between the optimised side coupling from the ZnO patches and the reduction of the leakage due to the reduction of the effective ZnO nanorods region. On the basis of this hypothesis, one can predict possible enhancement of the total coupling when an extended light source is used.

In another demonstration, the presence of patches of ZnO nanorods was used for multi-channel excitation. Though, it is possible to achieve multi-wavelength excitation with unpatterned growth, channels further from the ZnO edge suffers a severe loss. Higher power is then required for channel equalisation. This effect is minimised here using the spiral patterned POF as shown in Fig. 3a. This work focuses on creating spiral pattern using the plastic tape (0.4 cm). The width of spiral ZnO patterned on POF was 0.2 cm. The tape was removed before experimental characterisation to expose the bare templated POF surface.

2. Materials, fabrication, and characterisation

2.1. Fibre preparation: Standard multimode SK-80 POF fibers (Mitsubishi Rayon Co., LTD; Japan) were used in experiments. The fiber core consists of polymethyl methacrylate resin with diameter ranging from 1840 to 2080 µm. The core is surrounded by a fluorinated polymer jacket with inner–outer diameter in the range of 1880–2120 µm, respectively. Fig. 3a depicts a graphical representation of the spiral structure. At first, the jacket of the POF is mechanically stripped to expose the core fiber over a length of 7 cm. Following cleansing with a dry tissue, the spiral template is applied with plastic tape (Fig. 3a). This work focuses on creating spiral pattern using the plastic tape (0.4 cm). The width of spiral ZnO patterned on POF was 0.2 cm. The tape was removed before experimental characterisation to expose the bare templated POF surface.

2.2. ZnO seeding procedure: The synthesis of ZnO nanorods was accomplished as previously reported [20]. First, ZnO seed particles were synthesised by dissolving ca. 0.0044 g zinc acetate dihydrate [Zn(O2CCH3)2·2H2O] (Merck KGaA, Germany) in 20 ml of ethanol (Merck KGaA, Germany) to form a 1 mM solution. The resulting ZnO seed particles served as nucleation centres for nanorods growth. Unpatterned and spiral patterned POFs were then dipped into the ZnO seed solution for 30 s and placed on a hotplate set at 70 °C for 2 min. The solvent was then allowed to

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**Fig. 1** Schematic diagram of light scattering for
a Unpatterned growth of ZnO nanorods with the coupling light
b Spiral patterned growth of ZnO nanorods with more interface and ZnO regions with the coupling light
c Spiral patterned growth of ZnO nanorods for a multi-channel excitation

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**Fig. 2** Optical characterisation apparatus
a Vpp characterisation setup to measure the scattering effect of ZnO nanorods for unpatterned and spiral patterned ZnO nanorods
b Spectral analysis setup to determine wavelength coupling maxima

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**Fig. 3** Graphical representation and SEM image of
a Spiral patterned form using plastic tape
b 13 kX SEM image of ZnO spiral patterned growth after synthesis
c 25.0 kX SEM image of the nanorods
evaporate. The process was repeated ten times to ensure optimal seed distribution on the surface of the POF. It was followed by drying the samples at 70 °C under ambient conditions thereby concluding the seeding process.

2.3. ZnO nanorods synthesis: ZnO nanorods were grown following the seeding process. 2.97 g zinc nitrate hexahydrate [Zn(NO₃)₂·6H₂O] (Ajax Finechem Pty Ltd) and 1.40 g of hexamethyleneteramine or HMT [(CH₂)₆N₄] (Sigma-Aldrich) were dissolved in 400 ml of deionised (DI) water to form 10 mM solutions of each compound. The seeded POFs were then vertically placed in 200 ml of the synthesis solution and heated in an oven set at 90 °C. Following 5 h of heating, the solution was discarded and replaced with a new solution in order to maintain constant growth conditions. Growth time was varied from 8 to 20 h. Following synthesis, POFs were removed and rinsed several times in DI water.

2.4. Characterisation: Scanning electron microscopy (SEM) was performed at the National Nanotechnology Center, Thailand Science Park (Hitachi, 3400N). Energy dispersive X-ray (EDX) was performed during SEM. The optical characterisation apparatus is schematically depicted in Fig. 2a below. The magnitude of the side coupling was measured in terms of ‘peak-to-peak’ voltage (V_{pp}) following excitation by a modulated red light source – e.g. the extended light source. Light from the extended source was restricted by an aperture onto specific sites on the POF in order to optimise the growth conditions for maximum side coupling. The egress end of the optical fiber is linked to a digital oscilloscope and subsequently to a computer for data recording and analysis.

2.5. Experimental: V_{pp} was analysed according to the schematic depicted in Fig. 2a. POFs were illuminated by a 3 cm diameter broad band light-emitting diode extended light source placed 10 cm from the fiber surface. A rectangular aperture 1 x 3 cm was placed perpendicularly to and directly on top of the fiber during signal acquisition. Three domains were inspected for the unpatterned type of fiber: (i) the interfacial area between the ZnO coating and the uncoated fiber near the detector end; (ii) the middle ZnO domain; and (iii) the tip domain that consisted of the terminal ZnO-air interface. The fiber tip was covered in all cases except for readings taken for the ‘tip domain’ of the unpatterned and spiral patterned POF. In the figure, dark regions represent discarded and replaced with a new solution in order to maintain constant growth conditions. Growth time was varied from 8 to 20 h. Following synthesis, POFs were removed and rinsed several times in DI water.
patterned ZnO nanorods scattering domains. For unpatterned POFs, the extended light source was positioned in the centre of the ZnO coated area. $V_{pp}$ was measured on bare and unpatterned ZnO nanorods POFs (variable growth time) to determine side coupling limits. Optimised growth time was applied to $V_{pp}$ measurements on patterned surfaces.

For patterned POFs, five ZnO domains were analysed: (i) the interfacial area between the ZnO coating and the uncoated fiber near the detector end; (ii) the adjacent pure ZnO domain; (iii) a second interfacial domain between the ZnO and the uncoated fiber; (iv) a second pure ZnO domain; and (v) the tip domain of ZnO and air as before (uncovered during tip domain measurements). In all cases, bare POFs devoid of ZnO coating served as controls in the experiments. Five readings were acquired for each measurement.

Spectral analysis was performed for the unpatterned and patterned samples to identify the wavelength coupling maxima using the setup shown in Fig. 2b. A broad spectrum white light source and two infrared laser sources were used (850 and 980 nm). The optical transmittance of patterned and unpatterned POFs were compared. No aperture was used during spectral acquisition. Transmittance was calculated by the following expression

$$\text{Transmittance} = \frac{\text{coupled power}}{\text{source power}}$$

3. Result and discussion

3.1. Physical characterisation: SEM image in Fig. 3b with magnification set at 13.00 kX was used to observe the ZnO spiral pattern on the POF. Fig. 3c depicts SEM images with magnification of 25.00 kX which clearly shows vertical alignment, high density (63 nanorods/1.23 × 10$^{-12}$ m$^2$ = 510 × 10$^{11}$ nanorods/m$^2$) and uniform distribution of ZnO nanorods on the POF.

EDX elemental analysis revealed that the topcoat layer consisted only of zinc and oxygen as shown in Fig. 4.

3.2. Optical characterisation: The plots in Figs. 5a and b show the average $V_{pp}$ on bare and unpatterned POFs. Initially the growth duration was set at 15 or 20 h. However, the average $V_{pp}$ at the interface region (for both these growth times) was greatly reduced due to backscattering that limits light side coupling to the core modes (Fig. 5a). Longer growth times resulted in higher ZnO nanorods density on POFs and hence, the coating provided a greater barrier to light side coupling due to backscattering. The bare POFs did not show any backscattering effects. The problem was solved by reducing the ZnO nanorods growth duration to 8, 10, or 12 h. Fig. 5b shows the improvement in the average $V_{pp}$ for the above mentioned growth durations: 8, 10, and 12 h. From this characterisation, it was determined that the growth duration of 12 h was optimal in limiting backscattering. The conclusion was based on the highest average $V_{pp}$ at the interface region. This optimised process of growing ZnO nanorods on POF was then applied to fabricate the spiral patterned growth as shown in Fig. 3a.

The results of optimisation are summarised in Fig. 6 showing only $V_{pp}$ against interface data. At 12 h growth time, $V_{pp}$ was maximised, thereby demonstrating high light side coupling with reduced leakage due to backscattering. Tip readings (uncovered) are high due to ingress of light through the fiber optic in addition to potential side coupling.

The graph of average $V_{pp}$ for the five domains on the spiral patterned growth is depicted in Fig. 7. $V_{pp}$ was highest at Domain 1, the ZnO bare interface closest to the detector. $V_{pp}$ was significantly lower at Domain 2, the pure ZnO region. A slight rise in $V_{pp}$ was observed at Domain 3, another interfacial region. Domain 4, a pure ZnO region located further from the detector showed similar values to Domain 2. Domain 5 showed the tip effect as before. Therefore, the spiral patterned on the POF has potential application as multi-channel excitation and enhance the total coupling inside POF. It is worth mentioning that $V_{pp}$ was a factor of 2× lower than for the same domain on the unpatterned fiber. This is due to area reduction of the spiral structure as shown by the inset in Fig. 7. This is not the case when an extended source was used.

Fig. 8 represents the transmittance of visible white light for spiral patterned and unpatterned POFs when an extended source was used. The result indicates that the spiral patterned growth is able to increase coupling of the light source better than the unpatterned growth due to the existence of more interfacial ZnO regions on the POF. The plot in Fig. 7 also shows that the spiral patterned growth provides a higher light transmittance with an improvement factor of 2.2.

Fig. 9 shows that the transmittance of light for the spiral patterned growth is higher than the unpatterned growth when both infrared laser sources were tested. However, the infrared laser source did not significantly couple at the particular wavelength inside the POF. Therefore, the coupling efficiency was too low for useful applications.

4. Conclusion: The synthesis process to grow ZnO nanorods on POF core is optimised by maximising the side coupling to POF from an extended source. This work also reports a novel spiral patterned growth of ZnO nanorods on POF. The light side coupling improves considerably for spiral patterned growth.
compared with unpatterned growth due to the presence of more ZnO regions on the POF. The spiral pattern on the POF also provides a higher light intensity multi-channel compared with unpatterned ZnO nanorods POF. Spectral analysis is performed to investigate light transmittance for different wavelength of light sources. It is found that visible white light source significantly coupled the light into the POF compared with infrared laser sources. In future, investigation of coupling efficiency can be performed by varying the width and spacing of the coated and uncoated regions.

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6 References

Applied light-side coupling with optimized spiral-patterned zinc oxide nanorod coatings for multiple optical channel alcohol vapor sensing

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Applied light-side coupling with optimized spiral-patterned zinc oxide nanorod coatings for multiple optical channel alcohol vapor sensing

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Abstract. The width of spiral-patterned zinc oxide (ZnO) nanorod coatings on plastic optical fiber (POF) was optimized theoretically for light-side coupling and found to be 5 mm. Structured ZnO nanorods were grown on large core POFs for the purpose of alcohol vapor sensing. The aim of the spiral patterns was to enhance signal transmission by reduction of the effective ZnO growth area, thereby minimizing light leakage due to backscattering. The sensing mechanism utilized changes in the output signal due to adsorption of methanol, ethanol, and isopropanol vapors. Three spectral bands consisting of red (620 to 750 nm), green (495 to 570 nm), and blue (450 to 495 nm) were applied in measurements. The range of relative intensity modulation (RIM) was determined to be for concentrations between 25 to 300 ppm. Methanol presented the strongest response compared to ethanol and isopropanol in all three spectral channels. With regard to alcohol detection RIM by spectral band, the green channel demonstrated the highest RIM values followed by the blue and red channels, respectively. © 2016 Society of Photo-Optical Instrumentation Engineers (SPIE) [DOI: 10.1117/1.JNP.10.036009]

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1 Introduction

A chemical sensor is a device that transforms chemical information in the form of concentration of a specific material into an analytically useful signal.1 A large number of commercially available chemical measurement systems are found in the market today and can be classified by the type of analytical signal required for measurement. For optical-based instrumentation, these include, among others, absorbance,2 luminescence,3 light scattering,4 and fluorescence.5 Due to the simplicity of directing light into a sensing platform, optical fibers have found applications for the measurement of chemicals in food,6–9 security industry safes,10 and clinical materials.11 However, these chemical vapor sensors are usually associated with high-cost, high-operational
power requirements, and complexity in operation. Laser light sources are generally used in optical sensing applications, but costs related to the laser and the mechanical alignment apparatus can be relatively high. Application of laser light sources onto coated fibers also poses several problems. Inequality of beam distribution onto the fiber and small beam diameter can lead to fluctuations, nonrepresentation, and low intensity. In addition, the most common method adopted in optical sensing is based on the quenching of luminescence from a range of chemical species. Most of the luminescent indicators used for chemical sensing suffer from the disadvantages of having both shortwave excitation and small stokes shift, thus adding complexity to the required measurement instrumentation.

In previous work, the authors proposed an approach to overcome these issues using light-side coupling through scattering of zinc oxide (ZnO) nanorods coated on silica multimode optical fibers. ZnO nanorods coated on the fiber contributes into side coupling to the guided modes. However, ZnO nanorods as well causes light to leak outside the core. This can effectively reduce the device’s efficiency and sensitivity. One way to increase the magnitude of light intensity is through the use of a larger plastic optical fiber (POF) core that increases the scattering area. Structuring the growth of ZnO into separate patches allows coupling light from different segments of the POF.

Over the years, the bulk of work on ZnO focused on synthesis and surface modification, treatment, and protection. A variety of structures including one-dimensional nanorods, two-dimensional nanoplates, and three-dimensional nanoflowers have been synthesized. However, patterned growth, the application of a helical pattern with mm dimensions, of ZnO nanorods on cylindrical surfaces with small diameter (e.g., ~2 mm) of a typical optical fiber still remains challenging for optical applications. Practically, unpatterned growth is preferred due to reduced complexity during fabrication and shorter treatment time. As a result for sensing applications, our previous work was initially based on unpatterned growth of ZnO nanorods on the POF core. However, we found that although unpatterned ZnO nanorod layers enhanced optical side coupling with the fiber, significant levels of backscattering prevented the ingress of light into the fiber. Furthermore, ZnO scattering centers provided a pathway for light leakage. Consequently, these two optical loss mechanisms resulted in low intensity of side coupling of light, a condition that is undesirable in optical applications such as in telecommunications, sensing, and measurements. As reported previously, to increase the intensity of side-coupled light, application of patterned coatings of ZnO nanorods on POF cores was proposed to mitigate the level of backscattering and leakage. It is worth mentioning here that across this manuscript and in our previous publications, the term scattering is used to describe the main phenomenon corresponding to side coupling as shown in Fig. 1. Upon recent theoretical study by the authors, another important factor has been observed to actually contribute into coupling light to the guided modes inside POF particularly at large angles $\theta_i$ (near right angles). At angles close to 90°, light is guided inside the rods and because ZnO nanorods have higher refractive index, $n_2$ compared to the polymer, $n_1$ forming the POF, light at the outlet of the nanorods diverges with wide field of view inside the fiber. Side coupling is obtained for the portion of this diverging light, which is at angles larger than the critical angle $\theta_c$ between the polymer and the nanorod.
core and air $n_1$. Although, for simplicity and for the remainder of this manuscript, the term scattering is used to describe the macroscopic effect of light-side coupling.

In this work, optimization of the spiral spacing of ZnO nanorod-coated regions on the fiber was carried out to produce maximal signal intensity. Theoretically, high-intensity light-side coupling is expected between the scattering ZnO layer and the fiber optic if the width of the ZnO spirally patterned coating is optimized. Also, adaptation of the sensor as a multiple optical channel waveguide sensor for detection of alcohols in the visible wavelength domain was studied. Finally, experimental demonstration of the patterned fiber optic as a multiple optical channel sensor for alcohol vapor is shown.

2 Modeling

Here, a first-order model is derived to simulate the impact of millimeter (mm) scale spiral patterns on power leakage due to scattering by ZnO nanorods. In the side coupling mechanism proposed here, ZnO nanorods allow light to couple inside the guiding region (core of POF). ZnO nanorods as well guide the light outside the fiber core with each bounce at the interface. These two counter effects restrict the coupling to an effective area around a region at the beginning of the ZnO coating. This limits the use of this system in multiple channels as well as for application with extended sources. One way to improve the system response is through spreading the effective coupling area of ZnO nanorods across the fiber. This is achieved by introducing patches of nanorods coating. Optimizing the gaps and width of ZnO coating enhances the system response depending on the light source used. More detailed analysis of the scheme was explained in a previous publication.\textsuperscript{18} In the analysis, two cases of ZnO nanorod coating on POF core have always been compared: spirally patterned ZnO nanorod coatings in which a light-blocking layer was applied and unpatterned coating in which ZnO nanorods cover the entire surface of the POF uniformly. The two configurations are shown in Fig. 2. The objective was to optimize the width of spiral-patterned ZnO nanorods coating for the purpose of experimental design.

![Fig. 2 (a) Spiral-patterned coating of ZnO nanorods on POF core and (b) unpatterned coating of ZnO nanorods on POF core.](image-url)
In the schemes illustrated in Fig. 2, the visible-light source illuminates the upper hemisphere of the coated POF when oriented normal to its surface. The ZnO nanorods scatter light at different directions accordingly and maximum coupled power $P_o$ to core or cladding mode is defined as

$$P_o = P_{\text{source}} \frac{2\pi C_{\text{sc}} \rho_a \psi}{\pi},$$  \hspace{1cm} (1)$$

where $P_{\text{source}}$ is the power of the source excitation. The constants $C_{\text{sc}}$ and $\rho_a$ are the scattering cross section of one rod (m) and rods density (number of nanorods per unit area $N_{\text{rod}}/\mu\text{m}^2$, respectively. The constant, $\psi$ is the portion of the scattered light that couples into the guided modes of the fiber as

$$\psi = \int_{\theta_c}^{\pi} p(\theta - \theta_{\text{inc}}) \sin \theta d\theta.$$ \hspace{1cm} (2)$$

The function $p(\theta - \theta_{\text{inc}})$ is the phase function, which is the probability distribution function or the scattered power as a function of the scattering angles $\theta$. The function is assumed to vary linearly with the incident angle $\theta_{\text{inc}}$. This assumption can be justified here as a small range of angles around normal incidence is considered. At larger angles, this model deviates from the actual system. The critical angle $\theta_c$ is the one between the core POF and air.

To study the coupling and source distribution effect, the POF surface was divided into segments of width $\Delta z$ shown in Fig. 3(a). The source excitation is assumed constant over the width. At any segment $h$ on the surface of the POF, exposed to a visible-light source, there is an arbitrary intensity profile $P_s(z)$ causes a portion of $\psi \eta P_s(z)$ to couple to the guided modes. In addition to the excitation, a portion of the previously coupled light (coming from segment $P_{h-1}$) adds to the amount of light coming out of segment $h$ as shown in Fig. 3(b). Notice that, in the figure, the coupling coefficient from segment $h$ is indicated as $\eta_z$. The power coupled out of segment $h$ can then be written as

$$P_h = \psi \eta_z h P_s + P_{h-1} - (\eta_z h P_{h-1}).$$ \hspace{1cm} (3)$$

In simulations, the length of POF was selected to 100 segments of 1 mm each for a total of 100 mm and $P_{\text{source}}$ is the power of the source excitation that was fixed to 5 for amplitude. Three coating regions of ZnO nanorods were developed to create spiral-patterned coating on the POF and the widths of the ZnO nanorods coating were varied from 1 to 20 segments as shown in Fig. 2(a). Meanwhile, the unpatterned POF was evaluated by varying the ZnO nanorods coating...
from 1 to 100 segments, which is fully coated as depicted in Fig. 2(b). These two scheme coatings were analyzed using Eq. (3) by applying finite difference method. In this case, the widths of ZnO nanorods coating were fixed to three segments (3 mm) starting from segment 10 to 12 (first ZnO region), 13 to 38 (uncoated region), 34 to 36 (second ZnO region), 37 to 62 (uncoated region), and 63 to 65 (third ZnO region). For ZnO unpatterned coating, there is only one ZnO region that is also fixed to three segments (10 to 12). The region was coated with ZnO nanorods has the coupling coefficient, $\eta_z$ higher than zero, and $\eta_z$ for uncoated region is equal to zero. Thus, the power for the segment before segment 10 ($P_{9}$) is equal to zero due to the $\eta_z$ is zero. As the portion of light from segment 9, $P_{9}$ is substituted into Eq. (3) to couple to the amount of light of $P_{10}$. The total light at segment 10 is

$$P_{10} = \psi \eta_{z10} P_s + P_9 - (\eta_{z10} P_9) = \psi \eta_{z10} P_s.$$ 

The amplitude of $P_{10} = \psi \eta_{z10} P_s$ is coupled to the amount of light in segment 11. Thus, $P_{11}$ can be written as follows:

$$P_{11} = \psi \eta_{z11} P_s + P_{10} - (\eta_{z12} P_{10}).$$

Then, the coupling light in segment 11 is coupled to the light presents inside segment 12, the amplitude of $P_{12}$ is given as

$$P_{12} = \psi \eta_{z12} P_s + P_{11} - (\eta_{z13} P_{11}).$$

In this case, the coupled light from segment 10 to segment 12 is equal to $P_{12} = \sim 0.7$, because the width of ZnO nanorods coating has been fixed to three segments. For the unpatterned POF, the coupling light is consistently equal to $P_{12}$ in the uncoated region until reaching the photodector. The consistency of the coupled light occurs due to coupling coefficients from segment 13 to 100, $\eta_{z13}$ to $\eta_{z100}$ are equal to zero in the uncoated region. Thus, the coupling light reached the photodetector can be written as

$$P_{13} = \psi \eta_{z13} to 100 P_s + P_{12} - (\eta_{z13} to 100 P_{12}) = P_{12}.$$

In spiral-patterned POF, this consistency of $P_{12}$ remains steady in the uncoated region (segment 13 to 38) until the second ZnO nanorods region (segment 34 to 36) has another three segments. The amount of $P_{12}$ is coupled again in the first segment of second ZnO nanorods region. The coupled light keeps increasing until the next uncoated region. The effect of spiral-patterned coating on POF leads to a significant improvement of light intensity as depicted in Fig. 4 achieving a level of coupling light of 0.98. In this case, side coupling was obtained to be a factor of 1.4 times better for spiral-patterned coating as opposed to unpatterned continuous coatings.

It is worth mentioning that the coupled power is normalized to the optical power incident at each segment. Also off-axis, coupling azimuthal modes (or skew rays) are dominantly coupled. These, however, might not be the only modes to be excited in side coupling as radial modes can

![Fig. 4](image-url)
be excited as well. This is due to the main fact that mode excitation happens due to matching the momentum of the scattered light to the propagation constant of guided mode. In general, the assumption of specific power distribution among any set of modes (in any form) with the proposed first-order model especially when large core fiber is used would not have a significant effect on the driven results or the measurement as we estimate the leak due to surface scattering.

3 Experimental

3.1 Fiber Preparation, Zinc Oxide Nanorod Synthesis, and Characterization

Following the previously optimized POF fiber spiral patterning and ZnO nanorod seeding and synthesis procedures, ZnO nanorods were grown using hydrothermal method. Here, standard polymethyl methacrylate (SK-80 POF fibers from Mitsubishi Rayon Co., Ltd, Japan) were utilized in experiments to serve as controls and the same fibers were modified to obtain spiral-patterned POF with a specified spiral pitch angle, spacing, and width. The jacket of the POF were mechanically stripped to expose the core fiber over a length of 10 cm. Figure 5 illustrates the ZnO coating schemes; three widths were varied from 3, 5, to 7 mm for the spiral-patterned and unpatterned POF. These width coatings were selected from modeling result in Fig. 8 due to the significant output differences occurred at small width of ZnO coatings. A fully coated POF (100 mm) was also fabricated to complete the validation. Tape-patterned and unpatterned POFs were then placed in a ZnO seed solution and subsequently into the growth solution to form ZnO nanorods. Percent surface coverage and nanorod orientation were evaluated as described in previous work by evaluation of scanning electron micrographs recorded by a Hitachi, 3400 N system operating at 20 kV.

3.2 Optimization

Optimization of optical input through the POF waveguides was realized by correlation with maximal values of the output voltage (Fig. 6). A function generator was used to modulate the light from a broadband LED light source (diameter = 3 cm). Sinusoidal intensity pattern was generated and transmitted through the LED. At the receiver side, peak-to-peak voltage of photodetector output was recorded (not the direct current value). This scheme allows minimization of the ambient light effect and external sources. The amplitude of output voltage changes according to the amount of coupling inside the POF core. The light source was placed in parallel and at a distance of ~3 cm from the POF surface. The diameter of the light source was

![Fig. 5](image_url)  
**Fig. 5** Coating schemes (a) unpatterned POFs (3, 5, 7, and 100 mm). (b) Spiral-patterned widths of ZnO nanorod-coated POFs (3, 5, and 7 mm).
oriented along the longitudinal axis of the POF. The fiber tip was covered to avoid light entering from the end. The analysis was performed on the spiral-patterned POFs with three different widths of ZnO coatings (3, 5, and 7 mm), the unpatterned POFs with the limited ZnO coating (3, 5, and 7 mm), and full coated POF’s. Five readings were acquired for each measurement.

### 3.3 Multiple Optical Channel Sensing of Alcohols

Figure 7 shows the experimental setup used for optical sensing of alcohols. The apparatus consisted of a spectrometer (USB4000, Ocean Optics) and a sensing chamber (0.18 m × 0.2 m × 0.27 m). A visible white light source with wavelength 380 to 750 nm was used to induce light-side coupling. The intensity of the white light source was modulated with a periodical pattern using the modulator to minimize the background effect as illustrated in Fig. 7. It is worth mentioning that here a spectrometer was connected to the end of the POF to record the spectrum of the coupled light. During the investigation of the sensor performance, ambient air was allowed through the sensing chamber at room temperature (∼26°C) and relative humidity of 45% until a steady-state condition (0 ppm) was obtained. The white light source was placed 3 cm from the POF surface. A known amount of alcohol was vaporized and introduced into the sensing chamber as the target gas. Three kinds of alcohol were tested: (1) ethanol [CH\textsubscript{3}CH\textsubscript{2}OH] (Merck KGaA, Germany, 99.8%), (2) methanol [CH\textsubscript{3}OH] (J. T. Baker, 99.8%), and (3) isopropanol [C\textsubscript{3}H\textsubscript{7}OH] (Merck KGaA, Germany, 99.5%). The spectral response toward alcohol vapor was recorded every 10 s from 0 to 300 ppm. In the experiment, the concentration (C) of target alcohol vapor in ppm was computed using the following equation:\textsuperscript{29}

$$C = \frac{T \times V_t \times D_t \times R}{V_c \times M_t \times R},$$

(4)

---

**Fig. 6** Optimization setup to measure the output voltage for unpatterned and spiral-patterned ZnO nanorods. The tip of the POF was covered by black tape in all measurements and a modulated visible-light source was placed at a distance of 3 cm from POF.

**Fig. 7** Experimental setup to validate the alcohol sensing activities of spiral-patterned POF in visible wavelength as multiple optical channels (blue, green, and red).
where $T$ is the operating temperature in Kelvin (K) and $V_c$ is the volume (ml) of the diluted target gas, which is equal to the volume of the sensing chamber. $V_t$, $D_t$, and $M_t$ represent the volume ($\mu l$), density (g/ml), and molecular weight (g/mol) of the alcohol analyte, respectively. $R$ is the universal gas constant, which is equal to $8.2 \times 10^4$. From the recorded visible spectrum (380 to 750 nm), the response from three specific ranges (referred to here as channels) was studied—blue (450 to 495 nm), green (495 to 570 nm), and red (620 to 750 nm). In the channels, the measured transmittance average values and standard deviations were obtained for all concentrations of the alcohol vapors. The sensing performances in each channel were investigated by analyzing the effects on light intensity toward all the alcohol vapor concentrations. The sensing effects were presented in term of relative intensity modulation (RIM) in an arbitrary unit (a. u.)$^{30}$ that was calculated using the following equation:

$$\text{RIM} = \frac{I_f(\text{av}) - I_i(\text{av})}{I_i(\text{av})},$$  \hspace{1cm} (5)

where $I_f$ is the smallest average intensity after injection of alcohol vapor and $I_i$ is the average initial intensity before injection of alcohol vapor under light illumination. The RIMs were obtained for each alcohol vapor response in all three channels. To create an inexpensive multi-channel sensing system using red, green, blue LEDs, and a simple photodetector, a preliminary reference is developed through division of higher responses from two of the three channels with respect to the channel that produces lowest response. It is worth noting here that the aim of this part of the experiment is to study the efficiency of utilizing only three color channels (red, green, and blue) for different vapors sensing. This can possibly be extended to the use of RGB LED with lower cost photodetector instead of a spectrometer.

## 4 Results and Discussion

Figure 8 illustrates the modeling results of normalized output for unpatterned and spiral-patterned POF. The normalized output increased greatly for spiral patterned POFs over that derived from unpatterned coatings as the width of ZnO nanorods coating was varied from 0 to 20 mm. Spiral-patterned POFs coupled more light compared to unpatterned POF for nanorod coating widths <5 mm as shown in Table 1. The greatest difference in output between patterned and unpatterned coatings was shown at ZnO width equal to 1 mm where $\Delta I(1 \text{ mm}) = I_p - I_{up} = 0.369$ due to spiral ZnO coating along the core POF compared to unpatterned coating that had only one patch of ZnO region (1 mm) on the POF. Although $\Delta I(1 \text{ mm})$ was the highest, the coupling output for spiral pattern was not considered because it was not the maximum value of light-side coupling. The spiral pattern coating achieved the maximum value of light-side coupling at width equal to 5 mm [$\Delta I(5 \text{ mm}) = I_p - I_{up} = 0.135$]. Therefore, despite that $\Delta I(5 \text{ mm})$ was $<\Delta I(1 \text{ mm})$, the use of maximal light-side coupling was more dominant in applications.

![Fig. 8](image-url) The output voltage for unpatterned and spiral-patterned coating by varying the width of ZnO nanorods coating on POFs.

*Bin Abdul Rahim et al.: Applied light-side coupling with optimized spiral-patterned zinc oxide nanorod...*
Meanwhile, the unpatterned coating achieved the maximum value of light-side coupling at ZnO coating width longer than spiral patterns. Once the maximum output was reached, the output remained consistent in POF’s with both types of coatings at the normalized value equal to 1 even though the width of ZnO coating was varied.

Based on simulation results, 3, 5, and 7 mm coating widths were selected for experimental optimization and application. Figure 9 shows the experimental results for spiral-patterned and unpatterned POFs. Overall, it can be seen that both coating schemes correlated well with simulations. The results clearly showed that the unpatterned coatings of ZnO nanorods (3, 5, and 7 mm) coupled less light compared to spiral-patterned POFs. In addition, the full ZnO coated POFs (100 mm) produced an output voltage that was less than spiral-patterned POFs (3, 5, or 7 mm) due to less illumination coverage of the visible-light source in the distance of 3 cm from POF sample as shown in Fig. 6.

### Table 1 Differences of normalized coupling output, ΔI between spiral-patterned and unpatterned POFs for different widths of ZnO coating from 0 to 7 mm.

<table>
<thead>
<tr>
<th>Widths of ZnO coating region (mm)</th>
<th>Normalized coupling output</th>
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<tbody>
<tr>
<td></td>
<td>Spiral pattern I_p</td>
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<tr>
<td>0</td>
<td>0</td>
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<tr>
<td>1</td>
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<td>2</td>
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<td>3</td>
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<td>4</td>
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<td>6</td>
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**Fig. 9** The experimental result of spiral-patterned and unpatterned coating for 3, 5, 7, and 100 mm.

Meanwhile, the unpatterned coating achieved the maximum value of light-side coupling at ZnO coating width longer than spiral patterns. Once the maximum output was reached, the output remained consistent in POF’s with both types of coatings at the normalized value equal to 1 even though the width of ZnO coating was varied.

Based on simulation results, 3, 5, and 7 mm coating widths were selected for experimental optimization and application. Figure 9 shows the experimental results for spiral-patterned and unpatterned POFs. Overall, it can be seen that both coating schemes correlated well with simulations. The results clearly showed that the unpatterned coatings of ZnO nanorods (3, 5, and 7 mm) coupled less light compared to spiral-patterned POFs. In addition, the full ZnO coated POFs (100 mm) produced an output voltage that was less than spiral-patterned POFs (3, 5, or 7 mm) due to less illumination coverage of the visible-light source in the distance of 3 cm from POF sample as shown in Fig. 6.

### 4.1 Physical Characterization

The SEM image in Fig. 10(a) with magnification set at 10.00 kX clearly shows the spiral-patterned ZnO nanorods coating on POF. In the low-magnification image given in Fig. 10(a), the width of ZnO coating is 5 mm and the uncoated spacing is 10 mm in width. In Fig. 10(b), ZnO nanorods can be seen growing perpendicular to the surface of the POF, an important geometry to enhance the light scattering mechanism for light-side coupling into the POF. Moreover, the
growth of ZnO nanorods on POF surface in Fig. 10(b) observed at magnification of 15.00 kX reveals high density \( \frac{85 \text{ nanorods}}{3.62 \times 10^{-12} \text{ m}^2} = 23.50 \times 10^6 \text{ nanorods/μm}^2 \) and uniform distribution. Figure 10(c) shows the growth of ZnO nanorods with magnification of 30.00 kX. From the SEM images, the obtained ZnO nanorods were about \( 3.41 \pm 0.05 \text{ μm} \) in length and \( 172.8 \pm 20 \text{ nm} \) in diameter as shown in Fig. 10(d).

4.2 Multiple Optical Channels Sensing

The improved side coupling by the spiral-patterned coating of ZnO nanorods on POF is exploited to demonstrate sensor performances in different wavelength domains of visible light called channels to sense three different alcohol vapors (methanol, ethanol, and isopropanol) as shown in Fig. 11. All sensing was accomplished with the optimized spiral ZnO coating width of 5 mm. It was found that the sensor demonstrated three different responses for methanol, ethanol, and isopropanol vapors as a function of molecular weights (methanol < ethanol < isopropanol), relative dielectric constants, and polarity. The relative dielectric constants of methanol (33),
ethanol (24), and isopropanol (20), e.g., most likely influenced selective alcohol vapor molecule adsorption onto different crystal faces of the ZnO nanorods.\textsuperscript{31} The amount of vapor adsorption coupled with the region of adsorption on the ZnO, therefore, played major roles in the attenuation of the coupled light signal. Additionally, the refractive indices of methanol (1.328), ethanol (1.361), and isopropanol (1.377) also affected the interaction of light by varying the refractive index of ZnO nanorods coating.\textsuperscript{32} Interestingly, in the presence of methanol, the intensity was seen to decrease significantly indicating lower side coupling of light into the POF core. This was due to the change in the refractive index of the ZnO coating layer caused by methanol absorption. During sensor recovery, as methanol evaporated from the layer of ZnO nanorods coating, the sensor output was observed to return closely to the initial condition in $\sim$7 min. For ethanol and isopropanol, the sensor also demonstrated similar response patterns caused by rising adsorption onto ZnO nanorods. However, the sensor demonstrated slight response to isopropanol vapor molecules compared to ethanol. The recovery time for ethanol and isopropanol were $\sim$5 and $\sim$3 min, respectively. The decrease of light intensity when exposed to the alcohol vapors and the recovery toward initial value is believed to be due to chemisorption process, the interaction of hydrogen bonding between $–\text{OH}$ groups of alcohol molecules with ZnO coating layer.\textsuperscript{33} Due to the small size of methanol molecules compared to ethanol and the biggest molecule size, isopropanol, the chemisorption process between methanol molecules and ZnO coating layer is very high, taking more time to recover relatively to initial value.

The change in the refractive index of the ZnO coating layer due to absorption process that affects the amount of light scattering into POF can be explained clearly using the sensing mechanism depicted in Fig. 12. Initially, ZnO nanorods are exposed to air at room temperature as shown in Fig. 12(a). In this case, ionized oxygen is chemisorbed onto the surface in its molecular form $\text{O}_2^-$ as given by\textsuperscript{34}

$$\text{O}_2(\text{gas}) + e^- \leftrightarrow \text{O}_2^-.$$  \hspace{1cm} (6)

As the surface is illuminated continuously by visible light as shown in Fig. 12(b), changes in the carrier density in the ZnO nanorods and the layer of depletion depth occur. Once electron–hole pairs are generated by the visible light, holes migrate to the surface and discharge the adsorbed
oxygen molecules. This causes the depth of the depletion layer to decrease, resulting in the desorption of surface oxygen. Over time, unpaired electrons accumulate until the desorption and adsorption of oxygen reaches an equilibrium state. The amount of adsorbed oxygen decreases compared to air conditions as shown in Fig. 12(a). The presence of excitons under visible-light irradiation leads to the formation of atomic adsorbed oxygen, $O^-$, which is substantially more chemically active than $O_2^-$ and creates favorable conditions for catalytic reactions.\(^{35,36}\) This phenomena contributed to the amount of light scattering into optical core fiber by the ZnO nanorods. When gases (such as methanol in this case) are introduced, the adsorbed oxygen on ZnO nanorods took part in the oxidation of methanol in two possible ways [Eqs. (7) and (8)].\(^{37}\) The oxygen ions on the surface of ZnO reacted with the methanol molecules and give up electrons to the conduction band and increase the carrier concentration in the ZnO nanostructure as shown in Fig. 12(c),

$$\text{CH}_3\text{OH} + O^- \leftrightarrow \text{HCHO} + \text{H}_2\text{O} + e^- ,$$

$$\text{CH}_3\text{OH} + O_2^- \leftrightarrow \text{HCOOH} + \text{H}_2\text{O} + e^- .$$

As a result, scattering attenuation was therefore a function of the type of molecular species adsorbed onto the ZnO surface (e.g., its refractive index, $n$) and the amount of that material present, allowing these molecules to interact differently with the incoming light. At the same time different organic molecules have different refractive indices, molecule sizes, and band bending occurs at surface, which will also affect the interaction of incoming light by varying the $n$ of the outer coating differently.\(^{38}\)

As observed from the responses of the sensor in multiple optical channels as shown in Fig. 13, different wavelengths of light contributed in determining the amount of chemical vapor absorption onto ZnO nanorods with attenuated light scattering into the POF core. In this result, the green channel presented the largest range of intensity (0.11 to 0.87) followed by the blue channel (0.07 to 0.41) and then, with the lowest intensity, the red channel (0.05 to 0.17). It can be concluded that the intensity of green light in ZnO nanorods dramatically decreased with the increase in vapor concentration as alcohol molecules are adsorbed onto the ZnO coating. Subsequently, there was a degree of attenuation of light scattering into POF core. It was shown in Refs. 39–41 that the luminance characteristic of ZnO has a significant response in green spectral range due to the strong influence by free-carrier depletion at the particle surface, particularly for small ZnO particles.

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**Fig. 12** Schematic diagram of the alcohol sensing mechanism using POF coated with ZnO nanorods activated using visible white light illumination (a) in air at room temperature, (b) with visible white light, and (c) with methanol exposure.
Moreover, upon exposure to visible light, ZnO nanorod coating will be photoactivated leading to reduced intergrain barrier height, thereby increasing the density of free carriers in the material. Boiling points of primary alcohols in these experiments are methanol: 65°C; ethanol: 78°C; isopropanol: 82°C, which are related anyway to the bond dissociation energies. Hence, the order of RIM was in the reverse order. This leads to the specific heats of vaporization, which is the lowest for isopropanol (0.471 kJ/g) compared to ethanol (0.925 kJ/g) and methanol (1.22 kJ/g). At concentration <100 ppm, the sensor demonstrated a slight difference in response to methanol and ethanol vapor. It means that the sensor is not able to differentiate significantly the two alcohol vapors due to less amount of vaporization to extremely excite oxygen ions on the surface of ZnO coating. A significant difference can be seen clearly when the sensor was exposed to higher concentrations because the interaction between methanol molecules and the oxygen ions of ZnO contributed to a higher carrier concentration compared to ethanol.

Fig. 13 The responses of multiple optical channels sensor as a function of concentration of methanol, ethanol, and isopropanol vapors (ppm) in channels (a) blue, (b) green, and (c) red.
Figure 14 shows the RIMs of the multichannel optical sensor for alcohol vapors. The RIMs of the sensor in each channel were calculated using Eq. (5). The absolute value of the light intensity decreased rapidly with increasing alcohol vapors concentration from 0 to 300 ppm. The green channel contributed the highest RIM for all three alcohols. Measurements in the blue light domain showed intermediate RIM, and lastly, the red channel exhibited significantly lower RIM of all three light domains for all alcohols tested. For the green channel, the sensor response for methanol was found to be 0.84 a.u. However, when ethanol and isopropanol were tested, the RIM decreased to 0.55 and 0.14 a.u., respectively. In the case of the blue channel, sensor response

**Fig. 14** The RIM of multiple optical channels sensor exposed to ethanol, methanol, and isopropanol vapors were analyzed in three visible wavelengths (blue, green, and red).

**Fig. 15** The validation of the multiple optical channels sensor for (a) channel blue/channel red and (b) channel green/channel red.
response to methanol also presented the highest RIM of the three alcohols equal to 0.79 a.u. For ethanol and isopropanol, once again, decreased but to lower levels than those observed for the green channel 0.49 and 0.13 a.u., respectively. The same trends in alcohol RIM based on molecular weight was demonstrated by the red channel but to the lowest levels of the three light domains. The optimum RIM for isopropanol is smaller than that of ethanol due to reduced absorption onto the ZnO nanorods by the larger molecular weight and slightly less polar molecule. Channel green demonstrated significant RIM in sensing the three alcohol vapors because ZnO nanorods have both polar and nonpolar surfaces as reported in Ref. 42, where zinc vacancies (VZn) at the nonpolar surfaces are responsible for the green luminescence of ZnO nanostructures. The presence of neutral VZn on ZnO coating generates a multiple effect: the absence of Zn ions leaves out under coordinated O atoms, and the unpaired O electrons give rise to empty states. As a consequence, this leads to a high absorption in green luminescence due to strong O–H chemical bonds.

A preliminary reference was developed by performing cross validation on channel blue and green with respect to channel red that produced the minimal response for the alcohol vapors as shown in Fig. 15 to create an inexpensive multichannel sensing system using red, green, blue LEDs, and a simple photodetector. To observe the response of the sensor as a multichannel device, one of the three channels is set as a reference to accommodate for source fluctuation and environment effect (e.g., heat and vibration). The other two readings are normalized to the reference and the RIM of different gas vapors to these channels are examined. In both validations, the three alcohol vapors illustrated a similar pattern response at two different ranges, which were ~1.3 to 2.5 for channel blue/channel red and ~2.0 to 5.2 for channel green/channel red. In the ranges, significant responses were seen clearly in methanol and ethanol sensing compared to isopropanol that showed less response.

5 Conclusion

The present study optimized theoretically the width of the ZnO nanorod spiral coating and demonstrated experimentally with a visible-light source its utility as an alcohol vapor sensor. The width was found to be 5 mm for efficient light-side coupling. There was reasonable correlation between theory and experiment. Practical application of the special POF system showed promise as a multiple optical channel sensor for alcohol vapors in the visible range of the spectrum. To explain the mechanism of sensing for alcohols, we proposed that the light scattering aspect of the ZnO nanorods dependent on changes in the refractive index was affected by adsorption of alcohol species. With regard to sensing performance in the three spectral channels described previously, methanol showed the greatest RIM and range followed by ethanol and isopropanol. In the investigation of a multiple optical channel sensor, the green channel significantly produced higher RIMs in sensing methanol, ethanol, and isopropanol vapors compared to the blue and red channels. Furthermore, a preliminary reference was developed to propose a multiple optical channels sensor system using inexpensive color LEDs (blue, green, and red) as light sources and a simple photodetector in applications.

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References


Biographies for the authors are not available.
TEMPERATURE SENSING BY SIDE COUPLING OF LIGHT THROUGH ZINC OXIDE NANORODS ON OPTICAL FIBERS

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- temperature

A B S T R A C T

A temperature sensor fabricated by light side coupling through spirally patterned zinc oxide (ZnO) nanorods coated directly on plastic optical fiber (POF) is reported. A significant response to temperature changes from 20 °C to 100 °C based on extinction concept due to the attenuation of light by scattering and absorption was used. Sensitivity increases by a factor of 1.3 in spirally patterned coatings compared to optical fibers with continuous coating. The simplicity and economical sensor fabrication process for the swift and sensitive detection of temperature changes using visible light source show potential in environmental and biomedical applications.

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1. Introduction

Light side coupling in optical fibers through the growth of single crystalline zinc oxide (ZnO) nanorods directly on plastic optical fibers was introduced in our previous work [1]. In this concept, the light scattering due to the incident angle of incident light greater than the critical angle posed by the surrounding and optical fiber core is applied. In this configuration, usually, light propagation inside optical fiber occur through the ZnO nanorods but the intensity of guided light is often low due to the leakage of light through the core mode [2]. This problem was suitably addressed by using large core plastic optical fiber (POF) to increase scattering area [3]. Further improvement was achieved by reducing the net area of ZnO nanorods coating through a structured growth on the POF’s [4]. POF’s are physically robust and suitable for operation in the visible light regime as compared to glass optical fibers (GOF’s). Generally, most optical sensing applications operate with laser light source by launching light from one end of the optical fiber and output signal is collected from other end [5]. This is more complex and often expensive due to the needs of coupling the light in the optical fiber to align the laser beam. Coherent sources with small beam sizes when coupled through ZnO nanorods coating would provide lower sensitivity caused by the inequality of beam structure as it will have different distribution of intensity along the ZnO coating [6] and more importantly the laser beam can only focuses on specific coating area instead of entire coating area.

Conventional temperature sensors have their limitations if large distances have to be covered such as in many distributed measurements, electromagnetic interference leads to the loss of signal to noise ratio, explosive environments does not allow safe use of resistive devices and often in a plurality of applications they do not match when light-weight structures are desired. The fiber optic sensors market is a multi billion dollar business which is proposed to grow further and fiber optic based temperature sensors are an important class therein as they are immune to electro–magnetic interference and are thus robust and accurate in high-RF environments. Several measurement principles have been described in the literature for measuring temperature sensors such as inten-
sity modulated fiber optic displacement sensor (FODS) [7], lifetime measurements [8], microfiber loop resonator (MLR) [9], stimulated brillouin scattering [10], interferometer [11] and multicore fiber structure [12]. Although, the temperature sensing using polymer-covered microfiber interferometer reported by Romano et al. has a high sensitivity but it is not able to sense temperature changes at higher range due to low melting point of the polymer. In order to be economically advantageous, an optical fiber temperature sensor must be robust, easy-to-use, fast, accurate, stable over a wide measurement range and suitable for a large variety of applications [13]. In an application, many commercial electronic components can be damaged due to exposure to high temperature (>70 °C) and some can be damaged by exposure to low temperatures (<0 °C) [14]. Semiconductor devices and LCDs (liquid crystal displays) are examples of commonly used components that are susceptible to large temperature variations. In these cases, temperature sensing is indeed important so that appropriate measures can be incorporated to prolong the life of these devices. Optical fiber based temperature sensors are the only possibility in the presence of electromagnetic fields such as in microwave fields, power plants or explosion-proof areas and wherever measurement with electrical temperature sensors is not possible such as in high tension cable lines, airplanes, spacecrafts, electrical motors etc [15].

In a previous report, temperature sensing was demonstrated using ZnO thin films where spectral absorption changes in ZnO was monitored [16]. In this work we present optimized simple yet sensitive spiral patterned ZnO nanorod coatings on POF based temperature sensor capable of utilizing ambient light coupled through the nanorods into the fibers for sensing. Sensing performances of ZnO nanorod coatings, spirally patterned on POF fibers are presented and the results are compared to the sensing characteristics of the unpatterned fibers. Uncoated POF (bare) were not considered for this application since it does not show any scattering effects due to side coupling of light [3,4].

2. Fiber Preparation

POF fiber spiral patterning and ZnO nanorod seeding and synthesis procedures were described in detail in previous works [4,17,18]. Standard range poly(methyl methacrylate) (SK-80 POF fibers from Mitsubishi Rayon Co., LTD: Japan) were utilized in these experiments to serve as control. The jacket of the POF were mechanically stripped off to expose the fiber over a length of 100 mm. Fig. 1 shows how self-adhesive plastic tape was wrapped to create spiral pattern on POF. Fully coated POF (100 mm) were also fabricated to complete the validation.

The fiber length of 100 mm was chosen in this work in order to have a full illumination of light beam on the stripped fiber from a light source with diameter of 30 mm that was placed in parallel at an optimal distance of 30 mm from the POF surface. Tape-patterned and unpatterned POFs were then placed in a ZnO seed solution and subsequently into the growth solution to form ZnO nanorods. Scanning Electron Microscopy (SEM) was performed by a Hitachi, 3400N SEM system operating at 20 kV.

3. Experiment

The proposed temperature sensor is schematically illustrated in Fig. 2. For maximal temperature detection, an aluminum rod with dimension of 0.3 and 10 cm in length was used. The aluminum rod is placed vertically on a hot plate and in close contact with the physical POF coated with ZnO nanorods. For temperature monitoring, a thermocouple (type J) was fixed in close contact with the POF. The thermocouple has a resolution of 1 °C and is able to measure the temperature within a range of 0 °C to 500 °C. A modulator circuit was used to minimize the noise in the measurement, the white-light LED current driver was modulated with a periodical pattern signal generated by a signal generator.

The magnitude of light side coupling was measured by connecting one of the POF to photodetector and displayed in millivolt (mV) on oscilloscope under illumination of the modulated visible white light source. The other one of the POF tip was covered during the experiments to avoid light entering directly through the tips. Then, temperature sensing measurement was carried out by varying temperature from 20 °C to 100 °C. Five readings were recorded for each measurement. The sensitivity (S) was obtained through the slope of sensing response for spirally patterned and unpatterned ZnO nanorod coated POF devices.

4. Result and Discussion

ZnO nanorods coating: Fig. 3 shows the SEM image of unpatterned and spirally patterned coating of ZnO nanorods for temperature sensing. The SEM image in Fig. 3(a) and (b) clearly shows the unpatterned and spiral patterned ZnO nanorods coating on POF, respectively. In Fig. 3(c), ZnO nanorods can be seen growing perpendicular to the surface of the POF, an important geometry to enhance the light scattering mechanism for light side coupling into the POF. Moreover, the uniform high density growth of ZnO nanorods (85 nanorods/3.62 × 10−12 m2 – 23 × 106 nanorods/μm2) on POF surface can be observed from Fig. 3(c) and Fig. 3(d).

4.1. Temperature Sensing

The real time responses of the ZnO nanorod coated optical fiber sensor to temperature changes from 20 °C to 100 °C were recorded towards light side coupling. The measurements were conducted by exposing the spirally patterned and unpatterned ZnO nanorods coated POFs to temperature under visible light illumination. It was found that the both coating schemes showed obvious output voltage changes upon exposure to temperature as depicted in Fig. 4. It is well known that the thermo-optic coefficient of the POF is an order of magnitude higher than that of GOF, and the refractive index (RI)
and coating dependence compared Fig. of ZnO temperature As RI nanorod sensors. POF, explained on (a) morphology on ZnO coating POF, affected on the the the the the work unpatterned POF, reported regions (b) ZnO spirally patterned coating on POF. (c) the morphology of ZnO nanorod growth at low magnification and (d) morphology of ZnO nanorods at higher magnification.

Fig. 3. (a) ZnO continuous coating on unpatterned POF, (b) ZnO spirally patterned coating on POF, (c) the morphology of ZnO nanorod growth at low magnification and (d) morphology of ZnO nanorods at higher magnification.

The temperature dependence of POF is affected by temperature variation. Therefore, the temperature dependence must be taken into account for POF based RI sensors. Several reports are available studying the temperature dependence of the RI sensors based on GOF technology [19–21]. As explained in our previous work [4], the spirally patterned ZnO nanorod coating leads to an increase in coupling of the light source compared to the unpatterned POF’s due to the higher interfacial ZnO regions on the POF.

Earlier work had showed that absorptivity of ZnO has a linear dependence on temperature using reflection measurements [22] and refractive index of ZnO coating layer changed with temperature [23]. Fig. 5 illustrates the sensing mechanism of the temperature sensor in this work due to the attenuation of light by scattering and absorption as it traverses through the ZnO nanorods [24]. The visible light incident on the ZnO coating layer scatters into the POF and the guided light is detected. When the POF coated with ZnO nanorods was brought in proximity to the heated aluminum rod following the continuous light illumination, the absorption of light inside the ZnO nanorods coating increased and the amount of light scattering into the POF relatively reduced with increasing temperature within the range as depicted in Fig. 5(c). Consequently, the intensity of guided light inside the POF decreased due to lower light coupling.

Fig. 6 shows the sensitivities of the optical sensor coated with ZnO nanorods. In the case of spirally patterned coating, the sensor response to temperature changes was found to be 0.0623 mV/°C. However, when the unpatterned coating was exposed to temperature changes, the sensitivity decreased to 0.0484 mV/°C due to absorption of light in ZnO coating layer resulting less light coupling inside the POF’s. Moreover, spirally patterned coating consists of two exposed elements; ZnO nanorods coating and uncoated regions (polymer). Thermal effect can be effectively sensed by spiral patterned POF because the uncoated regions contributes also to optical loss which is dependent on temperature. The loss is reported to increase with increasing temperature [25,26].

The temperature sensing was found to improve by a factor of 1.3 using the spirally patterned coatings as compared to the unpat-
terned coatings. Moreover, this temperature sensor demonstrated a higher sensitivity compared to other optical fiber temperature sensors which usually use common sensing method by introducing light from one end and collected at the other end of the fibers [27,28]. It was observed that the spiral patterned coating is able to monitor temperature to 0.1284 °C resolution and unpatterned coating has a resolution of 0.2273 °C.

5. Conclusions

We have successfully demonstrated light side coupling with optimized spiral patterned zinc oxide nanorods coatings for temperature. The inherent advantages of optical fibers paired with apparent transparency of ZnO nanorods in the visible wavelength region were applied to design a simple and cost effective optical sensor. With increasing temperature, the coupled light was found to reduce, which was used for calibrating as a temperature sensor. The spirally patterned ZnO nanorods coating demonstrated significant improvement (1.3 times better sensitivity) in the coupled light power compared to unpatterned coatings, since scattering of light is dependent on the refractive index of ZnO surface and highly sensitive to ZnO absorption. These robust but simple temperature sensors can find wide ranging applications for environmental monitoring [29], biomedical purposes [30] as well as in environments with electromagnetic pollution and/or explosive conditions. For instance, it can be also used as a visible light photosensitive indicator for those who have photosensitivity diseases related to sunlight or interior lighting. This proposed sensor is able to indicate the intensity level of light at that a particular area due to excitation of ZnO upon receiving photons to scatter light into POF.

Acknowledgements

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References


The present invention provides a coated plastic optical fiber (20) for improving side coupling of extended light. The proposed fiber has a core (10) and a coat of ZnO nanorods to form a spiral line (16) along and around the elongated surface of the core (10). The gap between each adjacent ZnO nanorods spiral line (x) is twice the width of the ZnO nanorods spiral line (y). A method to coat the fiber is described. It was found that spiral line coat of ZnO nanorods fiber (20) manage to double the side coupling of extended light compared to uniform coating of ZnO nanorods fiber. Different incident wavelength excitation is achievable at each loop of ZnO nanorods spiral line.
### Patents Form No.1
#### PATENTS ACT 1983
#### REQUEST FOR GRANT OF PATENT
(Regulations 7(1))

To: The Registrar of Patents
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**APPLICATION NO:** PI 2016701346
**Filing Date:** 13/04/2016
**Fee received on:** 13/04/2016
**Amount:** RM260

**Applicant's file reference:** BIP160010

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**THE APPLICANT(S) REQUEST(S) THE GRANT OF A PATENT IN RESPECT OF THE FOLLOWING PARTICULARS:**

I. **TITLE OF INVENTION:** COATED PLASTIC OPTICAL FIBER

II. **APPLICANT(S)** (the data concerning each applicant must appear in this box or, if the space insufficient, in the space below):

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**A statement justifying the applicant's to the patent accompanies this Form**

Yes

IV. **AGENT OR REPRESENTATIVE:**

- **Applicant has appointed a patent agent in accompanying Form No. 17** Yes
  - **Agent Registration No:** PA/2007/0176
  - **Applicant has appointed to be their representative:** TAN BOON LENG

V. **DIVISIONAL APPLICATION:**

- **This application is a divisional application**
  - **The benefit of the filing date priority date**
  - **of the initial application is claimed in as much as the subject-matter of the present application is contained in the initial application identified below:**
  - **Initial Application No:**
  - **Date of filing of initial application:**

**Additional Information (if any)**

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VI. **DISCLOSURE TO BE REGARDED FOR PRIOR ART PURPOSES:**

(a) **Disclosure was due to acts of applicant or his predecessor in title**
- **Date of disclosure:**

(b) **Disclosure was due to abuse of rights of applicant or his predecessor in title**
- **Date of disclosure:**
A statement specifying in more detail the facts concerning the
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Yes  No √

Additional Information (if any)

VII. PRIORITY CLAIM (if any)

The priority of an earlier application is claimed as follows :
Country (if the earlier application is a regional or international application, indicate the office with which it is filed) :
Filing Date:
Application No:
Symbol of the International Patent Classification:
If not yet allocated, please tick
The priority of more than one earlier application is claimed
Yes  No √
The certified copy of the earlier application(s) accompanies this Form
Yes  No √
If No, it will furnished by Date:

Additional Information (if any)

VIII. CHECK LIST

A. This application contains the following:
   1. Request sheets
   2. Description sheets
   3. Claim sheets
   4. Abstract sheets
   5. Drawings sheets
   Total sheets

B. This Form, as filed, is accompanied by the items checked below :
   (a) Signed Form No. 17
   (b) Declaration that inventor does not wish to be named in the patent
   (c) Statement justifying applicant's right to the patent
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***(Applicant/Agent)

13/04/2016

If Agent, indicate Agent's Registration No.: PA/2007/0176

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ABSTRACT

COATED PLASTIC OPTICAL FIBER

The present invention provides a coated plastic optical fiber (20) for improving side coupling of extended light. The proposed fiber has a core (10) and a coat of ZnO nanorods to form a spiral line (16) along and around the elongated surface of the core (10). The gap between each adjacent ZnO nanorods spiral line (x) is twice the width of the ZnO nanorods spiral line (y). A method to coat the fiber is described. It was found that spiral line coat of ZnO nanorods fiber (20) manage to double the side coupling of extended light compared to uniform coating of ZnO nanorods fiber. Different incident wavelength excitation is achievable at each loop of ZnO nanorods spiral line.

FIG. 2 to accompany abstract
Fig. 3
(Prior Art)

Fig. 4
COATED PLASTIC OPTICAL FIBER

The present invention relates to optical fibers, particularly to optical fibers with improved extended light coupling.

BACKGROUND ART

Optical fiber is usually made of glass or plastic. Light is introduced at one part of fiber, guided through the fiber and collected at another part of the fiber. Optical fiber is widely used in telecommunication and sensor applications. Optical fiber sensor is developed to resolve the limitations of electrical sensors. The advantages of fiber optic sensing are its higher sensitivity, geometrical versatility and its immunity to electromagnetic interference. These advantages made optical fiber sensors suitable to be deployed in harsh environment.

Plastic optical fiber (POF) uses polymethyl methacrylate resin, a general purpose resin as the core material. Around 96% of the cross section of the core facilitates transmission of light. Being plastic, the fiber is rugged and easy to install. However, conventional POF has lower transmission performance compared to glass fiber.

Sensitivity of POF can be improved by enhancing the extension of the evanescent tail and the interaction of fiber surface area. Fallah et al introduced a concept of fiber side coupling by guiding extended light and leakage by coating POF surface with ZnO nanorods. The presence of ZnO nanorods coat scatters the incident light at angles larger than the critical angle between the surrounding and cladding. Excitation of cladding mode is achieved in the fiber. The nanorods coat cause leakage from these modes, allowing light to exit from the side which can be collected by side probe other than fiber end. This configuration can be implemented as multiple sensing probe and multiple channel combiner. One of the embodiments of optical sensor was reported by Bora et al.

ZnO have higher refractive index compared to glass fiber. Thus, ZnO nanorods grown on cladding of POF allows light coupling into nanorod waveguides. Although optical guidance is enhanced by ZnO nanorods, light leakage happens due to scattering phenomena. It was found that only a small portion of the fiber could be used for signal collection. This situation is undesirable for sensor or telecommunication receivers where extended light sources are required. Extended light source leads to less guidance of light inside the fiber resulting in low efficiency and sensitivity.
SUMMARY

The aim of the present invention is to increase the magnitude of light collection of plastic optical fiber. The present invention provides a coated plastic optical fiber with improved side coupling of extended light. The plastic optical fiber comprises a core; characterized in that, a coat of ZnO nanorods form a spiral line along and around the elongated surface of the core. The gap between each adjacent ZnO nanorods spiral line is twice the width of the ZnO nanorods spiral line. The coated fiber can be used for side coupling multiple extended light source having different wavelength.

A method of making the plastic optical fiber, comprising preparing a core with exposed elongated source; masking a spiral line along and around the core elongated surface; dipping the core in ZnO seed solution; evaporating the seed solution from the core; repeating the step of dipping the core in seed solution and evaporating the solution a number of times; and placing the core in a solution of zinc nitrate hexahydrate and hexamethylenetramine.

BRIEF DESCRIPTION OF DRAWINGS

Further characteristics and advantages of the present invention will become better apparent from the following detail description of a preferred but not exclusive embodiment thereof, illustrated by way of non-limiting example in the accompanying drawings, wherein:

FIG. 1 is a side diagram showing a core surface with spiral mask line according to a method of making the invention.

FIG. 2 is a side diagram showing a core surface with coated spiral line according to the invention.

FIG. 3 is a side diagram showing a uniform coated core and side coupling intensity of two light sources along the longitude of the core.

FIG. 4 is a side diagram showing the fiber of Fig. 2 and side coupling intensity of two light sources along the longitude of the core.

FIG. 5 is a side diagram showing the fiber of Fig. 2 and side coupling intensity of three light sources of different wavelength.
DESCRIPTION OF EMBODIMENTS

Reference will now be made in detail to the preferred embodiments of the invention which is intended to provide a thorough understanding of the present invention.

A structured scattering layer coated on the surface of plastic optical fiber (POF) is proposed. The scattering layer consists of ZnO nanorods as fiber coating. A method to make the plastic optical fiber will be described. Typical standard multimode SK-80 POF fiber can be used. The fiber core (10) consists of polymethyl metacrylate resin with diameter ranging from 1840 to 2080 µm. The core (10) is surrounded by fluorinated polymer jacket (12) with inner-outer diameter of 1880 to 2120 µm.

The jacket (12) of the POF is stripped to expose around 7 cm of core fiber (10). A tape mask (14) is applied to form spiral line along and around the core elongated surface as shown in Fig. 1. Plastic tape of 0.4 cm width is used to create spiral mask (14). Spiral mask (14) is used to pattern ZnO spiral line (16) on core fiber (10). The width of intended spiral ZnO nanorods line (16) or space between each spiral mask loop is around 0.2 cm.

Next, ZnO seeding procedure is described. ZnO seed particles can be synthesised by dissolving ca. 0.0044 g zinc acetate dihydrate [Zn(O₂CCH₃)₂ 2H₂O] in 20 ml of ethanol to form a 1 mM solution. The solution serves as nucleation centres for ZnO nanorod growth. The masked core (10) is dipped into ZnO seed solution for 30 s and placed on a hotplate set at 70 °C for 2 min. The solvent is allowed to evaporate. The dipping and drying of masked core (10) is repeated ten times to ensure optimal seed distribution on the surface of the POF.

ZnO nanorods are grown following the seeding process. About 2.97 g of zinc nitrate hexahydrate [Zn(NO₃)₂ 6H₂O] and 1.40 g of hexamethyleneteramine [(CH₂)₆N₄] are dissolved in 400 ml of deionised water to form 10mM solutions of each compound. The seeded core (10) is then vertically placed in 200 ml of synthesis solution and heated at 90 °C. Following 5 hours of heating, the solution is discarded and replaced with a new solution in order to maintain constant growth condition. Growth time varies from 8 to 20 hours. Good growth range exist between 10 to 14 hours at temperature range of 80 to 99 °C. The growth time was performed using 12 hours at 90 °C. After that the POF (20) is removed and rinsed in deionised water.

The spiral pattern coated POF (20) is created and shown in Fig. 2. ZnO nanorods can be observed with scanning electron microscopy (SEM). Magnification of 25.00 kX shows vertical alignment, dense and uniform distribution of ZnO nanorods pattered on POF.
Fig. 3 shows the mechanism of light scattering of ZnO coated POF by Fallah et al. ZnO nanorods is uniformly coated (18) on the surface of the fiber (10). Two light sources, P(z1) and P(z2), at position z1 and z2, are illuminated simultaneously. The light sources go through a narrow aperture before hitting the core (10). Light scattering is induced by the presence of ZnO nanorods on the surface excitation location (18) of POF. A portion of the scattered light is guided when scattering angles are greater than the critical angle between the surrounding and the core. The coupled light propagates thorough the POF to the photodetector (22). The presence of nanorods also causes light leakage (24) through the side of fiber. Due to the nanorods induced leakage, the intensity of the guided light decreases exponentially to the ZnO nanorod interface. Light from P(z2) that reaches photodetector (26) is greatly reduced. A digital oscilloscope and computer (not shown) is used to analyse data from photodetector (22). A part of the light also reaches the tip (28). Hence, power coupled from Z2 provides small contribution to light guidance. The contribution need to be increased by reducing light leakage.

Fig. 4 shows the mechanism of light scattering of patterned coated POF (20) according to the invention. Light leakage (24) is reduced by using spiral line coating of ZnO nanorods (16). The reduced scattering layer contributes the increase of Z2 intensity (26) that reaches photodetector (22). Light coupled inside the fiber (10) leaks exponentially inside the coated region (16). The intensity remains steady in uncoated region until the next ZnO patterned spiral (16). The intensity from point z2 is not reduced much due to a balance between the optimised side coupling from the ZnO nanorods coat and the reduction of the leakage due to the reduced ZnO nanorods region. Light coupling is enhanced due to the use of extended light source.

The spiral patterned POF can also be used for multi-channel excitation, ie. multiple light source having different frequencies. Multi-wavelength excitation with unpatterned growth provides loss according to distance of light source from fiber. This effect can be reduced as shown in Fig. 5. Different wavelength of light source P(z1), P(z2) and P(z3), at location z1, z2 and z3, are individually excited at different spiral patches of ZnO nanorods (16). The peaks of the coupled light are relatively higher in this setup. This setup can be used for wavelength division multiplexing. The coupling efficiency of each channel depends on the spacing between the scattered domain.

Fig. 6 shows the transmittance of visible white light for spiral patterned coated and unpatterned uniform coated POF when an extended source is used. The result shows that the spiral pattern coating is able to increase coupling of light source compared to unpatterned uniform coating. The spiral patterned coating provides higher light transmittance by factor of 2.2.
The present invention provides an improved side coupling of POF by coated ZnO nanorod spiral.

Non-patent citations:


CLAIMS

1. A plastic optical fiber [20], comprising:
   a core [10];
   characterized in that,
   a coat of ZnO nanorods form a spiral line [16] along and around the elongated surface of the core [10].

2. The fiber [20] according to claim 1, wherein the gap between each adjacent ZnO nanorods spiral line (x) is twice the width of the ZnO nanorods spiral line (y).

3. The fiber [20] according to claim 1, wherein the core [10] is polymethyl methacrylate resin.

4. The fiber [20] according to claim 1, wherein one end of the core [10] is covered with jacket [12].

5. The fiber [20] according to any of preceding claims for side coupling of extended light source.

6. A method of making a plastic optical fiber, comprising:
   preparing a core [10] with exposed elongated surface;
   masking a spiral line [14] along and around the core elongated surface [10];
   dipping the core [10] in ZnO seed solution;
   evaporating the seed solution from the core [10];
   repeating the step of dipping the core [10] in seed solution and evaporating the solution a number of times; and
   placing the core [10] in a solution of zinc nitrate hexahydrate and hexamethylenetetramine.

7. The method of claim 6, wherein the step of placing the core [10] in solution of zinc nitrate hexahydrate and hexamethylenetetramine is performed for 10 to 14 hours at temperature of 80 to 99 °C.

8. The method of claim 6, wherein the step of masking is performed to create a gap between each adjacent ZnO nanorods spiral line which is twice the width of the ZnO nanorods spiral line.
9. The method of claim 6, wherein the step of preparing a core [10] with exposed elongated surface is performed by preparing polymethyl methacrylate resin core.