APPENDIX A

PHOTOGRAPHS OF THE FIELD STUDY

i. The rural study area (Padang Tengku and Benta): almost all the houses of the two rural areas are made of cement blocks and have toilets and water supply, modern governmental services are available and the roads are paved.



A view for the village in rural Benta, Lipis district, Pahang.



A view for the village in rural Padang Tengku, Lipis district, Pahang.



The road connects between the rural villages



Almost all the houses are made of cement blocks

ii. The Forest-Aboriginal study area (Pos Betau): almost all the aboriginal houses are made of bamboo and wood, have no toilets, primitive life and the roads are unpaved, narrow and dangerous.



The road that connect between aboriginal villages



All houses are made of bamboo



With two aboriginal people at Pos Betau



A side view for the village



Preparing the launch for the family



No proper sanitation (traditional toilets)

iii. Activities in collection of data



Meeting with malaria centre unit officer, Lipis district



Explanation of the objective of the study



House-to-house survey



Meeting with the households



Filling up the questionnaire



Household female with malaria history



Meeting with outpatient clinic officer at rural Benta.



Collecting the questionnaire at rural Padang Tengku outpatient clinic.



Meeting with traditional healers and religious people at the rural and aboriginal areas



Collecting and deposit of the plants species at the Herbarium of the University of Malaya

APPENDIX B

SEMI-STRUCTURED QUESTIONNAIRE

i. The framework of the topics of KAP and ethnobotanical survey; open-ended questions

Sociological data

| Name | Sex | Age |
|--------------------------------------|---------------------------|-------------------|
| Ethnic group | Religion | Occupation |
| Education | | |
| | | |
| Knowledge of malaria | | |
| Symptoms are | | |
| Transmission mode | | |
| Malaria severity | | |
| Characteristics of malaria crisis (s | ymptoms) | |
| /Treatment seeking behaviour | | |
| Treatment used | | |
| Malaria control | | |
| Use of plants remedies, preparation | n, application and dosage | e of the remedies |
| Specific effects and side effects of | the plant remedies | |

ii. Data sheets

| | | | | Socio-dem | ographic | | | |
|------|---------|---------------|------|-----------------|-----------|-----|-----|------|
| Race | Relgion | House type | area | Empl. status | Education | Sex | Age | Code |
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| | Malaria knowledge I | | | | | | | |
|------|---------------------|---------------------------------|----------------|----------------|-------------------|---------------|--------|--|
| | What is malaria | Cause of malaria (transmission) | | | | | | |
| Code | | M. Bite | Stag. Water | From forest | Human to human | Don't know | Others | |
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| MALARIA KNOWLEDGE II | | | | | | | | | |
|----------------------|---------------|---------------------|-------------|-------------------|----------|-----------------|----------|-------|------|
| Symptom of malaria | | | | | | | | | |
| Others | Don't know | Loss of appetite | Red rash | Abdominal pain | vomiting | Chills & rigors | headache | fever | Code |
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| MALARIA ATTITUDES (Severity of Malaria) | | | | | | | | | |
|---|--|--|--|--|--|--|---------|-------------|------|
| | | | | | | | serious | not serious | Code |
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| MALARIA PRACTICES I | | | | | | | | | |
|---|---------------------|-------|-------------|---------------------|-----------------|------|--|--|--|
| Treatment seeking | | | | | | | | | |
| Medicinal plant details, Local Name, Preparation, , Application, Effectiveness | clinic, 48- 72 H | witch | M. plant | Self- medi c. | clinic, 24 H | Code | | | |
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| MALARIA PRACTICES II | | | | | | | | | |
|-----------------------|---------------|------------------------------------|-----------------|-----------------------------|--------|------------------|-------------|-------------|------|
| Prevention of malaria | | | | | | | | | |
| Others | Don't know | removin g breedin g areas | making smoke | cleaning environmen t | creams | prophyl actic | insecticide | m.b.n et | Code |
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APPENDIX C

PHOTOGRAPHS OF EXTRACTION OF THE PLANTS



Processing for plant extraction



Preparing the doses of the plants extracts

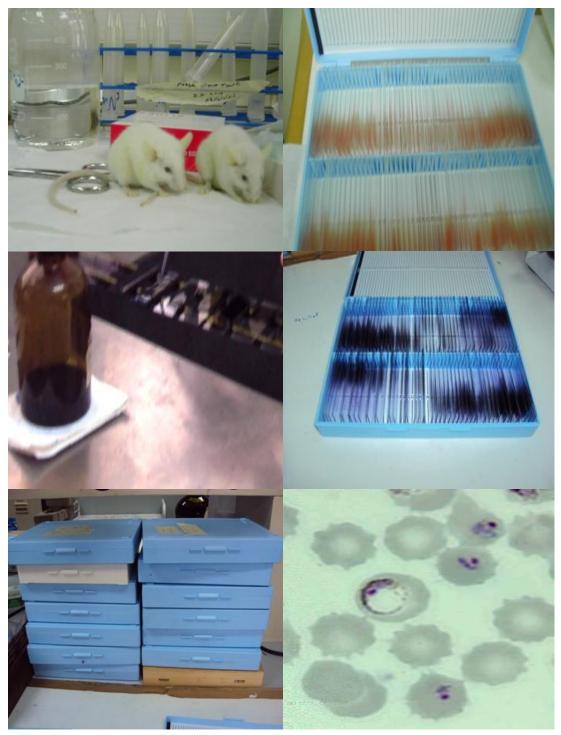
APPENDIX D

PHOTOGRAPHS OF MICE, TREATMENT AND EVALUATION

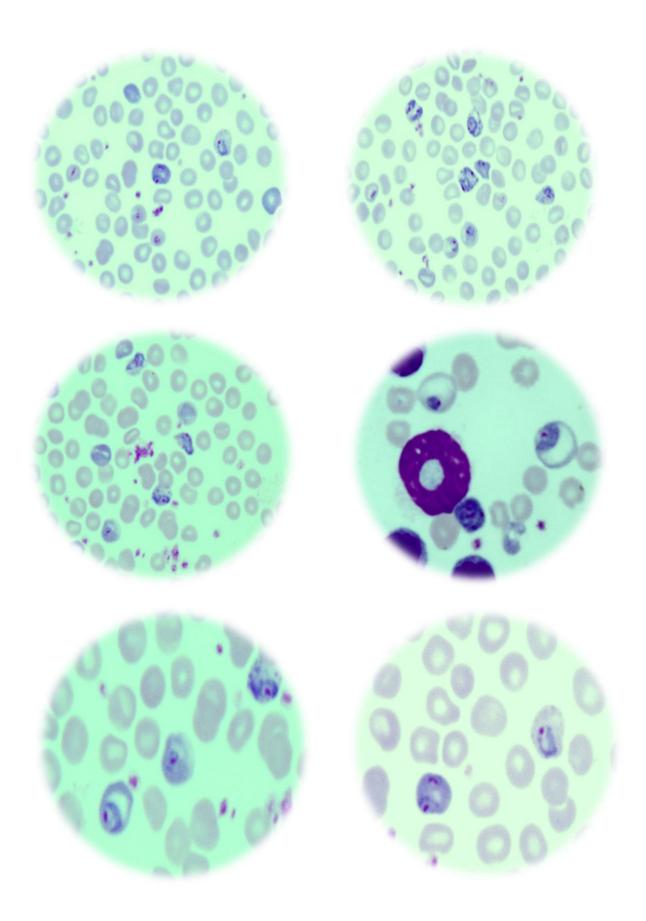


i. Photographs of mice, treatment and evaluation

Processing for mice infection and treatment during the anti-malarial assays



Processing for evaluation of anti-malarial suppression activity

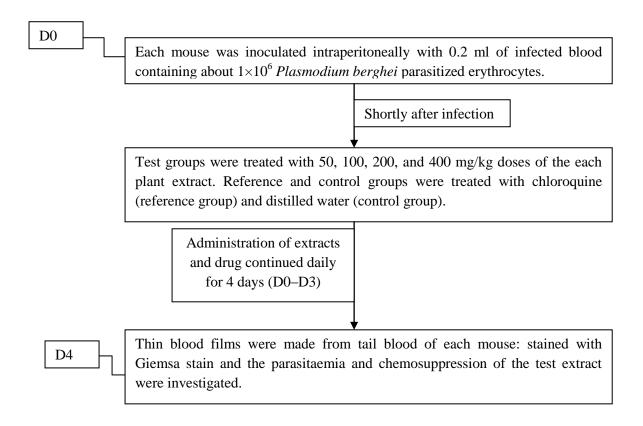


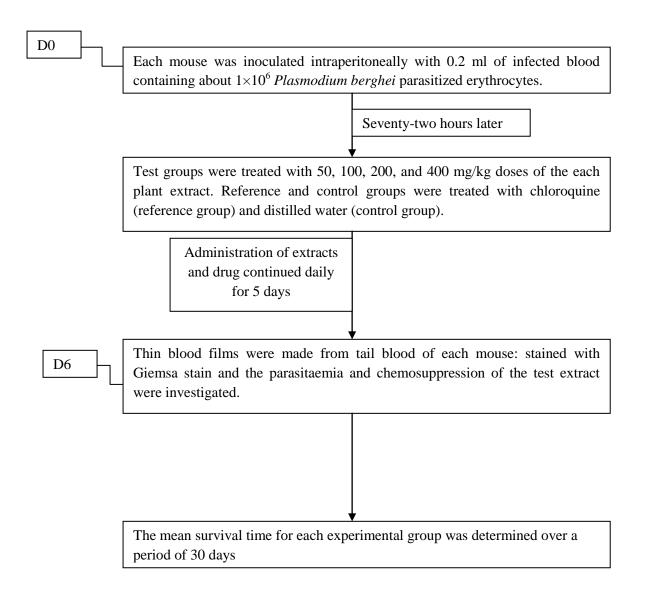
The Giemsa stained slides showed the mice's red blood cells infected with *Plasmodium berghei*, the photos adjusted and refined with Microsoft Office Picture Manager Software.

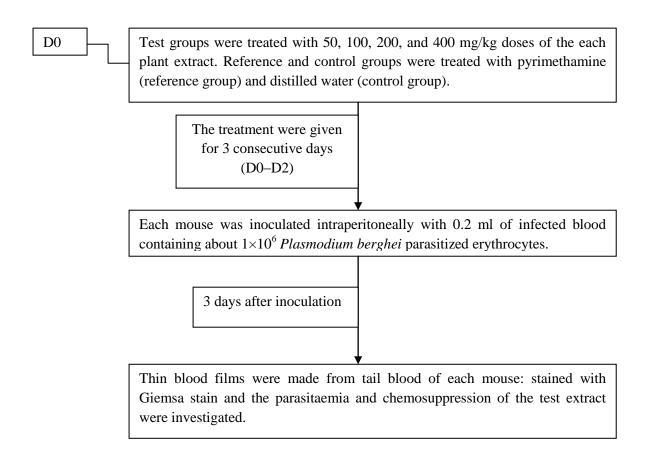
APPENDIX E

IN VIVO ANTI-MALARIAL TESTS PROTOCOLS

i. Early infection (4-day suppressive test)





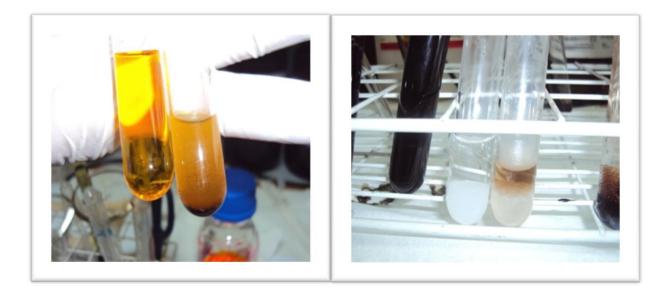


APPENDIX F

PHOTOS OF ANTIOXIDANT AND PHYTOCHEMICAL SCREENING

| Samples | 1 | 2 | 3 | mean |
|----------|--------|--------|-------|-------|
| L25 | 43.15 | 28.52 | 41.98 | 37.88 |
| L 12.5 | 35.57 | 16.39 | 36.05 | 29.34 |
| L625 | 17.20 | 1.31 | 28.40 | 15.64 |
| L3.125 | - 1.75 | 2.95 | 24.69 | 8.63 |
| L1.56 | 9.91 | - 1.64 | 21.98 | 10.08 |
| C 25 | 5.83 | -7.54 | 18.27 | 5.52 |
| C 12.5 | 4.37 | -8.52 | 9.88 | 1.91 |
| C 6.25 | 8.75 | - 1.97 | 16.30 | 7.69 |
| C 3.125 | 7.87 | -4.92 | 21.48 | 8.15 |
| C 1.56 | 9.62 | -0.33 | 18.77 | 9.35 |
| K25 | 39.07 | 32.79 | 50.12 | 40.66 |
| K12.5 | 23.62 | 10.16 | 35.31 | 23.03 |
| K6.25 | 19.53 | 3.93 | 28.15 | 17.21 |
| K.3.125 | 6.71 | -4.26 | 23.95 | 8.80 |
| K1.56 | 5.54 | -6.56 | 21.48 | 6.82 |
| S 25 | 79.88 | 78.69 | 83.46 | 80.68 |
| S 12.5 | 82.51 | 80.00 | 85.19 | 82.56 |
| S6.25 | 61.52 | 49.84 | 64.44 | 58.60 |
| S3.125 | 37.61 | 28.85 | 48.15 | 38.20 |
| S 1.56 | 25.95 | 12.79 | 35.31 | 24.68 |
| AA 25 | 73.47 | 68.20 | 76.54 | 72.74 |
| AA12.5 | 72.59 | 67.87 | 76.30 | 72.25 |
| AA 6.25 | 71.43 | 68.52 | 75.06 | 71.67 |
| AA 3.125 | 15.16 | -5.57 | 23.21 | 10.93 |
| AA 1.56 | 9.33 | -2.62 | 20.99 | 9.23 |
| GA25 | 73.18 | 70.16 | 78.02 | 73.79 |
| GA 12.5 | 72.89 | 69.18 | 77.04 | 73.03 |
| GA6.25 | 71.43 | 65.90 | 74.81 | 70.72 |
| GA 3.125 | 70.26 | 65.25 | 74.32 | 69.94 |
| GA 1.56 | 49.85 | 30.82 | 50.86 | 43.85 |

DPPH scavenging activity %

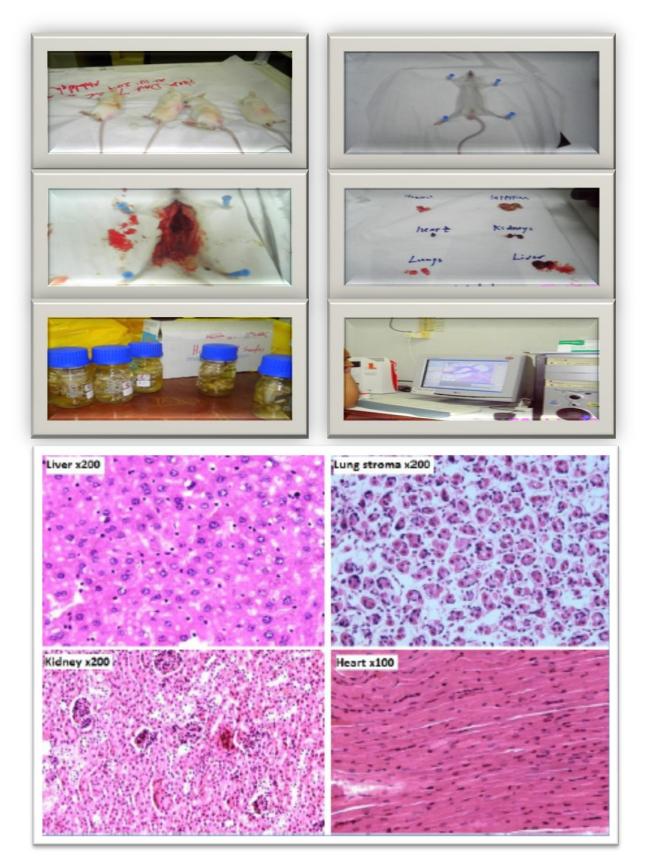


+ve Phytochemicals results

APPENDIX G

FURTHER RELATED WORK ON THE PLANTS

Histopathological study on the treated mice with 5000 mg/kg of the plant extract dose



APPENDIX H

PUBLICATIONS AND PRESENTATIONS

A. Publication directly arising from the work described in this thesis

i. International Journals (ISI, Tier one and two Cited Publication)

- <u>Abdulelah H Al-Adhroev</u>, Zurainee M Nor, Hesham M Al-Mekhlafi & Rohela Mahmud. (2010). Opportunities and obstacles to the elimination of malaria from Peninsular Malaysia: Knowledge, attitude and practices on malaria among aboriginal and rural communities. *Malaria Journal*, 9, 137.
- <u>Abdulelah H Al-Adhroev</u>, Zurainee M Nor, Hesham M Al-Mekhlafi & Rohela Mahmud. (2010). Ethnobotanical survey on some Malaysian anti-malarial plants. *Journal of Ethnopharmacology*, 132, 362-364.
- Abdulelah H Al-Adhroey, Zurainee M Nor, Hesham M Al-Mekhlafi & Rohela Mahmud. (2010). Median Lethal Dose, Antimalarial Activity, Phytochemical Screening and Radical Scavenging of Methanolic Languas galanga Rhizome Extract. Molecules, 15, 8366-8376.
- <u>Abdulelah H Al-Adhroey</u>, Zurainee M Nor, Hesham M Al-Mekhlafi, Adel A. Amran & Rohela Mahmud. (2011). Antimalarial Activity of Methanolic Leaf Extract of *Piper betle L. Molecules*, *16*, 107-118.

- <u>Abdulelah H Al-Adhroey</u>, Zurainee M Nor, Hesham M Al-Mekhlafi and Rohela Mahmud. (2011). Evaluation of the use of *Cocos nucifera* as antimalarial remedy in Malaysian folk medicine. *Journal of Ethnopharmacology*, 134, 988-991.
- <u>Abdulelah H Al-Adhroey</u>, Zurainee M Nor, Hesham M Al-Mekhlafi & Rohela Mahmud. Antiplasmodial activity of *Labisia pumila*, a common Malaysia medicinal plant. In preparation.

ii. Presentations in local and international conferences and seminars

- <u>Abdulelah H Al-Adhroey</u>, Zurainee M Nor, Hesham M Al-Mekhlafi and Rohela Mahmud. Prospective study on anti-malarial activities of Malaysian traditional medicinal plants. 45th Annual Scientific Seminar of MSPTM, 18-19 March 2009. Poster.
- <u>Abdulelah H Al-Adhroey</u>, Zurainee M Nor, Hesham M Al-Mekhlafi and Rohela Mahmud. Community awareness related to transmission, treatment and prevention of malaria in aboriginal and rural endemic areas, Peninsular Malaysia. 46th Annual Scientific Seminar of MSPTM, 24-25 March 2010. P.99. Poster.
- <u>Abdulelah H Al-Adhroey</u>, Zurainee M Nor, Hesham M Al-Mekhlafi and Rohela Mahmud. Acute oral toxicity and anti-malarial activities of *Cocos nucifera* (Kelapa) and *Piper betle* (Sirih): anti-malarial remedies used to treat malaria in malaria endemic areas in Peninsular Malaysia. Expo University of Malaya 1-3 April, 2010. p. 52. Poster.

- <u>Abdulelah H Al-Adhroey</u>, Zurainee M Nor, Hesham M Al-Mekhlafi and Rohela Mahmud. Ethnobotanical survey on Malaysian traditional anti-malarial plants and anti-plasmodial activities of *Labisia pumila* (Kacip Fatimah) and *Languas galanga* (langkuas). Expo University of Malaya 1-3 April, 2010. p. 52. Poster.
- <u>Abdulelah H Al-Adhroey</u>, Zurainee M Nor, Hesham M Al-Mekhlafi and Rohela Mahmud. Ethnopharmacological basis of some Malaysian antimalarial plants. Joint International Tropical Medicine Meeting 2010 (JITMM2010) and the International Malaria Colloquium 2010 (IMC2010). Bangkok, Thailand. Oral.

B. Publications not arising from this thesis

- Sawadogo C. W., Mohammed A. AL-Kamarany, Hesham M. Al-Mekhlafi, ELKarbane M., <u>Abdulelah H. Al-Adhroey</u>, Cherrah Y. 1 and Bouklouze A. (2011). The Quality Control of Chloroquine Tablets Available in Africa. *Annals* of Tropical Medicine and Parasitology, 105, 447-453. (ISI/SCOPUS Cited Publication)
- Abdulhamid Ahmed, Hesham M Al-Mekhlafi, <u>Abdulelah H Al-Adhroey</u> and Johari Surin. (2012). Soil-transmitted helminthiasis: A critical but neglected factor influencing school participation of aboriginal children in rural Malaysia. IN PRESS, *Parasitology. (ISI/SCOPUS Cited Publication)*.

- 3. Abdulhamid Ahmed, Hesham M. Al-Mekhlafi, Seow Huey Choy, Init Ithoi, <u>Abdulelah, H. Al-Adhroey</u>, Awatif M. Abdulsalam and Johari Surin. (2011). The burden of moderate-to-heavy soil-transmitted helminths infections among rural Malaysian Aborigines: An urgent need for an integrated control programme. *Parasites & Vectors*, 4, 242. (*ISI/SCOPUS Cited Publication*)
- Abdulhamid Ahmed, Hesham M Al-Mekhlafi, <u>Abdulelah H Al-Adhroey</u> A and Johari Surin, 2011. Polyparasitism and burden of infection by soil transmitted helminths among aboriginal school children in Satak, Raub, Pahang, Malaysia.
 47th Annual Conference of Malaysian Society of Parasitology and Tropical Medicine, 3-4 March 2011. P. 111.

C. Reviewer in international journals

- 1. Journal of Molecules
- 2. Journal of Medicinal Plants Research
- 3. Journal of Pharmacognosy and Phytotherapy
- 4. International Research Journal of Plant Science
- 5. Journal of Medicine and Medical Sciences
- 6. African Journal of Biochemistry Research