

## BIBLIOGRAFI

- Abdul Hamid Kamarudin. (1999). *Perkaitan antara Tekanan Kerja dengan Kepuasan Kerja di kalangan Kakitangan Sokongan ITM Shah Alam*. Universiti Malaya : Kajian Ilmiah yang tidak diterbitkan.
- Abu Omar Mos. (1996). *Punca dan Tahap Tekanan Pengurusan di kalangan Pentadbir Sekolah Rendah*. Universiti Malaya : Kajian Ilmiah yang tidak diterbitkan.
- Albrecht, K. (1979). *Stress and the Manager*. New Jersey : Prentice Hall Inc.
- Arroba, T & James, K. (1992). *Pressure at Work : A Survival Guide for Managers*. London : McGraw-Hill Book Company.
- Bergin, M. & Solman, R. (1988). Perception of Role Related Stress in Senior Educational Executives and Its Relationship to Their Health. *Journal of Educational Administration*. Vol. 26(2), p. 159-183.
- Berita Harian. (2000). *Kursus Pengurusan Tekanan Perlu Diperkenalkan di Maktab*. Ogos, 26.
- Borg, M. G & Riding, R. J. (1993). Occupational Stress and Job Satisfaction among School Administrators. *Journal of Educational Administration*. Vol. 32(3), p. 18-34.
- Brimm, J. L. (1982). What Stresses School Administrators. *Theory into Practice*. Vol. 22, p. 64-69.
- Cedoline, A. J. (1982). *Job Burnout in Public Education : Symptoms, Causes and Survival Skills*. New York : Teacher College Press.

- Clarke, L. (1985). Principal Stress. *ERIC Document Reproduction Service*, ED 271852
- Coldicott, P. J. (1985). Organisational Causes of Stress on the Individual Teacher. *Educational Management and Administration*. Vol. 13, p. 90-93.
- Cook, R. & Rousseau, D. (1984). Stress and Strain at Work Role Expectations. *Journal of Applied Psychology*. Vol. 69, p. 252-268.
- Dewe, P.J. (1985). Coping with Work Stress : An Investigation of Teachers' Action. *Research in Education*. Vol. 33, p. 27-40.
- Donald, G. A. (1997). Coping with Stress in the Principalship. *Journal of Educational Administration*, Vol. 35(1), p. 54-55.
- Dubrin, A. J. (1988). *Human Relation : A Job Oriented Approach*. New Jersey : Prentice Hall Inc.
- Dunham, J. (1978). Change and Stress in the Head of Department's Role. *Educational Research*, Vol. 21, p. 44-47.
- Dunham, J. (1992). *Stress in Teaching*. London : Rouledge.
- Ellison. (1990). Managing Stress in Schools dalam *Educational Management for the 1990s*. United Kingdom : Longman Group.
- Feitler, F. C. & Tokar, E. B. (1986). School Administrators and Organizational Stress : Matching Theory, Hunches and Data. *Journal of Educational Administration*. Vol. 24(2), p. 254-281.
- Fontana, D. (1989). *Managing Stress*. Guildford : The British Psychological Society and Routledge Ltd.

French, J. R. (1973). *Organizational Stress and Individual Strain*. New York : Amacom.

Gmelch, W. H. (1977). *Beyond Stress to Effective Management*. Oregon : University of Oregon.

Gmelch, W. H. & Swent, B. (1977). Stress and Task : How to Creatively Cope. Eugene : University of Oregon. *ERIC Document Reproduction Service*, ED 146698

Gmelch, W. H. & Swent, B. (1981). Stress and the Principalship : Strategies for Self-Improvement and Growth. *NASSP Bulletin*, Vol. 65(449), p. 14-19.

Gmelch, W. H. (1988). Research Perspectives on Administrative Stress : Causes, Reactions, Response and Consequences. *Journal of Educational Administrative*. Vol. 26(2), p. 134-140.

Greenberg, J. S. (1990). *Comprehensive Stress Management*. Dubuque : WCB Publishers.

Greenglass, E. R., Burke, R. J. & Ondrack, M. (1990). A Gender Role Perspective of Coping Burnout. *Applied Psychology : An International Review*, Vol. 39(1), p. 5-27.

Hellriegel, D. & Slocum, J. W. (1993). *Management*. Singapore : Addison-Wesley Inc.

Hendrix, W. H., Ovalle, N. K. & Troxler, R. G. (1985). Behaviour and Physiological Consequences of Stress and its Antecedent Factors. *Journal of Applied Psychology*. Vol. 70, p. 188-201.

- Hiebert, B. & Mengadlio, S. (1988). A Transactional Look at School Principal Stress. *ERIC Document Reproduction Service, ED 296267.*
- Hoy W. K. & Miskel C. G. (1996). *Educational Administration : Theory Research and Practice*. New York : McGraw Hill Inc.
- Hull, C. H. & Nie, N. H. (1989). *SPSSX Update New Procedures and Facilities*. New York : McGraw-Hill Book Company.
- Iuzzolino, R. D. (1986). Perceived Job-related Stressors and Coping Strategies among High School Principals in Pennsylvania. *Dissertation Abstracts International*. Vol. 47(7), p. 2396.
- Jaafar Muhamad. (1999). *Kelakuan Organisasi*. Kuala Lumpur : Leeds Publication.
- Kamus Dewan. (1984). Kuala Lumpur : Dewan Bahasa dan Pustaka
- Katz, M. (1990). The Administrative Needs of Georgia's Schools : A 1989 Survey of Principals with Comparisons by Elementary or Secondary, Size / Socioeconomic Status, Cost Per Child and RESA. *ERIC Document Reproduction Service, ED 3233603.*
- Kementerian Pendidikan Malaysia. (1986). *Pendidikan di Malaysia*. Kuala Lumpur : Percetakan Pelangi.
- Koch, J. L., Tang, R., Gmelch, W. H. & Swent, B. (1982). Job Stress among School Administrators : Factorial Dimensions and Differential Effects. *Journal of Applied Psychology*. Vol. 67(4), p. 493-499.
- Kutash, I. L. & Schlesinger, L. B. (1981). *Handbook on Stress and Anxiety*. Washington : Jossey-Bass Publishers.

- Kyriacou, C. (1980). Coping Action and Occupational Stress among Schoolteachers. *Educational Studies*. Vol. 7, p. 55-60.
- Kyriacou, C & Sutcliffe, J. (1978). Teacher Stress and Satisfaction. *Educational Research*. Vol. 21(2), p. 89-96.
- Kyte, K. F. (1994). Perception of Occupational Stress among Public School Principals in Tennessee. *ProQuest-Dissertation Abstracts*, East Tennessee State University.
- Lazarus, R. S. (1966). *Psychology Stress and the Coping Process*. New York : McGraw-Hill Book Company.
- Lazarus, R. S. & Launier, R. (1978). *Stress-related Transactions between Person and Environment*. New York : Plenum Press.
- Levi, L. (1981). *Society, Stress and Disease*. Oxford : Oxford University Press.
- Lutton, T. A. (1988). A Study of Burnout, Stress and Coping Strategies among Elementary Principals. *Dissertation Abstracts International*. Vol. 50(3), p. 586
- Marshal, J. & Cooper, C. L. (1979). *Executives Under Pressure : A Psychological Study*. New York : Praeger Publishers.
- Maslow, A. H. (1960). *Motivation and Personality*. New York : Harper and Row.
- Matteson, M. T. & Ivancevich, J. M. (1989). *Controlling Work Stress : Effective Human Resources and Management Strategies*. San Francisco : Jossey-Bass Publishers.
- McCormick, J. & Solman, R. (1992). Teachers' Attributions of Responsibilities for Occupational Stress and Satisfaction : An Organisational Perspective. *Journal of Educational Studies*. Vol. 18(2), p. 201-222.

- McGrath, J. E. (1970). *Social and Psychological Factors in Stress*. New York : Holt, Rinehart & Winston.
- Milstein, M. & Farkas, J. (1988). The Over-stated Case of Educator Stress. *Journal of Educational Administration*. Vol. 26(2), p. 232-249.
- Mohd Najib Abd Razak. (1995). *Hasrat Menjana Kemajuan Pendidikan dalam Berita Wawasan Pendidikan*. Genting Highland : Institut Aminuddin Baki.
- Morris, V. C. et. al. (1984). *Principal in Action*. Columbus : Charles E. Merill Pub. Co.
- Moser, R. P. (1974). Today's Principalship : New Dimensions. *North Central Association Quarterly*. Vol. 49, p. 294-300.
- Murdock, A. & Scutt, C. (1993). *Personal Effectiveness*. Great Britain : Butterworth-Heinemann Ltd.
- Oxford Advanced Learner's Dictionary*. (1992). Oxford : Oxford University Press
- Oxford English Dictionary*. (1989). Oxford : Oxford University Press.
- Pettinger, R. (1994). *Introduction to Management*. London : MacMillan Press Ltd.
- Pitner, N. J. (1977). *The Days of Their Lives : A Description Study of the Superintendents*. Oregon : Oregon School Study Council.
- Pratt, J. (1978). Perceived Stress among Teachers : The Effects of Age and Background of Children Taught. *Educational Review*. Vol. 30, p. 3-14.
- Ramaiah, AL. (1993). *Kepimpinan Pendidikan : Cabaran Masa Kini*. Petaling Jaya : IBS Buku Sdn. Bhd.
- Rice, P. L. (1987). *Stress and Health*. California : Cole Publishing Company.

- Robbins, S. P. (1993). *Organizational Behaviour : Concept, Controversies and Application*. New Jersey : Prentice Hall Inc.
- Roesch, M. B. (1979). A Study of the Relationship between Degree of Stress and Coping Preferences among Elementary School Principals. *Dissertation Abstracts International*, Vol. 41(2), p. 488.
- Saat Md. Yassin & Siti Fatimah Awang. (1993). Hubungan antara Pengurusan Masa Depan dengan Tahap Ketegangan di kalangan Pengetua Sekolah Menengah di Kedah dan Perlis dalam *Jurnal Pendidikan*. Vol. 18, hlm. 61-77.
- Sabitha Marican. (1989). *Tekanan Hidup di Tempat Kerja : Satu Pengenalan dalam Pengurusan Organisasi Kerja*. Universiti Utara Malaysia : Kajian Ilmiah yang tidak diterbitkan.
- Savery, L. K. & Detiuk, M. (1986). The Perceived Stress Levels of Primary and Secondary Principals. *Journal of Educational Administration*. Vol. 24, p. 272-281.
- Selye, H. (1975). *Stress without Distress*. New York : Signet Books.
- Selye, H. (1976). *The Stress of Life*. Toronto : McGraw-Hill Book Company.
- Seri Dewi & Keluarga (1997, April). *Stres Penyakit Baru Lelaki*. hlm. 101-102.
- Smilansky, J. (1984). External and Internal Correlates of Teachers' Satisfaction and Willingness to Report Stress. *British Journal of Educational Psychology*. Vol. 54, p. 84-92.
- Stoner, J. F. (1989). *Pengurusan* (edisi terjemahan). Kuala Lumpur : AMIZA.
- Tanner, C. K. & Atkins, T. T. (1990). Planning for Stress Reduction in High School Principalship. *The High School Journal*. Vol. 74(1), p. 22-37.

- Truch, S. (1980). *Teacher Burnout*. California : Academic Therapy Publications.
- Tung, R. L. & Koch, J. L. (1980). School Administrators : Sources of Stress and Ways of Coping with it. In Cooper, C. L. & Marshall, J. *White Collar and Professional Stress*. Chichester : Wiley.
- Utusan Malaysia. (2000). *Guru Besar Mengamuk Ditahan*. Ogos, 25.
- Vetter, E. (1976). Role Pressure and the School Pressure. *NASSP Bulletin*. Vol. 60, p. 11-23.
- Wan Mohd Zahid Mohd Noordin. (1993). *Wawasan Pendidikan : Agenda Pengisian*. Kuala Lumpur : Nurin Enterprise
- Ward, J. C. (1987). *Managing stress*. Essex : Gower Publishing Company Limited.
- Woodhouse, D. A., Hall, E. & Wooster, A. D. (1985). Taking Control of Stress in Teaching. *British Journal of Educational Psychology*. Vol. 55, p. 119-123.
- Yates, J. E. (1979). *Managing Stress*. New York : American Management Association.
- Zaidatol Akmaliah Lope Pihie. (1990). *Pentadbiran Pendidikan*. Petaling Jaya : Fajar Bakti Sdn. Bhd.